

The Echo

Monthly

16 Service Dogs Graduate in 2022

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EOCI Beautification

Artists began painting murals around the compound.

Find out how you can join!

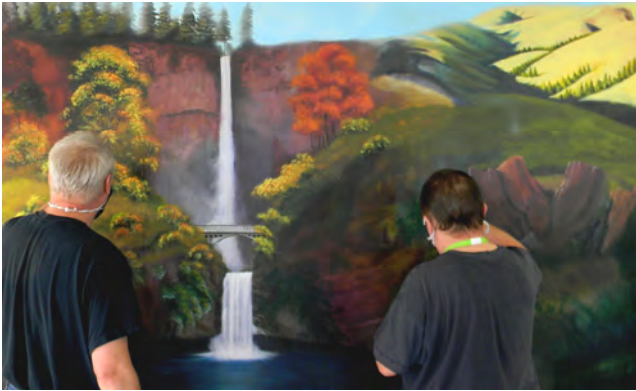
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Get the Insider Info!

Q&A with the New
Physical Plant Manager

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6 Spotlight

Two AICs began painting a mural on unit G3. To find out more, turn to page 6.

The Echo Team

Mr. Peters IWP Coordinator, *The Echo* Supervisor

Phillip Luna, Editor

Luna is the editor of *The Echo*, a contributing writer for the Coffee Creek Newsletter, a Certified Roots of Success Facilitator, and a mentor for the Clerk Internship Program. In his spare time he is the current President of the Enrichment Club.

Patrick Gazeley-Romney Staff Writer

Gazeley is a Staff Writer for *The Echo* and a certified facilitator for the Gardening, Roots of Success, Mindfulness and Beekeeping programs. Gazeley is also the Secretary for the Enrichment Club.

Brett Lloyd Staff Writer

The newest member of *The Echo* team, Lloyd is a Staff Writer for *The Echo* and in training to be a facilitator for the Gardening, Roots of Success, and Beekeeping programs.

Juan Sanchez Proofreader

A veteran of the US Marine Corps, Sanchez served as a tanker on M1A1 battle tanks. He is the proofreader for *The Echo* and also runs the EOCL Institution Channel (channel 53).

Christian Reyes IWP Intern

Reyes is in the Internship Program at IWP. He has contributed multiple articles to the newsletter and is currently pursuing a Bachelor's in Business Administration.

Shawn Crabtree Contributing Columnist

Crabtree is a regular contributing writer, an instructor of Art Inside Out, and a yoga instructor. He currently works in the Greenhouse.

Owen Youngblood Contributing Columnist

Youngblood contributes regularly to *The Echo* and is a graduate of the Beekeeping, Seed to Supper, and Master Gardner programs.

8 Features

Hard work and dedication pays off for the JLAD program as they graduate 16 service dogs throughout 2022.

Programs & Opportunities at EOCL

Many programs are currently on hold due to COVID restrictions. Some programs are in-cell only. Kyte the name of the program for more information.

GOGI

15 weeks, 1 day a week, 1 hour sessions

Teaches 12 tools that promote positive decision making. Peer-led group discussions with homework.

Sustainable Gardening*

2 days a week, 1-2 hours per session

This course teaches the science of caring for plants, specifically focusing on the prevention and diagnosis of plant problems. Successful students will receive a Certificate of Home Horticulture from Oregon State University.

Incentive Gardening (NCIL 3 required)

Volunteer participants assist with managing institution food plots two days per week.

10 Interviews

Physical Plant Manager Mr. Cox shares his views and expertise in our monthly interview column.

16 Editorials

This month's editorials features a wide range of topics, from making success a habit, the benefits of an internship, to American History.

14 Careers

Careers in the Spotlight this month features Commercial Truck Driving. Find out if the open road is right for you!



Roots of Success*

2-4 days per week, 1 hour per session

Roots of Success was created to prepare adults from communities with high rates of poverty, unemployment, environmental problems, and injustices for environmental careers and to improve conditions in their communities.

Beekeeping Program*

1 day per week, intermittent schedule

Educates and certifies AICs through the Washington State Beekeepers Association (WSBA) in the skills of apiary work (beekeeping). Classes meet 1-2 times per week for a term of 1 year and consist of lectures, tutoring and testing.

CPR

Single session class

An eight-hour/one full day class that provides Red Cross CPR/First Aid training. Students receive certification that is valid for two years; preference is given to those who are applying for Fire Crew work assignments.

Clock Repair*

Approximately 52 weeks, 3 sessions per week

A one-year class that teaches and provides certification in clock repair.

Hospice Volunteers

Recurring, intermittent schedule

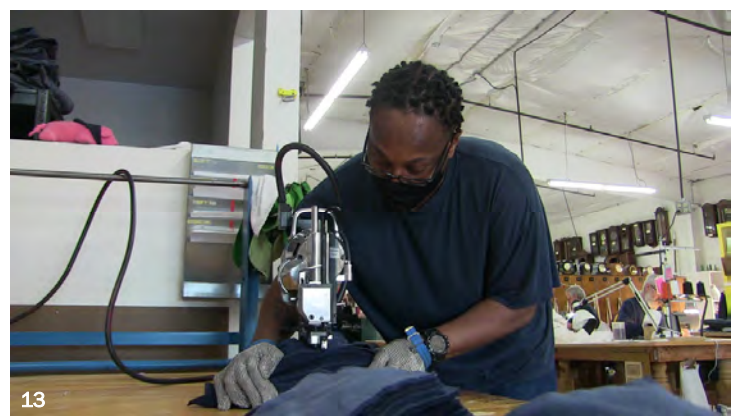
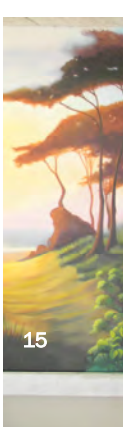
Health Service offers AIC to AIC care giving in support of those at the end of life. The Hospice program is volunteer only. AICs who volunteer for this program will complete training and work on an intermittent schedule, as needed.

Clerk Internship Program

3-month program

The Clerk Internship Program focuses on a wide variety of clerical skills - typing, excel, data entry, and grammar and writing. In addition, interns have the opportunity to complete photography assignments and work with Adobe Premier Pro to film and edit videos for the institution channel. Interns will also job shadow with other departments around the institution.

Many of these programs are subject to COVID restrictions and currently unavailable. Programs with an asterisk (*) are awarded 1 PRAS point per class.



Snapshots Around EOCl

A Quick Look at This Month's Projects



Captions

1) The Grounds Crew continues to perform exemplary work preparing for Spring.

2) 3) The woodshop has many projects throughout the month. Bryan Booth and Buford Harper pose in front of wine racks they made.

4) 5) 6) Kitchen workers and Enrichment Club members help prepare Nachos for the free Nacho Super Bowl feed.

7) AIC Cox creating some pocket shelves.

8) 9) Electricians Mikkelson and Martin bending a 2" conduit for new CAT-6 data cords throughout the institution.

10) 11) Welders Escriva and Hight TIG welding a component for a wood stove.

12) JLAD Trainers Montez and Pyke pose with their service dogs.

13) Through their various repairs Work Force Development saves substantial amounts of money for the institution each month.

14) The Clock Repair Classes back in swing.

15) AICs Camp and Wood working on a G3 housing unit mural.

Artist Spotlight

Spotlight

EOCI Beautification Project

G3 Mural, Painting in Progress...



Recently, administration has approved the creation of murals¹ on the housing units. AICs David Camp and Herb Wood were able to kick-start this project with a mural on their own unit (on G3).

Both AICs wanted to be a part of making the institution feel more positive. By providing some escapism in the form of murals, they're hoping the effort they put towards this project will improve the mood of everyone around them. In the past, EOCI has completed large art projects in areas like the dining halls, DSU, BHS, and the chapel. David Camp said he, "...was motivated to get involved in mak-

ing a mural by witnessing the effort Sean Crabtree and Kirk Charlton put into these other art projects around the institution." AIC Crabtree has painted murals in DSU and former AIC Charlton painted many murals throughout the institution during his time here.

During early brainstorming sessions the muralists were given a prompt of "What does Oregon mean to you?" And when asked why he wanted to do nature scenes, AIC Wood said, "I want to bring the feelings of being out in the woods to my living area here." Both of the muralists enjoy the vast amounts of scenery found here - from the rolling waves crashing onto the Oregon beaches, to the serenity of Multnomah

Falls, and the endless fields of sand in Eastern Oregon's high deserts - they sought to bring together all these elements into one large scenic painting.

Having drawn all their lives both Wood and Camp are comfortable when it comes to working with pencils. However, this familiarity does not always translate directly to paint. Artist Camp said, "It can feel almost backwards to go from pencil to painting. With paint you must lay the background in layers before working on your main subject." Admittedly, there have been challenges. Thankfully, it has been relatively simple to resolve issues as they occur and make changes to the final details. Even with these corrections, they continue to be mindful about not

1) Mural: Wall paintings | 2) Arduous: Laborious; difficult. | 3) Daunting: Being overwhelming; intimidating.



being wasteful with the resources they have to ensure there are plenty available for projects and other murals down the road.

Other challenges included finding a final design that seamlessly blends together all the elements of three very different scenes into one piece. There also were many scheduling conflicts due to both individuals work assignments. Finding the time when they could work on this project together art has been arduous².

It may seem daunting³ to complete a project like a mural; however, before working on this these individuals practiced their craft regularly developing their

skill. Other aspiring artists around the compound can take advantage of programs like *Visions of Hope* and *Art Inside Out* when they are available. COVID has put a pause on these programs at the moment, but hopefully as restrictions begin to fall off, programs like these will become available again. In the future, a program may open up to assist artists who've made a submission. It will help artists develop the techniques needed to take their vision and apply it to a wall with paint. Keep a lookout for ways to learn and take the time to practice.

For both artists this has been a tremendously valuable experience. AIC Wood said, *"This entire project has been a great way to get into paint."* He goes on to thank staff for giving him the opportunity to express his love for nature in a public way. This exposure has been rewarding for both artists.

This is one of the projects sparked by the 'Oregon Way' initiative to improve the conditions within prison. The blank walls around the compound can make people feel closed off and isolated. Individuals in need of alleviating stress benefit from having access to artwork.

Showing success early on will help future projects be approved. Ideally, more art projects will be the norm, as more resources are made available for this use. Currently, artists submissions are being accepted. The hope is to involve all housing units. This current mural is still in progress.

PAINTING MURALS AT EOCI



Housing Unit Murals:

EOCI is looking for talented AICs who are interested in painting murals on housing units.

- AICs must be Incentive Level 3 to be considered.
- Send a sketch of your mural design proposal to Correctional Rehabilitation.
- AICs may kyte Art Inside Out for access to reference material in planning their mural design proposal.



Details

- AICs whose designs have been selected will be scheduled on callout to attend a meeting where we will go over the guidelines, expectations, and answer any questions they may have.
- For any questions, please contact Mr. Clark, Correctional Rehabilitation Manager.



Graduates 16 Service Dogs in 2022



classes for primary, secondary, and alternate handlers; disseminating³ new program updates to the group and tutoring on an individual basis.

Each dog is paired with a training team (primary/secondary handlers) that will take him or her through the program to the point of graduation.

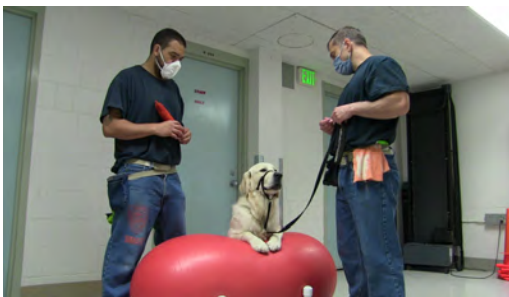
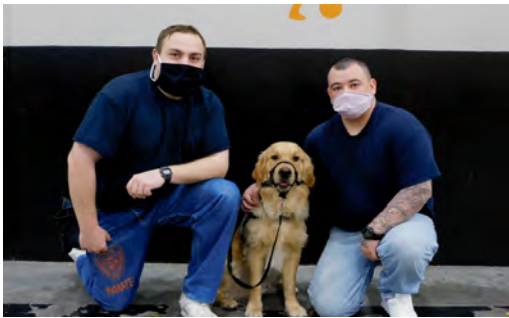
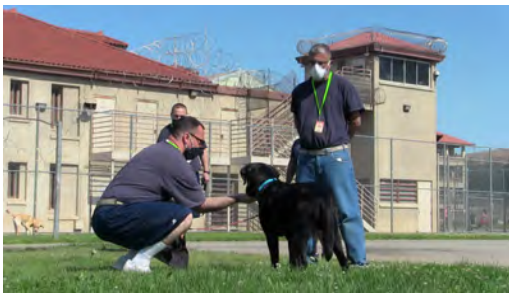
- **Primary handlers** are responsible for the training of the K9 they are assigned, as well as facilitating the growth of the secondary handler they are paired with.
- **Secondary handlers** live with a primary and assist in training and walking the dogs but are chiefly responsible for learning program materials and training methods.
- **Alternate handlers** work as assistants until a secondary spot opens.

Sixteen service dogs have had their leashes passed to their new community. The *Joys of Living Assistance Dog (JLAD)* training program graduated 16 service dogs this year. On February 9th, The JLAD trainers worked with the IWP camera crew filming numerous cues¹ demonstrating the dogs' abilities and knowledge. The footage taken will be compiled into a video that will air on the institution channel in the coming months.

The program consists of primary handlers, secondary handlers, and alternate handlers - some of the primary handlers who demonstrate a high degree of acumen² also serve as program facilitators. Program facilitators are responsible for teaching

1) Cues: A signal prompting the service dog to perform a specific task. | 2) Acumen: A high degree of knowledge and insight.
3) Disseminating: To distribute or broadcast.





Trainers who graduate the program receive JLAD certificates for the level of training they have achieved. The skills learned in the JLAD program are very valuable for those who wish to enter the K9 field after release. Skills and knowledge gained in the program include obedience training, proper walking and play techniques, cue training, grooming, dietary knowledge, K9 first-aid, knowledge of K9 biology as well as whelping⁴ techniques.

Those interested in becoming a JLAD trainer should submit applications to IWP. Becoming a dog trainer requires a bunk move to H unit and applicants must meet all the necessary honor housing requirements in order to be considered. Applicants will also need at least two years remaining on their sentence, must be willing to make a two year commitment to the program, must have their GED or higher, and must be willing to live with any cellmate on the top or bottom bunk. Additional criteria may apply.

4) Whelping: Raising puppies.

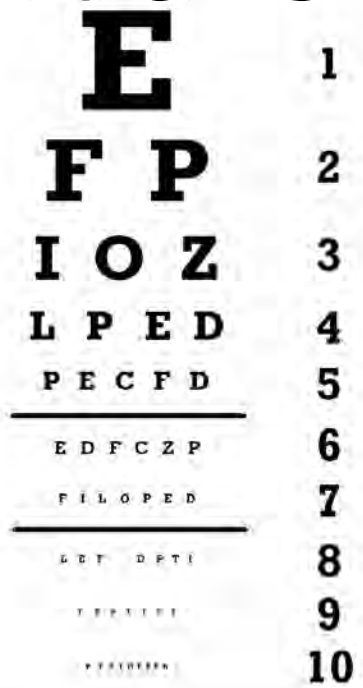
Optical Provider Out



There is no optical provider for EOIC until late April to early May.

AICs will be scheduled accordingly as the provider returns. Please feel free to contact Ms. Myers, Optical Specialist for ordering glasses, repairs and/or recycles, signing up for eye exams, or with an emergency issues related to your eyes.

Your patience is greatly appreciated!



Reminder

Postage Scales Notice:

Effective May 2018, the DOC will begin providing postage scales to the Adult in Custody population. The purpose of these scales is to provide AICs with a resource to ensure that they are utilizing the appropriate envelope with the appropriate amount of postage when mailing out letters and packages. The postage scale was placed in R&D. Postage charts will be placed by each scale that provide information regarding the available options which are purchasable through the commissary. Please note that the mailroom will not process letters and packages that have a CD28 attached after May 1, 2018.



Legal Exceptions: CD28s will be authorized as attachments to legal mail and sent out *through legal libraries only*. For general legal mail that does not meet the criteria of priority legal mail, there must be sufficient funds in the AICs trust account in order to use a CD28. AICs will not be authorized to incur debt unless the letter or package has been identified and stamped priority legal by the appropriate staff.

Priority legal mail consists of filings and legal documents required in legal challenges related to an AICs conviction of sentence or prison conditions. See OAR 291-139-0110 (13) Priority Legal User.

MONTHLY Q & A



Goals, and job skills, and diversity in the workplace - newly hired Physical Plant Manager Mr. Cox shares his views and expertise in our monthly interview column. Cox recently assumed the position and has experience in Human Resources and as an Assistant Physical Plant Manager.

The Echo: As the new Physical Plant Manager, what are your goals for the Physical Plant? What do you hope to accomplish?

Mr. Cox: There are five areas of focus I would like to strive for:

1. Increase customer & stakeholder satisfaction
2. Experts in project management practices
3. Security, safety, and wellness of the Physical Plant staff and AIC's
4. Increase collaboration and efficiency
5. Increase Energy efficiencies and sustainable practices in the institution

The Echo: Are there any major projects coming up for the Physical Plant that you can share with us?

Mr. Cox: Major projects for EOCI come about three ways essentially. Through Facilities in Salem, which maintains a large list of items of substantial size and cost such as roof replacements, Projects involving remodel for change of use and major mechanical failures, such as a boiler going down. Some of these projects are planned and sometimes not. At this time there are several items on the list from Facilities, but there are funding questions.

The Echo: Some of the shops in the Physical Plant offer certifications/licenses and some do not. Which

areas have a certification or license program?

Mr. Cox: Currently our Electrical Shop, Power House, HVAC Shop, Security Electronics, and Welding Shop have programs which help AICs study, train, and earn licenses and certifications.

The Echo: Do you plan to add any certification/license programs in any area?

Mr. Cox: There are two areas I would like to see certification/license programs added, which are Plumbing and Carpentry. With that said, there is a lot which goes into starting an apprentice program. Staffing is key for apprentice programs to be successful. Currently our Plumbing Shop is the busiest shop in the Physical Plant receiving the most work orders and emergency calls. Our Plumber, Mr. Wiley, and his team are constantly on the go. There is a substantial increase in the workload for an apprentice program. We are hoping to add an additional plumber in the near future, which would make a Plumbing Apprentice program more possible.

A few EOCI staff have been exploring a Carpentry Apprentice program and what it would take to launch. Right now it is only conversations and research, but one day I would love to see this come to the Physical Plant.

The Echo: Do you have any background in the construction industry you're willing to share with the AIC population? Having just gone through the application and interview process, what advice can you give AICs?

Mr. Cox: Most of my construction experience is in residential construction and remodeling with an emphasis in