



Warner Creek Trails

P.O. Box 1500, 20654 Rabbit Hill Rd., Lakeview, OR 97630

AUGUST 2024

WARNER CREEK TRAILS

VOLUME 24 ISSUE 8



August's zodiac signs

Leo (July 23–August 22) and Virgo (August 23–September 22).

WINNING WORDS:

“This morning, the sun endures past dawn. I realize that it is August: the summer's last stand.” — Sara Baume

Month of August 2024

August is upon us, starting with an old harvest holiday, Llamas Day. Do you know who August is named after, what August babies are called, and the holidays this month? Are you a fan of this harvest month which brings the bounty of the

Who is August Named After?

August was named after a major figure of the ancient Roman World, Augustus Caesar (63 B.C.–A.D. 14). He was the first Roman emperor (though he never claimed the title) and the grandnephew of the previous ruler, Julius Caesar (who named July after himself).

August is the 8th month of the year in today's Gregorian calendar, but it was the sixth month (Sextilis) of the year in Roman times. Augustus had the month of Sextilis renamed after himself in 8 B.C. This was the month of some of his greatest military victories.

August Weather

“Dry August and warmth doth harvest no harm.”

In the Northern Hemisphere, August is the last month of summer and the hottest month of the year. Heat is the number one weather-related killer in the United States, so take a moment to understand the Heat Index, which is a measure of temperature plus humidity.

On the August Calendar

“After Lammas Day, corn ripens as much by night as by day.”

August 1, traditionally known as **Lammas Day**, was an old festival to mark the annual wheat and corn harvest. It was a sort of Thanksgiving (harvest time) in Britain. Lammas also marked the mid-point between the summer solstice and autumn equinox. Learn more about **Lammas Day**.

August 5 is a Civic Holiday in many parts of Canada. Celebrations and names for this holiday vary across the country. For example, in Alberta, it's celebrated as Heritage Day; in British Columbia, it's known as British Columbia Day!

August 10 is **St. Lawrence's Day**. “Fair weather on St. Lawrence's Day presages a fair autumn.”

August 11 marks the end of the Dog Days of Summer, which began on July 3.

August 17 is when the **Cat Nights** begin, harking back to a rather obscure Irish legend concerning witches; this bit of folklore also led to the idea that a cat has nine lives.

August 19 brings **National Aviation Day**, chosen for the birthday of Orville Wright who piloted the first recorded flight of a powered heavier-than-air machine in 1903.

August 24 is **St. Bartholomew Day**. “At St. Bartholomew, there comes cold dew.”

August 26 is **Women's Equality Day**, which celebrates the 1920 ratification of the Nineteenth Amendment and, with it, women's right to vote in the United States.



Just for Fun” Days

Have fun with these strange celebrations!

Aug. 1–7: International Clown Week

Aug. 3: National Watermelon Day

Aug. 8: National Sneak Some Zucchini Onto Your Neighbor’s Porch Day (Or, use up that bounty with our best zucchini recipes.)

Aug. 10: National S’mores Day

Aug 12: Vinyl Record Day

Aug. 13: International Left-Handers Day

Aug. 20: International Geocaching Day

Aug. 20: World Honeybee Day

Aug. 25: Kiss-and-Make-Up Day

Aug. 31: National Trail Mix Day

Folklore for the Season

- *As August, so February.*
 - *Observe on what day in August the first heavy fog occurs, and expect a hard frost on the same day in October.*
 - *If the first week of August is unusually warm, The winter will be white and long.*
 - *So many August fogs, so many winter mists.*
- When it rains in August, It raises honey and wine.*



August Astronomy

Full Sturgeon Moon

August's full moon, the full **Sturgeon Moon**, reaches peak illumination on the night of Monday, August 19. For the best view of the full Moon, look skyward that night! Read more about August's Full Moon.

August Moon Phases

New Moon: August 4, 7:13 A.M. EDT

First Quarter: August 12, 11:19 A.M. EDT

Full Moon: August 19, 2:26 P.M. EDT

Last Quarter: August 26, 5:26 A.M. EDT

Perseid Meteor Shower

August is often a wonderful month for stargazing! It's the month of the Perseid meteor shower, which is one of the most prolific showers and reaches its maximum between August 11 and 13. You can still see the Perseids even if they're not at their peak. The shower lasts from about July 23 to August 22, so be sure to keep an eye out.

August Birth Flowers

August's birth flowers are the gladiolus and the poppy.

The **gladiolus** symbolizes strength of character, sincerity, and generosity.

August Birthstone

August's primary birthstone is **peridot**, which is said to symbolize strength and healing power, protecting its wearer from nightmares and evil, ensuring harmony and happiness. Babies born in August are lucky to be guarded by peridot's good fortune.



Financial Services Electronic

Communication Form

Financial Services encourages AICs to use the electronic CD214 Financial Services AIC communication form accessible on the tablet. This communication tool is an environmentally friendly, efficient, and convenient way for AICs to address trust account questions and concerns. Paper communications can take longer to receive and respond to while electronic communications allow our Business Services and Central Trust staff to better support our AIC population.

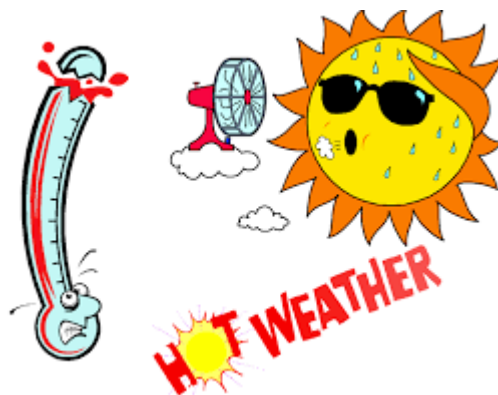
Below are the steps to navigate through the tablet screens and access the electronic forms.

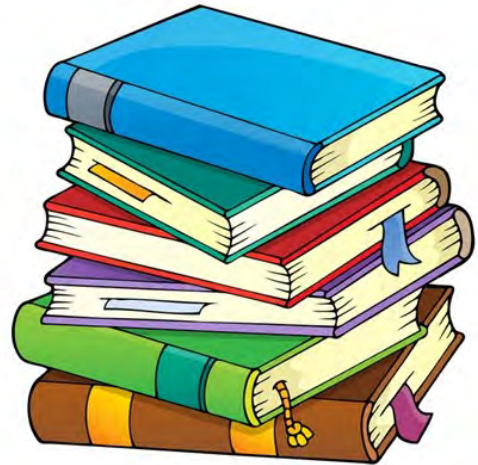
Once logged onto the tablet, go to “Free Profile” and select the “Requests” app

Select *Financial Services*

Choose the appropriate topic and then type your question or concern

Please remember that the Financial Services AIC electronic communication form is to be used for Financial Services / Trust related questions and concerns. Please do not use this communication tool to address commissary or other unrelated matters.





August 2024

Education Dates:

1st GED-Testing

NO School on Friday 2nd, 9th, 16th, 23rd and 30th

13th GED-Testing

15th GED-Testing

27th GED-Testing

29th GED-testing

Graduates for 23-24 School Year

Everybody in the TVCC education department here at Warner Creek wants to say congratulations again to all the recent graduates, thank you all for the hard work and dedication you all put in to accomplishing your goal and obtaining your GED.



Education Library

Book of the Month

215.MAG.01.001 "A Game of Thrones" by George R.R. Martin

Long ago, in a time forgotten, a preternatural event threw the seasons out of balance. In a land where summers last decades and winters a lifetime, trouble is brewing. The cold is returning, and in the frozen wastes to the north of Winterfell, sinister and supernatural forces are massing beyond the kingdom's protective Wall. At the center of the conflict lie the Starks of Winterfell, a family as harsh and unyielding as the land they were born to. Sweeping from a land of brutal cold to a distant summertime kingdom of epicurean plenty, here is a tale of lords and ladies, soldiers and sorcerers, assassins and bastards, who come together in a time of grim omens...

Independent Study of the Month:

The Secrets of Mental Math

Most of the mathematics that we learn in school is taught to us on paper with the expectation that we will solve problems on paper. But there is joy and life-long value in being able to do mathematics in your head. In school, learning how to do math in your head quickly and accurately can be empowering. In this course, you will learn to solve many problems using multiple strategies that reinforce number sense, which can be helpful in all mathematics courses. Success at doing mental calculation and estimation can also lead to improvement on several standardized tests.



August Knews & Knowts

GROSS DOMESTIC PRODUCT & GROSS NATIONAL HAPPINESS (What's more important?)

GDP is a measurement that adds up everything a place's economy produces, and then divides by the number of people to show "production per capita" – a meaningless term that creates an "average" productivity per person, that applies to few jobs or individuals: the average height of an American man is 5'9" but how many are 5'9"? (Some, but not most: "Averages" are often numeric minorities perceived as if they are majorities.)

GDP is then used to compare countries economically. Most countries began as colonies conquered by empires for the economic benefit of the empires, not to enclose a culture group in a future independent political unit. Yet today, most countries are considered cultural groups (even when they're not) in which the concept of the "nation" of people is supposed to be something important. But, if we view countries by culture, and yet "measure" them by economic production, aren't we just ranking cultures by their ability to engage in the modern global economy? (And still, Saudi Arabia's good economy and unhappy people provide both oil and terrorists while Bhutan's poor economy and happy people provide neither...)

GNH is an imperfect and subjective measure of the happiness of the people living in a place. In the 1970s, the King of Bhutan (in the Himalayas) correctly thought the people of Bhutan were mostly happy. But, in GDP measurements Bhutan was (and still is) not highly ranked, so the king decided the happiness of his people was more important than their productivity. His efforts to "measure" happiness (by asking people about it) have been copied and the United Nations has a National Happiness index and ranking system (because nothing is real until it's measured). America has been steadily falling in Happiness rankings over the past few decades and the decline aligns with a series of tax breaks for the wealthy (a small but happy minority) and an increase in costs and debt for everyone else (a large, unhappy majority). There is a pattern to which places are happier than others, and it's not culture, religion, or economic output. China and USA have the best economies on the planet, but neither rank that high in happiness, AND they have different economic and political systems and cultures. So, strong yet different economies with less happy people are what we share with China, along with prioritizing economic growth over the happiness of the people.

What the Happiest countries have in common is a sense of sharing society with each other, regardless of politics, economy, or cultural differences. It's kind of simple: the United We Stand Divided We Fall stuff is true. We, the divided, are less happy, partially due to our divisiveness.

The Happiest countries are democracies that continually vote to tax their rich and spend on everyone else. And since they're democracies, they could vote otherwise, but don't. Why doesn't USA vote for that? Because even though we like what Robin Hood did, we don't like what it's called.

What's in a Name? (Geographic names edition)

Some Geographic Place Names:

India – Named after the Indus River (in modern Pakistan) because the British turned “India” the place into a half dozen religious-majority countries just before granting them independence after WWII (including Hindu India and Muslim Pakistan, still with religious minorities). And still, Buddhists, Muslims, Hindus, Sikhs, and others all live throughout South Asia and no country has only one group. So, all the British really did was divide after conquest.

Central African Republic – Tells us where it is, but not much else.

Ecuador – We know its latitude!

Congo – Like India, named after a river. (There are 2 countries named Congo, perhaps because the 2 colonizers - France and Belgium - knew so little else about the places they claimed.)

South Africa – Which part of what continent?

Sudan – It pretty much means “the edge of a desert” and that’s where it is.

Iraq – A shortened, Arabic, version of “Mesopotamia” (“land between the rivers”).

Ethiopia/Abyssinia – Literally, the Abyss: Steep rift valleys can appear rather deep sometimes.

Jordan – Another river, reminding us of their importance.

Tanzania – From Lake **Tanganyika** in its west to the island of **Zanzibar** off the east coast.

Sierra Leone – Lion’s aren’t geography, but mountains named after them are.

Niger and **Nigeria** – Yet another river, re-named the Niger by Europeans. In several West African languages, the river is called “The Strong Brown God” (just like the Spanish preference for Godly place names).

Iceland – Misleading or not, it’s still a reference to geography and climate.

Austria and **Australia** – Austral means “south” in Latin. Australia is south for sure. Austria is “south land” because Austrians are German and Austria is south of Germany.

Micronesia, Melanesia, Polynesia, Indonesia – “-nesia” means “islands” and *Indonesia* is islands near the Indian Ocean; *Poly* means “mixed” and the people and islands both are; *Melan* means “dark” and the people and the islands both are; *Micro* means “small” and the people and the islands both are. *Polynesia* produces NFL players, *Melanesia* is the Disneyland of Anthropology studies, and *Micronesia* is home to several American industries outsourced there to avoid paying the taxes that fund America’s military. *Indonesia*, home to the original Spice Islands, is the 4th most populated country in the world, right behind #3, USA.

The Oceans! *Atlantic* is from the Greek legend of Atlantis, which was a volcanic island in the Mediterranean Sea that blew up in ancient times. Magellan named the *Pacific* when they finally left the rough waters of the South Atlantic behind, sailed through the Straits at the southern tip of South America (that are named after him) and entered the “*peaceful*” waters to the west, before getting killed in the Philippines, which he also named, after his king, giving an entire set of islands and people in Asia a European king’s name.

The *Indian* and *Arctic* Oceans are named after what they’re near, and the *Southern* Ocean also tells us its general location.

Butterfly Word Search

DQGGRIULELHNOGPOBSLCAOMYTAXEVH
 XUBOAKKPERMHGSHSVAYQP UUJOBQYTT
 YUXTWDWAUROPIFAEAQJMPQEQQBWN DQ
 PLXZVGBXOPNJWOLPXXEWGKJPFALBNJ
 CGLIATWOLLAWSREWOLF OOMVBQHG NVU
 XEWVRJABEGREMEIFQDVYXXLLFUVUAA
 GSRHEYINSECTCWL RHIVKEMI EVRFWMM
 YGMETAMORPHOSISABAUKOKLWTTCCND
 AFEEPEIIEAMHINHSCMWUDTNMWNNDVU
 OHVYOENTOMOLOGISTSWL CDFANLOJRX
 XXLEDCKAOLCGNINRUOMZQBELZQQNBC
 RNFDIMHNYPRFJUDAGZRWHHJQMDWWYF
 BZFNPNRSRSYSYSLWLESQMZGNGMRMASM
 XSBUEUSEYNDRG TILLNFVQARBSZGFOO
 CEQOLMXBTSIAEUNIOJNQWRJMXQMJSZS
 AXCPSRIGFALLKGPFXPEXDPJLDQPQG
 LXHMDVEHTBPLVDCREMASTERLRUQHIL
 VUIOUPKUMMUI IDEEWKLIMNZHYJXCIO
 RKHCOPYPGKZATHSJTHORAXLAGMBFLAP
 KCPCVIWZJZSIZRIANCHDLFENLGPIWU
 LTLJLZQEXIERXCFCFIELAMEFNGTOCX
 JBP I EFGYUSEFPKRS LARIMDADERSII
 AYBZNOJFPBWMYDPHJODPOSGNIWODDC
 RFJHWIDVAPKPNSCPQXBDYMNEJJJSIWR
 LYAMFJWYAQKHQIJGLEBOOJICPWMLLB
 OQRYFXRTZWEDPWSOHALORHKTOVHHLR
 EATZ I OMHCXLHQNUOPSREPSALCHYPB
 RKRZSBOMTIXUVIXINEUBCWARIAXCOJ
 HBAQXMMPJDNVZGROBXYIXBJUMBK BQ
 LIYQJXPRJJXG I UKPHPYAVFISMZQTVP

ABDOMEN
 ANTENNA
 BALTIMORECHECKERSPOT
 BASKING
 BROOD
 CATERPILLAR
 CHRYSALIS
 CLASPERS
 COMMON SULPHUR
 COMPOUNDEYE
 CREMASTER

DIAPYASE
 EGG
 EMERGE
 ENTOMOLOGIST
 FEMALE
 FLOWERS
 FOREWING
 FRASS
 FRITILLARY
 GARDEN
 HEAD

HIBERNATION BOX
 HINDWING
 INSECT
 LEGS
 LEPIDOPTERA
 MALE
 METAMORPHOSIS
 MILKWEED
 MONARCH
 MOURNINGCLOAK
 NECTAR

PAINTEDLADY
 PROBOSCIS
 PUDDLE
 PUPAE
 REDADMIRAL
 SCALES
 SWALLOWTAIL
 THORAX
 VEINS
 VICEROY
 WINGS

Work Release Programs

OAR 291-149

What is the Work Release program at WCCF?



OCE offers a work release program to qualifying AICs housed at WCCF through an agreement with Pacific Pine, a custom door manufacturing company located in Lakeview. Positions that may be available include pre-hang craftsman, machine operator, and production worker. AICs enrolled in work release are transported to Pacific Pine to work for the day and transported back to WCCF at the close of the day.

Who is eligible to participate?

Basic eligibility criteria include:

- Be serving a sentence that does not disqualify from a work release program

- Classified as minimum custody

- Meet criteria for “unfenced” work assignment

- Be within 18 months of release

- Order of the sentencing court as directed in the judgement

How will I know if I am eligible?

AICs meeting the basic criteria are identified by Correctional Services staff and offered the opportunity to express interest. Qualifying individuals and their case plans are reviewed by MDT. Those identified as eligible for the program are referred to OCE for selection. All OCE work release program enrollees go through an “onboarding” process prior to commencement of work.

WCCF Outgoing Mail Process



Day 1

AIC mail is picked up at 7:00 am each morning and taken to mailroom for processing.

Day 1

AIC mail is taken to post office at 10:30 am daily.

Day 2

The mail is picked up from the post office at 8:00 am the following day.

Day 2

The mail is then transported to Portland, stopping at several locations on the way, arriving approximately 12-16 hours later

Day 3

The mail is processed (postmarked) and sent to addressee via local post offices.

AIC Message

Changes to the Loss of Privilege (LOP) Rule

Since January of 2023, the Department of Corrections (DOC) has seen an increase in violent offenses carried out by adults in custody (AICs). In an effort to change this trend, beginning June 1, 2024, changes to the Prohibited Conduct and Processing Disciplinary Actions rule (OAR 291-105), and the Major Violations Grid will take effect. If you commit a major violation, your loss of privileges time may be extended.

In Summary:

The maximum Loss of Privileges (LOP) for *level one* violations increases from 28 days to 60 days. The maximum sanction for *level two* violations increases from 28 days to 45 days. These changes may affect the time needed to be eligible for the next incentive level.

Examples (in accordance with DOC administrative rule, (OAR 291-077-0035, Appendix B):

In order to move from level 1 to level 2 incentives, you will be required to have:

- 180 days in a row without a major misconduct, AND
90 days in a row without a program fail.

In order to be eligible to move from level 2 to level 3 you will be required to have:

- An additional 365 days without a major misconduct, AND
90 days without a program fail.

All disciplinary sanctions need to be completed before an AIC can begin to earn the next higher incentive level.





Out of The Darkness Walk & Talk Saves Lives

9/15/24

Brought to you by the
American Foundation for Suicide Prevention in
partner with Warner Creek Correctional Facility

Help us meet our fundraising goal of \$3,000.

(all donations go directly to AFSP)

Ways you can donate:

- Individually, by filling out a CD28 pay to AFSP.
- Clubs can donate
- Your friends and family can donate directly at

<https://supporting.afsp.org/participant/Warner-Creek-Friends-n-Family>

More details to come...

PREA Related Grievance & Discrimination Complaint Process Improvements

Effective August 1, 2024, a grievance or discrimination complaint related to a claim of sexual abuse or sexual harassment will be immediately subject to investigation that is outside the Department's administrative remedies process. However, the Grievance Review System (OAR 291-109) and Discrimination Complaint Review System (OAR 291-006) can still be utilized to report PREA allegations. PREA allegations raised through these administrative review systems will receive a return receipt indicating the allegation has been received and forwarded to your institution's PREA Compliance Manager (PCM) for investigation and will include information on how to initiate PREA advocacy services. No further response or appeal will be provided through these administrative review systems. All further inquiries and communications about the PREA allegation(s) need to be sent to your institution's PREA Compliance Manager. In addition, there are many other ways to report a PREA allegation:

- In person to any staff
- Through an AIC communication form
- Call the Inspector General's Hotline
 - Pick up handset, make language selection, and dial "91"
- Write to the Governor's Office
 - State Capitol, Room Suite 254, 900 Court St., Salem, Oregon 97301
 - You can request to remain anonymous
- Friends or family can report on your behalf (877-831-0389)

Ms. K. Cobian, grievance coordinator

TO: All Adults in custody

FROM: Health Services

DATE: August 1, 2024

RE: Electronic Health Records Update

Health Services is excited to share that work on the Electronic Health Records (EHR) project continues to make great progress. The EHR Project Team has been working with the EHR software company using a process called configuration. Configuration is important because it makes sure that all important information, forms, and processes will be used when DOC transitions to the new EHR system. Health Services will continue to provide updates to you about the EHR project and important milestones as we reach them.



PARA: Todos los adultos bajo custodia
DE: Servicios de Salud
FECHA: 1.º de agosto de 2024
Asunto: Actualización sobre los Expedientes Electrónicos de Salud

Servicios de Salud se complace en compartir que el trabajo en el proyecto de Expedientes Electrónicos de Salud (EHR, por sus siglas en inglés) sigue avanzando a buen ritmo. El equipo del proyecto de EHR ha estado trabajando con la compañía de software de EHR usando un proceso llamado configuración. La configuración es importante porque se asegura de que toda la información, formularios y procesos importantes se utilicen cuando el DOC haga la transición al nuevo sistema de EHR. Servicios de Salud seguirá compartiendo actualizaciones con ustedes sobre el proyecto de EHR y sobre los logros importantes a medida que los alcancemos.



LAW LIBRARY

UPDATES

Legal mail

All legal mail will now be handed out by R&D in the evenings.

****ALL MISSED LEGAL CALLOUTS WILL RESULT IN AN
AUTOMATIC 4-HOUR CELL IN****

Law Library will be closed

August 6th and

August 28th through September 4th

Call out codes for the Law Library

Abbreviation in Location Field	Meaning of Abbreviation
DR	Desk Research
TC	Research/Word Processing
LA	Legal Assistant
MO	Mail Out
N	Notary
F	Forms
A/V	Review CDs of discovery
C	Copies
Box	Legal Boxes
MISC	Miscellaneous
MU	Make Up (will have service scheduled following. For example: MU, MO, C)



WHAT IS LEGAL MAIL AND WHAT IS NOT!

OAR 291-131-0030

Examination/Inspection of Legal and Official Mail

(1) Legal or official mail shall be afforded special processing as provided in subsections (2) and (3) of this rule.

(a)

To qualify for special processing, mail that otherwise qualifies as legal or official mail under OAR 291 131 0010 (14) or (18) must have affixed to the addressee side of the envelope or parcel the words “LEGAL MAIL” or “OFFICIAL MAIL”, as appropriate. The “LEGAL MAIL” or “OFFICIAL MAIL” designation should be set apart from both the return address and the mailing address, and should be of sufficient size, to permit easy recognition by facility mailroom employees.

(b)

Mail that otherwise qualifies as legal and official mail but lacks the proper designation shall be processed as ordinary mail (shall be subject to inspection; for example, opening, examination, reading or photocopying) outside the inmate’s presence.

(2)

Legal and official mail sent from or received in a Department of Corrections facility in sealed envelopes or parcels shall be opened and examined for contraband in the presence of the inmate, but shall not be read or photocopied, except as authorized in subsection (3) of this rule.

(3)

Legal and official mail may be inspected (i.e., opened, examined, read or photocopied) outside of the inmate’s presence only when directed by the Department of Corrections facility functional unit manager or designee, and approved by the Assistant Director of Operations or the Inspector General, based on specific circumstances or specific information indicating that an inmate or other person has or may be in the process of violating provisions of law, department administrative rules, or may otherwise be engaged in activity that threatens or impairs the security, good order, or discipline of the facility and officials, staff, or inmates.

The next food handlers test is **September 5th 2024!!**

Please Kyte Ms. S. Snyder

to be added to the list if you need to take this test.



VETERANS SERVICES

Mr. Pereyra the Lake County Veterans Service Officer has offered to come in and meet with any veterans in need of help or resources from Veterans Services.

To be added to a call out kyte Ms. B Havely in the Law Library by the 15th of each month to be added to Mr. Pereyra's next visit day.

**VA**

U.S. Department
of Veterans Affairs

Have a drug or alcohol problem?

Looking for a solution?

Come Join us!

Sunday/ Monday

6-7 pm

AA/NA

Kyte

Ms. Carpenter

to be added to the call outs



			9			1		2
7			3			6		
		2					3	
9					8	7		
3				1				9
		6	5					1
	1					4		
		4			9			6
8		3			6			

	2							
			6					3
	7	4		8				
					3			2
	8			4			1	
6			5					
				1		7	8	
5					9			
							4	

8								
		3	6					
	7			9		2		
	5				7			
				4	5	7		
			1				3	
		1					6	8
		8	5				1	
	9					4		

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Physical Plant News

Just an FYI- Physical Plant does not make special trips to go up on the roof to retrieve any kind of balls. When the maintenance specialists go up on the roof to complete needed maintenance, balls will be kicked/thrown down.



Medical Minute

Don't Lose Your Cool In Extreme Heat

Having fun in the sun is just part of summer, but knowing how to keep your cool can keep you safe. Extreme heat can lead to serious conditions such as Heat Stroke, Heat Exhaustion and Sunburn.

Stay safe by following a few simple steps:

Stay Hydrated – drink plenty of water. Drink before you actually feel thirsty to stay hydrated.

Plan Activities- limit activities to cooler times of day; early morning or evening.

Pace Yourself- cut down on strenuous activity during periods of heat. Start slow and rest often.

Avoid Sunburn- wear sunscreen and shade up often. Sunburn causes dehydration; wear a light-weight hat and sunglasses.

Danger Signs:

Fast heartbeat, strong and pounding or light and thready

Headache, dizziness, confusion, fainting

Nausea or vomiting

Excessive sweating or hot dry skin

If you or a friend experience these symptoms, move to a shady, cool area and notify health services.





AIC Newsletter Article – July 2024

Prison Rape Elimination Act (PREA Information)

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by making a language selection, then dialing 91 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Opposite Gender Viewing/Announcements

Opposite gender staff announcement themselves when entering a housing unit by ringing a bell. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit then there is not needed to re-announce). When you hear the doorbell, opposite gender staff will be entering the housing unit so please make sure you are covered up appropriately.

It is also important you undress in the appropriate locations. If you are located in a bunk area, there are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments. Opposite gender viewing may happen incidentally when staff are conducting routine cell checks. You can minimize this by keeping aware of the gender of supervision in your housing unit and ensuring you cover up when possible.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs.

AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by making a language selection, entering your AIC PIN, then press 0*711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail. All advocacy calls are not monitored or recorded.

Advocates provide confidential support and crisis intervention, inform you about the investigation and medical examination process, educate you about healing from sexual abuse and offer resources and referrals

Advocates will not tell you what to do, communicate with the institution unless you request them to do so and sign a release and will not provide legal advice.

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.

Just Detention International Headquarters is a national advocacy resource and can be reached at:

3325 Wilshire Blvd., Suite 340
Los Angeles, CA 90010

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator
Oregon Department of Corrections
2575 Center St. NE
Salem, Oregon 97301

February 22, 2022

SEXUAL ABUSE AND HARASSMENT ARE NEVER OKAY. TELL SOMEONE. GET HELP.

REPORT BY TELLING ANY STAFF MEMBER OR BY CALLING THE PREA HOTLINE:

PICK UP HANDSET,

Make a language selection,

Dial “9” then press “1” to make the call.

(ALL PREA CALLS ARE FREE AND CONFIDENTIAL)

YOU MAY CALL THE ADVOCATE (SUPPORT) HOTLINE
DIAL *711 FROM any adult in custody (AIC) TELEPHONE

SEND A LETTER:

YOU CAN ALSO REPORT (ANONYMOUSLY IF REQUESTED) TO THE GOVERNOR’S OFFICE OF CONSTITUENT SERVICES AT:

900 Court St. Suite 254

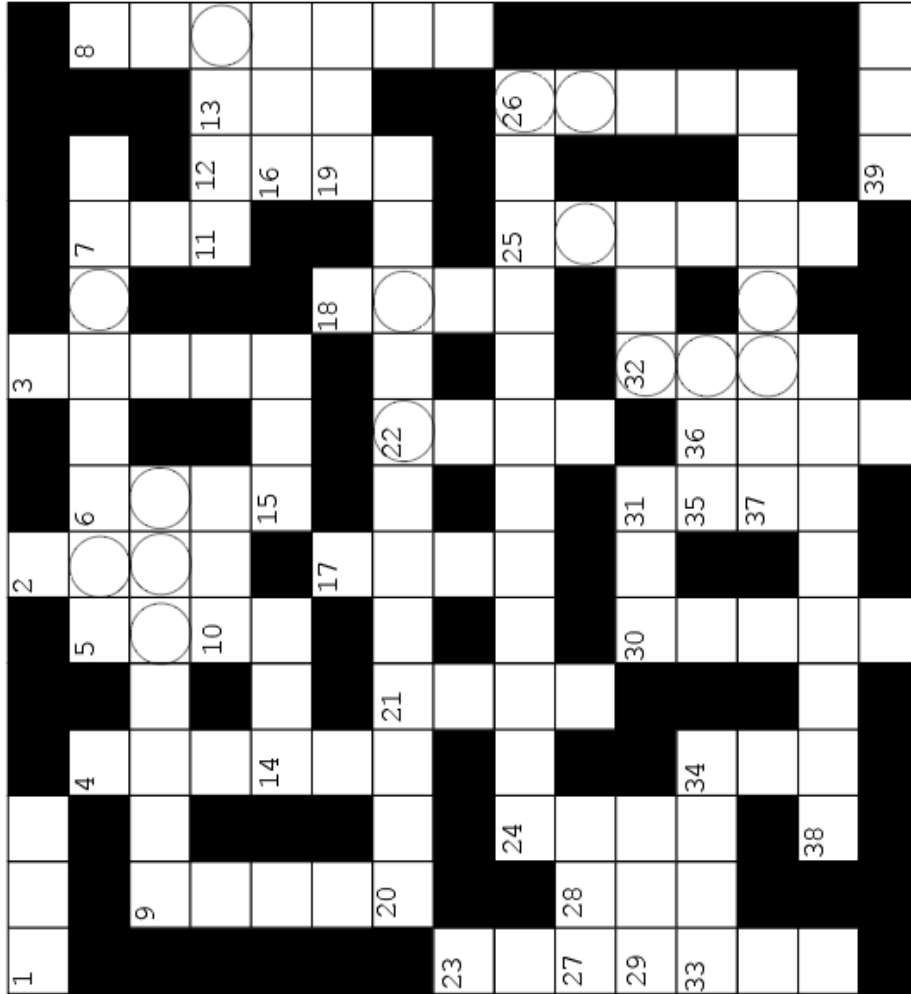
Salem, OR 97301

Phone: (503) 378-4582

The Oregon Department of Corrections has a **zero tolerance** policy for sexual abuse and sexual harassment. Your family can report on your behalf by contacting the Inspector General’s public hotline at 877-931-0389

DOWN

- 2 Homophone of a bay-area research lab
 3 Popular activation functions
 4 What many ML theorems provide
 5 Used to measure computer performance, or to describe some models' performance
 6 The full word describes the masked character
 7 Language the original DQN was written in
 8 Type of NN introduced by 28 Down in the 1980s
 9 Reparameterization ____
 12 Magenta's ____ Transfer can convert any sound to some musical instruments
 13 Young student's mnemonic for the non-hyperbolic version of this popular activation fn.
 17 Learning that learns to learn
 18 Robotist and faculty member of 2 Down (clue)
 21 Methods that recognize handwritten characters
 22 A flow-based generative model, or a machine learning compiler
 23 Matrix describing local curvature
 24 Who most models are deployed for
 25 Rich Sutton's lesson
 26 Large parts of annotator jobs is data ____
 28 Initials of the researcher that introduced 8 Down
 30 10-year old language, might be great for ML?
 31 What too many datasets have
 32 What many researchers work on
 34 One of the top NLP conferences
 36 What to do to gradients to avoid 19 Across



ACROSS

- 1 Python library combining autograd and 39 across
 5 Renowned Chinese-American Stanford Professor
 9 Easiest type of MDP state space
 10 Ands and
 11 "All you need" OG (Abbr.)
 14 TCP rival
 15 Auto out-loud reader
 16 Words not in the training data (Abbr.)
 19 The worst kind of loss
 20 Forward or reverse?
 24 RNN's effectiveness, according to Karpathy
 27 Prefix to Op and tem
 29 Type of Machine Le. with labelled data
 30 Name given to a single training instance
 32 Alma mater of Dr. Buolamwini
 33 Robotics conference since 1984
 35 Method to separate multivariate signals into independent signals
 37 Machine learning, maybe?
 38 What \dots produces
 39 Linear algebra compiler, used by 1 across

Upcoming Staff/AIC tournaments!

8/2 Horseshoe Tournament

8/15 Xbox Tournament

8/28 Cornhole Tournament

*Participants must sign up for each event on the signup sheets on *
their unit announcement boards





SINGLE NUTRIENT REPORT : FAT

Warner Creek Correctional Facility : Warner Creek Correctional Facility

Page 1 of 5

Week : 1 3/25/2024 - 3/31/2024 - Mainline - Repeat Cycle							
	Monday 3/25/2024	Tuesday 3/26/2024	Wednesday 3/27/2024	Thursday 3/28/2024	Friday 3/29/2024	Saturday 3/30/2024	Sunday 3/31/2024
Breakfast	Oatmeal (2.4 g) Canned Fruit (0.1 g) Hard Boiled Egg (5.4 g) Pancakes (12.5 g) Maple Syrup (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.4 g) Fried Egg (25.0 g) Refried Beans (0.5 g) Ranchero Sauce (1.5 g) Flour Tortilla (4.3 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Multigrain Hot Cereal (1.1 g) Canned Fruit (0.0 g) Fried Egg (6.5 g) Cheese Slice (4.0 g) English Muffin (8.3 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.2 g) Poultry Sausage (3.7 g) French Toast (5.7 g) Maple Syrup (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Fatma (0.5 g) Canned Fruit (0.1 g) Veggie & Cheese Scramble (13.7 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Oatmeal (2.4 g) Fresh Fruit (0.4 g) Hard Boiled Egg (5.4 g) Breakfast Pastry (9.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Canned Fruit (0.0 g) Scrambled Eggs (8.2 g) Poultry Sausage (3.7 g) Fried Potatoes (9.2 g) Wheat Toast (2.2 g) Jelly (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)
	Total - 31.5 g	Total - 32.7 g	Total - 29.5 g	Total - 21.3 g	Total - 23.9 g	Total - 17.6 g	Total - 34.4 g
		Tomato Soup (0.9 g) Grilled Cheese Sandwich on Wheat (20.5 g) Green Beans (0.2 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Barbeque Pork (14.5 g) Wheat Hoagie Roll (2.6 g) Macaroni & Cheese (9.4 g) Broccoli (0.4 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	Taco Soup (1.5 g) Tuna Ceviche (0.3 g) Spanish Rice (0.7 g) Blended Vegetables (0.3 g) Tortilla Chips (12.2 g) Salsa (0.3 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Lentil Soup (0.6 g) Chicken-Lettuce Salad (2.3 g) Sliced Onions (0.0 g) Shredded Cheese (7.3 g) Salad Dressing (1.5 g) Broccoli (0.4 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Taco Salad with Meat (9.5 g) Seasoned Beans (0.6 g) Salsa (0.3 g) Shredded Cheese (7.3 g) Salad Dressing (1.5 g) Spanish Rice (0.7 g) Tortilla Chips (12.2 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Peanut Butter & Jelly Sandwich on Wheat (45.2 g) Blended Vegetables (0.3 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)
Lunch							
	Total - 28.0 g	Total - 28.5 g	Total - 15.7 g	Total - 34.7 g	Total - 42.3 g	Total - 56.3 g	Total - 50.2 g
Dinner	Lettuce Salad (0.1 g) Salad Dressing (4.8 g) Salsbury Steak (13.8 g) Mashed Potatoes (2.8 g) Beef Gravy (3.1 g) Peas (0.5 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Chicken Alfredo Sauce (11.4 g) Spaghetti (1.1 g) Carrots (0.5 g) Focaccia Bread (5.7 g) Pudding (0.3 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Ranch Style Chili (11.0 g) Baked Potato (0.1 g) Sour Cream (5.5 g) Green Beans (0.2 g) Cornbread (8.2 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) *Pizza (choice) (23.8 g) Blended Vegetables (0.3 g) Choice Dessert (7.4 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Beef Stew (7.1 g) Brown Rice (1.6 g) Cauliflower (0.4 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Choice Cookie (7.5 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (4.8 g) Chicken & Broccoli Casserole (6.2 g) Carrots (0.5 g) Wheat Bread (2.2 g) Margarine (10.7 g) Tea (0.0 g)	Texas Slaw (3.2 g) Burrito Meat (13.1 g) Refried Beans (0.5 g) Shredded Cheese (7.3 g) Lemon Cilantro Rice (4.7 g) Salsa (0.3 g) Whole Wheat Tortilla (10.8 g) Fresh Fruit (0.4 g) Tea (0.0 g)
	Total - 37.3 g	Total - 27.2 g	Total - 43.9 g	Total - 37.4 g	Total - 34.7 g	Total - 24.5 g	Total - 40.3 g
	Total	96.8 g	88.4 g	89.1 g	93.4 g	100.9 g	98.4 g

Week : 1 3/25/2024 : 3/31/2024 - Mainline - Repeat Cycle



SINGLE NUTRIENT REPORT : FAT

Warner Creek Correctional Facility : Warner Creek Correctional Facility

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	Week :2 4/1/2024 : 4/7/2024 - Mainline - Repeat Cycle						
	Monday 4/1/2024	Tuesday 4/2/2024	Wednesday 4/3/2024	Thursday 4/4/2024	Friday 4/5/2024	Saturday 4/6/2024	Sunday 4/7/2024
Breakfast	Oatmeal (2.4 g) Canned Fruit (0.1 g) Fried Egg (6.5 g) Cheese Slice (4.0 g) Bagel (1.1 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.4 g) Scrambled Eggs (8.2 g) Sausage Gravy (5.6 g) Biscuit (7.4 g) Shredded Cheese (7.3 g) Salsa (0.3 g) Flour Tortilla (4.3 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Farina (0.5 g) Canned Fruit (0.0 g) Sausage Gravy (5.6 g) Biscuit (7.4 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.2 g) Waffles (3.0 g) Peanut Butter (21.8 g) Maple Syrup (0.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Oatmeal (2.4 g) Canned Fruit (0.1 g) Scrambled Eggs (11.7 g) Shredded Cheese (7.3 g) Wheat Toast (2.2 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Multigrain Hot Cereal (1.1 g) Fresh Fruit (0.4 g) Yogurt (1.5 g) Breakfast Pastry (11.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Canned Fruit (0.0 g) Scrambled Eggs (8.2 g) Pork Bacon (25.3 g) Fried Potatoes (9.2 g) Wheat Toast (2.2 g) Jelly (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g)
	Total - 23.7 g	Total - 22.0 g	Total - 23.1 g	Total - 26.0 g	Total - 34.8 g	Total - 14.4 g	Total - 56.0 g
Lunch	Bean Soup (0.4 g) *Grilled Ham & Cheese Sandwich on Wheat (14.6 g) Green Beans (0.2 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Minestrone Soup (0.8 g) Tuna Salad (5.1 g) Shredded Lettuce (0.0 g) Wheat Hoagie Roll (2.6 g) Blended Vegetables (0.3 g) Chips (6.0 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Chef Salad with Turkey (0.5 g) Hard Boiled Egg (5.4 g) Shredded Cheese (7.3 g) Salad Dressing (11.5 g) Broccoli (0.4 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Potato Soup (0.7 g) *Meat & Cheese Sandwich on Wheat (7.4 g) Sliced Onions (0.0 g) Shredded Lettuce (0.0 g) Mayo & Mustard (3.6 g) Peas (0.5 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Texas Skew (3.2 g) Mexican Picadillo (8.5 g) Brown Rice (1.6 g) Broccoli (0.4 g) Cornbread (8.2 g) Margarine (10.7 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Chicken Salad (8.6 g) Shredded Lettuce (0.0 g) Wheat Hoagie Roll (2.6 g) Blended Vegetables (0.3 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (4.8 g) Roast Turkey (1.8 g) Poultry Gravy (3.5 g) Mashed Potatoes (2.8 g) Green Beans (0.2 g) Wheat Bread (2.2 g) Margarine (10.7 g) Chocolate Cupcake (8.6 g) Fortified Drink (0.0 g)
	Total - 21.6 g	Total - 15.0 g	Total - 39.1 g	Total - 18.6 g	Total - 32.8 g	Total - 17.3 g	Total - 35.7 g
Dinner	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Chicken Quesadilla (26.8 g) Salsa (0.3 g) Sour Cream (5.5 g) Spanish Rice (0.7 g) Butternut Squash (0.1 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Hot Roast Beef Sandwich on Wheat (5.4 g) Beef Gravy (3.1 g) Cornbread (8.2 g) Mashed Potatoes (2.8 g) Carrots (0.5 g) Fruit Bar (9.1 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Chili Mac (6.7 g) Green Beans (0.2 g) Cornbread (8.2 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Cheese Pizza (20.1 g) Blended Vegetables (0.3 g) Choice Dessert (7.4 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Chicken & Rice Casserole (6.7 g) Carrots (0.5 g) Wheat Bread (2.2 g) Margarine (10.7 g) Gelatin & Whip Topping (2.0 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Shepherd's Pie (18.4 g) Peas (0.5 g) Wheat Bread (2.2 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Meat Sauce (9.4 g) Spaghetti (1.1 g) Cauliflower (0.4 g) French Bread (1.5 g) Garlic Margarine (10.7 g) Fresh Fruit (0.4 g) Tea (0.0 g)
	Total - 39.3 g	Total - 28.9 g	Total - 33.8 g	Total - 36.0 g	Total - 30.1 g	Total - 39.6 g	Total - 28.4 g
Total	84.6 g	65.9 g	96.0 g	80.6 g	97.7 g	71.5 g	121.1 g



SINGLE NUTRIENT REPORT : FAT

	Week : 3 4/8/2024 : 4/14/2024 - Mainline - Repeat Cycle						
	Monday 4/8/2024	Tuesday 4/9/2024	Wednesday 4/10/2024	Thursday 4/11/2024	Friday 4/12/2024	Saturday 4/13/2024	Sunday 4/14/2024
Breakfast	Oatmeal (2.4 g) Canned Fruit (0.1 g) Hard Boiled Egg (5.4 g) Pancakes (12.5 g) Maple Syrup (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.4 g) Fried Egg (25.0 g) Refried Beans (0.5 g) Ranchero Sauce (1.5 g) Flour Tortilla (4.3 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Multigrain Hot Cereal (1.1 g) Canned Fruit (0.0 g) Fried Egg (5.5 g) Cheese Slice (4.0 g) English Muffin (8.3 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.2 g) Poultry Sausage (3.7 g) French Toast (5.7 g) Maple Syrup (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Farina (0.5 g) Canned Fruit (0.1 g) Veggie & Cheese Scramble (13.7 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Oatmeal (2.4 g) Fresh Fruit (0.4 g) Hard Boiled Egg (5.4 g) Breakfast Pastry (9.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Canned Fruit (0.0 g) Scrambled Eggs (8.2 g) Poultry Sausage (3.7 g) Fried Potatoes (9.2 g) Wheat Toast (2.2 g) Jelly (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)
	Total - 31.5 g	Total - 32.7 g	Total - 29.5 g	Total - 21.3 g	Total - 23.9 g	Total - 17.6 g	Total - 34.4 g
Lunch	Asian Cabbage Salad (7.1 g) Sweet & Sour Chicken (3.6 g) Brown Rice (1.6 g) Stir-Fry Vegetables (0.2 g) Milk Roll (1.2 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Tuna Melt Sandwich on Wheat (12.2 g) Potato Salad (8.8 g) Peas & Carrots (0.5 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	Coleslaw (5.7 g) Turkey Club Sandwich on Wheat (7.9 g) Shredded Lettuce (0.0 g) Mayonnaise (3.2 g) Carrots (0.5 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Corn Chowder (3.5 g) Chicken-Lettuce Salad (2.3 g) Sliced Onions (0.0 g) Shredded Cheese (7.3 g) Salad Dressing (11.5 g) Broccoli (0.4 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	*Soup of the Day (3.8 g) *Meat & Cheese Sandwich on Wheat (7.4 g) Sliced Onions (0.0 g) Shredded Lettuce (0.0 g) Mayo & Mustard (3.6 g) Peas (0.5 g) Chips (6.0 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	Texas Slaw (3.2 g) Beef Fajita Mix (9.3 g) Lemon Cilantro Rice (4.7 g) Onions & Bell Peppers (0.2 g) Salsa (0.3 g) Whole Wheat Tortilla (10.8 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Chicken Quarter (24.3 g) Mashed Potatoes (2.8 g) Poultry Gravy (3.5 g) Peas (0.5 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Ice Cream Cup (1.0 g) Fortified Drink (0.0 g)
	Total - 14.1 g	Total - 23.1 g	Total - 23.7 g	Total - 37.6 g	Total - 21.5 g	Total - 28.9 g	Total - 50.2 g
Dinner	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Beef Stroganoff (14.3 g) Pasta (1.2 g) Broccoli (0.4 g) Wheat Bread (2.2 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Turkey & White Bean Chili (8.1 g) Shredded Cheese (7.3 g) Brown Rice (1.6 g) Green Beans (0.2 g) Cornbread (8.2 g) Margarine (10.7 g) Tea (0.0 g) Choice Cookie (12.4 g)	Canned Fruit (0.1 g) *Pork Ham (4.3 g) Fried Egg (25.0 g) O'Brien Potatoes (0.2 g) Biscuit (7.4 g) Margarine (10.7 g) Coffee (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) *Pizza (choice) (23.8 g) Blended Vegetables (0.3 g) Choice Dessert (7.4 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Turkey Tetrazzini (4.3 g) Great Beans (0.2 g) Wheat Bread (2.2 g) Margarine (10.7 g) Bread Pudding (3.3 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Beef Patty (15.1 g) Cheese Slice (4.0 g) Wheat Burger Bun (5.6 g) Blended Vegetables (0.3 g) Seasoned Potatoes (5.3 g) Ketchup (0.0 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (4.8 g) Macaroni & Cheese (15.6 g) Cauliflower (0.4 g) Wheat Bread (2.2 g) Margarine (10.7 g) Fresh Fruit (0.4 g) Tea (0.0 g)
	Total - 34.7 g	Total - 64.4 g	Total - 47.7 g	Total - 37.4 g	Total - 28.7 g	Total - 38.3 g	Total - 34.2 g
Total	80.3 g	110.2 g	100.9 g	96.3 g	74.1 g	84.8 g	118.8 g



SINGLE NUTRIENT REPORT : FAT
Warner Creek Correctional Facility - Warner Creek Correctional Facility

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	Week : 4 4/15/2024 : 4/21/2024 - Mainline - Repeat Cycle						
	Monday 4/15/2024	Tuesday 4/16/2024	Wednesday 4/17/2024	Thursday 4/18/2024	Friday 4/19/2024	Saturday 4/20/2024	Sunday 4/21/2024
Breakfast	Oatmeal (2.4 g) Canned Fruit (0.1 g) Fried Egg (6.5 g) Cheese Slice (4.0 g) Bagel (1.1 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.4 g) Scrambled Eggs (8.2 g) Refried Beans (0.5 g) Shredded Cheese (7.3 g) Salsa (0.3 g) Flour Tortilla (4.3 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Farina (0.5 g) Canned Fruit (0.0 g) Sausage Gravy (5.6 g) Biscuit (7.4 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.2 g) Waffles (3.0 g) Peanut Butter (21.8 g) Maple Syrup (0.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Oatmeal (2.4 g) Canned Fruit (0.1 g) Scrambled Eggs (11.7 g) Shredded Cheese (7.3 g) Wheat Toast (2.2 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Multigrain Hot Cereal (1.1 g) Fresh Fruit (0.4 g) Yogurt (1.5 g) Breakfast Pastry (11.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Canned Fruit (0.0 g) Scrambled Eggs (8.2 g) *Pork Bacon (25.3 g) Fried Potatoes (9.2 g) Wheat Toast (2.2 g) Jelly (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)
	Total : 23.7 g	Total : 22.0 g	Total : 23.1 g	Total : 26.0 g	Total : 24.8 g	Total : 14.4 g	Total : 56.0 g
Lunch	Lentil Soup (0.6 g) Chicken Salad (6.6 g) Shredded Lettuce (0.0 g) Wheat Hoagie Roll (2.6 g) Green Beans (0.2 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Coleslaw (5.7 g) *Barbecue Pork (14.5 g) Wheat Hoagie Roll (2.6 g) Peas (0.5 g) Seasoned Potatoes (5.3 g) Ketchup (0.0 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Meat & Cheese Sandwich on Wheat (7.4 g) Sliced Onions (0.0 g) Shredded Lettuce (0.0 g) Mayo & Mustard (3.6 g) Blended Vegetables (0.3 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Minestrone Soup (0.8 g) Chef Salad with Turkey (0.5 g) Hard Boiled Egg (5.4 g) Shredded Cheese (7.3 g) Salad Dressing (11.5 g) Peas (0.5 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Fortified Drink (0.0 g)	Taco Salad with Meat (9.5 g) Seasoned Beans (0.6 g) Shredded Cheese (7.3 g) Salsa (0.3 g) Salad Dressing (11.5 g) Spanish Rice (0.7 g) Tortilla Chips (12.2 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Breaded Fish (7.0 g) Tartar Sauce (7.7 g) Macaroni & Cheese (9.4 g) Cauliflower (0.4 g) Breadstick (1.2 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (4.6 g) Roast Turkey (1.8 g) Poultry Gravy (3.5 g) Mashed Potatoes (2.8 g) Green Beans (0.2 g) Wheat Bread (2.2 g) Margarine (10.7 g) Chocolate Cupcake (9.6 g) Fortified Drink (0.0 g)
	Total : 16.4 g	Total : 28.8 g	Total : 19.1 g	Total : 38.6 g	Total : 42.3 g	Total : 27.5 g	Total : 35.7 g
Dinner	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Cajun Meat Loaf (15.9 g) Brown Rice (1.6 g) Butternut Squash (0.1 g) Wheat Bread (2.2 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Chicken Tortilla Stew (6.2 g) Lemon Cilantro Rice (4.7 g) Carrots (0.5 g) Tortilla Chips (6.1 g) Sour Cream (5.5 g) Gelatin & Whip Topping (2.0 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Meat Sauce (9.4 g) Spaghetti (1.1 g) Broccoli (0.4 g) Focaccia Bread (5.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Cheese Pizza (20.1 g) Blended Vegetables (0.3 g) Choice Dessert (7.4 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Chicken Teriyaki (2.4 g) Brown Rice (1.6 g) Stir-Fry Vegetables (0.2 g) Milk Roll (1.2 g) Fruit Bar (9.1 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Beef Patty (15.1 g) Onions & Pickles (0.0 g) Wheat Burger Bun (5.6 g) Blended Vegetables (0.3 g) Seasoned Potatoes (5.3 g) Ketchup (0.0 g) Tea (0.0 g)	Texas Slaw (3.2 g) Burrito Beans (0.6 g) Shredded Cheese (7.3 g) Spanish Rice (0.7 g) Salsa (0.3 g) Whole Wheat Tortilla (10.8 g) Fresh Fruit (0.4 g) Tea (0.0 g)
	Total : 38.7 g	Total : 30.9 g	Total : 24.8 g	Total : 36.0 g	Total : 22.6 g	Total : 34.3 g	Total : 23.3 g
Total	78.8 g	81.7 g	67.0 g	100.6 g	99.6 g	76.2 g	115.0 g



SINGLE NUTRIENT REPORT : FAT

	Monday 4/22/2024	Tuesday 4/23/2024	Wednesday 4/24/2024	Thursday 4/25/2024	Friday 4/26/2024	Saturday 4/27/2024	Sunday 4/28/2024
Breakfast	Oatmeal (2.4 g) Canned Fruit (0.1 g) Hard Boiled Egg (5.4 g) Pancakes (12.5 g) Maple Syrup (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.4 g) Fried Egg (8.5 g) Cheese Slice (4.0 g) English Muffin (8.3 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Multigrain Hot Cereal (1.1 g) Canned Fruit (0.0 g) Beef Hash (5.9 g) Ketchup (0.0 g) Wheat Toast (2.2 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Dry Cereal (0.6 g) Fresh Fruit (0.2 g) Waffles (3.0 g) Peanut Butter (21.8 g) Maple Syrup (0.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Fatna (0.5 g) Canned Fruit (0.1 g) Ham & Cheese Scramble (14.5 g) Fried Potatoes (9.2 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Oatmeal (2.4 g) Fresh Fruit (0.4 g) Hard Boiled Egg (5.4 g) Breakfast Pastry (9.0 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)	Canned Fruit (0.0 g) Scrambled Eggs (8.2 g) Poultry Sausage (3.7 g) Fried Potatoes (9.2 g) Wheat Toast (2.2 g) Jelly (0.0 g) Margarine (10.7 g) Skim Milk (0.4 g) Coffee (0.0 g) Sugar PC (0.0 g)
	Total - 31.5 g	Total - 28.4 g	Total - 20.3 g	Total - 26.0 g	Total - 24.7 g	Total - 17.6 g	Total - 34.4 g
Lunch	Coleslaw (5.7 g) Hot Dog (16.0 g) Wheat Hoagie Roll (2.6 g) Ketchup (0.0 g) Mustard (0.5 g) Peas (0.5 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	*Soup of the Day (1.4 g) Chicken-Lettuce Salad (2.3 g) Sliced Onions (0.0 g) Shredded Cheese (7.3 g) Salad Dressing (11.5 g) Carrots (0.5 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Fortified Drink (0.0 g)	Potato Soup (0.7 g) Tuna Salad (5.1 g) Shredded Lettuce (0.0 g) Wheat Hoagie Roll (2.6 g) Blended Vegetables (0.3 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Corn Chowder (3.5 g) Fried Egg Sandwich on Wheat (27.2 g) Mayonnaise (3.2 g) Green Beans (0.2 g) Chips (6.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	*Soup of the Day (3.8 g) Meat & Cheese Sandwich on Wheat (7.4 g) Sliced Onions (0.0 g) Shredded Lettuce (0.0 g) Mayo & Mustard (3.6 g) Cauliflower (0.4 g) Chips (6.0 g) Fresh Fruit (0.2 g) Fortified Drink (0.0 g)	Nacho Meat (13.1 g) Refried Beans (0.5 g) Cheese Sauce (9.0 g) Lettuce Salad (0.1 g) Salsa (0.3 g) Tortilla Chips (12.2 g) Corn (1.0 g) Fresh Fruit (0.4 g) Fortified Drink (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) *Roast Pork Loin (10.5 g) Scalloped Potatoes (2.8 g) Broccoli (0.4 g) Wheat Dinner Roll (1.5 g) Margarine (10.7 g) Ice Cream Cup (1.0 g) Fortified Drink (0.0 g)
	Total - 31.7 g	Total - 35.4 g	Total - 15.1 g	Total - 40.5 g	Total - 21.4 g	Total - 35.6 g	Total - 34.9 g
Dinner	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Spicy Rice Casserole (13.7 g) Green Beans (0.2 g) Wheat Bread (2.2 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Sloppy Joe (15.5 g) Wheat Burger Bun (5.6 g) Broccoli (0.4 g) Seasoned Potatoes (5.3 g) Ketchup (0.0 g) Pudding (0.3 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) Chicken Enchilada Casserole (23.3 g) Seasoned Beans (0.6 g) Cornbread (8.2 g) Margarine (10.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (5.8 g) *Pizza (choice) (23.8 g) Blended Vegetables (0.3 g) Choice Dessert (7.4 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (7.9 g) Loco Moco Patty (15.1 g) Fried Egg (6.5 g) Beef Gravy (3.1 g) White Rice (0.8 g) Peas & Carrots (0.5 g) Fruit Crisp (7.9 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Turkey Noodle Casserole (5.2 g) Blended Vegetables (0.3 g) Focaccia Bread (5.7 g) Tea (0.0 g)	Lettuce Salad (0.1 g) Salad Dressing (8.1 g) Creole Chicken (3.3 g) Brown Rice Pilaf (1.5 g) Carrots (0.5 g) French Bread (1.5 g) Margarine (10.7 g) Fresh Fruit (0.4 g) Tea (0.0 g)
	Total - 35.0 g	Total - 35.1 g	Total - 48.7 g	Total - 37.4 g	Total - 41.9 g	Total - 19.4 g	Total - 26.1 g
Total	98.2 g	99.9 g	84.1 g	103.9 g	88.0 g	72.6 g	95.4 g

Week : 5 4/22/2024 : 4/28/2024 - Mainline - Repeat Cycle



Transgender and Intersex Committee

Frequently Asked Questions

The Transgender and Intersex Committee (TAIC) is comprised of DOC staff from various disciplines, such as Health Services, Behavioral Health Services, Security, Population Management, and the Prison Rape Elimination Act (PREA) Compliance Manager. TAIC is responsible for making decisions around the needs of transgender and intersex adults in DOC custody and set policy to ensure institutions are managing individuals in a fair and consistent manner. TAIC is also charged with determining appropriate and safe housing for the transgender and intersex adults in its custody. In making housing placements, TAIC makes decisions on a case-by-case basis, considering individual needs, safety of the individual, safety of others they could be housed with, medical history, mental health status, observation of their behavior, and any other relevant information. Below are some of the most commonly asked questions.

What happens when I arrive at the Intake Center?	Once staff become aware that you identify as transgender, intersex, or nonbinary you will be placed in the infirmary briefly while the Transgender and Intersex Committee (TAIC) makes a decision regarding your housing. You will be interviewed regarding your concerns and preferences and to gather history to inform TAIC's decision. You will be notified once a decision is made and moved to the corresponding housing unit. Refer to the Transgender and Intersex (AIC) Oregon Administrative Rules 291-210 for more information.
How do I request a transfer to a different facility?	Send your request in writing to the TAIC Chair, Jamie Breyman, and include justification for your request. Your request will be reviewed by the TAIC, and you will be contacted with the decision.
How do I request preferred-gender unclothed searches and observation of UAs?	Send your request in writing to the TAIC Chair, Jamie Breyman, and include justification for your request. Your request will be reviewed by the TAIC, and you will be contacted with the decision.
How do I update my gender and/or name of record in DOC's computer system?	Write to Offender Information and Sentence Computation (OISC) - either your local/facility Records office or the central office – and include supporting documentation. If approved, and once the institution receives notification from OISC Central Office that the changes have been finalized, your ID card will be reprinted to reflect these changes.
How do I request hormones, surgeries, or other medical treatments?	Write to your local BHS or Medical staff for inquiries regarding gender-affirming treatment.
Are transgender and intersex AICs allowed female canteen items?	With the exception of only a few items, all AICs now have access to the same universal canteen list.

Who can I go to at my institution if I have questions or concerns?	<p>The PREA Compliance Manager is a wonderful resource. You may also report safety concerns to security staff or any other DOC staff person at your institution such as a counselor, medical staff, or work supervisor. You can also call the Inspector General's hotline by picking up any AIC phone and:</p> <ul style="list-style-type: none"> • Make a language selection (1=English, 2=Spanish), • Press "9", and then • Press "1" to make the call. <p>Family and friends may call the Inspector General's hotline by dialing 877-831-0389.</p> <p>Follow normal institution processes for things such as requesting a cell move, seeking work assignments, etc.</p>
Who can I report PREA concerns to?	You can make a PREA report to any staff at your institution or by using the Inspector General's hotline.
Many AICs look quite different with makeup versus without. How are ID cards handled?	We recognize this is an issue, but not just for transgender and intersex AICs – for our entire female population at CCCF. Security managers discussed the issue and determined all ID cards will be taken without make-up. That way, if there is any concern with identifying you, you may be directed to remove your makeup prior to a transport, etc.
If DOC has already obtained replacement ID for me and I change my name or gender, will DOC order new ID for me?	If you meet the eligibility criteria and within certain issuing-agency limitations, DOC will replace one of each type of identification (ID) during an incarceration cycle. This includes pieces of ID such as a birth certificate, driver license or state ID card, and Social Security card. If you change your name or gender after DOC has obtained the ID, DOC will not obtain a second on your behalf during the same incarceration cycle, but you are free to do so on your own.
Can transgender and intersex AICs in male institutions wear ponytails and other feminizing-type hairstyles?	Follow the Hygiene, Grooming, and Sanitation (AIC) rules 291-123 . No inflammatory hair styles. Ponytails, side ponytails, braids are acceptable in any institution. A mohawk is unacceptable in any institution.
What pronouns will staff use?	Staff have been directed to use preferred pronouns or to address you as "AIC." They have also been instructed not to purposely use the opposite pronoun than what you prefer. Out of respect for your privacy, we do not share your identity broadly, so please understand that not all staff are aware of your identity and may make honest mistakes. When communicating with your loved ones, we may not be certain they are aware of your identity and will do our best to respect your privacy as well as your preferences.
What training is available to staff?	All staff are required to take respectful communication and search training during New Employee Orientation (NEO), basic Corrections Course (BCC), and annual in-service training.