



ADMINISTRATION



From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 6/27/2024. **Please note update made to proposed rules for Mail (AIC) OAR 291-131.**

PROPOSED RULES:

291-127 Visiting

- Amends rule to increase the number of individuals who qualify for visitation of adults in custody (AICs); resume the administrative review process for family and friends of AICs who had been denied visitation; update the term "inmate" to "adult in custody"; remove gendered language; provide clarifying language; and update definitions to be consistent with other department rules.
- Last day of comment period: 9/20/2024 at 12:00 PM

UPDATED 291-131 Mail (AIC)

- Amends rule to limit the type of envelopes, paper, and the use of certain materials related to incoming mail; to align the rules with statutory requirements for the processing of AIC mail with the Corrections Ombudsman; remove gendered language and add clarifying language and language for consistency with other department rules; change the term "inmate" to "adult in custody" per statutory requirement; and make minor grammatical and punctuation edits.
- UPDATED: Last day of comment period: 9/25/2024 at 5:00 PM
- UPDATED: Public Hearing: 9/16/2024 1:00-2:00 PM (Hearing scheduled for 8/30/24 is moved to 9/16/24)

TEMPORARY RULES:

291-006 Discrimination Complaint Review System

- Amends rule to provide that PREA-related reports will be exempted from the department's

grievance and discrimination complaint systems and will be separately investigated outside of those systems. The amended rule is needed to simplify and clarify the process for AICs who are seeking to report a PREA-related issue and may choose to do so by making that report through the grievance or discrimination complaint review systems.

- Effective 8/1/2024 through 1/27/2025

291-109 Grievance Review System

- Amends rule to provide that PREA-related reports will be exempted from the department's grievance and discrimination complaint systems and will be separately investigated outside of those systems. The amended rule is needed to simplify and clarify the process for AICs who are seeking to report a PREA-related issue and may choose to do so by making that report through the grievance or discrimination complaint review systems.
- Effective 8/1/2024 through 1/27/2025

PERMANENT RULES:

291-079 Shared Information Systems

- Repeals unnecessary and dead rule removed from statute ORS 329.965 in 2011 and only retained as a placeholder.
- Effective 7/8/2024

291-100 Admission, Sentence Computation and Release

- Amends rule to clarify rules; change the term "inmate" to "adult in custody" per statutory requirement; remove gendered language; add definitions and information on legal name changes; update definitions to be consistent with other department rules; update rules to align with statute language (ORS 137.370(4)); update rule titles and statutory references; and for minor punctuation.
Effective 7/5/2024

/s/

J. Vaughn, DOC Rules Coordinator



GROUP LIVING



PREA Related Grievance & Discrimination Complaint Process Improvements

Effective August 1, 2024, a grievance or discrimination complaint related to a claim of sexual abuse or sexual harassment will be immediately subject to investigation that is outside the Department's administrative remedies process. However, the Grievance Review System (OAR 291-109) and Discrimination Complaint Review System (OAR 291-006) can still be utilized to report PREA allegations. PREA allegations raised through these administrative review systems will receive a return receipt indicating the allegation has been received and forwarded to your institution's PREA Compliance Manager (PCM) for investigation and will include information on how to initiate PREA advocacy services. No further response or appeal will be provided through these administrative review systems. All further inquiries and communications about the PREA allegation(s) need to be sent to your institution's PREA Compliance Manager. In addition, there are many other ways to report a PREA allegation:

- In person to any staff
- Through an AIC communication form
- Call the Inspector General's Hotline
 - Pick up handset, make language selection, and dial "91"
- Write to the Governor's Office
 - State Capitol, Room Suite 254, 900 Court St., Salem, Oregon 97301
 - You can request to remain anonymous
- Friends or family can report on your behalf (877-831-0389)

/s/ Joshua Lawson, Grievance and Discrimination Coordinator



CORRECTIONAL REHABILITATION



Visiting Applications

Visiting Services updated the current visiting application (CD 50) earlier this year. Updated forms are currently located in the housing units across the institution and on the Department of Corrections website. Please only fill out visiting applications dated 03/2024, as the old forms will no longer be accepted or processed by Visiting Services. The date is located on the bottom right-hand corner of the form.

/s/ C. Lenex, Correctional Rehabilitation Manager

Correctional Counselor Caseloads

Due to unforeseen circumstances, the Correctional Rehabilitation Unit is experiencing staffing shortages that may delay communication and frequency of contact with your institution counselor. Staff are doing the best they can to prioritize emergent needs, intake appointments, and routine check-ins. Your continued patience is appreciated during this challenging time.

/s/ C. Lenex, Correctional Rehabilitation Manager

Special Visit Requests:

Special visit requests shall be made in writing from the AIC to the Correctional Rehabilitation Manager and received at least 30 days prior to the date of the requested special visit for consideration. Friends and family are allowed to visit both morning and afternoon sessions Monday through Friday. Approval will be required for consideration on weekends and holidays and will be determined by frequency of visits and distance traveled. All visiting applications must be processed by Visiting Services so please help in planning accordingly.

/s/ C. Lenex, Correctional Rehabilitation Manager

JOB ANNOUNCEMENTS

Physical Plant General Maintenance Position

The Physical Plant General Maintenance Shop is accepting applications for a new AIC team member.

Applicants are required to have one year clear conduct and must possess the following skills:

- Be a self-motivated & dependable team player with good communication skills.
- Be able to read a tape-measure and have a general knowledge of hand tools.

- Be capable of working in conditions that require performing tasks at heights and in confined spaces.

If you are interested, please send a completed AIC application form to Physical Plant General Maintenance, Attention Harris/Rains/Hegeman.

/s/ E. Harris, Physical Plant



Physical Plant Preventative Maintenance Shop

The Physical Plant Preventative Maintenance Shop has an exciting opportunity to fill two openings. The qualifying candidates will have no STM, clear conduct for at least one year, and a background with commercial kitchen repair/maintenance. Candidates will need to be able to carry and move heavy equipment, be able to carry heavy items upstairs, and be in good overall physical health. This position is currently on a Monday through Thursday four ten-hour shifts with weekends off. There will be times that after hours work will be required.

If you are ready to work with an outstanding team that keeps this place together, send your fully completed

AIC application, resume, and cover letter to S. Rains, Interim Preventative Maintenance Shop Supervisor.

/s/ S. Rains, Physical Plant

Physical Plant Carpenter Shop Position

The Physical Plant Carpenter Shop is accepting applications for an additional crew member with some previous carpentry experience. Applicants must have at least one year clear conduct and possess the following desired skills:

Self-motivated individual who will apply and/or eagerly learn new construction carpentry and finish carpentry skills

Ability to follow directions, take constructive criticism, and work well with others

Ability to lift and carry 50+ pounds

Reliable attendance and communication skills

Send completed AIC application form to Physical Plant Carpenter, H. Baray.

/s/ H. Baray, Physical Plant



Physical Plant Electronics shop

The Electronics shop is accepting applications for AIC's interested in a career as a low voltage electrician. This position will give someone an opportunity to go through an apprenticeship program, learn a trade and earn a LEB Electrical license.

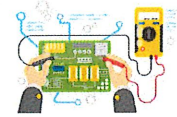
The desired candidate will embody this list of personal traits and meet the following criteria.

- Self-motivated with a desire to learn new skills and perfect their Trade.
- Willingness to take and **follow directions**, constructive criticism, work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Stay Drug and Alcohol free during your time here.
- Have at least 1-year clean conduct. Have a minimum of 5 years left on sentence.
- Have High school diploma/GED and ability to pass math test.
- Ability to work in confined spaces and lift at least 75 pounds.

All applicants are required to have close to five years left on their sentence or more, must have a year of clear conduct with a level 3 NCI. Must have desire to be able to be a productive member of society when released. High school diploma or GED.

Send applications with Resume and cover letter to Palmer/ Schaeffer Physical plant Electronics shop. Good Luck!

/s/ S. Palmer and S. Schaeffer, Physical Plant



RELIGIOUS SERVICES

Weekly Chapel Schedule

Saturday, August 17:

8:00 am	LDS
	Sweat Lodge
	Jehovah's Witness
1:00 pm	Jewish Service
	Seventh Day Adventist
6:00 pm	Calvary Chapel
	Siddha Yoga (2 nd and 4 th Saturdays)

Sunday, August 18:

8:00 am	Spanish Protestant
	Spanish Jehovah's Witness
1:00 pm:	Catholic
6:00 pm	Lutheran (1 st , 3 rd , and 5 th Sunday)

Monday, August 19:

1:00 pm Hispanic Catholic service
6:00 pm Pentecostal service

Tuesday, August 20:

1:00 pm Agape
Orthodox Christianity (1st and 3rd
Tuesdays)
Art of Living (Meditate) (2nd and 4th
Tuesdays)
6:00 pm Buddhist (1st and 3rd Tuesdays)

Wednesday, August 21:

1:00 pm Justice issues
1:00 pm Native drumming
6:00 pm Most Excellent way chapel

Thursday, August 22:

12:30 pm Biblical Hebrew class
1:00 pm TUMI
6:00 pm Gospel service

Friday, August 23:

1:00 pm Nation of Islam
1:00 pm Sunni Jumma prayer
6:00 pm Anger and the Bible (2nd and 4th)

Point to Ponder



2024 Summer Concert on The Yard

Oregon State Penitentiary is excited to announce it will be hosting its first major concert in over 20 years on, Monday, September 2, 2024!

The concert includes performances from world-renowned hip-hop/country artist **Jelly Roll**, Winner of the last season of the Voice! **Michael “Huntley” Huntley**, (blues rock/country). Also, we have Top 5 Voice! contestant **Jacque Roar**, (country artist and Oregon native). To round it off, **Pedro World Citizen**, (Reggae/Latin Hip-Hop) will be here.

Each artist has generously donated their time and will arrive, perform, and then promptly depart. We request that you honor their time and permit them to concentrate on their performance.

Please note filming may occur during the event. If you prefer not to be recorded, please remain outside the camera's range. Entry into the yard implies your consent to be filmed and/or photographed.

There are some things you need to know about the concert:

- ❖ This event is for **NCI Level 3 General Population (GP) Only**. All GP AICs with NCI Level 3 will receive a memorandum to which they must respond with an acknowledgment if they wish to attend the concert.
- ❖ Admission is 100% free. All attendees will have their names checked before being allowed entry into the yard.
- ❖ 250 AIC VIPs will be allowed early entry and preferential seating as well as some swag. This will be determined by the # of years an AIC has of clear conduct. VIP Line will be a turn-out. If you are not a VIP attendee, you must remain in your cell until your block is called or you will be turned away. VIP Passes and general attendance tickets will be handed out soon. Stay Tuned.
- ❖ As the institution understands since September 2nd is a LOP Holiday, OSP Administration has moved the LOP Yard normally scheduled for Labor Day. AICs on LOP will still have a 3-day period, it will now be:
 - Friday August 30th, Saturday August 31st, and Sunday, September 1st.

Please watch the OSP Information Channel going forward for any further updates.

– PIO Media Team

Adults in custody, friends and family, advocacy groups, and others:

There has been a substantial increase in substance-infused paper arriving at Department of Corrections (DOC) facilities. Paper and envelopes infused with narcotics, as well as narcotics hidden within them, pose a health and safety risk to adults in custody (AICs), DOC employees, and US Postal Service employees.

The Department of Corrections periodically proposes changes to its administrative rules for operational or other purposes. Among the several rules currently being reviewed is 291-131 related to mail, which proposes:

- Limiting the type of envelopes, paper, and the use of certain materials related to incoming mail;
- Aligning the rules with statutory requirements for the processing of AIC mail with the Corrections Ombudsman;
- Removing gendered language and adding clarifying language consistent with other department rules.

A Public Hearing on proposed changes will be held September 16, 2024, at 1:00 p.m. with a comment period open now through September 25, 2024, at 5:00 p.m.

For more information, visit the DOC website, [Department of Corrections : Administrative Rules : Rules and Policies : State of Oregon](#) and more specifically, the [291-131-mail-updated.pdf \(oregon.gov\)](#) page.

Adultos bajo custodia, amigos y familiares, grupos de defensa y otros:

Ha habido un aumento sustancial en el papel con infusión de sustancias que llega a las instalaciones del Departamento Correccional (DOC). El papel y los sobres impregnados de narcóticos, así como los narcóticos escondidos en ellos, representan un riesgo para la salud y la seguridad de los adultos bajo custodia (AIC), los empleados del DOC y los empleados del Servicio Postal de EE. UU.

El Departamento Correccional propone periódicamente cambios a sus reglas administrativas con fines operativos o de otro tipo. Entre las diversas normas que se están revisando actualmente se encuentra la 291-131 relacionada con el correo, que propone:

- Limitar el tipo de sobres, papel y el uso de ciertos materiales relacionados con el correo entrante;
- Alinear las reglas con los requisitos legales para el procesamiento del correo AIC con el Defensor del Pueblo Penitenciario;
- Eliminar el lenguaje de género y agregar lenguaje clarificador consistente con otras reglas del departamento.

Se llevará a cabo una audiencia pública sobre los cambios propuestos el 16 de septiembre de 2024 a la 1:00 p.m. con un período de comentarios abierto desde ahora hasta el 25 de septiembre de 2024 a las 5:00 p.m.

Para obtener más información, visite el sitio web del DOC, , [Department of Corrections : Administrative Rules : Rules and Policies : State of Oregon](#), y más específicamente, la página [291-131-mail-updated.pdf \(oregon.gov\)](#).

TO: All Adults in custody

FROM: Health Services

DATE: August 1, 2024

RE: Electronic Health Records Update

Health Services is excited to share that work on the Electronic Health Records (EHR) project continues to make great progress. The EHR Project Team has been working with the EHR software company using a process called configuration. Configuration is important because it makes sure that all important information, forms, and processes will be used when DOC transitions to the new EHR system. Health Services will continue to provide updates to you about the EHR project and important milestones as we reach them.



PARA: Todos los adultos bajo custodia

DE: Servicios de Salud

FECHA: 1.º de agosto de 2024

Asunto: Actualización sobre los Expedientes Electrónicos de Salud

Servicios de Salud se complace en compartir que el trabajo en el proyecto de Expedientes Electrónicos de Salud (EHR, por sus siglas en inglés) sigue avanzando a buen ritmo. El equipo del proyecto de EHR ha estado trabajando con la compañía de software de EHR usando un proceso llamado configuración. La configuración es importante porque se asegura de que toda la información, formularios y procesos importantes se utilicen cuando el DOC haga la transición al nuevo sistema de EHR. Servicios de Salud seguirá compartiendo actualizaciones con ustedes sobre el proyecto de EHR y sobre los logros importantes a medida que los alcancemos.



SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
28-Jul	E/C/D	29-Jul	D/E/C	30-Jul	C/D/E	31-Jul	E/C/D	1	D/E/C	2	C/D/E	3	E/C/D
AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E
PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D
EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E
4	D/E/C	5	C/D/E	6	E/C/D	7	D/E/C	8	C/D/E	9	E/C/D	10	D/E/C
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	D	EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E	EVE	D
PRAS													
11	C/D/E	12	E/C/D	13	D/E/C	14	C/D/E	15	E/C/D	16	D/E/C	17	C/D/E
AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E
PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D
EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E
18	E/C/D	19	D/E/C	20	C/D/E	21	E/C/D	22	D/E/C	23	C/D/E	24	E/C/D
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	D	EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E	EVE	D
OCE TGA													
25	D/E/C	26	C/D/E	27	E/C/D	28	D/E/C	29	C/D/E	30	E/C/D	31	D/E/C
AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E
PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D
EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E	EVE	D	EVE	C/E
1-Sen	C/D/E	2-Sen	E/C/D										
AM	D	AM	C/E										
PM	C/E	PM	D										
EVE	D	EVE	C/E										

Morning Yard - 7:45am to 9:45am

Afternoon Yard - 1:00pm to 3:30pm

Evening Yard - 4:30 to Sunset

Morning Yard - 7:45am to 9:45am
 Afternoon Yard - 1:00pm to 3:30pm
 Evening Yard - 4:30 to Sunset

Mainline

Week at a Glance

	Monday 8/19/2024	Tuesday 8/20/2024	Wednesday 8/21/2024	Thursday 8/22/2024	Friday 8/23/2024	Saturday 8/24/2024	Sunday 8/25/2024
	BREAKFAST						
Week 2	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chl) - 1.00 EA Sliced Cheese (Sfa,Chl) - 1.00 SLC English Muffin - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 CP Refried Beans - 0.50 CP Shredded Cheese (Sfa,Chl) - 2.00 TBS Salsa (Sod) - 0.25 CP Flour Tortilla - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP Sausage Gravy (Chl) - 0.75 CP Biscuit (Sfa,Sod) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Waffles (Sod) - 2.00 EA Peanut Butter (Sfa) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.50 CP Shredded Cheese (Sfa,Chl) - 2.00 TBS Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP *Pork Bacon (Sfa,Sod,Chl) - 3.00 SLC Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Fresh Fruit - 1.00 EA Yogurt (Sug) - 0.75 CP Breakfast Pastry (Sfa,Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
	LUNCH						
Week 2	Bean Soup - 10.00 FLOZ *Grilled Ham and Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Minestrone Soup - 10.00 FLOZ Tuna Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Chef Salad with Turkey (Chl) - 1.00 SV Hard Boiled Egg (Sfa,Chl) - 1.00 EA Shredded Cheese (Sfa,Chl) - 2.00 TBS Salad Dressing (Sfa,Sod) - 2.00 FLOZ Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Potato Soup - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Mexican Picadillo (Chl,Sfa) - 1.25 CP Brown Rice - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Chicken Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Roast Turkey (Chl) - 3.00 OZCKD Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Chocolate Cupcake (Chl) - 1.00 EA Fortified Fruit Drink - 8.00 FLOZ
	DINNER						
Week 2	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quesadilla (Sod,Chl,Sfa) - 2.00 EA Salsa (Sod) - 0.25 CP Sour Cream (Sfa,Chl) - 2.00 TBS Spanish Rice - 0.75 CP Butternut Squash - 0.75 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Hot Roast Beef Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Beef Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Carrots - 0.75 CP Fruit Bar (Sfa,Sod,Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chili Mac (Chl,Sfa) - 1.25 CP Green Beans - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheese Pizza (Sod,Chl,Sfa) - 1.00 EA Blended Vegetables - 0.75 CP Choice Dessert (Sfa,Chl) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken & Rice Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Shepherd's Pie (Chl,Sfa) - 1.00 SV Peas - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Sauce (Chl,Sfa) - 0.75 CP Spaghetti - 0.75 CP Cauliflower - 0.75 CP French Bread - 1.00 SLC Garlic Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.

*Contains or may contain pork.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar