

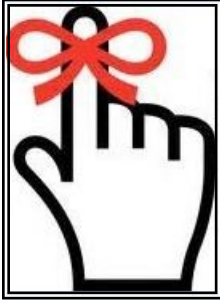


# Warner Creek Trails

P.O. Box 1500, 20654 Rabbit Hill Rd., Lakeview, OR 97630

Volume 18 Issue 4

April 2020



## DATES TO REMEMBER

**April 22**



## WINNING WORDS:

Do not wait; the time  
will never be 'just right.'  
Start where you stand,  
and work with whatever  
tools you may have at  
your command, and bet-  
ter tools will be found as  
you go along.

– George Herbert

## ***APRIL FOOLS' DAY***

April Fools' Day—celebrated on April 1 each year—has been celebrated for several centuries by different cultures, though its exact origins remain a mystery. April Fools' Day traditions include playing hoaxes or practical jokes on others, often yelling "April Fools!" at the end to clue in the subject of the April Fools' Day prank. While its exact history is shrouded in mystery, the embrace of April Fools' Day jokes by the media and major brands has ensured the unofficial holiday's long life.

Some historians speculate that April Fools' Day dates back to 1582, when France switched from the Julian calendar to the Gregorian calendar, as called for by the Council of Trent in 1563. In the Julian Calendar, as in the Hindu calendar, the new year began with the spring equinox around April 1.

People who were slow to get the news or failed to recognize that the start of the new year had moved to January 1 and continued to celebrate it during the last week of March through April 1 became the butt of jokes and hoaxes and were called "April fools." These pranks included having paper fish placed on their backs and being referred to as "poisson d'avril" (April fish), said to symbolize a young, easily caught fish and a gullible person.

Historians have also linked April Fools' Day to festivals such as Hilaria (Latin for joyful), which was celebrated in ancient Rome at the end of March by followers of the cult of Cybele. It involved people dressing up in disguises and mocking fellow citizens and even magistrates and was said to be inspired by the Egyptian legend of Isis, Osiris and Seth.

There's also speculation that April Fools' Day was tied to the vernal equinox, or first day of spring in the Northern Hemisphere, when Mother Nature fooled people with changing, unpredictable weather.

### ***History of April Fools' Day***

April Fools' Day spread throughout Britain during the 18th century. In Scotland, the tradition became a two-day event, starting with "hunting the gowk," in which people were sent on phony errands (gowk is a word for cuckoo bird, a symbol for fool) and followed by Tailie Day, which involved pranks played on people's derrieres, such as pinning fake tails or "kick me" signs on them.

### ***April Fools' Day Pranks***

In modern times, people have gone to great lengths to create elaborate April Fools' Day hoaxes. Newspapers, radio and TV stations and websites have participated in the April 1 tradition of reporting outrageous fictional claims that have fooled their audiences.



## **VISITING SERVICES STILL PROCESSING APPLICATIONS – APPLY TODAY!**

Following the State of Emergency issued in response to the novel coronavirus (COVID-19) in Oregon, visitation has been suspended at all Department of Corrections (DOC) institutions. **However, DOC's Visiting Services remains open and working hard to process visiting applications for you and your loved ones.**

Waiting to submit applications until visitation has resumed could result in a delay. **Now is the time to get applications submitted.**

- Encourage family and friends to submit online applications.
- You may also submit applications directly to the Visitor and Volunteer Services Unit for processing.

We recognize the importance of family connections and are working hard to ensure applications are being processed in a timely manner.

J. Ferguson, Visiting and Volunteer Services Manager



## OREGON DEPARTMENT OF CORRECTIONS

To All Adults in Custody,

The Department of Corrections is modifying health services operations for the next 14 days, beginning March 17, 2020. This change is occurring to ensure we have appropriate capacity of healthcare staff to respond to patient needs in relation to influenza like illnesses. Medical and dental staff will attend to the acutely ill. Routine visits and those not urgent and emergent will be rescheduled.

Behavioral Health Services operations, as well as Pharmacy operations, are proceeding as normal.

As we all work to stay healthy and reduce the spread of any illness, below are some reminders.

- Wash your hands frequently with soap and warm water for at least 20 seconds.
- Cough or sneeze into your elbow.
- Regularly clean your living and working areas.
- If you develop symptoms of a fever, cough or sore throat, please let Health Services know immediately so we can offer treatment as soon as possible.

If you have questions, contact Health Services in your location or your Functional Unit Manager.

3/17/2020

## Education dates to know:

### Tentative GED Testing Dates:

GED Ready: April 14<sup>th</sup>

GED Official: April 15<sup>th</sup>

-And-

GED Ready: April 28<sup>th</sup>

GED Official: April 29<sup>th</sup>

## Résumé Workshops:

"Résumé Development," "Answering Interviewing Questions," and Mock Interviews update:

Due to the limit of 10 people per event:

All Education workshops are cancelled until further notice.

## Sudoku Monster

(From the Oregonian.)

Complete the grid so that every row, column, and 4x4 box contains a 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, A, B, C, D, E, and F.

This one is rated at a 3 out of 5 difficulty. Good luck!

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
|   |   |   |   | 2 |   |   | 0 | E | F | 6 |   |   |   | A |   |
| 4 | 2 |   |   |   |   | 5 |   | 3 |   | A | 1 | 8 |   |   |   |
|   | C | B |   | 3 | D |   |   |   |   | 0 | 9 | E | 5 |   | 7 |
|   |   | F |   |   |   | 1 |   |   |   |   | 7 |   |   |   | 3 |
|   |   | 6 |   |   | 5 | 3 |   |   |   |   | E | 4 |   |   | 8 |
|   |   |   | 3 | D | C | 2 |   | 8 |   |   |   |   | 9 |   | A |
| 5 |   | 9 | 0 |   |   |   | F | B |   | 7 |   |   |   |   | E |
|   |   | 1 |   | 7 |   |   | B | 4 |   |   | C |   |   | D | 5 |
| A | 1 |   |   | 6 |   |   | 4 | D |   |   | 3 |   | E |   |   |
| 0 |   |   |   |   | A |   | 1 | 7 |   |   |   | D | 4 |   | B |
| C |   | 8 |   |   |   |   | 2 |   | 1 | F | 4 | 7 |   |   |   |
| D |   |   | E | F |   |   |   |   | A | 8 |   |   | 1 |   |   |
| 9 |   |   |   | 0 |   |   |   |   | 8 |   |   |   | 2 |   |   |
| F |   | C | 5 | E | B |   |   |   |   | 2 | 0 |   | 6 | 4 |   |
|   |   |   | 4 | C | 2 |   | A |   | B |   |   |   |   | 0 | F |
|   | 0 |   |   |   | 1 | F | 5 | C |   |   | 6 |   |   |   |   |

# Regular Sudoku

Rated at various difficulties.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 6 |   |   | 1 |   | 7 |
| 3 |   |   |   | 1 |   |   |   | 8 |
|   | 5 |   | 2 |   |   |   |   |   |
|   |   |   |   |   | 1 |   |   | 6 |
|   | 4 | 5 |   | 6 | 8 |   | 1 | 3 |
|   | 6 |   | 3 |   | 5 |   |   |   |
| 8 | 2 | 3 | 5 | 4 |   |   |   |   |
|   |   | 7 | 1 |   |   | 6 |   |   |
| 4 |   |   | 8 |   | 9 | 2 | 3 | 5 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 8 |   |   | 4 | 2 |   |   |   |   |
|   |   |   |   |   | 7 |   | 3 |   |
|   | 4 |   | 8 |   |   |   | 1 |   |
|   | 2 |   | 5 |   |   |   |   | 8 |
|   |   | 6 |   |   |   | 9 |   |   |
| 9 |   |   |   |   | 3 |   | 5 |   |
|   | 8 |   |   |   | 5 |   | 6 |   |
|   | 3 |   | 7 |   |   |   |   |   |
|   |   |   |   | 1 | 6 |   |   | 2 |

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 7 |   |   | 8 |   |   |
|   | 9 | 5 |   |   |   |   | 4 | 1 |
|   |   |   |   |   | 1 | 2 |   |   |
| 9 |   | 7 |   | 8 | 6 |   |   |   |
| 8 |   | 3 |   | 4 | 5 | 9 |   |   |
|   |   |   | 3 | 7 | 9 | 6 |   | 4 |
|   | 8 |   | 4 |   |   |   |   | 6 |
|   |   | 4 | 5 |   |   |   | 9 |   |
|   | 1 | 2 | 8 |   |   |   | 7 | 5 |

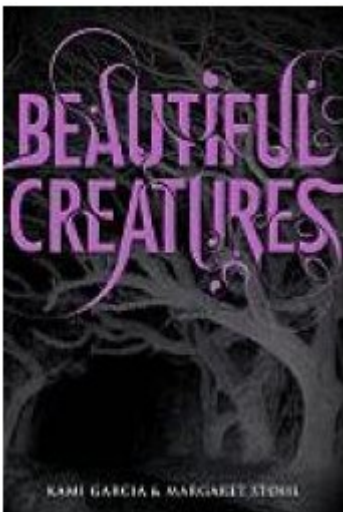
|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 1 |   | 6 |   |   | 5 |   |
|   |   | 4 | 9 |   |   |   |   |   |
|   |   |   |   |   | 5 | 9 |   |   |
|   | 2 |   |   | 4 |   |   |   | 6 |
| 6 |   |   |   | 3 |   |   |   | 8 |
| 3 |   |   |   | 8 |   |   | 7 |   |
|   |   | 7 | 2 |   |   |   |   |   |
|   |   |   |   |   | 1 | 5 |   |   |
|   | 3 |   |   | 7 |   | 4 |   |   |

## Notice from Facility Libraries

Circulation services from all Facility Libraries (General, Education and Religious Services) are temporarily suspended until normal operations are resumed. We appreciate your patience until we can begin book check out again.

*THANKS!*

## Book of the Month



### Beautiful Creatures

By: Garcia, Kami, and Stohl, Margaret

# 20.215.00.007

Lena Duchannes is unlike anyone the small Southern town of Gatlin has ever seen, and she's struggling to conceal her power and a curse that has haunted her family for generations. But even within the overgrown gardens, murky swamps, and crumbling graveyards of the forgotten South, a secret cannot stay hidden forever.

Ethan Wate, who has been counting the months until he can escape from Gatlin, is haunted by dreams of a beautiful girl he has never met. When Lena moves into the town's oldest and most infamous plantation, Ethan is inexplicably drawn to her and determined to uncover the connection between them.

In a town with no surprises, one secret could change everything.

## Novel Coronavirus (COVID-19)

As you may be aware, state health officials announced 606 positive cases of novel coronavirus (COVID-19) in Oregon (none within a Department of Corrections facility). It's understandable you may have questions and concerns about this situation. We want to assure you DOC is taking appropriate precautions to protect employees, contractors, visitors, and all adults in custody.

### What can YOU do?

Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. Avoid close contact with people who are sick. Avoid touching your eyes, nose, and mouth. Stay in your cell or housing unit when you are sick. Cover your cough or sneeze with a tissue, then throw the tissue in the trash. Clean and disinfect your personal area frequently.

### So, what are the FACTS?

(from the Centers for Disease Control and Prevention)

There is presently no vaccine for COVID-19.

There is no specific-antiviral cure for COVID-19.

Symptom relief, close medical monitoring, and standard precautions are the standard-of-care.

The coronavirus is spread through the air by coughing and sneezing, touching an object or surface with the virus on it, then touching your mouth, nose, or eyes.

As with any health condition, YOU are the best person to take care of YOUR health! If you think you may have been exposed to COVID-19, please contact Health Services immediately.

## Books added to the Education Library

Oathbringer (book 3 of the Stormlight Archive)  
499 Words Every College Student Should Know

|                    |               |
|--------------------|---------------|
| Sanderson, Brandon | 20.215.30.003 |
| Spignesi, Stephen  | 30.450.00.001 |

## FINANCIAL SERVICES UPDATE

### New Communication Tool

A link is now available on the DOC webpage which allows for your friends and family to address questions directly to Central Trust via email. AIC friends and family may request deposit information or use this communication tool to seek general information regarding the administration of AIC Trust Accounts in accordance with OAR 291 Div. 158.

### AIC Communications

During this time more than ever, we in Financial Services want to provide you with financial information that is timely and efficient. Paper AIC communications (CD214) will continue to be accepted and responded to however, AICs are highly encouraged to use the tablet or kiosk to submit electronic AIC communications to address questions to Financial Services (Business Services & Central Trust). Currently Financial Services has two electronic communication tools (located in the *Financial Services* category):

**AIC Communication Form:** Please use this form to address general questions regarding trust accounts.

**ORS 423.105 / SB844 General Information:** Please use this form to address general questions relating to ORS 423.105. AICs must contact the court of record for case-specific information.

*Note: Please do not use the above communication tools for questions or concerns relating to Telmate, commissary, or visitation.*





## TOASTMASTERS



## INDIGENT ENVELOPES

### What is Toastmasters?

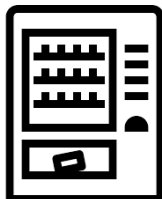
By Justin Fletcher

Toastmasters is an internationally recognized meeting ground where individuals from all walks of life come to gain comfort with and a greater self confidence for public speaking, while learning techniques, mannerisms, technical writing tools, and a vocabulary that promotes change as well as success. My name is Justin Fletcher, and I represented the Lakeview Toastmasters club as president. I know change is often painful and scary, but there is no growth without change. So let us act on what we know and practice what we claim to believe: that we deserve better, knowing it's not enough to keep learning if what we learn isn't applied. Study without application leads to stagnation and ultimately failure. Understanding that we are the words that come out of our mouths. So they reflect to the world who we are, who we were, and who we want to be, because the words we use and how we deliver them expose our motives, our faults as well as our shortcomings. So let's embrace the change, apply what we have learned, and deliver a clear message of "Yes I Can"...

### SODA COUPONS

Please do not fold or crease the soda coupons if you can avoid it. Folding and putting them in your pocket degrades coupons and prohibits them from working in the machines. Please be mindful of their treatment. Thank you for your cooperation in this matter.

Ms. Carpenter - General  
Services



If you have **not** accumulated the cost of five postage paid envelopes (for less than one ounce) in your trust account in the previous month (\$3.20), you can request to be issued five postage paid envelopes from WCCF. Requests are to be made on an Inmate Communication Form (kyte) addressed to Ms. Adams in the Business Office at least one week prior to the end of the month.

If approved, a kyte will be sent back with the five postage paid envelopes along with a receipt. My workload is the deciding factor on when they are sent out, but it is my goal to have the indigent envelopes issued as close to the first of the month as possible. You will be required to sign for receipt of the envelopes. Put the signed receipt in the dining hall mailbox to be returned to Ms. Adams. Your envelopes will be issued between the 1st and 10th of each month. Only one issue of indigent envelopes will be made per inmate per month. You must make a new request for the five postage paid envelopes each month on the 25<sup>th</sup> of the month.

*If you are an inmate just arriving at WCCF, and you meet indigent requirements, send a kyte to Ms. Adams requesting envelopes. Your kyte must state that you just arrived at WCCF and are indigent. Otherwise your request will be held for processing on the dates noted in the previous paragraph. If you meet indigent criteria, I will issue you five (5) postage paid envelopes right away. Your next indigent envelope request will not be processed until the 26<sup>th</sup> of the following month.*

If you are housed in segregation and qualify for indigent envelopes, you may request them via kyte. The envelopes will be delivered by a staff member and you must sign for them. Staff will return the signed receipt to the Business Office.

**If you have made a canteen purchase during the previous month, or have had a deposit into your trust account that is equal to the cost of five postage paid envelopes, your request for indigent envelopes will be denied.**

Violations may result in confiscation, delayed mail and/or disciplinary action.

Thank you,

Ms. Adams, General Services OSII  
Business Office





**State of Oregon  
Department of Corrections Commissary**

**Date:** Tuesday, March 31, 2020  
**To:** Adults in Custody *[Signature]*  
**From:** Anita Nelson, Distribution Services Statewide Manager  
**Subject:** Commissary News, Updates and Reminders

**News:**

To help manage through the Covid-19 crisis and ensure all locations receive commissary weekly, we are moving to a modified commissary operations. Beginning April 13, all AICs are limited to 30 line selections, per order, per week. Special Housing will continue ordering every other week with current limits. If you order more than 30 line selections, commissary will stop processing the order after 30 selections are processed from your list. Please note that all spending limits will remain the same. These limits are located at the top of each commissary order form.

Envelopes, batteries, soda coupons and soup count as one item regardless of how many you order, everything else counts as one item each.

**For example:**

If you purchase 30 envelopes, that counts as 1 item.

If you purchase 15 soda coupons, that counts as 1 item.

If you purchase 8 AAA batteries, that counts as 1 item.

If you purchase 25 soups, that counts as 1 item.

If you purchase 2 Tasters Choice coffee, that counts as 2 items.

If you purchase 3 CA Nacho Chips, that counts as 3 items.

If you purchase 2 Close Up toothpastes, that counts as 2 items.

## BIRTH CERTIFICATES AND SOCIAL SECURITY CARDS

Many already know how important it is to have your birth certificate and social security card, but it's worth repeating and even "kyting" about. Aside from the benefits of having your birth certificate while you're still inside, both pieces of identification are essential to your success after release because they are needed to get a job, open a bank account or cash a check, and apply for state or military benefits.

As you approach release, if the DOC does not have a birth certificate or social security card on file for you and if you may be eligible to receive one provided by the DOC, you will receive a kyte from the institution records office. Those approaching age 65 will also be sent a kyte if the DOC does not have a birth certificate on record. The kyte will tell you which piece of identification is missing and give you the means to start the application process. Just fill in the information, and forward the kyte to your institution records office. It's as simple as that.

**NOTE:** To eliminate duplications that could delay your application process, please complete and return only one each of the birth certificate and social security card kyte forms.

**Get out and move!  
It's Spring.**

