

# Coffee Talk

July 13, 2022



## What's New Coffee Creek?



### And other family news...

#### Rotary Back-to-School Event – Updated Information

Planning is in full swing for the Back-to-School event! Rotary will host the Minimum moms and kids on Saturday, August 13<sup>th</sup> and Medium moms and kids on Sunday, August 14<sup>th</sup>. There are two sessions on each day: 8:00am to 11:00am and 1:00pm to 4:00pm; families may only attend one session.

Ms. Popoff sent a request for updated information to every AIC who submitted a kyte as of Monday, July 11<sup>th</sup>. IF you have received a request for information, please ignore the typo at the bottom (I was too tired to reprint it and I did not want to disappoint the Green Team over and extra "to"), complete the form in your best handwriting, and return to it to Ms. Popoff...it is already addressed to be returned.

**If you have not yet submitted a kyte for you and your kiddos to partake, please do so no later than Wednesday, July 20<sup>th</sup>.** Participants need to be your kids (requests for grandkids can also be reviewed). The target audience is kids aged kindergarten through high school. If a caregiver can bring the kids to the event so you can shop together and get a haircut, that's wonderful, and if not, Rotary will mail items to your kiddos, at no charge to you.

## Oregon Agape Youth Camps

Would you like to give your children a summer camp experience they will never forget? The Agape Youth Camps are completely free of charge and created only for kids who have experienced incarceration at any time in their lives. Campers learn about love, hope, and forgiveness while also experiencing a wide range of fun camp activities. Every child receives a t-shirt for each day of camp, a sweatshirt, and other camping items they might need. Let your families know registration is available for both camps on our website: [agapefamiliesoregon.org](http://agapefamiliesoregon.org).

This summer we will be hosting camps in Eugene and Salem so make sure your campers apply early to reserve their spot! Here are the dates and locations for our camps:

### **Agape Youth Camp Salem**

For: Children 1<sup>st</sup> – 7<sup>th</sup> (7- years old minimum)  
When: July 21<sup>st</sup> through the 24<sup>th</sup>  
Where: Camp Aldersgate in Turner, OR  
(10 miles south of Salem)

### **Agape Youth Cam Eugene**

For: Children 1<sup>st</sup> – 7<sup>th</sup> (7-years old minimum)  
When: August 25<sup>th</sup> through the 28<sup>th</sup>  
Where: Camp Harlow in Eugene, OR



### **On the cost-of-living front...**

## **Commissary Reminders and News – Anita Nelson**

### **Reminders:**

We have begun planning for the 2022 holiday buying period. Please fill out a suggestion form and send it to NWC for processing. We use your suggestions to help us decide what to offer for the holiday buying period.

### **News:**

Our vendors are working hard to keep prices as low as possible but unfortunately inflation is hitting everyone as cost of goods and transporting goods continues to skyrocket. Price increases are inevitable, as in this case, we were just notified the cost of soda coupons has increased, the new price of soda coupons is \$2.65, effective immediately.

We in commissary appreciate your understanding and patience as we work through the current times.

## **Prices increase in Visiting Room Vending Machines – Canteen (the company)**

The price of beverages in the vending machines in visiting rooms are being raised to \$2.50. This increase has been requested by the DOC's vending company and are "due to the higher costs that vending

companies like us are paying for product from suppliers and fuel, etc.” This change takes effective almost immediately.



Northwest Commissary secured 700 Sunsport clear multi-adapters. They are \$15.40; a Newsflash was sent to the AIC population. More are coming in August and/or September.



## **And in legal news...**

*From the Administrative Rules Program:*

Below is the list of status changes made to DOC administrative rules since 04/26/2022.

### **PROPOSED RULES:**

#### **291-019 Transfer (Community Corrections)**

- Amends the rules to update or add business terminology, reorganize to improve comprehension and convenience for reader, and create a rule specific to the transfer of those on leave status.
- Last day to provide comments: 08/02/2022 at 5:00 PM

Below is the list of status changes made to DOC administrative rules since 06/14/2022.

### **PROPOSED RULES:**

#### **291-073 Mandatory and Desired Criteria for Siting Oregon Correctional Facilities**

- Amends the rules reflect current terminology related to Oregon Health Plan and adults in custody, and for minor technical correction.
- Last day to provide comments: 08/10/2022 at 5:00 PM

Rulemaking comments must be provided to the DOC Rules Coordinator in writing at the address in the rulemaking notice. Communications submitted should be limited to providing comments on only one division/topic per communication. Do not include multiple divisions/topics in one communication, they will be returned. DOC notices and rules are available for review and copies in the AIC law library.

## Requests for Staff Letters of Support for Clemency or Commutation – Ms. O’Leary

It's been a while since the DOC's clemency application and Parole Board hearing letter process was rolled out, so now's a good time to revisit the process. For those not working with an attorney, these are the basic steps:

- Individuals must first submit their request for clemency to the Governor's office or be scheduled for a parole hearing.
- Individuals may then request a letter from DOC from an institution staff person or a contractor.\*
- If the DOC staff person or contractor believes the request should be supported by DOC, they will e-mail a letter request to Kelly Hodney in Correctional Services.
- Correctional Services will verify a clemency application has been submitted and check history for clear conduct.
- If DOC determines it will support a letter, DOC work and programs staff, as well as the counselor, will be contacted for input.
- If DOC continues to move forward, the letter will be sent to the Governor's office or Board of Parole, as appropriate.

\* Examples: Work supervisor, instructor, chaplain, counselor, unit officer, GED instructor etc.



## Sustainability in the news...

### From the Green Team

Minimum's not alone with a bountiful year of flora and vegetation. Yards C/D, G/H and even J/K are doing their best to foster new growth; G/H yard in particular plays an important role in boosting threatened Taylor's Checkerspot Butterflies. **Please enjoy the aesthetic appeal of the beautiful gardens and leave the lush biodiversity intact for pollinating bees, birds, and butterflies!** You are part of increasing biodiversity and the fight for earth's eco-health. Please decrease your footprint, avoid purchasing single-serving package items and recycle whenever possible.

*“Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.”* ~ Archbishop Desmond Tutu

Hey **Shirley Temple** fans, did you know the iconic tap-dancing, golden ringlets star became Earth's biggest advocate? In 1972, she served as the United States delegate at the UN Conference on Human Environment, the very first of its kind regarding global pollution. Shirley Temple Black (her married name)

stood for future generations saying. **“We are trustees of the earth they will inherit.”** Let’s carry her ideals forward and be good stewards of the earth, a place we call home.

The kitchen is trying their best to provide regular trays, but when paper is used, please keep stacking them to help compact & reduce trash. Please Reduce, Reuse and RECYCLE as much as possible—and in the Meal-line—only get what you are going to eat. When food waste decomposes in oxygen-deprived landfills, it emits noxious methane gases equal to 37 million cars polluting major highways each year in the United States alone!

Plus, your kids are learning a lot about being “green” and reducing their Footprint. They probably know more about recycling than you do. Through phone calls, video visits & letters, ask about the recycling system they use at home. Encourage their home recycling system & teach responsibility in eco-awareness. While not at school, remind them to take what they learned in class, home. Go Green & keep the next generation focused on being eco-friendly with thoughts of daily fresh eggs via chicken coops, gardens & more.



## **Previous Articles still relevant to the world in which we live**



### **AIC Property Compliance Mandate**

The Deputy State Fire Marshal mandates the Department of Corrections (DOC) is compliant with the rules for AIC property in all housing units. *Which means DOC must limit the amount of AIC personal property in accordance with Oregon Fire Code.*

In short – each AIC has a certain amount of space in their housing area based on the design of their current location’s housing unit. The thing to remember is – per the standards/law – **it’s not about the type of property; it’s about the amount of property.**

The statewide property workgroup team and your facility’s management teams are all working together to meet the standards while having as little impact as possible on the AIC population.

DOC is currently in the middle of a project to remove the bulk of excess property such as books, magazines, clothing, etc. Legal paperwork is not included in bulk property and we ask you do not change any processes for

legal paperwork at this time. We are reviewing our legal property reduction strategy with the Oregon Department of Justice to ensure there is no disruption to an AIC's legal material needs on active cases.

We appreciate your patience and understanding as we work to meet the Fire Marshal's mandates.

For your reference, the rules/laws related to AIC property are:

- Oregon Fire Code Section 808
- Life Safety Code (NFPA 101) Section 23.7.2
- Standard Operating Guideline P-25
- AIC Handbooks
- ORS - OAR 291-117-0070 - Inmate Property (General) "Property Limit: Inmate property shall not exceed the capacity of storage space located in the inmate's assigned housing area and designated by the functional unit manager/designee for the storage of inmate personal property."



"Any other skills besides scrapbooking?"

## ***Road to Success***

### **What is RTOS?**

The *Road to Success (RTOS)* program is in place to help AICs with 120 days or less prepare for their release. It consists of five components: 1) Employment 2) Working effectively with your Parole Officer 3) Your family, Your Community, and Your release. 4) Money management 5) Tenant Education. All of the classes are voluntary, and you will have the chance to sign up when doing the RTOS assessment (see below).

### **How does it work?**

At about 6 months to release RTOS will send an assessment packet to you. You will answer and return the assessment sheet and begin the process of being scheduled for classes. Classes start approximately 2 months or less to release.

"Super Star" status is earned by taking all 5 of the available transition classes. Take advantage of any or all of the classes that will help you upon re-entry. This curriculum works in conjunction with current programs and courses you may already be taking. AICs will also have the opportunity to work one-on-one with transition staff to set up an individual transition plan for release. Be sure to take advantage of every program to ensure your success!

## **Open Office Hours**

Minimum Programs Building D-17 Tuesdays: 8:00am – 10am.

Stop by our office during open office hours once you are within **120 days or less from your release**. We can help with transition needs such as employment information, which resources are available in the community you are returning to? You can work on a release plan, contact DMV, research-housing options for your county, sign up for additional classes and handle various other transition related issues.

## **Scheduled Appointments Only**

Medium Facility: Kyte R. DeAnda to be scheduled in CD-13

\*Please be appropriately dressed and bring a pen\*

During your scheduled resource appointment, you will have the ability to review resources in the county you will be releasing to, set up DMV appointments, contact housing resources, review employment possibilities, sign up for classes and other various transition related issues.

**WE CANNOT FACILITATE LEGAL CALLS OR DIRECT CALLS TO YOUR POST-PRISON SUPERVISION OFFICER!**

### **INFORMATION ABOUT WHO TO CONTACT BEFORE YOUR RELEASE:**

**Roads to Success Classes:** Employment Education, Money, Management, Tenant Education, and Effective Communication with P.O., Your Family, Your Community, and Your Release

**Release Counselors:** Trans Leave Eligibility, Transportation on day of release, P.O./Reporting Instructions, County Waivers, Proposed release address(es)

**Records:** Social Security Card Replacement, Birth Certificates, Letter of Incarceration

## **Contact and Other Information for your Questions Regarding Release**

**Identification:** You will receive a DOC photo ID upon release. If you qualify for DMV identification, you will be contacted to complete the paperwork prior to your release. *\*Kyte your Release Counselor regarding process and eligibility.*

**Food Stamps (SNAP):** You will receive an application two weeks prior to release. *\*Kyte K. Wagnor at Head Quarters in Salem with questions.*

**Oregon Health Plan (OHP):** An OHP representative will set up a phone call with you approximately two weeks before release. *\*Kyte Ms. Kammerer at Head Quarters in Salem.*

**P.O. Reach-In:** You may or may not have a reach in by telephone. This is a “meet and greet” with your P.O. where post-prison supervision information will be provided, and you can ask questions you may have. *\*Kyte your Release Counselor if you have questions.*

**Medications:** You may be issued up to a 30-day supply of non-narcotic prescription medication. Work with medical directly to ensure this is set up prior to release. *\*Kyte to be scheduled with your provider.*

**Dress Outs:** You will be issued a sweat suit to release in unless authorized clothes are mailed in or dropped off. Dress outs must NOT resemble AIC clothing, and you are responsible for any cost. *\*Kyte your Release Counselor for the process and ensure you have an authorization slip approved by the Operations Captain.*



Is your child 5 years old (pre-kindergarten) or younger?

Does your child live within one hour of CCCF?

Is your caregiver able to transport your child to CCCF?

Are you available Tuesday and Thursday mornings?

Are you minimum eligible?

You may qualify to participate in Head Start, a program focusing on strengthening the mother/ child bond during incarceration. Head Start provides comprehensive early childhood education, health and nutrition information to families. If interested, please send a kytic to Head Start.

## **Girl Scouts**

Did you know Girl Scouts Beyond Bars is open to mothers, grandmothers, aunts and older sisters? Join Girl Scouts Beyond Bars to build your leadership skills while supporting your girl in becoming more confident and courageous. Send a kytic to Life Skills for an application. Girl Scouts has returned to Coffee Creek soon—apply today! Aplicaciones disponibles en español. Pedir.



## ***Self-efficacy***

*“People’s beliefs about their abilities have a profound effect on those abilities. Ability is not a fixed property; there is a huge variability in how you perform. People who have a sense of self-efficacy bounce back from failures; they approach things in terms of how to handle them rather than worrying about what can go wrong.”*

*-Albert Bandura*



**School of Cosmetology...**

**It's not just a job, it's a CAREER!**

**Basic guidelines to be considered:**

- High School Diploma or G.E.D
- Reading Scores 243 & Math Score 231
- Be in the facility at least 6 months
- Fulfilled kitchen obligation
- Be DR free for a minimum of 1 year
- At least 3 years to serve on the medium side, but not more than 4

If you meet the listed requirements, please kytic Hair Design and you will be added to the wait list.

**School of Cosmetology Services – No Fee**

Hair Cuts

Shampoo/ Style

Shampoo/Thermal

**School of Cosmetology Services – Requires Consultation to Determine Cost:**

Hair color

Perm

Brazilian Blowout

**School of Cosmetology Services – Fee Services**

Scalp/Cholesterol Treatment	\$3.00
Facial Wax (Eyebrow, Lip & chin)	\$2.00
Nose/Ear Wax	\$2.00
Lower Arm Wax	\$5.00
Lower Leg Wax	\$5.00
Arm Pit Wax	\$5.00
Manicure	\$3.00
Manicure w/Regular Polish	\$5.00
Basic Foot Care	\$2.00
Pedicure	\$5.00
Pedicure w/Gel	\$7.00
Pedicure w/ Regular Polish	\$7.00

Gel Polish	\$4.00
Regular Polish	\$2.00
Sparkle Polish	\$3.00
Deluxe Facial (not currently available)	\$5.00
Mini Facial (skin around mask area)	\$ 2.00
Eyelash Extensions (Full Set Classic)	\$7.00
Eyelash Extensions (Full Set Volume)	\$10.00

### **School of Cosmetology Fee Services for Level 3s ONLY**

Manicure w/Sparkle Polish	\$6.00
Acrylic Nails with Polish	\$5.00
Acrylic Nails with Gel	\$7.00

Submit a kyte requesting a specific paid service and attach a CD28 with a verified signature, for the appropriate amount. CD28s must clear Central Trust before the service can be performed.

Submit a kyte requesting a consultation for the paid service desired and the cost will be determined during the consultation. The appointment for the service will be scheduled once the CD28 has cleared.

### **Always include your work and/or program hours/days on every kyte.**

The School of Cosmetology is backed by Portland Community College.



## **Religious Services**

We are thrilled volunteers continue to return and offered services are increasing. When attending services at CCCF and CCCM, please remember:

- You must be properly dressed; i.e. jeans, not shorts or sweatpants.
- Please return to your housing unit at the conclusion of the service so we can clean prior the next service.
- Books are not available for checkout prior to or after the service. Please send a kyte and you will be scheduled to check out books at an alternate time.
- Some housing moves automatically drop you from callouts, and you need to send a kyte to be put on the callouts. This includes moves to and from Minimum and Medium being housed in SHU.

If you have questions, please kyte Chaplain Sue, Chaplain Brault, and Chaplain Betts.



**PREA...**

The PREA advocacy agency for CCCF and CCCM is the Center for Hope and Safety.

### **Center For Hope and Safety**

605 Center Street NE  
Salem, OR 97301  
866-399-7722

It is normal for people who experience sexual abuse to feel overwhelmed and have a lot of questions about their options. No one deserves to be sexually abused. It is not your fault. Surviving and healing are possible.

AICs who have experienced sexual abuse can reach a community-based advocate by dialing “711” from the AIC telephone system. Community-based advocates provide survivors of sexual abuse information about their options, resources, information, and emotional support. Calls to “711” are confidential and free of charge.

#### **Advocate's role**

- Provide over-the-phone confidential support and crisis intervention related to sexual abuse
- Talk with a survivor about their current and ongoing safety
- Explain reporting options available through PREA
- Support survivor at a sexual assault forensic medical examination
- Support survivor at an investigatory interview related to sexual abuse, as requested
- Educate/teach survivor coping skills for healing from sexual abuse
- Provide resources and referrals
- Provide follow-up support

#### **An Advocate Does Not**

- Make decisions or tell a survivor what to do
- Tell a survivor whether to report
- Investigate a crime
- Provide legal advice
- Be a survivor's friend
  - Provide therapy
- Communicate with the institution unless the survivor requests them to and only with a signed, limited release of information

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report the sexual abuse unless you request them to and only if you sign a release of information.

Advocacy crisis lines are not reporting hotlines. To file a report, contact the Inspector General Hotline by dialing “9” on the AIC telephone system, writing an AIC communication (kyte), filing a grievance, or writing the Governor’s Office at State Capitol, Room 160, 900 Court Street, Salem, OR 97301.

DOC is committed to providing AICs with avenues to seek assistance. Below are additional resources:

**Just Detention International Headquarters**

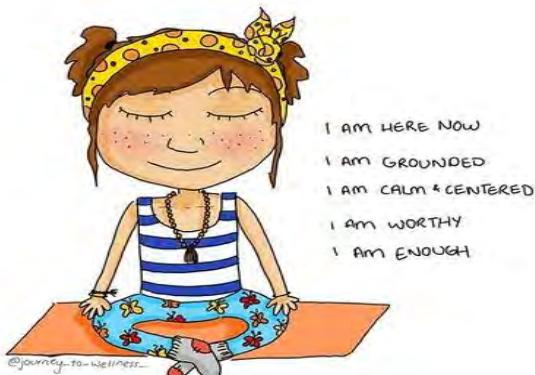
3325 Wilshire Blvd., Suite 340  
Los Angeles, CA 90010

**DOC PREA Advocate Coordinator**

Oregon Department of Corrections  
3723 Fairview Industrial Drive SE, Suite 200  
Salem, Oregon 97302

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and is not to be used for other purposes. Contacting an advocate for anything other than services related directly to coping with sexual abuse takes away valuable resources for sexual assault survivors who need an advocate’s help. Telephone calls and mail to community-based advocacy centers are considered privileged, confidential communication and will be handled in the same manner as legal calls and official mail.

You may reach your community-based advocate by dialing “711” from the AIC telephone, dialing their direct crisis line number, or sending written correspondence.



**Survival Coaches...**

**Survival Coach Schedule (Minimum)**

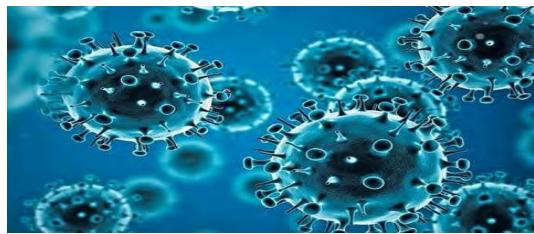
**Turner, Patty:** On call only

**Survival Coach Schedule (Medium)**

- **Black, Kyle:** Monday 6:45pm – 7:45pm(G Unit), on call
- **Rowe, Cynthia:** Monday 6:45pm – 7:45pm (G Unit), on call

- **Womack, Shawn (Sasha):** Sunday 3:00pm – 4:00pm (D Unit), on call
- **Rayburn, Lynley:** Sunday, 3:00pm – 4:00pm (D Unit), on call
- **Cox, Danielle:** Wednesday 6:30pm – 7:30pm (G Unit) & Friday 6:45 pm – 7:45 pm (C Unit), on call
- **Lowe, Rinita:** Monday – 6:45 pm – 7:45 pm (H Unit) & Friday – 6:45 pm – 7:45 pm (C Unit), on call
- **Landrum, Kristina:** Monday 6:45pm – 7:45pm (H Unit) & Wednesday 6:30pm – 7:30pm (G Unit), on call

You may request a specific Survival Coach by name when asking to meet.



### **Finally, in COVID news...**

CCCF and CCCM are Yellow. According to the ODOC COVID Recovery plan, staff and AICs must continue to wear masks inside and outside. We cannot consider making any changes to mask wearing practices until we are green.

And fans...the prohibition on the use of unit fans comes from the CDC, not DOC: the concern is the creation of air flow across one person to another. DOC has continued to operate from the perspective of your bunk/cell being your house, and you can remove your mask and use your personal fans in your house.



