



OSP Executive Management Team

November 21, 2024

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GENERAL SERVICES

Work Orders:

The following is the procedure when requesting plumbing work repairs in your cell housing or work location.

For your cell housing you are to notify your tier officer or Block Sergeant and give a brief explanation of your issue, staff will then submit a work order request electronically. For plumbing issues at your work location (Example) OCE, Culinary, Yard, etc. Notify your staff supervisor they will then submit a work order request electronically.

All work order requests are prioritized based on the nature of the request and current work order load. A dripping cell faucet is considered a low priority but is usually addressed within a week.

/s/ C. Wagner, Asst. Supt. General Services

LIBRARY

Library Request Form Reminder

All Legal Library Request Forms (CD1714) need to be filled out completely before schedule processing takes place.

SAMPLE
LAW LIBRARY REQUEST FORM
GENERAL POPULATION

1234567
10/25/2024
OSP
B-101

Section A - Case Information (Required)
Case Number: 1234567
Case Title: [Blank]
Case Type: [Blank]
Case Status: [Blank]

Section B - Program Schedule (Required)
Work Requested: [Blank]
Program: [Blank]
Please list any programs you have: [Blank]

Section C - Select Equipment Type (Please provide a brief description of the equipment you need in the space provided.)
Equipment Type: [Blank]
Equipment Description: [Blank]

Section D - Other Information (Required)
If there is any information that you feel needs to be added for your appointment, please let us know: [Blank]

Section E - Other Information (Required)
Please Do not write in the Area: [Blank]

This is a reminder that before submitting a Library Request Form, you must completely fill out Section A (Case Information), Section B (Program Schedule), and Section C (Select Equipment Type). If a section or question does not apply to your situation, write in the letters "NA" in each area. Please do not write one large N/A.

Incomplete forms will be returned for completion. Incomplete forms will not be processed.

Desk Research: If you check **Desk Research Box** that is only working in Desk cubicle it is not allow access to a computer.

Notary: Bring an envelope. All notaries are mailed out of the legal library.

Legal Assistant: If you do not select a legal assistant. It will be selected for you.

/s/ R. Polk, Legal Library Coordinator

COUNSELING SERVICES

Celebration of Life Service: Counselor Booher

Dan Sullivan explained, "In every society, there are "human benchmarks" – certain individuals whose behavior becomes a model for everyone else – shining examples that others admire and emulate. We call these individuals class acts."

Counselor Booher was one of those human benchmarks that for 35-years was a class act, and a shining example for every member of our OSP community. As many of you are aware, Mr. Booher recently passed away.



In November or December 2024, a celebration of his service to AICs and staff will be held for Mr. Booher. Both staff and AICs within the community at OSP are

cordially invited to a gathering on the Activities floor for Mr. Booher.

If you are an AIC and would like to participate and/or share a story of Mr. Booher, please send a kite to Chaplain Witcraft.

/s/ Lt. Stanhope, Activities Manager

INFIRMARY



STD TESTING

I have finally finished going through all the questionnaires and scheduling all the requests for testing that started in March 2024. If you have not been tested and want to be tested kyte me. If you are new to the institution and want to be tested kyte me.

If you have already been tested and want to be retested kyte me. If you said no and changed your mind and now want testing kyte me. If you have been tested and NOT received your results and would like to hear them kyte me. (even you've had your testing done at another institution) If you would like a copy of the STD handbook kyte me. If you have any questions regarding test results kyte me.

Remember this is free testing and information for all. Take advantage while you have the opportunity.

/s/ T. Ralls, DOC Registered Nurse, Infirmary

JOB ANNOUNCEMENTS

Physical Plant Preventative Maintenance Shop

The Physical Plant Preventative Maintenance Shop has an exciting opportunity to fill two openings. The qualifying candidates will have no STM, clear conduct for at least one year, and a background with commercial kitchen repair/maintenance. Candidates will need to be able to carry and move heavy equipment, be able to carry heavy items upstairs, and be in good overall physical health. This position is currently on a Monday through Thursday four ten-hour shifts with weekends off. There will be times that after hours work will be required.

If you are ready to work with an outstanding team that keeps this place together, send your fully completed AIC application, resume, and cover letter to S. Rains, Interim Preventative Maintenance Shop Supervisor.

/s/ S. Rains, Physical Plant

Physical Plant Electronic Shop

The Electronics shop is accepting applications for AIC's interested in a career as a low voltage electrician. This position will give someone an opportunity to go through an apprenticeship program, learn a trade and earn a LEB Electrical license.



The desired candidate will embody this list of personal traits and meet the following criteria.

- Self-motivated with a desire to learn new skills and perfect their Trade.
- Willingness to take and **follow directions**, constructive criticism, work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Stay Drug and Alcohol free during your time here.
- Have at least 1-year clean conduct. Have a minimum of 5 years left on sentence.
- Have High school diploma/GED and ability to pass math test.
- Ability to work in confined spaces and lift at least 75 pounds.

All applicants are required to have close to five years left on their sentence or more, must have a year of clear conduct with a level 3 NCI. Must have desire to be able to be a productive member of society when released. High school diploma or GED. Send applications with Resume and cover letter to Palmer/ Schaeffer Physical plant Electronics shop. Good Luck!

/s/ S. Palmer and S. Schaeffer, Physical Plant

Visiting Room Orderly

Qualifications: Applicants must have a basic understanding of janitorial equipment and be familiar with the proper use of cleaning chemicals. Applicants also need to be misconduct free for at least 1 year, be NCI level 2 or 3 and be on privilege visiting status.

Duties and Responsibilities: Selected applicant will be charged with maintaining a clean, safe, and sanitary

area for AIC's and their visitors, which will include, but not limited to wiping down tables and chairs, cleaning visitor restrooms, taking out trash and vacuuming.

The selected applicant must also be able to work well with AIC's, their visitors, and staff from all lifestyles. We will also ask that you be reliable, self-motivated and willingness to take criticism and direction. If you are interested in this position, please send a completed application to Andrea Fugate, IWP Coordinator on the Group Living Floor.

/s/ A. Fugate, IWP Coordinator

ICH Unit Peer Companion Position Announcement

Intermediate Care Housing (ICH) Behavioral Health Services (BHS) is now recruiting candidates to serve as Peer Companions. We are currently seeking individuals at OSP that are committed to promoting mental wellness and have an interest in helping others. This is a paid, primary position, with varied working hours/days, and cannot be held with other paid positions.

Individuals selected for this position will receive initial and on-going training from or identified by Behavioral Health Services, as well as ongoing supervision toward skill development. Selected candidates will receive on-going training for the position through job shadowing, individual skills coaching, and ongoing staff supervision.

***Minimum Required Qualifications:**

- Clear conduct for 1 year
- In compliance with your Oregon Corrections Plan
- Treatment compliance if you receive Behavioral Health Services yourself
- Engaged in positive, prosocial programming or activities
- Ability to attend all the required training
- Willingness to commit to the position as your only job for a minimum of a year
- Ability to participate in physical activities

***How to apply:**

Interested candidates will need to complete an application through IWP. In addition to this application, please submit a letter that includes the following:

- Why do I want to be a Peer Companion?
- How do I meet each of the minimum required qualifications for this position?

Following a review of all applications by BHS, qualified applicants will be further screened to include

the AIC's assigned Correctional Counselor, past work supervisors, and security staff. Following this screening process, AICs will be notified and scheduled for a formal interview.

Please submit an application to Tim Assad, ICH Program Manager, if you are interested. If you have applied previously, please submit a letter of interest to confirm interest. Applications will be accepted until all positions is full.

/s/ T. Assad, ICH Program Manager (WOC)

RELIGIOUS SERVICES



Weekly Chapel Schedule

Saturday, November 16:

- 8:00 am LDS Services
Sweat Lodge
Jehovah's Witness
- 1:00 pm Jewish Service
Seventh Day Adventist
- 6:00 pm Calvary Chapel
Siddha Yoga (2nd and 4th Saturdays)

Sunday, November 17:

- 8:00 am Protestant (Spanish service)
Jehovah's Witness (Spanish service)
Urantia (1st and 3rd Sundays)
- 1:00 pm: Catholic
- 6:00 pm Lutheran (1st, 3rd, and 5th Sunday)
Agape Family Services
(2nd and 4th)



Monday, November 18:

- 1:00 pm Catholic (Spanish service)
- 6:00 pm Pentecostal service

Tuesday, November 19:

- 8:00 am Becoming 01 (2nd, 4th)
- 1:00 pm Orthodox Christianity (1st & 3rd Tuesday)
Art of Living (Meditate) (2nd & 4th Tuesdays)
- 6:00 pm Buddhist (1st and 3rd Tuesdays)

Wednesday, November 20:

- 1:00 pm Justice issues
Native drumming
- 6:00 pm Most Excellent way chapel

Thursday, November 21:

- 12:30 pm Biblical Hebrew class

1:00 pm TUMI
6:00 pm Gospel service

Friday, November 22:

1:00 pm NOI Jumma Prayer
Sunni Jumma prayer
6:00 pm Anger and the Bible (2nd and 4th)

POINT TO PONDER



MAILROOM NEWSLETTER



TIPS FOR INCOMING GREETING CARDS:

KEEP IT SIMPLE.

KEEP GLITTER TO A MINIMUM.

NO STICKERS.

DO NOT INCLUDE OTHER ITEMS SUCH AS
COINS, CROSSES, ETC.

NO UNUSED POSTAGE STAMPS.

NO BLANK CARDS.

SEND CHECKS & MONEY ORDERS FOR AICs TO:

**CENTRAL TRUST
P.O. BOX 14400
SALEM, OR 97309-5077**

NO CASH PERMITTED.

**CHECKS & MONEY ORDERS RECEIVED AT OSP
WILL BE RETURNED TO SENDER.**

**DID YOU KNOW THAT THE ODOC WEBSITE HAS
AN OVERVIEW FOR SENDING MAIL,
AS WELL AS A LINK TO THE MAIL RULE?**

www.oregon.gov/doc

**WE DO NOT WANT TO VIOLATE AND RETURN ANYONE'S CARDS,
SO PLEASE COMMUNICATE THE RULES AND GUIDELINES TO FRIENDS AND FAMILY.**



JACQUIE ROAR FAN MAIL

ALL GOOD THINGS MUST COME TO AN END.

NOVEMBER 22nd will be the last day for fan mail.

All fan mail must be attached to a kyte And received in the mailroom by 11/22/2024.

The OSP mailroom has set up a system for fan mail to be sent to Jacquie Roar. If you would like to participate, send your letters for Jacquie to the mailroom, and they will forward batches to her weekly or bi-weekly. Please keep your letters respectful, appropriate, and positive. It was a great honor for Jacquie to perform at OSP, and we hope she feels appreciated and welcome to return in the future. Thank you.



Art Gallery 2024

The Art program was founded in 2020 and since its inception, we have created several murals within the walls of OSP. Our mission is to bring communities together through art and imagination. This unique program provides the tools needed to assist others through community, team building, using resources, time managing, brainstorming skills, and most important, giving the ability to have a sense of pride once projects are completed.

The Art Program was proud to hold our annual Art Gallery on November 6, 2024. This event provided a space for artists to show and display their talent. We want to recognize the Lakota Club, who shared their beading talents. Thanks to the OSP administration for providing the space and materials to continue helping and building better outcomes for AICs at OSP.

We want to congratulate the following artists who won our Art contest:

Color Pencil

1st Shane Lewis
2nd Keith Jespersen
3rd Brian Hessel

Pen & Ink

1st Luis Mendoza Morales
2nd Miguel Mendoza Castro
3rd Rigoberto Maldonado

Origami

1st Gilbert Lane
2nd Carey Clifton

Graphite

1st Michael Noveron
2nd Marcus Jackson
3rd Omar Gomez

Airbrush

1st Daniel Bruynell
2nd Tenorio Emmanuel
3rd Ambriz Arguello

Paintbrush

1st Omar Gomez
2nd Michael Botting
3rd Bradley Monical

/s/ S. Lane/PIO on behalf of Miguel Mendoza-Castro/Art Club









ELECTRONIC HEALTH RECORDS (EHR)

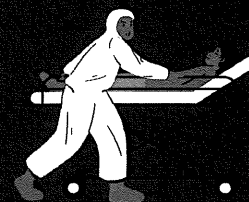
*Coming
Spring
2025*

THE FOLLOWING ARE 5 EXAMPLES HOW THE EHR WILL HELP YOU AND YOUR HEALTHCARE PROVIDERS IN YOUR HEALTHCARE JOURNEY

01

EMERGENCIES

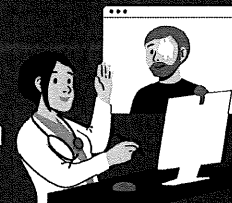
- THE EHR WILL HELP ALL YOUR HEALTHCARE PROVIDERS GET IMPORTANT INFORMATION ABOUT YOUR HEALTH QUICKLY IN THE EVENT OF AN EMERGENCY



02

HEALTH RECORDS REQUESTS

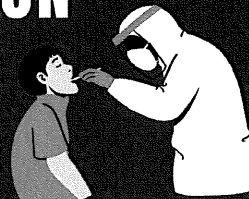
- ONCE ALL PAPER MEDICAL CHARTS ARE SCANNED, HEALTH RECORDS REQUESTS WILL TAKE LESS TIME TO FULFILL BECAUSE THE CHARTS WILL ALL BE DIGITAL
- MANY OUTSIDE PROVIDERS CAN RECEIVE AND SEND PATIENT HEALTH RECORDS THROUGH THE EHR SAVING THE EXTRA TIME IT TAKES TO MAIL OR FAX THE RECORDS



03

BARCODE MEDICATION ADMINISTRATION

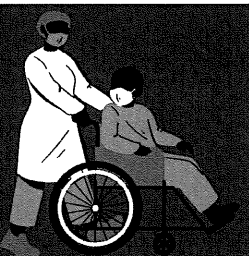
- BARCODE SCANNERS WILL BE USED TO SCAN YOUR ID CARD AT MEDLINE WHICH PULLS UP YOUR MEDICATION RECORD IN THE EHR



04

CHART ACCURACY

- ELECTRONIC CHART OPENED BY SID NUMBER OR BY SCANNING PATIENT ID CARD



05

OUT OF FACILITY SCHEDULING

- EHR IMPROVES COORDINATION AND SCHEDULING OF OUTSIDE APPOINTMENTS
- NEW WORKFLOW AND PROCESSES WILL MAKE IT LESS LIKELY THAT OUTSIDE APPOINTMENTS ARE MISSED



*Do you have EHR
questions?*

**SEND A KYTE ADDRESSED TO:
ASK EHR**



REGISTROS MÉDICOS ELECTRÓNICOS (EHR)

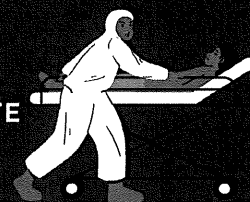
En la
primavera
de
2025

LOS SIGUIENTES SON 5 EJEMPLOS DE CÓMO EL EHR LE AYUDARÁ A USTED Y A SUS
PROVEEDORES DE ATENCIÓN MÉDICA EN SU TRAYECTORIA DE ATENCIÓN MÉDICA

01

EMERGENCIAS

- EL EHR AYUDARÁ A TODOS SUS PROVEEDORES SANITARIOS A OBTENER INFORMACIÓN IMPORTANTE SOBRE SU SALUD RÁPIDAMENTE EN CASO DE UNA EMERGENCIA.



02

SOLICITUDES DE HISTORIALES MÉDICOS

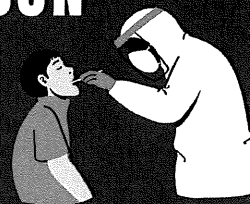
- UNA VEZ QUE SE HAYAN ESCANEADO TODOS LOS CUADROS MÉDICOS EN PAPEL, LAS SOLICITUDES DE REGISTROS MÉDICOS TOMARÁN MENOS TIEMPO PARA SER ATENDIDAS PORQUE TODOS LOS HISTORIALES SERÁN DIGITALES
- MUCHOS PROVEEDORES EXTERNOS PUEDEN RECIBIR Y ENVIAR REGISTROS MÉDICOS DE PACIENTES A TRAVÉS DEL EHR, AHORRÁNDOSE EL TIEMPO ADICIONAL QUE SE NECESITA PARA ENVIAR LOS REGISTROS POR CORREO O FAX.



03

ADMINISTRACIÓN DE MEDICAMENTOS CON CÓDIGO DE BARRAS

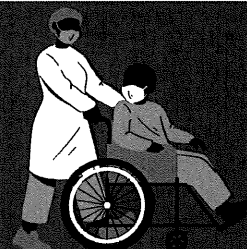
- LOS ESCANERES DE CODIGO DE BARRAS SE UTILIZARAN PARA ESCANEAR SU TARJETA DE IDENTIFICACION EN MEDLINE, LO QUE PONE EN LISTA SUS REGISTROS DE MEDICACION



04

EXACTITUD DE LOS HISTORIALES

- HISTORIAL ELECTRÓNICO ABIERTO POR NÚMERO SID O ESCANEANDO LA TARJETA DE IDENTIFICACIÓN DEL PACIENTE



05

PROGRAMACIÓN DE CITAS FUERA DEL CENTRO

- EHR MEJORA LA COORDINACIÓN Y PROGRAMACIÓN DE CITAS EXTERNAS
- EL NUEVO FLUJO DE TRABAJO Y PROCESOS HARÁN QUE SEA MENOS PROBABLE QUE SE PIERDAN CITAS EXTERNAS.



*¿Tiene preguntas sobre su
historial clínico electrónico?*

**ENVIE UN KYTE DIRIGIDO A:
ASK EHR**



Mainline

Week at a Glance

	Monday 11/25/2024	Tuesday 11/26/2024	Wednesday 11/27/2024	Thursday 11/28/2024	Friday 11/29/2024	Saturday 11/30/2024	Sunday 12/1/2024
Week 1	BREAKFAST						
	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Pancakes (Sod,Chl) - 3.00 EA Peanut Butter (Sfa) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Fried Egg (Sfa,Chl) - 2.00 EA Refried Beans - 0.50 CP Ranchero Sauce (Sod) - 0.25 CP White Flour Tortilla (Sfa) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chl) - 1.00 EA Cheese Slice (Sfa,Chl) - 1.00 SLC English Muffin (Sfa,Chl) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Poultry Sausage (Chl) - 1.00 EA French Toast (Chl) - 2.00 SLC Maple Syrup - 2.00 FLOZ Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP *Ham & Cheese Scramble (Chl,Sfa) - 0.75 CP Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sfa,Chl) - 1.00 EA Breakfast Pastry (Sfa,Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
Week 1	LUNCH			Happy Thanksgiving!			
	Tomato Soup (Sod) - 10.00 FLOZ Grilled Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 2.00 EA Broccoli - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Coleslaw (Sod) - 0.75 CP *Barbeque Pork (Sod,Chl,Sfa) - 0.50 CP Wheat Hoagie Roll - 1.00 EA Macaroni & Cheese (Sfa,Sod,Chl) - 0.75 CP Green Beans - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Tuna Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1 OZ Holiday Turkey (Chl) - 6 OZ Poultry Gravy - 2.00 FLOZ Cranberry Sauce - 0.25 CP Mashed Potatoes - 0.75 CP Stuffing (Sod) - 0.75 CP Carrots - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Pumpkin Pie 1.00 EA Fortified Drink - 8.00 FLOZ	Taco Salad with Meat (Chl,Sfa) - 1.00 SV Seasoned Beans - 0.75 CP Shredded Cheese (Sfa,Chl) - 2.00 TBS Salsa (Sod) - 0.25 CP Salad Dressing (Sfa,Sod) - 2.00 FLOZ Spanish Rice - 0.75 CP Tortilla Chips - 2.00 OZ Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quarter (Chl,Sfa) - 1.00 EA Mashed Potatoes - 0.75 CP Poultry Gravy - 2.00 FLOZ Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Ice Cream Cup - 1.00 EA Fortified Drink - 8.00 FLOZ
Week 1	DINNER						
	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Salisbury Steak (Chl,Sfa) - 1.00 EA Mashed Potatoes - 0.75 CP Beef Gravy - 2.00 FLOZ Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken & Broccoli Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Pudding - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Ranch Style Chili (Chl,Sfa) - 10.00 FLOZ Baked Potato - 1.00 EA Sour Cream (Sfa,Chl) - 2.00 TBS Green Beans - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ *Meat & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Stew (Sod,Chl) - 10.00 FLOZ Brown Rice - 0.75 CP Cauliflower - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Choice Cookie (Sfa,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Marinara (Chl) - 0.75 CP Pasta - 0.75 CP Carrots - 0.75 CP Focaccia Bread (Sod) - 1.00 EA Tea - 8.00 FLOZ	Texas Slaw - 0.75 CP Burrito Meat (Chl,Sfa) - 0.50 CP Refried Beans - 0.50 CP Shredded Cheese (Sfa,Chl) - 2.00 TBS Lemon Cilantro Rice - 0.75 CP Salsa (Sod) - 0.25 CP Whole Wheat Tortilla (Sfa,Sod) - 2.00 EA Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu subject to change without notice. Meat-Alternative- Trays available at lunch & dinner only.

*Contains or may contain pork.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

© Powered By: Culinary Suite

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
27-Oct	D/E/C	28-Oct	C/D/E	29-Oct	E/C/D	30-Oct	D/E/C	31-Oct	C/D/E	1	E/C/D	2	D/E/C
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E
3	C/D/E	4	E/C/D	5	D/E/C	6	C/D/E	7	E/C/D	8	D/E/C	9	C/D/E
AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E
PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D
EVE	D	EVE	C/E	EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D
10	E/C/D	11	D/E/C	12	C/D/E	13	E/C/D	14	D/E/C	15	C/D/E	16	E/C/D
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM
17	D/E/C	18	C/D/E	19	E/C/D	20	D/E/C	21	C/D/E	22	E/C/D	23	D/E/C
AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E
PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D
EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E
24	C/D/E	25	E/C/D	26	D/E/C	27	C/D/E	28	E/C/D	29	D/E/C	30	C/D/E
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D
THANKSGIVING													

Morning Yard - 7:45am to 9:45am
 Afternoon Yard - 1:00pm to 3:30pm
 Evening Activities (Barn) 7:00p.m to 9:00pm