



WALLED STREET BULLETIN

OREGON STATE PENITENTIARY SALEM OREGON

OSP Executive Management Team

June 6, 2024

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CORRECTIONAL REHABILITATION



Visiting Room

The OSP Visiting Room was recently enhanced with the addition of a 125-gallon fish tank. A big shout out to Sgt. Richards and Carlos Roa for their incredible attention to detail as they replicated the Healing Garden in the tank. Your hard work is appreciated.

It is the hope the OSP community will participate in the naming of the fish in the near future.

/s/ C. Lenex, Correctional Rehabilitation

Certified GOGI Community Coaches



Congratulations to Stephen Weavill and Abdur Al-Wadud for being the first men at OSP to earn the title of Certified GOGI Community Coach. To become a certified coach, they completed 40-plus GOGI credits that included a 30-page special project. This is a huge accomplishment in that Oregon only has nine currently incarcerated men that have reached this status. Thank you for your continued dedication to teaching the GOGI tools.

/s/ C. Lenex, Correctional Rehabilitation

HEALTH SERVICES



Comfort Care Items

Per Policy P-B-01.1, Medical will not be signing any package authorizations for shoes. This goes along with mattresses, blankets, and extra pillows. If you feel that you need these items, you should be directed to the appropriate channels for assistance, such as Canteen, Canteen Committee, Clothing Room Officer, Housing Unit Officer, and/or Work Supervisor.

Canteen has a great list of shoes to purchase, and if there is something more you need, please take it up with the Canteen Committee. In rare circumstances,

prescription shoes may be medically necessary if the following criteria are met:

1. Significant foot deformity.
2. Previous amputation of the foot or part of the foot.
3. History of pre-ulcerative callouses.
4. Poor circulation--absence of doppler pedal pulses.
5. Peripheral neuropathy with evidence of pre-ulcerative callous formation.

/s/ K. Ross, Health Services Manager

JOB ANNOUNCEMENTS

ICH Unit Peer Companion Position

NOW HIRING

Intermediate Care Housing (ICH) Behavioral Health Services (BHS) is now recruiting candidates to serve as Peer Companions. We are currently seeking individuals at OSP that are committed to promoting mental wellness and have an interest in helping others. This is a paid, primary position, with varied working hours/days, and cannot be held with other paid positions.

Individuals selected for this position will receive initial and on-going training from or identified by Behavioral Health Services, as well as ongoing supervision toward skill development. Selected candidates will receive on-going training for the position through job shadowing, individual skills coaching, and ongoing staff supervision.

Minimum Required Qualifications:

- Clear conduct for one year
- In compliance with your Oregon Corrections Plan
- Treatment compliance if you receive Behavioral Health Services yourself
- Engaged in positive, prosocial programming or activities
- Ability to attend all the required training
- Willingness to commit to the position as your only job for a minimum of a year
- Ability to participate in physical activities



How to apply:

Interested candidates will need to complete an application through IWP. In addition to this application, please submit a letter that includes the following:

- Why do I want to be a Peer Companion?
- How do I meet each of the minimum required qualifications for this position?

Following a review of all applications by BHS, qualified applicants will be further screened to include the AIC's assigned Correctional Counselor, past work supervisors, and security staff. Following this screening process, AICs will be notified and scheduled for a formal interview.

Please submit an application to Tim Assad, ICH Program Manager, if you are interested. If you have applied previously, please submit a letter of interest to confirm interest. Applications will be accepted until all positions are full.

/s/ T. Assad, Behavioral Health Services

Physical Plant General Maintenance Position

The Physical Plant General Maintenance Shop is accepting applications for a new AIC team member.

Applicants are required to have one year clear conduct and must possess the following skills:

- Be a self-motivated & dependable team player with good communication skills.
- Be able to read a tape-measure and have a general knowledge of hand tools.
- Be capable of working in conditions that require performing tasks at heights and in confined spaces.

If you are interested, please send a completed AIC application form to Physical Plant General Maintenance, Attention Harris/Rains/Hegeman.

/s/ E. Harris, Physical Plant

**Physical Plant Preventative Maintenance Shop**

The Physical Plant Preventative Maintenance Shop has an exciting opportunity to fill two openings. The qualifying candidates will have no STM, clear conduct for at least one year, and a background with commercial kitchen repair/maintenance. Candidates will need to be able to carry and move heavy equipment, be able to carry heavy items upstairs, and be in good overall physical health. This position is currently on a Monday through Thursday four ten-hour shifts with weekends off. There will be times that after hours work will be required.

If you are ready to work with an outstanding team that keeps this place together, send your fully completed AIC application, resume, and cover letter to S. Rains, Interim Preventative Maintenance Shop Supervisor.

/s/ S. Rains, Physical Plant

Physical Plant Carpenter Shop Position

The Physical Plant Carpenter Shop is accepting applications for an additional crew member with some previous carpentry experience. Applicants must have at least one year clear conduct and possess the following desired skills:

Self-motivated individual who will apply and/or eagerly learn new construction carpentry and finish carpentry skills

Ability to follow directions, take constructive criticism, and work well with others

Ability to lift and carry 50+ pounds

Reliable attendance and communication skills

Send completed AIC application form to Physical Plant Carpenter, H. Baray.

/s/ H. Baray, Physical Plant

**A Point to Ponder**

"Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. The slogan 'Press On' has solved and always will solve the problems of the human race."

~ Calvin Coolidge

RELIGIOUS SERVICES

Weekly Chapel Schedule

Saturday, June 8

- 8:00 am LDS
Sweat Lodge
Jehovah's Witness
1:00 pm Jewish Service
Seventh Day Adventist
6:00 pm Calvary Chapel
Siddha Yoga (2nd and 4th Saturdays)

Sunday, June 9

- 8:00 am Spanish Protestant
Spanish Jehovah's Witness
Catholic Service
1:00 pm Urantia (1st and 3rd Sundays)
6:00 pm Lutheran Service
LDS Study

Monday, June 10

- 1:00 pm Hispanic Catholic Service
6:00 pm Pentecostal Service

Tuesday, June 11

- 1:00 pm Agape
Orthodox Christianity (1st and 3rd Tuesdays)
Art of Living (Meditate) (2nd and 4th Tuesdays)
6:00 pm Buddhist (1st and 3rd Tuesdays)

Wednesday, June 12

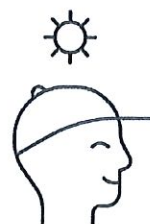
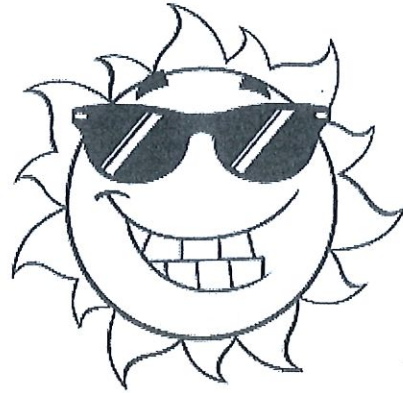
- 1:00 pm Justice Issues
6:00 pm Most Excellent Way Chapel

Thursday, June 13

- 12:30 pm Biblical Hebrew Class
1:00 pm TUMI
6:00 pm Gospel Service

Friday, June 14

- 1:00 pm Nation of Islam
Sunni Jumma Prayer



OCE Open Position Announcement – OSP

Purchasing Clerk



The OCE Purchasing Department is recruiting for a Purchasing Clerk. Applicants must adhere to a high quality standard in a fast-paced environment while meeting deadlines. Attention to detail is required. This position awards PRAS points, with the opportunity to earn a matching Team Goal Award. This position has opportunities for reviews, promotions and advancement.

General duties include:

- Review incoming Purchase Requests (PR) for accuracy
- Create Purchase Orders (PO) in software system
- Maintain electronic folders for PO, related documents, e-mails and confirmations
- Run inventory reorder reports
- Maintain part numbers and vendor records
- Work on projects such as standardization of part numbers and bill of materials (BOM)
- Assist with bill of material (BOM)
- Learning new software as the team advances and evolves

Skills that enhance the experience of successful applicants (not required):

- Personal experience – Attention to detail; willingness to seek resources and work collaboratively with other members of the team; previous successful work in an OCE shop; a humble and inquisitive work mindset with a willingness to learn from others
- Software experience –Microsoft Office Suite (Word, Excel)
- Good written and verbal communication skills, with a solid grasp of grammar and conventions
- Certifications or prior experience in Purchasing, Distribution, Warehousing, Supply Chain or Inventory is desired

Applicants must meet the following qualifications:

- Must have a valid social security number
- Have at least 6 months' time incarcerated with clear conduct and no program failures in the past 6 months
- Must have no convictions for ID Theft, Fraud and/or Computer-related crimes
- Not involved in conflicting programs or activities during the assigned shift
- Current OCE workers must have fulfilled at least one year in current position to be eligible to apply

Essential functions include ability to:

- Remain seated at a monitor and operate a computer for extended periods of time throughout the work day
- Communicate respectfully with staff and AICs
- Work in an office setting subject to potential interruptions and background noises
- Receive training and quality-control advice and corrections from other AICs and staff
- Balance multiple time-sensitive projects with deadlines at the same time
- Stay on task while working in a team setting or independently, depending on the project

If you are interested in becoming highly marketable upon release, utilizing modern software, and making a difference within OCE, DOC, and the community, this position may be what you've been looking for. All applicants will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

Application submission process:

If you are interested in applying, please complete a DOC Inmate Work Application referencing OCE Purchasing Clerk as the position, and a cover letter describing you and your experience and interest in the position. Submit to Mr. Haggard- OCE



Mailroom Newsletter



REMINDER

ALL INCOMING MAIL MUST HAVE
A RETURN ADDRESS, INCLUDING
NAME, ON THE FRONT.

THIS INCLUDES POSTCARDS.

Hello Summer!

THE ONLY ITEMS THAT MAY BE SENT TO AN AIC ARE:

LETTERS PHOTOS
BOOKS MAGAZINES
CALENDARS

ALL OTHER ITEMS REQUIRE A PACKAGE
AUTHORIZATION SIGNED BY THE OPERATIONS
CAPTAIN PRIOR TO SENDING THE ITEM(S).

MAIL VIOLATION REVIEW REQUESTS

*THE MAILROOM CANNOT REVIEW ITS OWN VIOLATIONS.
PLEASE DO NOT SEND REQUESTS TO THE MAILROOM STAFF.*

HOW TO REQUEST A MAIL VIOLATION REVIEW

- ♦ SUBMIT THE REQUEST WITHIN 30 DAYS OF THE VIOLATION.
- ♦ THE KYTE MUST INCLUDE THE SPECIFIC REASON YOU FEEL IT SHOULD BE REVIEWED.
- ♦ ATTACH A COPY OF THE VIOLATION TO THE KYTE.
- ♦ PLACE THE KYTE IN THE GRIEVANCE COORDINATOR BOX ON THE CONTROL FLOOR.

ONLY THOSE VIOLATIONS THAT STATE THEY ARE REVIEWABLE WILL BE REVIEWED.

IF YOU WANT YOUR KYTE TO REACH ITS DESTINATION,

DO NOT PUT IT IN THIS BOX.

THIS IS MAIL GOING TO THE POST OFFICE.

OREGON DEPARTMENT OF CORRECTIONS
INMATE COMMUNICATION FORM

FROM	
INSTITUTION	
INMATE NAME	
SEN	
UNIT/ROOM	
ADDRESS	

TO	
NAME	
TITLE	
ADDRESS	





THE OREGON ADMINISTRATIVE RULE REGARDING LEGAL MAIL

291-131-0030

Examination/Inspection of Legal and Official Mail

(1) Legal or official mail shall be afforded special processing as provided in subsections (2) and (3) of this rule.

(a) To qualify for special processing, mail that otherwise qualifies as legal or official mail under OAR 291 131 0010 (14) or (18) must have affixed to the addressee side of the envelope or parcel the words "LEGAL MAIL" or "OFFICIAL MAIL", as appropriate. The "LEGAL MAIL" or "OFFICIAL MAIL" designation should be set apart from both the return address and the mailing address, and should be of sufficient size, to permit easy recognition by facility mailroom employees.

(b) Mail that otherwise qualifies as legal and official mail but lacks the proper designation shall be processed as ordinary mail (shall be subject to inspection; for example, opening, examination, reading or photocopying)outside the inmate's presence.

(2) Legal and official mail sent from or received in a Department of Corrections facility in sealed envelopes or parcels shall be opened and examined for contraband in the presence of the inmate, but shall not be read or photocopied, except as authorized in subsection (3) of this rule.

(3) Legal and official mail may be inspected (i.e., opened, examined, read or photocopied) outside of the inmate's presence only when directed by the Department of Corrections facility functional unit manager or designee, and approved by the Assistant Director of Operations or the Inspector General, based on specific circumstances or specific information indicating that an inmate or other person has or may be in the process of violating provisions of law, department administrative rules, or may otherwise be engaged in activity that threatens or impairs the security, good order, or discipline of the facility and officials, staff, or inmates.

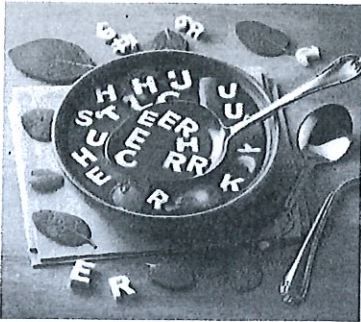
OUTGOING MAIL



SIZE	# 10 (REGULAR SIZE)	6 X 9	10 X 13	10 X 13
COLOR	MANILA	MANILA	MANILA	WHITE
DOMESTIC WEIGHT LIMIT	2 OZ	2 OZ	5 OZ	12 OZ
AUS/CANADA/ MEXICO/UK	1 OZ	NO INT'L USE	NO INT'L USE	3 OZ
ALL OTHER INTERNATIONAL	1 OZ	NO INT'L USE	NO INT'L USE	3 OZ

WITH THE EXCEPTION OF PRIORITY ENVELOPES, ALL HAVE A 1/4" MAX WIDTH





TO: ALL ADULTS IN CUSTODY
 FROM: HEALTH SERVICES
 RE: EHR PROJECT
 DATE: JUNE 1, 2024

When you visit your health services providers, sometimes they use short words and or a couple of letters that you may see or hear but don't know what they mean. They use these shortcuts to help them work faster and communicate better.

As the Health Services Division gets closer to using the new Electronic Health Records (EHR) system, we want to review the meaning of some medical abbreviations.

Here are some common medical abbreviations:

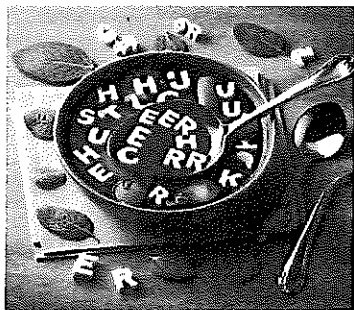
ABBREVIATION	MEANING	INFORMATION
BP	Blood Pressure	The force of your blood pushing against the walls of your arteries.
HR	Heart Rate	The number of times your heart beats in one minute.
SpO2	Blood Oxygen Saturation	A measurement of how much oxygen your blood is carrying.
NPO	Nothing by mouth	Instructions given to not eat or drink the evening before a blood draw.
A1c	Hemoglobin A1c	A blood test that measures average blood sugar levels over a 3-month period.

Here are some abbreviations sometimes used in EHRs:

ABBREVIATION	MEANING	INFORMATION
HIE	Health Information Exchange	HIEs help to facilitate the exchange of data between EHRs
EMAR	Electronic Medication Administration Record	Part of the EHR where we record the medication you are given.
CDS	Clinical Decision Support	Built into the EHR, this tool assists your healthcare provider in making informed decisions about your health.
CPOE	Computerized Provider Order Entry	A provider uses this in the EHR to electronically order treatment services (such as medication or labs) instead of writing the orders on paper.

Knowing some of these abbreviations can help you feel more confident during healthcare visits and stay involved in your own health.

Remember, you can always ask your health provider questions about terms and abbreviations you don't understand!



PARA: TODOS LOS ADULTOS BAJO CUSTODIA
DE: SERVICIOS DE SALUD
Asunto: PROYECTO DE EHR
FECHA: 1.º DE JUNIO DE 2024

Cuando visita a sus proveedores de servicios de salud, a veces estos utilizan palabras cortas o un par de letras que usted puede ver o escuchar, pero no conoce su significado. Los proveedores usan estas abreviaturas para poder trabajar con mayor rapidez y comunicarse mejor.

A medida que la División de Servicios de Salud se acerca al uso del nuevo sistema de Registros Electrónicos de Salud (EHR, por sus siglas en inglés), queremos repasar el significado de algunas abreviaturas médicas.

A continuación, se encuentran algunas abreviaciones médicas comunes:

ABREVIATURA	SIGNIFICADO	INFORMACIÓN
BP	Siglas en inglés de "presión arterial" (Blood Pressure)	La fuerza de la sangre que empuja contra las paredes de sus arterias.
HR	Siglas en inglés de "ritmo cardíaco" (Heart Rate)	El número de veces que su corazón late en un minuto.
SpO2	Saturación de oxígeno en la sangre (Blood Oxygen Saturation)	La medida para la cantidad de oxígeno que usted lleva en la sangre
NPO	Siglas en inglés de "Nada por vía oral" (Nothing by mouth)	Instrucciones que se dan para indicar que no debe comer o beber la noche anterior a una extracción de sangre.
A1c	A1c de hemoglobina (Hemoglobin A1c)	Un análisis de sangre que mide los niveles promedio de azúcar en la sangre durante un periodo de 3 meses.

A continuación se encuentran algunas abreviaturas que a veces se utilizan en el sistema de EHR:

ABREVIATURA	SIGNIFICADO	INFORMACIÓN
HIE	Siglas en inglés de "Intercambio de información de salud" (Health Information Exchange)	El HIE ayuda a facilitar el intercambio de datos entre los sistemas de EHR.
EMAR	Siglas en inglés de "Registro Electrónico de Administración de Medicamentos" (Electronic Medication Administration Record)	Parte del EHR donde registramos el medicamento que le han recetado.
CDS	Siglas en inglés de "Apoyo para la toma de decisiones clínicas" (Clinical Decision Support)	Integrado en el EHR, esta herramienta ayuda a su proveedor de atención de salud a tomar decisiones informadas sobre su salud.
CPOE	Siglas en inglés de "Entrada Computarizada de Órdenes de Proveedores" (Computerized Provider Order Entry)	Un proveedor utiliza esto en el EHR para ordenar servicios de tratamiento de manera electrónica (por ejemplo, medicamentos o análisis de laboratorio), en lugar de escribir las órdenes en papel.

Conocer algunas de estas abreviaturas puede ayudarle a sentir más seguridad durante las consultas de atención médica y a comprometerse con su propia salud.

¡Recuerde que siempre puede hacerle preguntas a su proveedor de salud sobre los términos y las abreviaturas que no entienda!



Financial Services

Informational Briefing

Court Ordered Financial Obligations (COFOs)

What are Court Ordered Financial Obligations (COFOs)?

COFOs are financial obligations owed by an Adult in Custody (AIC) assigned during a legal proceeding. COFOs may consist of restitution, fines, fees, child support, or civil judgements including money owed to a victim. *Note: COFOs are not the same as County and U.S. Court Filing Fees.*

Why does the Department of Corrections (DOC) collect COFOs?

Oregon Revised Statute (ORS) 423.105 became law in 2017, directing DOC to collect COFOs on behalf of the Oregon Judicial Department (OJD) and the Department of Justice (DOJ).

How are COFOs collected?

COFOs are collected from eligible deposits, or deposits that are not protected from debt and obligation collection. Examples of eligible deposits include AIC performance monetary awards (PRAS) and moneys received from an AIC's family or friends.

10% of each eligible deposit is collected until the AIC's transitional savings has reached \$500. After the AIC's transitional savings has reached \$500, 15% of each eligible deposit is collected for COFOs until those obligations are satisfied.

Who do I contact if I have questions about COFOs?

DOC is unable to provide case-specific information. AICs with questions or concerns about their COFO details should contact OJD/DOJ or the appropriate court of record.



Oregon Judicial Department (OJD)
Business and Fiscal Services Division
Attn: Collections
1163 State St
Salem OR 97301

Department of Justice (DOJ)
Division of Child Support
PO Box 14680
Salem, OR 97309
(800)-850-0228

Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to dldoctrustinfo@doc.state.or.us.



Mainline

Week at a Glance

	Monday 6/10/2024	Tuesday 6/11/2024	Wednesday 6/12/2024	Thursday 6/13/2024	Friday 6/14/2024	Saturday 6/15/2024	Sunday 6/16/2024
	BREAKFAST						
Week 2	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sta,Chl) - 1.00 EA Sliced Cheese (Sta,Chl) - 1.00 SLC English Muffin - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Scrambled Eggs (Sta,Chl) - 0.33 CP Refried Beans - 0.50 CP Shredded Cheese (Sta,Chl) - 2.00 TBS Salsa (Sod) - 0.25 CP Flour Tortilla - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP Sausage Gravy (Chl) - 0.75 CP Biscuit (Sta,Sod) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Waffles (Sod) - 2.00 EA Peanut Butter (Sta) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sta,Chl) - 0.50 CP Shredded Cheese (Sta,Chl) - 2.00 TBS Wheat Toast - 2.00 SLC Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Scrambled Eggs (Sta,Chl) - 0.33 CP *Pork Bacon (Sta,Sod,Chl) - 3.00 SLC Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sta) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Fresh Fruit - 1.00 EA Yogurt (Sug) - 0.75 CP Breakfast Pastry (Sta,Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
	LUNCH						
Week 2	Bean Soup - 10.00 FLOZ *Grilled Ham and Cheese Sandwich on Wheat (Sod,Chl,Sta) - 1.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Minestrone Soup - 10.00 FLOZ Tuna Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Chef Salad with Turkey (Chl) - 1.00 SV Hard Boiled Egg (Sta,Chl) - 1.00 EA Shredded Cheese (Sta,Chl) - 2.00 TBS Salad Dressing (Sta,Sod) - 2.00 FLOZ Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sta) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Potato Soup - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod,Chl,Sta) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Mexican Pico de Gallo (Chl,Sta) - 1.25 CP Brown Rice - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sta) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Chicken Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Roast Turkey (Chl) - 3.00 OZCKD Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Chocolate Cupcake (Chl) - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ
	DINNER						
Week 2	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quesadilla (Sod,Chl,Sta) - 2.00 EA Salsa (Sod) - 0.25 CP Sour Cream (Sta,Chl) - 2.00 TBS Spanish Rice - 0.75 CP Butternut Squash - 0.75 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Hot Roast Beef Sandwich on Wheat (Sod,Chl,Sta) - 1.00 EA Beef Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Carrots - 0.75 CP Fruit Bar (Sta,Sod,Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chili Mac (Chl,Sta) - 1.25 CP Green Beans - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheese Pizza (Sod,Chl,Sta) - 1.00 EA Blended Vegetables - 0.75 CP Choice Dessert (Sta,Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken & Rice Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Gelatin & Whip Topping (Sta) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Shepherd's Pie (Chl,Sta) - 1.00 SV Peas - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sta) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Sauce (Chl,Sta) - 0.75 CP Spaghetti - 0.75 CP Cauliflower - 0.75 CP French Bread - 1.00 SLC Garlic Margarine (Sta) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.
*Contains or may contain pork.

Sod = High Sodium Sta = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

© Powered By: Culinary Suite