President - Robert Kelley
Vice President - Brian Waybrant
Secretary - Jerrin Hickman
Treasurer - Bill Knepper

Meeting Facilitator - "Bo" Diaz-Miller

Staff Advisor: Bill Marion bill.f.marion@doc.state.or.us

PH: 503-378-2289

Proposal Updates

Ice Cream sales on yard
Drink (coffee Bar) area in visiting room
Email kiosk notification system
Incentive Level 3 fundraiser "NON- A-Block"
DRU fundraiser "Lanyards/ Glasses tethers"

6/5/18	Submitted
6/5/18	Submitted
6/5/18	Submitted
6/5/18	Submitted
1/11/19	Approved

LIFERS' Featured Member

Featured Member: As you can see we are changing the look of our monthly newsletter. We hope this new format will keep you abreast with current events and membership of the club as well as being more personable. Keep in mind that this is your club too. We want to hear from you. This new, featured member area is just for that. Let us know what you think?

Name: Wil Myhre Handle: N/A Age: 80

Date of Incarceration: 1991 Sentence: Dbl LWOP Books or Movies: Books!

Top 3: History books, any and all history books.

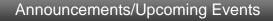
Club Membership:

How do you do your time? Read, workout, Yoga and TAI CHI

What do you like about the Lifers' club: The opportunity to exchange views.

What direction would you like to see the club go? No comment

Parting Shots: None



2019 Meeting Dates

2019 Meeting Dates

Feb 14th Legislative speaker/ Insight group
March14th Legal
April 11th Eating Contest
May 9th open- dog show pending
June 13th Fundraiser
July 11th Open – Birds of prey pending
Aug 9th Banquet
Sept 13th Banquet
Oct 11th Open – Cure

Nov 8th Open – OSU Visiting Room pending



Gentlemen.

I just want to take a moment to say I appreciate everyone's patients with all our fundraisers that we have going on presently. With the New Year and changing staff advisors, there have been some delays but everything should be on track by February. Also, as many of you have probably noticed, we have been able to implement the new chairs for the big half of the visiting room and it looks nice.

See vou soon - Bill



Dregon State Peniteniary

Chartered 1968 Volume 51 Issue# 1 January 2018

----- Visiting room chairs -----

I've heard a lot of discussion about the visiting room chairs and I think it's important to clarify a few things. The Lifers' Unlimited club has chosen to step up and shoulder this responsibility but it was not our idea. ODOC required the chair replacement and even specified the style to be what's used statewide. From what we gather their intended plan was to do this over a few years. Our club already does do much within the visiting room, with even greater hopes/plans for the future. We decided we could make things happen faster and smother if we stepped up. This also allowed us to talk them into raising the height of the table as our next improvement. Not everyone will like the new chairs, I don't, they just seem to make the environment that much more sterile feeling. But, I do see the benefits, easy to clean, stackable and I know the old ones, there posture hurt a lot of people's backs, especially combined with the low tables. I hold hope the new chairs and the tables being raised will help with this. I also look forward to being able to stack them to clear areas for different events. I hope this clarifies some things, if not, feel free to enquire further. – V.P.

Hey fellows,

Just wanted to let you know, our
March Legal Seminar is fast approaching
and I still haven't receive any ideas or
topics you would like the lawyers to speak
about at the seminar. Please think long and
hard about, how you or others might be able
to benefit from this seminar. This will be
the final ask and I will structure it as I see
fit.

ACTING LEGAL CHAIRMAN,

Troy









48in LONG CLEAR 20 mm PVC 100 % WATER PROOF Available in XS thru 3XL, the one in the photo is 2X Submit CD-28s to Lifers #2430. Write your sizes selection on the back of your CD-28

Mission Statement

The purpose of the Lifers' Unlimited Club is to unite the incarcerated men of OSP with a goal of improving the quality of life for those inside and outside of these walls. The club will work with charity programs, informational

services, youth speaking panels and other positive programs. We cannot change the past, however, we believe through rehabilitation and pro-social behavior we can create a more productive future.

2018 - A year in Photos



From Your President

With the end of the year I'd like to thank everyone for their support. I hope everyone enjoyed the end of year Holiday events During the last few months the clubs have been working hard and well together towards improving our lives here and reaching out to the community. In this New Year our Staff Advisor will be Recreation Specialist **Bill Marion**. Recently we received our 2019 calendar, we'll have several fights on our hands, approved was our Visiting room holiday projects, our Backpack program, Infirmary Hygiene, the Kessler Writers group, Girl Scout cookie drive, and the ICH movie nights. The regular things we do Approved but curtailed were the Insight group & seniors days. Back after last years removal is the Eating contest that will be at our April 11th meeting. The out right denials as of today are the Annual Dog show, All In-cell Fundraisers, the LWOP legal reform workgroup, Collage discussion groups and the gamming group I've been promoting. Just so you know the appeals are already sent out and I am waiting to speak with the Executive team. There will be updates and as always feel free to pull me up I'm on the yard daily.

Robert Kelley, President

PS: Recently had a meeting with Superintendent Kelly lead Activities Specialist Rodriguez, Mr. Briones and 3 other Presidents I left with the impression things in the Activities Department are going to pick up for the better soon.

Hey guys!

Well first of all I would like to apologize for missing the last meeting. I am currently in the college inside program and I have class on Thursday evenings and im only allowed to miss one class per term, so for anyone who was wondering, that's where I've been. I've been trying to be as involved as possible and im trying to be available to help anyone who is in need. I'm looking forward to having another great year as a club and im happy to be a part of this executive body. Thank you for your continued support. I wish you all the best.

Facilitator, Bo



Write your selection on the back of your CD-28 and Submit to Lifers #2430.

In case any of you have run into problems with your friends or family members having trouble with Telmate the official Customer Service Number is 866-516-0115

Write your selection on the back of your CD-28 and Submit to Lifers #2430

New Flavors

Lijers' Glub Presents: BHU Fundraiser Davinci Flavored Syrun



25oz Plastic Bottle

- Classic Strawberry
- > Hawaiian Salted Caramel
- **▶ Banana** (Sugar Free Option Available)
- >White Chocolate

\$10.00 Per Bottle

Submit your CD-28 to Lifers #2430
Write your selection on the back of your CD-28.

CD- 28 MUST BE SEPERATE FROM COFFEE ODERS

LIMITED TO 4 BOTTELS PER PERSON EVERY THREE MONTHS

American Academy of Paralegals

A membership organization providing legal education & paralegal certification in all areas of law to all pursuing that profession nationwide.

P.O. Box 1541, Houston, TX 77251

Incarcerated writer?

www.walkinthoseshoes.com posts inmate essays in views from the inside.

Also mentors authors of all book genres for our E- library. Mail essays or sample chapters to: K Carter,

P.O. Box 70092, Henrico, VA 23255

Lifers' Club Presents

BREW YOUR OWN COFFEE IN THE CELL



Place this over your favorite cup or mug - \$6.00



Melitta cone Coffee filters 100ct - Now Only = \$5.00

Coffee \$10.00 per bag

- ➤ Morning Joe Dark 12oz
- Caramel Flavor 1207
- ➤ Mocha Flavor 11oz
- ➤ Espresso Dark 12oz
- ➤ Pecan Pie 12oz
 - NEC Blueberry Cobbler





- ❖ Cinnamon Roll 10 Left
- **❖** Kona Morning Blend −18 Left
- **❖** White Choc. Peppermint-18Left
- Pumpkin Spice 23 Left

The newest



Submit your cd-28 to Lifers #2430 writing your selection on the back of your cd-28. Your coffee will be delivered to you or you will be placed on callout once your cd-28 has cleared.

Fellow Lifers

Below is a letter from Raelynn Ricarte written to Kevin Young in hopes that he would share it with us. I hope many of you will read this, as I believe in what she is trying to achieve and I hope you do too.

V.P. - Brian

Jan 14, 2019

Dear Kevin:

I understand that my previous report on the progress of my book (our book since this is the voice of everyone inside) did not get distributed, so I thought to send you an update and ask that you share it with others. As always, I appreciate your support on this project to change the world for those behind bars.

As most of you know, I started the book to show the need for Prison Reform in November of 2017. I asked for essays from anyone inside who wanted to get their story out and help bring about change, and I am eternally grateful that so many of you participated.

Once the word was out and the essays started rolling in from Washington, Nevada, and Oregon, I began interviewing experts who would give credibility to the things you all said so no one could write off the message. I have written chapters on judges, defense attorneys, mental health counselors, reformers, a former warden and guard, civil rights law firms, family members and a series of stories on four lifers that anchor the book. I am here to tell you, fellas, that this book is strong and it is going to be a powerful tool.

What makes it sing, though, is having your stories told in your own words. The formula will be to start each segment with an essay, followed by a matching expert, and then one of the lifer chapters. I have had some problems getting the art I needed (a drawing for each of the 35 chapters) but I think that is taken care of now so things are back on track.

Somewhere in the middle of all of this, I moved for a new job so my ETA on finishing the first write on the book is now February [2019] instead of December 2018 as previously planned.

Once I get the first draft done – I have two more experts to write about and then I will process the essays – it will be time to look for a book agent and design the cover. I will tell you then what the name will be and it will be my spanking to America.

I will give you this tease, though, so you can see where this is going: The essay that I plan to start with was penned by a man in Nevada who went to prison at the age of 19 for a 10- year sentence tied to a non-violent crime. He got south of a gang and ended up having to kill and fight to survive. He spent 22 years in the hole and was unable to come out of his cell for 7 more years thereafter, due to his psychological problems that were brought on as a result of this trauma. He will get out this year at the end of a 42-year sentence and they plan to film a documentary on his adjustment issues. I do not see how anyone can read Frank's story and think what happened to him was okay. It is a good way to get people who might not support reform to re-examine their values.

The work I am doing on my book is only the beginning. We need to change laws and I am working closely with Trevor Walraven and others to do just that. We will never give up because you are valuable human beings and deserve to be treated as such.

1/10/2019 meeting minutes

- 1. At approximately 6:15pm the meeting began with Robert Kelley giving an overview of the 2019 calendar.
- a. The club got 5 out of 6 requested senior days.
- b. We received 4 out of 12 days for the insight meetings, with two more that will occur on meeting nights.
- c. In-cell fundraisers were denied for all clubs, by Activities manager however Exec team can approve.
- d. The legal reform group got denied. (lwop).
- e. College discussion group in February; denied.
- **f.** The general recurring events were approved.
- 2. Vice President Brian.
- a. Clubs on the activity floor have been working well together. This includes the \$1,000 donated to firehouse.
- b. The Christmas party went well, the club spent \$2,000. Donations are greatly appreciated.
- c. This years eating contest was approved. Send in suggestions for the food to be eaten.
- d. We will be having our annual legal seminar in March.
- e. The dog show was denied.
- f. The club is hoping to bring in birds or reptiles this year.
- . We have not decided on our annual club fundraiser.
- **h.** This past Christmas we contributed to the candy and moon-pies, but would like suggestions for this year.
- 3. Bill- Treasurer. Although we are running several fundraisers with the funds going to specific places, we still need donations from our general body.
- a. Coffee sales go to the visiting room.
- b. Syrup goes to the behavioral health unit.
- c. Lanyard for glasses and I.D. cards go for the needs of death row.
- d. Raincoat sales went to the Holiday projects.
- 4. Dave spoke about the insight group and cited the three people granted parole. He also emphasized that the meeting do not address legal matters, but rather focuses on self-reflection. The meetings typically address the following:
- a. Board issues.
- b. Mock hearings.
- c. There is a slow turn over, but still worth getting on waiting list.
- 5. Jeff McCarthy gave details about the canteen committee and the need to write kytes directly to Anita Nelson @ N.W. Canteen regarding problems.
- a. 1201 people participated in the Christmas survey.
- b. Yoder took the survey to Anita Nelson and the top four will be used as promotional items.
- 6. Stressla spoke on the pilot program for the LBGTQ, and the hope of beginning constructive dialogue.
- 7. The meeting concluded with time to speak with outside guest.