

ISSUE 23

July 8, 2022



OREGON DEPT OF CORRECTIONS

OSCILLATOR

# STAY HYDRATED



NEVER GIVE UP  
ON YOUR  
DREAMS.



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## OREGON DEPARTMENT OF CORRECTIONS

### COVID-19 NEWSLETTER – NOTICE #133

#### COVID-19 CONFIRMED CASES

As the COVID-19 situation continues, DOC would like to provide you with updated information. As of July 5, 2022, DOC statewide has:

- 37 AICs who currently have COVID-19

The table below shows total numbers since the pandemic began in March 2020:

	Positive Tests	Recoveries	Negative Tests	Deaths
Employees	1,792	1,771		
AICs	5,567	5,321	25,538	47

### WHO'S WHO:

Superintendent - Mr. J. Highberger  
Asst. Supt., General Services - Ms. T. Davenport  
Asst. Supt., Security - Mr. J. Wagner  
Behavioral Health Svcs. Mgr. - Ms. K. Gates  
Acting Corr. Rehabilitation Mgr. - Ms. E. Asay  
Diversity/Grievance Coordinator - Ms. R. Corrigan  
Education/Training Administrator - T. Hightower  
Executive Asst. to Supt. - Mr. N. Warren  
Food Services Manager - Mr. N. Nawaz  
Hearings Officer - Mr. D. Golden  
Health Services - Ms. R. Vizina

Hobby Shop Supervisor/Photo Programs- Ms. G. Kast  
Library Coordinator - Ms. R. Cantrell / Ms. S. Lund  
Management Asst. to Supt. - Ms. R. Mondragon  
Operations Captain - Mr. J. Hyde  
Photo Program Supervisor - Ms. G. Kast  
Physical Plant Manager - Mr. G. Davis  
PREA Compliance Manager - Captain G. Ross  
Recreation - Mr. J. Hale, Ms. G. Kast  
Recreation - Mr. Ocupe  
Religious Services - Chaplain D. Hodney  
Special Population Lieutenant - Lt. A. Asay  
Transitions Coordinator - Ms. K. Hollingsworth



Lawn and Garden is currently seeking additional workers to hire for the 2022 growing season

Candidates must meet the following criteria:

- Meet the physical necessities of the work duties (bending, stooping, kneeling, lifting, pushing, pulling between 20-50 lbs.).
- Have a minimum of 6-month clear conduct.
- No recent (2yrs) escape attempts or staff assaults
- Have a positive attitude.
- 2+ yrs. housing remaining @ OSCI.

This job works Monday – Friday 7 am -3pm and offers an array of learning opportunities in home gardening, agriculture, and landscaping. If you feel you meet the minimum criteria and would be a positive addition to the lawn and garden team, please send Mr. Newman in the greenhouse a CD 1528







## Want to volunteer in the garden

Currently the garden is seeking volunteers to help in the garden for the 2022 growing season. OSCI staff have made it possible for everyone to have an opportunity to help in garden. Volunteering in the garden has many benefits to the clients housed here at OSCI

Emotional, Mental, physical wellness opportunities

Training and Learning opportunities

The opportunity to introduce Fresh produce to the culinary line.

Additional fresh air and sunlight exposure.

If you want to help in the garden a day or two a week, Please Send Mr. Newman in the greenhouse a kyte.

All units may seek this opportunity



# 2022 Seed to Supper

*A Growing Gardens 101 gardening class!*



GROWING GARDENS

1. Six week class, starts August 5<sup>th</sup>,
2. This class is a basic gardening class and prerequisite to Sustainable Gardening Class
3. Please KYTE Mr. Newman by July 18<sup>th</sup>



**From Correctional Rehabilitation:**

Please send all requests for an early review of non-cash incentive levels (NCI) to Acting Correctional Rehabilitation Manager, Ms. Asay.

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WBE Automotive (OSP) is recruiting students for the Entry-Level Technician Certificate, starting in January 2023 & every January thereafter. This is a college program.

**Requirements:**

- High School diploma or GED
- No major misconducts in the last year
- Minimum CASAS scores in math (236) and reading (242)
- No other work-based learning certificates or college degrees
- At least two years - not more than five - left on the sentence
- Eligible to obtain a driver's license upon release (or request an exception)

Completed A & O

Interested? Please send an AIC communication to OSP WBE AUTOMOTIVE, Instructor Bill Gastoni.

Serious applicants only - AICs who drop the program will return to their current institution.





# OREGON DEPARTMENT OF CORRECTIONS - Spring-Summer 2022 Menu (Week 2)

Kent Panger, Food Service Administrator

RD 1, LD Eleni Guevara RD, LD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<ul style="list-style-type: none"> <li>● Oatmeal 8 oz</li> <li>● Canned Fruit 4 oz</li> <li>● Hard Boiled Egg 1 ea</li> <li>□ Pancakes 3 ea</li> <li>● Syrup 2 fl oz</li> <li>● Margarine 0.5 oz</li> <li>● Skim Milk 16 fl oz</li> <li>● Sugar 2 pkt</li> <li>● Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Dry Cereal 8 oz bowl</li> <li>● Fresh Fruit 1 ea</li> <li>● Breakfast Burrito: 2 oz</li> <li>● Scrambled Eggs 4 oz</li> <li>● Refried Beans 0.5 oz</li> <li>● Shredded Cheese 1 ea</li> <li>● Flour Tortilla 1 ea</li> <li>● Salza 1 oz</li> <li>● Skim Milk 16 fl oz</li> <li>● Sugar 2 pkt</li> <li>● Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li>● 9 Grain Cereal 8 oz</li> <li>● Canned Fruit 4 oz</li> <li>● Waffles 2 ea</li> <li>● Peanut Butter 1.5 oz</li> <li>● Syrup 4 oz</li> <li>● Skim Milk 16 fl oz</li> <li>● Sugar 2 pkt</li> <li>● Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Dry Cereal 8 oz bowl</li> <li>● Fresh Fruit 1 ea</li> <li>● Fried Egg 1 ea</li> <li>● Cheese 1 SL</li> <li>● English Muffin 1 ea</li> <li>● Fried Potatoes 6 oz</li> <li>● Skim Milk 16 fl oz</li> <li>● Sugar 2 pkt</li> <li>● Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Farina 8 oz</li> <li>● Canned Fruit 4 oz</li> <li>● Sausage Gravy 6 oz</li> <li>● Biscuit 1 ea</li> <li>● Fried Potatoes 6 oz</li> <li>● Skim Milk 16 fl oz</li> <li>● Sugar 2 pkt</li> <li>● Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Oatmeal 8 oz</li> <li>● Fresh Fruit 1 ea</li> <li>● Hard Boiled Egg 1 ea</li> <li>● Breakfast Pastry 6 oz</li> <li>● Skim Milk 16 fl oz</li> <li>● Sugar 2 pkt</li> <li>● Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Canned Fruit 4 oz</li> <li>● Fried/Scrambled Eggs 2 ea/3 oz</li> <li>● Bacon (2 thick-3 thin) 1 avg</li> <li>● Fried Potatoes 6 oz</li> <li>● Wheat Toast 2 SL</li> <li>● Jelly 1 oz</li> <li>● Margarine 0.5 oz</li> <li>● Skim Milk 16 fl oz</li> <li>● Sugar 2 pkt</li> <li>● Coffee s/s</li> </ul>
<ul style="list-style-type: none"> <li>● Vegetable Soup 10 fl oz</li> <li>● Tuna Salad 4 oz</li> <li>● Shredded Lettuce 2 oz</li> <li>● Wheat Hoagie Bun 1 ea</li> <li>● Carrots 6 oz</li> <li>● Chips 1 bag</li> <li>● Fresh Fruit 1 ea</li> <li>● Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li>● Soup of the Day 10 fl oz</li> <li>● Chef Salad: 2 oz</li> <li>● Turkey 1 oz</li> <li>● Shredded Cheese 1 ea</li> <li>● Hard Boiled Egg 1 ea</li> <li>● Lettuce 10 oz bowl</li> <li>● Salad Dressing 2 fl oz</li> <li>● Blended Vegetables 6 oz</li> <li>● Bread Stick 1 ea</li> <li>● Fresh Fruit 1 ea</li> <li>● Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li>● Minestrone Soup 10 fl oz</li> <li>● Fried Egg Sandwich: 2 ea</li> <li>● Grilled Wheat Bread 2 SL</li> <li>● Broccoli 6 oz</li> <li>● Chips 1 bag</li> <li>● Mayonnaise 0.5 oz</li> <li>● Fresh Fruit 1 ea</li> <li>● Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li>● Soup of the Day 10 fl oz</li> <li>● Deli Sandwich: 3 oz</li> <li>● Meat 1 SL</li> <li>● Cheese 1 SL</li> <li>● Shredded Lettuce 2 oz</li> <li>● Onions 1 oz</li> <li>● Wheat Hoagie Bun 1 ea</li> <li>● Carrots 6 oz</li> <li>● Chips 1 bag</li> <li>● Mayonnaise 0.5 oz</li> <li>● Mustard 0.5 oz</li> <li>● Fresh Fruit 1 ea</li> <li>● Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li>● Coleslaw 6 oz</li> <li>● Chicken Tortilla Stew 10 fl oz</li> <li>● Brown Rice 6 oz</li> <li>● Broccoli 6 oz</li> <li>● Tortilla Chips 1 oz</li> <li>● Sour Cream 1 oz</li> <li>● Fresh Fruit 1 ea</li> <li>● Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li>● Texas Slaw 6 oz</li> <li>● Pork Fajitas: 4 oz</li> <li>● Pork Fajita Mix 4 oz</li> <li>● Onions &amp; Peppers 4 oz</li> <li>● Wheat Tortilla 2 ea</li> <li>● Spanish Rice 6 oz</li> <li>● Mango Salsa 2 oz</li> <li>● Fresh Fruit 1 ea</li> <li>● Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li>● Meat Sub: Peanut Butter 1 oz</li> <li>● Tossed Salad 10 oz bowl</li> <li>● Salad Dressing 1 fl oz</li> <li>● Roast Turkey 3 oz</li> <li>● Mashed Potatoes 6 oz</li> <li>● Poultry Gravy 2 fl oz</li> <li>● Green Beans 6 oz</li> <li>● Wheat Bread 2 SL</li> <li>● Margarine 0.5 oz</li> <li>● Chocolate Cupcake 1 ea</li> <li>● Fortified Fruit Drink 8 fl oz</li> </ul>
<ul style="list-style-type: none"> <li>● Tossed Salad 10 oz bowl</li> <li>● Chicken Stir-Fry 1 fl oz</li> <li>● Onions 4 oz</li> <li>● Stir-Fry Vegetables 6 oz</li> <li>● White Rice 6 oz</li> <li>● Wheat Tortilla 1 ea</li> <li>● Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Tossed Salad 10 oz bowl</li> <li>● Salad Dressing 1 fl oz</li> <li>● Salisbury Steak 4 oz</li> <li>● Beef Gravy 2 fl oz</li> <li>● Mashed Potatoes 6 oz</li> <li>● Peas 6 oz</li> <li>● Wheat Dinner Roll 1 ea</li> <li>● Margarine 0.5 oz</li> <li>● Pear Crisp 4 oz</li> <li>● Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Tossed Salad 10 oz bowl</li> <li>● Salad Dressing 1 fl oz</li> <li>● Chili Mac 10 oz</li> <li>● Green Beans 6 oz</li> <li>● Cornbread 1 ea</li> <li>● Margarine 0.5 oz</li> <li>● Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Tossed Salad 10 oz bowl</li> <li>● Salad Dressing 1 fl oz</li> <li>● Vegetable Soup 10 fl oz</li> <li>● Pizza (choice) 1 avg</li> <li>● Baker's Choice s/s</li> <li>● Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Tossed Salad 10 oz bowl</li> <li>● Salad Dressing 1 fl oz</li> <li>● Philly Beef Sandwich: 3 oz</li> <li>● Roast Beef 2 fl oz</li> <li>● Cheese Sauce 4 oz</li> <li>● Onions &amp; Peppers 4 oz</li> <li>● Wheat Hoagie Bun 1 ea</li> <li>● Green Beans 6 oz</li> <li>● Gelatin w/ whip top 4 oz</li> <li>● Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Tossed Salad 10 oz bowl</li> <li>● Salad Dressing 1 fl oz</li> <li>● Meat Sauce 6 oz</li> <li>● Spaghetti 6 oz</li> <li>● Blended Vegetables 6 oz</li> <li>● French Bread 1 SL</li> <li>● Garlic Margarine 0.5 oz</li> <li>● Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li>● Beet Salad 6 oz</li> <li>● Chicken Burger 1 ea</li> <li>● BBQ Sauce 1 fl oz</li> <li>● Wheat Burger Bun 1 ea</li> <li>● Cauliflower 6 oz</li> <li>● French Fries 6 oz</li> <li>● Catsup 1 oz</li> <li>● Fresh Fruit 1 ea</li> <li>● Tea s/s</li> </ul>

\* Contains or may contain pork.

Serving sizes are listed in Volume-Ounces, not by weight.

MAT/VEGETABLE TRAYS available for lunch & supper meals only.

Menu subject to change without notice.

Last Revision: 2/18/2022

● Healthy Choice

□ High Fat/Cholesterol

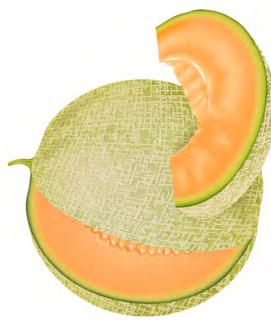
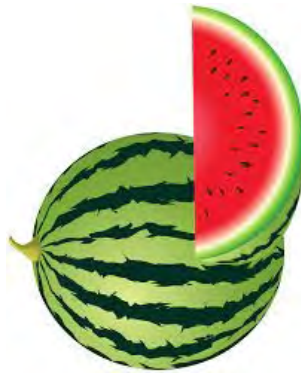
⊗ High Sugar

✖ High Fat/Cholesterol & Sugar

▽ High Sodium

◇ High Fat/Cholesterol & Sodium





# OREGON DEPARTMENT OF CORRECTIONS - Spring-Summer 2022 Menu (Week 3)

Kent Penner, Food Service Administrator

Elisa Guevara RD, LD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<ul style="list-style-type: none"> <li><input type="checkbox"/> Oatmeal 8 oz</li> <li><input type="checkbox"/> Canned Fruit 4 oz</li> <li><input type="checkbox"/> Hard Boiled Eggs 3 ea</li> <li><input type="checkbox"/> Pancakes 3 ea</li> <li><input checked="" type="checkbox"/> Syrup 2 fl oz</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Skim Milk 16 fl oz</li> <li><input checked="" type="checkbox"/> Sugar 2 pkt</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Dry Cereal 8 oz bowl</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Veggie Scramble 4 oz</li> <li><input type="checkbox"/> Fried Potatoes 6 oz</li> <li><input type="checkbox"/> Wheat Toast 2 SL</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Skim Milk 16 fl oz</li> <li><input checked="" type="checkbox"/> Sugar 2 pkt</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Farina 8 oz</li> <li><input type="checkbox"/> Canned Fruit 4 oz</li> <li><input type="checkbox"/> Hobo Breakfast 2 oz</li> <li><input type="checkbox"/> Scrambled Eggs 1 ea</li> <li><input type="checkbox"/> Ground Beef 1 ea</li> <li><input type="checkbox"/> Shredded Cheese 1 ea</li> <li><input type="checkbox"/> Fried Potatoes 6 oz</li> <li><input type="checkbox"/> Skim Milk 16 fl oz</li> <li><input checked="" type="checkbox"/> Sugar 2 pkt</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Dry Cereal 8 oz bowl</li> <li><input type="checkbox"/> French Toast 4 SL</li> <li><input type="checkbox"/> or Texas Toast 2 SL</li> <li><input checked="" type="checkbox"/> Syrup 2 fl oz</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Skim Milk 16 fl oz</li> <li><input checked="" type="checkbox"/> Sugar 2 pkt</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Oatmeal 8 oz</li> <li><input type="checkbox"/> Canned Fruit 4 oz</li> <li><input type="checkbox"/> Fried Eggs 1 ea</li> <li><input type="checkbox"/> Cheese 1 SL</li> <li><input type="checkbox"/> English Muffin 1 ea</li> <li><input type="checkbox"/> Fried Potatoes 6 oz</li> <li><input type="checkbox"/> Skim Milk 16 fl oz</li> <li><input checked="" type="checkbox"/> Sugar 2 pkt</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> 9 Grain Cereal 8 oz</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Hard Boiled Eggs 1 ea</li> <li><input checked="" type="checkbox"/> Breakfast Pastry 1 ea</li> <li><input type="checkbox"/> Skim Milk 16 fl oz</li> <li><input checked="" type="checkbox"/> Sugar 2 pkt</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Canned Fruit 4 oz</li> <li><input type="checkbox"/> Fried/Scrambled Eggs 2 ea/3 oz</li> <li><input type="checkbox"/> Poultry Sausage 2 oz</li> <li><input type="checkbox"/> Fried Potatoes 6 oz</li> <li><input checked="" type="checkbox"/> Wheat Toast 2 SL</li> <li><input checked="" type="checkbox"/> Jelly 1 ea</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Skim Milk 16 fl oz</li> <li><input checked="" type="checkbox"/> Sugar 2 pkt</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>
<ul style="list-style-type: none"> <li><input type="checkbox"/> Carrot Salad 6 oz</li> <li><input type="checkbox"/> BBQ Beef 4 oz</li> <li><input type="checkbox"/> Wheat Hoagie Bun 1 ea</li> <li><input type="checkbox"/> Brown Rice 6 oz</li> <li><input type="checkbox"/> Cauliflower 6 oz</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> *Soup of the Day 10 fl oz</li> <li><input type="checkbox"/> Deli Sandwich: 3 oz</li> <li><input type="checkbox"/> *Deli Meat 1 SL</li> <li><input type="checkbox"/> Cheese 2 oz</li> <li><input type="checkbox"/> Shredded Lettuce 1 ea</li> <li><input type="checkbox"/> Onions 1 ea</li> <li><input type="checkbox"/> Wheat Hoagie Bun 1 ea</li> <li><input type="checkbox"/> Carrots 6 oz</li> <li><input type="checkbox"/> Chips 1 bag</li> <li><input type="checkbox"/> Mayonnaise 0.5 oz</li> <li><input type="checkbox"/> Mustard 0.5 oz</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Lentil Soup 10 fl oz</li> <li><input type="checkbox"/> Tuna Salad 4 oz</li> <li><input type="checkbox"/> Shredded Lettuce 2 oz</li> <li><input type="checkbox"/> Wheat Hoagie Bun 1 ea</li> <li><input type="checkbox"/> Green Beans 6 oz</li> <li><input type="checkbox"/> Chips 1 ea</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Cream of Potato Soup 10 fl oz</li> <li><input type="checkbox"/> Chicken over Lettuce Salad: 3 oz</li> <li><input type="checkbox"/> Grilled Chicken 1 ea</li> <li><input type="checkbox"/> Lettuce 1 ea</li> <li><input type="checkbox"/> Onions 1 ea</li> <li><input type="checkbox"/> Shredded Cheese 1 ea</li> <li><input type="checkbox"/> Salad Dressing 2 fl oz</li> <li><input type="checkbox"/> Blended Vegetables 6 oz</li> <li><input type="checkbox"/> Bread Stick 1 ea</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Colelaw 6 oz</li> <li><input type="checkbox"/> Turkey Club Sandwich: 2 oz</li> <li><input type="checkbox"/> Turkey 3 SL</li> <li><input type="checkbox"/> Turkey Bacon 2 oz</li> <li><input type="checkbox"/> Shredded Lettuce 2 oz</li> <li><input type="checkbox"/> Mayonnaise 0.5 oz</li> <li><input type="checkbox"/> Multi-Grain Bread 2 SL</li> <li><input type="checkbox"/> Peas &amp; Carrots 6 oz</li> <li><input type="checkbox"/> Chips 1 bag</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> *Soup of the Day 10 fl oz</li> <li><input type="checkbox"/> Chicken Salad 4 oz</li> <li><input type="checkbox"/> Shredded Lettuce 2 oz</li> <li><input type="checkbox"/> Wheat Hoagie Bun 1 ea</li> <li><input type="checkbox"/> Carrots 6 oz</li> <li><input type="checkbox"/> Chips 1 bag</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Fortified Fruit Drink 8 fl oz</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Meat Sub: Peanut Butter 1 oz</li> <li><input type="checkbox"/> Tossed Salad 10 oz bowl</li> <li><input type="checkbox"/> Salad Dressing 1 fl oz</li> <li><input type="checkbox"/> Chicken Drumsticks 2 ea</li> <li><input type="checkbox"/> Mashed Potatoes 6 oz</li> <li><input type="checkbox"/> Chicken Gravy 2 fl oz</li> <li><input type="checkbox"/> Peas 6 oz</li> <li><input type="checkbox"/> Wheat Dinner Roll 1 ea</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Ice Cream 1 ea</li> <li><input type="checkbox"/> Fortified Fruit Drink 8 fl oz</li> </ul>
<ul style="list-style-type: none"> <li><input type="checkbox"/> Tossed Salad 10 oz bowl</li> <li><input type="checkbox"/> Salad Dressing 1 fl oz</li> <li><input type="checkbox"/> Shepherd's Pie 10 oz</li> <li><input type="checkbox"/> Broccoli 6 oz</li> <li><input type="checkbox"/> Wheat Dinner Roll 1 ea</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Tossed Salad 10 oz bowl</li> <li><input type="checkbox"/> Salad Dressing 1 fl oz</li> <li><input type="checkbox"/> Beef Stroganoff 6 oz</li> <li><input type="checkbox"/> Pasta 6 oz</li> <li><input type="checkbox"/> Peas 6 oz</li> <li><input type="checkbox"/> Breadstick 1 ea</li> <li><input checked="" type="checkbox"/> Pudding 4 oz</li> <li><input type="checkbox"/> Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Canned Fruit 4 oz</li> <li><input type="checkbox"/> Ham 2 oz</li> <li><input type="checkbox"/> Fried Egg 1 ea</li> <li><input type="checkbox"/> O'Brien Potatoes 6 oz</li> <li><input type="checkbox"/> Biscuit 1 ea</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Coffee s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Tossed Salad 10 oz bowl</li> <li><input type="checkbox"/> Salad Dressing 1 fl oz</li> <li><input type="checkbox"/> Vegetable Soup 10 fl oz</li> <li><input type="checkbox"/> *Pizza (choice) 1 ea</li> <li><input type="checkbox"/> Baker's Choice 1 ea</li> <li><input type="checkbox"/> Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Tossed Salad 10 oz bowl</li> <li><input type="checkbox"/> Salad Dressing 1 fl oz</li> <li><input type="checkbox"/> Cheese Ravioli 10 ea</li> <li><input type="checkbox"/> Marinara Sauce 4 fl oz</li> <li><input type="checkbox"/> Broccoli 6 oz</li> <li><input type="checkbox"/> Caramel Chip Cookie 2 oz</li> <li><input type="checkbox"/> Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Tossed Salad 10 oz bowl</li> <li><input type="checkbox"/> Salad Dressing 1 fl oz</li> <li><input type="checkbox"/> Beef Pattie 1 ea</li> <li><input type="checkbox"/> Onions &amp; Pickles 1 ea</li> <li><input type="checkbox"/> Wheat Burger Bun 1 ea</li> <li><input type="checkbox"/> Green Beans 6 oz</li> <li><input type="checkbox"/> French Fries 6 oz</li> <li><input type="checkbox"/> Catsup 1 ea</li> <li><input type="checkbox"/> Tea s/s</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Tossed Salad 10 oz bowl</li> <li><input type="checkbox"/> Salad Dressing 1 fl oz</li> <li><input type="checkbox"/> Turkey Terrazini 10 oz</li> <li><input type="checkbox"/> Blended Vegetables 6 oz</li> <li><input type="checkbox"/> Wheat Bread 2 SL</li> <li><input type="checkbox"/> Margarine 0.5 oz</li> <li><input type="checkbox"/> Fresh Fruit 1 ea</li> <li><input type="checkbox"/> Tea s/s</li> </ul>

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Last Revision: 2/18/2022

☐ Healthy Choice

☐ High Fat/Cholesterol

☒ High Sugar

☒ High Fat/Cholesterol & Sugar

☐ High Sodium

☐ High Fat/Cholesterol & Sodium