



October 2019



Halloween started several thousand years ago with the Ancient Celts (a group of pre-Christian mystics who worshipped nature). They considered October 31st the end of the year and they threw a big party which was known as Samhain. It was a celebration of the autumn harvest and the Celtic new year, when they believed spirits could come back and visit with living relatives. Celts put out food and drink for the dead and left their windows, doors, and gates unlocked to give the spirits free passage into their homes. Some people believed if you left “treats” on the front porch for the spirits and ghosts, this would make them happy and they would not hurt you. Later, as Christianity spread, November 1st became a religious holiday known as All Saints’ Day. The prayer that was said on this day was called Allhallowmas. The night before became known as All Haggiwe’en, or Halloween.

### Caseload Reset

Correctional Counselors' caseloads have been rearranged in order to better serve those most in need. These changes are necessary if the Oregon Department of Corrections (DOC) is to provide quality case management services to the adults in custody (AIC) most likely to reoffend as determined by their Automated Criminal Risk Score (ACRS).

ACRS is a statistical calculation developed by the DOC Research Unit to predict your risk of reoffending within three years of release. Your score is automatically calculated at Coffee Creek Intake Center (CCIC) and is based upon the following: age, earned time, revocations, sentence length, custody number, thefts committed, prior incarcerations, and person to person crimes. The score is recalculated whenever any of these items change. Another way to understand ACRS is to look at it from a percentage standpoint. The scores range from .01 to .99. If your ACRS is .15, then you have an estimated 15% chance of reoffending within three years of your release.

If DOC had the resources it needed, Institution Counselors would provide cognitive interventions through case management to all AICs who need it. Because DOC does not have the capacity to provide case management services to everyone, Counselors' caseloads have been adjusted to provide cognitive interventions to AICs most likely to reoffend.

To make caseload sizes more manageable, DOC had to significantly adjust the ACRS cutoff score. Due to resource discrepancy across the institutions, the cutoff scores won't be consistent and are as follows:

#### SRCI, OSP, TRCI, EOCI

.01 - .24 ACRS = Low Supervision

.25 - ACRS and higher = High/Medium Supervision

#### OSCI

.01 - .34 = Low Supervision

.35 ACRS and higher = High/Medium Supervision

#### CRCI, DRCI, PRCF, SCCI, SCI, SRCI Minimum, TRCI Minimum

.01 - .34 = Low Supervision

.35 ACRS and higher = High/Medium Supervision

#### WCCF

.01 - .39 = Low Supervision

#### MCCF, SFFC

.01 - .49 = Low Supervision

.50 ACRS and higher = High/Medium Supervision

#### CCCF, CCCM

.01 - .19 = Low Supervision

.20 ACRS and higher = High/Medium Supervision

Low Supervision:

If you are placed on a Low Supervision caseload (as determined by your institution), you will not meet with your Institution Counselor on a regular basis and will only be seen for emergencies or unusual circumstances. Any reporting will be through written communication. If you need an in-person meeting, you will need to provide specific details in your request.

Although you will not have regular contact with your Institution Counselor, your eligibility to attend programming offered by Pathfinders (group cognitive classes and parenting classes) and participate in our alcohol and drug treatment programs will not be impacted. Eligibility and placement into these programs remain the same.

High/Medium Supervision

If you are placed on a High/Medium Supervision caseload (as determined by your institution), you will meet with your Institution Counselor on a regular basis, working on your customized Behavior Change Plan and receive cognitive interventions from your counselor.

Each time you are transferred from one institution to another, you will receive an Intake Information Sheet and Contact/Resource List that provides information specific to that facility. You will also have the opportunity to ask questions at your institution's Admission and Orientation program for new arrivals to help you manage your affairs during your incarceration.

These changes will be implemented June 1, 2019, for male institutions and July 1, 2019, for women at CCCF.

Thank you,

CCM Central Office

**PRAS Reminder:** When you request and receive a complimentary copy of your PRAS print out by the 7th of each month, and you believe there are discrepancies, please discuss those discrepancies with your Supervisor and have them verify to Ms. Wells the dates in question. All dates worked must be verified, in writing, by staff in order to credit for working. Do not kyte Ms. Wells for corrections, as she will advise you to discuss all discrepancies with your Supervisor, which will cause delay. Thank you.

**For all Telemate issues please kyte Ms. Paluch who is taking over the duties from Ms. Wells—Thank you**

Below is the list of status changes made to DOC administrative rules since 07/10/19.

## **PROPOSED RULES:**

### **Division 032 Land Use Coordination (291-032)**

- Amends the rules to better reflect the current practices and applicable rules and law references.
- Last date to provide comments: 11/06/19

### **Division 130 Telephones (AIC) (291-130)**

- Amends the rules to expand the parameters regarding an AICs ability to make legal calls and adopts new rules to establish the parameters around PREA advocacy crisis line calls.
- Last date to provide comments: 11/06/19

### **Division 210 Transgender and Intersex Adults in Custody (291-210)**

- Amends the rules to reflect consistent standards for unclothed searches and the collection of urinalysis samples for the purpose of drug screening.
- Last day to provide comments: 11/06/19

Rulemaking comments must be provided to the DOC Rules Coordinator in writing. Communications submitted should be limited to providing comments on only one division/topic per communication. Do not include multiple divisions/topics in one communication. DOC rules are available for review and copies in the inmate law library.

Changes to dining room dress requirements.  
Sweat pants and shorts can now be worn to chow and also a belt is no longer required in the chow hall.

## **Incentive Level Overrides**

SCCI offers incentive level overrides to inmates who have demonstrated that they can maintain clear conduct while at Level 2 at this institution.

The following is information about when inmates are eligible for override consideration.

### **Incentive Level Override Minimum Standards:**

- At Level 2 for at least 3 months.
- Housed at SCCI for a minimum of 3 months
- No Conduct Orders in the last 3 months
- No Misconduct Reports in the last 6 months
- No Program Failures in the last 3 months

If you meet all of these requirements, you may request an override by sending an inmate communication form to Ms. Paluch in Administration. Once the request for override is received, your history will be reviewed, and a determination will be made on your override status.

All the people in the world are of the same age this year!

It's amazing: this year all the people in the world are all in the same age group, all equal to 2019.

This year is special. It happens only once every 1,000 years. This year your age + your year of birth, each individual is = 2019. For example, you are 55 years old and you were born in 1964, which adds up to 2019. Very strange, even the Chinese and foreign masters can not explain. Please calculate and see if the answer is 2019. It's a thousand-year wait! Good shot! Go to the circle of friends, let everybody calculate it!

To: AIC Population  
Date: 9/17/19  
Subject: County and US Court Obligation Information

### Trust Account Statement Changes

AIC Financial Services has transitioned the way county and US court deferred fees will appear on the AIC Trust Account statement. County and US court obligations will now appear under a new section: *fixed obligations*. Additionally, there will be multiple account types designating the specific court(s) owed. For example, if an AIC has an obligation to Marion County, MARIC will be reflected on the trust account statement as a fixed obligation. If an AIC has an obligation to the US court in Oregon, ORUSIF or ORUSFF will appear under fixed obligations; these codes reflect deferred initial filing fees and regular filing fees for the US court.

### Collection of County and US Court Debt

County court filing fees and *initial* US court filing fees will now be automatically collected at the end of the last business day of the calendar month and shall be applied to the AIC's court obligation.

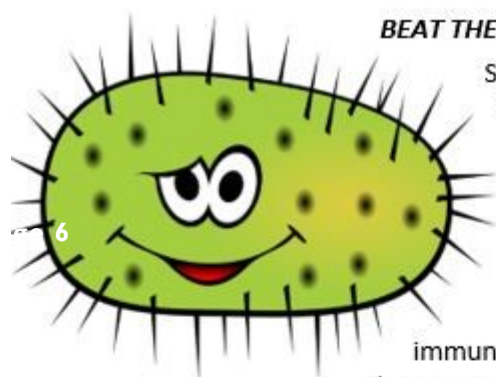
Central Trust will manually collect 20% from the previous month's deposit multiplied by the number of US court cases. Collected obligations will be remitted to the applicable court.

Note: DOC has not implemented the collection of Court Ordered Financial Obligations in accordance with ORS 423.105, however when appropriate, these obligations will appear separately.

AICs may address questions regarding court debt collection to Central Trust.

## AIC Communication

Historically, receipts were provided for each deposit made into an AIC's Trust Account(s) statewide. After careful consideration of environmental factors (*such as responsible use of available resources*), workload and rule compliance, it has been decided to cease printing receipts. However, AICs will continue to receive their monthly Trust Accounts Statement. The Trust Rule states that Central Trust may provide an AIC with a receipt for authorized money items received and credited to the AIC's trust account upon request. Effective October 1, 2019, receipts will not be automatically generated for each deposit. Should an AIC wish to receive a copy of a receipt or information regarding a deposit, they may send an electronic AIC communication to AIC Financial Services (preferred) or a paper AIC communication (CD214). Keep in mind that if an AIC receives a Telmate deposit, they must go through the vendor for specific deposit information. Please address any questions or concerns regarding this matter to Central Trust.



### BEAT THE FLU 2019-2020!!!

SB488 mandates that all AIC's within the ODOC sign a consent indicating if they would like their flu shot or not. This means you will be offered the shot and need to accept or decline.

Why get YOUR flu shot?

- ◆ It decreases the chance of you getting flu and flu-related complications!
- ◆ It decreases your chance of getting FUTURE flu due to your immune systems 'memory' of the vaccine!
- ◆ It decreases the chance you will give the flu to someone you care about!

Look for YOUR chance to manage YOUR health soon! Flu vaccine programs will begin in most institutions 10/1/19 and YOUR part will be needed to succeed to **Beat the flu in 2019-2020!!**

### Common Myths About Flu Shots

Myth: Flu shots make you sick.

Fact: The body creates what is called an *innate immune response* anytime a vaccine enters it. The immune system "feels" the genetic information given by the vaccine and starts a response that can make a person feel ill. The is NOT the flu, rather it is a well-recognized vaccine-related immune response that naturally occurs in a healthy immune system. Note: The flu shot does NOT contain live virus.

Myth: The flu vaccine does not work ~ The media told us so last year.

Fact: The flu vaccine attempts to cover as many strains of flu that are projected to be "out" in a given year:

- A. The does not capture them all.
- B. The virus might be a slightly different "strain" than what the vaccine is for.

What the flu vaccine CAN DO IS:

- A. It may prevent you from getting the actual flu during the 2019-2020 flu season if the vaccine works well.
- B. It definitely can help prevent against bad complications if you do get the flu. You will not get as sick as someone who does not have the *built-in-immune response* to the flu. This phenomenon is called *immune archiving*. The immune system is like a computer, in a way, because it keeps data on vaccines that we have already received and if a strain of flu comes around that we have been vaccinated against, the immune system will "remember it" and try to fight it. An example of this was the swine flu in 2009. It was expected to cause a major pandemic, but it did not because so many people had been vaccinated against the swine flu earlier in their lives. In other words, the "old vaccine" protected against the "new flu".

Myth: Only old people get the flu.

Fact: Everyone gets the flu. The flu is more likely to cause severe illness in or kill older and Younger people. But people who live in prisons and who have multiple chronic health Conditions are more likely to get bad complications from the flu. Prevention really does help.

Myth: Medical does not care if we get the flu. They will not do anything so why should we bother?

Fact: Medical will try to prevent an outbreak as much as possible and contain an outbreak as much as possible for both you and the health of your visitors.

Myth: Vaccines are bad for you. They cause things like Autism.

Fact: There are not studies that show the causal nature of vaccines -in-and-of themselves to cause any chronic debilitating conditions.



## *Important Music Voucher Information*

*We were just made aware that, due to technical issues outside of our control, some AICs have not been able to download purchased songs since September 9, 2019. The problem has been identified and all sections are working diligently to correct the issue. Please DO NOT contact Access Corrections or commissary regarding this issue, your music will be made available for downloading as soon as possible.*

*Thank you,  
Commissary*



## State of Oregon Department of Corrections Commissary

**Date:** Tuesday, September 24, 2019  
**To:** Adults in Custody  
**From:** Anita Nelson, Statewide Commissary Operations Manager  
**Subject:** Commissary News, Updates and Reminders

### News:

As a reminder, the following changes will be made to the commissary order forms to bring them in line with the changes in ORS 423.105 regarding Protected Funds.

These accounts are not active yet but you may have already started receiving the paper order forms with the signature section added to the top of the form authorizing purchase from a Protected Funds account. The kiosk forms also may already have the check box authorizing purchase from a Protected Funds account. These new sections do not apply to you if you do not have a Protected Funds account. Those that have a Protected Funds account have been notified by a letter from Central Trust. **For those that have these accounts, please do not use this section until you have been notified your account is active.**

If you do not have a Protected Funds account but sign the section on the commissary form or check the box on the kiosk forms authorizing purchase your order will be returned to you unprocessed.

### Counselor Open Call Outs Tuesday

Open call out is every Tuesday from 1pm to 3pm for Counselors. Please wait to see the counselors after your unit has been called to canteen and you have picked up your canteen and returned it to your locker. If you are not getting canteen for the day you are welcome to come at any time. If you are waiting in line to see a Counselor and you leave that line to go to Canteen you will receive a Conduct Order for Unauthorized Area.



## State of Oregon Department of Corrections Commissary

**Date:** Tuesday, September 24, 2019  
**To:** Adults in Custody  
**From:** Anita Nelson, Statewide Commissary Operations Manager  
**Subject:** Commissary News, Updates and Reminders

### **Update on Protected Funds:**

For those that have a Protected Funds account, your account will be active and funds available for commissary purchases beginning October 1, 2019.

Please check your receipt at the commissary window to make sure the correct account you designated on your order form was used for your purchase. If you do not have funds in the account you selected, your order form will be returned to you unprocessed.

These new sections do not apply to you if you do not have a Protected Funds account. If you sign the section on the commissary form or check the box on the kiosk forms authorizing purchase but do not have a Protected Funds account your order form will be returned to you unprocessed.

### **Commissary Reminders:**

You are allowed one commissary order per week. You must write legibly and your commissary form must include your name, SID number, Institution, Unit and Bunk number or your order form will be returned to you unprocessed. Please clearly mark quantities in the box next to the items you are ordering. Your order form will be returned to you unprocessed if you do not have sufficient funds at time your order is being processed. Please Do Not Draw or Doodle on the form. Prices are subject to change without notice.

### **Soda Coupon Reminder:**

If you are moved to another institution and have soda coupons in your possession that you purchased within the last six months you may request a refund. To request a refund, you will need to staple your soda coupons and a copy of your sales receipt to a communication form and send it to the commissary you purchased the coupons from. You must submit this request within thirty (30) days of your move.

Soda coupons that have been "eaten" by the vending machine, or damaged in any way will not be refunded by commissary. As stated on the commissary order form, "USE OF SODA MACHINES IS AT YOUR OWN RISK. NO REFUNDS WILL BE GRANTED". Please do not submit an inmate communication to commissary requesting a refund for a soda coupon that has been lost to the soda machine or damaged.

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3	2						8	7
	5	7	3		8	2	6	

Complete the grid so every row, column, and box contains every digit from 1 to 9 with no repeats in a row, column, or box

### Last Months Answers

- |                              |                             |
|------------------------------|-----------------------------|
| 1. J.K. Rowling              | 11. The US Open             |
| 2. No                        | 12. Martin Luther King, Jr. |
| 3. Sandwich Islands          | 13. Marilyn Monroe          |
| 4. Alaska                    | 14. Apollo 11               |
| 5. 1939                      | 15. Dove                    |
| 6. 1912                      | 16. Giant Panda             |
| 7. President Eisenhower      | 17. Pacific Ocean           |
| 8. Wilbur and Orville Wright | 18. Your Mother             |
| 9. Ronald Reagan             | 19. Ear tags (brands)       |
| 10. Lake Superior            | 20. Ears                    |



FOR YOUR COLORING PLEASURE

**This Month's Contest:** Provide the phrase that each of the word puzzles below represent. Get one point for each correct answer. If you get at least 15 points, you will be put in a drawing for a chance to win a candy bar. Get at least 18 points for a second chance to win. Get all 20 points for a third chance to win. Submit your answers to Ms. Paluch. Entries must be received by Monday, October 7th. A total of 5 candy bars will be given away. You can use this page to submit your answers.

To: Ms. Paluch

From: \_\_\_\_\_

SID: \_\_\_\_\_

Bunk: \_\_\_\_\_

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