



OSP Executive Management Team

November 21, 2024

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GENERAL SERVICES

Work Orders:

The following is the procedure when requesting plumbing work repairs in your cell housing or work location.

For your cell housing you are to notify your tier officer or Block Sergeant and give a brief explanation of your issue, staff will then submit a work order request electronically. For plumbing issues at your work location (Example) OCE, Culinary, Yard, etc. Notify your staff supervisor they will then submit a work order request electronically.

All work order requests are prioritized based on the nature of the request and current work order load. A dripping cell faucet is considered a low priority but is usually addressed within a week.

/s/ C. Wagner, Asst. Supt. General Services

LIBRARY

Library Request Form Reminder

All Legal Library Request Forms (CD1714) need to be filled out completely before schedule processing takes place.

 SAMPLE LAW LIBRARY REQUEST FORM GENERAL POPULATION	
 Law Library Appointments	
Appointments must be requested in advance.	
You have been pre-scheduled to appear in the law library at the following time:	
10:15 AM, 2024 OSP B-101	
Section A - Case Information (Briefly)	
Court/Case Number: _____ Attorney/Party: _____ NA	
Case Name: _____ Case Type: _____ NA Case Status: _____	
Type of Court/Office: _____ NA Case Number: _____	
Any other information you would like to provide: _____	
Select if you need an attorney: _____ NA Right, attorney's name: _____	
* List the reason for an appointment is _____	
Section B - Program Schedule (Initial)	
What's Available: _____ None Please list with schedule: _____ <input type="checkbox"/> Arbitration <input type="checkbox"/> None Hours: _____ Days: _____ <input type="checkbox"/> Probate None Hours: _____ Days: _____ <input type="checkbox"/> Small Claims None Hours: _____ Days: _____	
Section C - Legal Department Type (The current status to handle your request is General and available)	
<input type="checkbox"/> General <input type="checkbox"/> Probate <input type="checkbox"/> Small Claims <input type="checkbox"/> Arbitration <input type="checkbox"/> None	
Comments: If there is any information that you feel needs to be added for your appointment, please let us know	
Like any other item (Do Not Write in This Area) Like any other item	
Please Do Not write in The Area	
Date Received: _____ Date Received: _____ Check Initials: _____	
Initials: _____	
CD 1754 #4 (2023)	

This is a reminder that before submitting a Library Request Form, you must completely fill out Section A (Case Information), Section B (Program Schedule), and Section C (Select Equipment Type). If a section or question does not apply to your situation, write in the letters "NA" in each area. Please do not write one large N/A.

**Incomplete forms will be returned for completion.
Incomplete forms will not be processed.**

Desk Research: If you check Desk Research Box that is only working in Desk cubicle it is not allow access to a computer.

Notary: Bring an envelope. All notaries are mailed out of the legal library.

Legal Assistant: If you do not select a legal assistant, it will be selected for you.

/s/ R. Polk, Legal Library Coordinator

COUNSELING SERVICES

Celebration of Life Service: Counselor Booher

Dan Sullivan explained, "In every society, there are "human benchmarks" – certain individuals whose behavior becomes a model for everyone else – shining examples that others admire and emulate. We call these individuals class acts."

Counselor Booher was one of those human benchmarks that for 35-years was a class act, and a shining example for every member of our OSP community. As many of you are aware, Mr. Booher recently passed away.



In November or December 2024, a celebration of his service to AICs and staff will be held for Mr. Booher. Both staff and AICs within the community at OSP are

cordially invited to a gathering on the Activities floor for Mr. Booher.

If you are an AIC and would like to participate and/or share a story of Mr. Booher, please send a kite to Chaplain Witcraft.

/s/ Lt. Stanhope, Activities Manager

INFIRMARY



STD TESTING

I have finally finished going through all the questionnaires and scheduling all the requests for testing that started in March 2024. If you have not been tested and want to be tested kytic me. If you are new to the institution and want to be tested kytic me.

If you have already been tested and want to be retested kytic me. If you said no and changed your mind and now want testing kytic me. If you have been tested and NOT received your results and would like to hear them kytic me. (even you've had your testing done at another institution) If you would like a copy of the STD handbook kytic me. If you have any questions regarding test results kytic me.

Remember this is free testing and information for all. Take advantage while you have the opportunity.

/s/ T. Ralls, DOC Registered Nurse, Infirmary

JOB ANNOUNCEMENTS

Physical Plant Preventative Maintenance Shop

The Physical Plant Preventative Maintenance Shop has an exciting opportunity to fill two openings. The qualifying candidates will have no STM, clear conduct for at least one year, and a background with commercial kitchen repair/maintenance. Candidates will need to be able to carry and move heavy equipment, be able to carry heavy items upstairs, and be in good overall physical health. This position is currently on a Monday through Thursday four ten-hour shifts with weekends off. There will be times that after hours work will be required.

If you are ready to work with an outstanding team that keeps this place together, send your fully completed AIC application, resume, and cover letter to S. Rains, Interim Preventative Maintenance Shop Supervisor.

/s/ S. Rains, Physical Plant



Physical Plant Electronic Shop

The Electronics shop is accepting applications for AIC's interested in a career as a low voltage electrician. This position will give someone an opportunity to go through an apprenticeship program, learn a trade and earn a LEB Electrical license.



The desired candidate will embody this list of personal traits and meet the following criteria.

- Self-motivated with a desire to learn new skills and perfect their Trade.
- Willingness to take and **follow directions**, constructive criticism, work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Stay Drug and Alcohol free during your time here.
- Have at least 1-year clean conduct. Have a minimum of 5 years left on sentence.
- Have High school diploma/GED and ability to pass math test.
- Ability to work in confined spaces and lift at least 75 pounds.

All applicants are required to have close to five years left on their sentence or more, must have a year of clear conduct with a level 3 NCI. Must have desire to be able to be a productive member of society when released. High school diploma or GED.

Send applications with Resume and cover letter to Palmer/ Schaeffer Physical plant Electronics shop. Good Luck!

/s/ S. Palmer and S. Schaeffer, Physical Plant

Visiting Room Orderly

Qualifications: Applicants must have a basic understanding of janitorial equipment and be familiar with the proper use of cleaning chemicals. Applicants also need to be misconduct free for at least 1 year, be NCI level 2 or 3 and be on privilege visiting status.

Duties and Responsibilities: Selected applicant will be charged with maintaining a clean, safe, and sanitary

area for AIC's and their visitors, which will include, but not limited to wiping down tables and chairs, cleaning visitor restrooms, taking out trash and vacuuming.

The selected applicant must also be able to work well with AIC's, their visitors, and staff from all lifestyles. We will also ask that you be reliable, self-motivated and willingness to take criticism and direction. If you are interested in this position, please send a completed application to Andrea Fugate, IWP Coordinator on the Group Living Floor.

/s/ A. Fugate, IWP Coordinator

ICH Unit Peer Companion Position Announcement

Intermediate Care Housing (ICH) Behavioral Health Services (BHS) is now recruiting candidates to serve as Peer Companions. We are currently seeking individuals at OSP that are committed to promoting mental wellness and have an interest in helping others. This is a paid, primary position, with varied working hours/days, and cannot be held with other paid positions.

Individuals selected for this position will receive initial and on-going training from or identified by Behavioral Health Services, as well as ongoing supervision toward skill development. Selected candidates will receive on-going training for the position through job shadowing, individual skills coaching, and ongoing staff supervision.

***Minimum Required Qualifications:**

- Clear conduct for 1 year
- In compliance with your Oregon Corrections Plan
- Treatment compliance if you receive Behavioral Health Services yourself
- Engaged in positive, prosocial programming or activities
- Ability to attend all the required training
- Willingness to commit to the position as your only job for a minimum of a year
- Ability to participate in physical activities

***How to apply:**

Interested candidates will need to complete an application through IWP. In addition to this application, please submit a letter that includes the following:

- Why do I want to be a Peer Companion?
- How do I meet each of the minimum required qualifications for this position?

Following a review of all applications by BHS, qualified applicants will be further screened to include

the AIC's assigned Correctional Counselor, past work supervisors, and security staff. Following this screening process, AICs will be notified and scheduled for a formal interview.

Please submit an application to Tim Assad, ICH Program Manager, if you are interested. If you have applied previously, please submit a letter of interest to confirm interest. Applications will be accepted until all positions is full.

/s/ T. Assad, ICH Program Manager (WOC)

RELIGIOUS SERVICES



Weekly Chapel Schedule

Saturday, November 16:

8:00 am	LDS Services
	Sweat Lodge
	Jehovah's Witness
1:00 pm	Jewish Service
	Seventh Day Adventist
6:00 pm	Calvary Chapel
	Siddha Yoga (2 nd and 4 th Saturdays)

Sunday, November 17:

8:00 am	Protestant (Spanish service)
	Jehovah's Witness (Spanish service)
	Urantia (1 st and 3 rd Sundays)
1:00 pm:	Catholic
6:00 pm	Lutheran (1 st , 3 rd , and 5 th Sunday)
	Agape Family Services
	(2 nd and 4 th)



Monday, November 18:

1:00 pm	Catholic (Spanish service)
6:00 pm	Pentecostal service

Tuesday, November 19:

8:00 am	Becoming 01 (2 nd , 4 th)
1:00 pm	Orthodox Christianity (1 st & 3 rd Tuesday)
	Art of Living (Meditate) (2 nd & 4 th Tuesdays)
6:00 pm	Buddhist (1 st and 3 rd Tuesdays)

Wednesday, November 20:

1:00 pm	Justice issues
	Native drumming
6:00 pm	Most Excellent way chapel

Thursday, November 21:

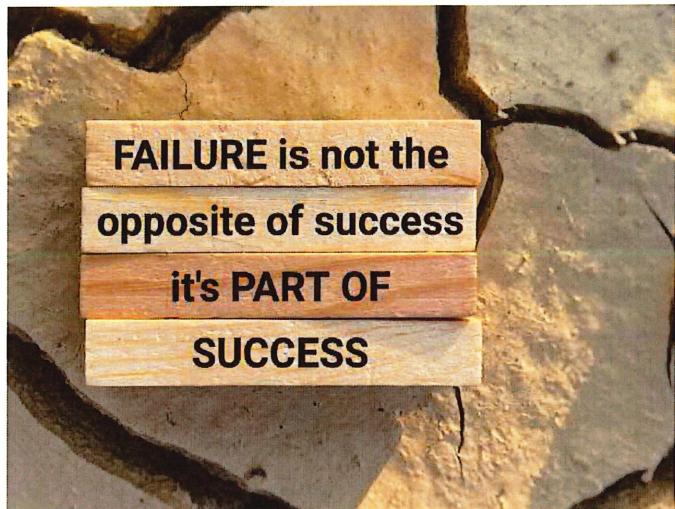
12:30 pm	Biblical Hebrew class
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1:00 pm TUMI
6:00 pm Gospel service

Friday, November 22:

1:00 pm NOI Jumma Prayer
Sunni Jumma prayer
6:00 pm Anger and the Bible (2nd and 4th)

POINT TO PONDER



MAILROOM NEWSLETTER



SEND CHECKS & MONEY ORDERS
FOR AICs TO:

CENTRAL TRUST
P.O. BOX 14400
SALEM, OR 97309-5077

NO CASH PERMITTED.
CHECKS & MONEY ORDERS RECEIVED AT OSP
WILL BE RETURNED TO SENDER.

**TIPS FOR INCOMING GREETING
CARDS:**

KEEP IT SIMPLE.

KEEP GLITTER TO A MINIMUM.

NO STICKERS.

DO NOT INCLUDE OTHER ITEMS SUCH AS
COINS, CROSSES, ETC.

NO UNUSED POSTAGE STAMPS.

NO BLANK CARDS.

**DID YOU KNOW THAT THE ODOC WEBSITE HAS
AN OVERVIEW FOR SENDING MAIL,
AS WELL AS A LINK TO THE MAIL RULE?**

www.oregon.gov/doc

**WE DO NOT WANT TO VIOLATE AND RETURN ANYONE'S CARDS,
SO PLEASE COMMUNICATE THE RULES AND GUIDELINES TO FRIENDS AND FAMILY.**



**JACQUIE ROAR FAN MAIL
ALL GOOD THINGS MUST COME TO AN END.
NOVEMBER 22nd will be the last day for fan mail.**

All fan mail must be attached to a kytic And received in the mailroom by 11/22/2024.

The OSP mailroom has set up a system for fan mail to be sent to Jacquie Roar. If you would like to participate, send your letters for Jacquie to the mailroom, and they will forward batches to her weekly or bi-weekly. Please keep your letters respectful, appropriate, and positive. It was a great honor for Jacquie to perform at OSP, and we hope she feels appreciated and welcome to return in the future. Thank you.



Art Gallery 2024

The Art program was founded in 2020 and since its inception, we have created several murals within the walls of OSP. Our mission is to bring communities together through art and imagination. This unique program provides the tools needed to assist others through community, team building, using resources, time managing, brainstorming skills, and most important, giving the ability to have a sense of pride once projects are completed.

The Art Program was proud to hold our annual Art Gallery on November 6, 2024. This event provided a space for artists to show and display their talent. We want to recognize the Lakota Club, who shared their beading talents. Thanks to the OSP administration for providing the space and materials to continue helping and building better outcomes for AICs at OSP.

We want to congratulate the following artists who won our Art contest:

Color Pencil

1st Shane Lewis
2nd Keith Jesperson
3rd Brian Hessel

Pen & Ink

1st Luis Mendoza Morales
2nd Miguel Mendoza Castro
3rd Rigoberto Maldonado

Origami

1st Gilbert Lane
2nd Carey Clifton

Graphite

1st Michael Noveron
2nd Marcus Jackson
3rd Omar Gomez

Airbrush

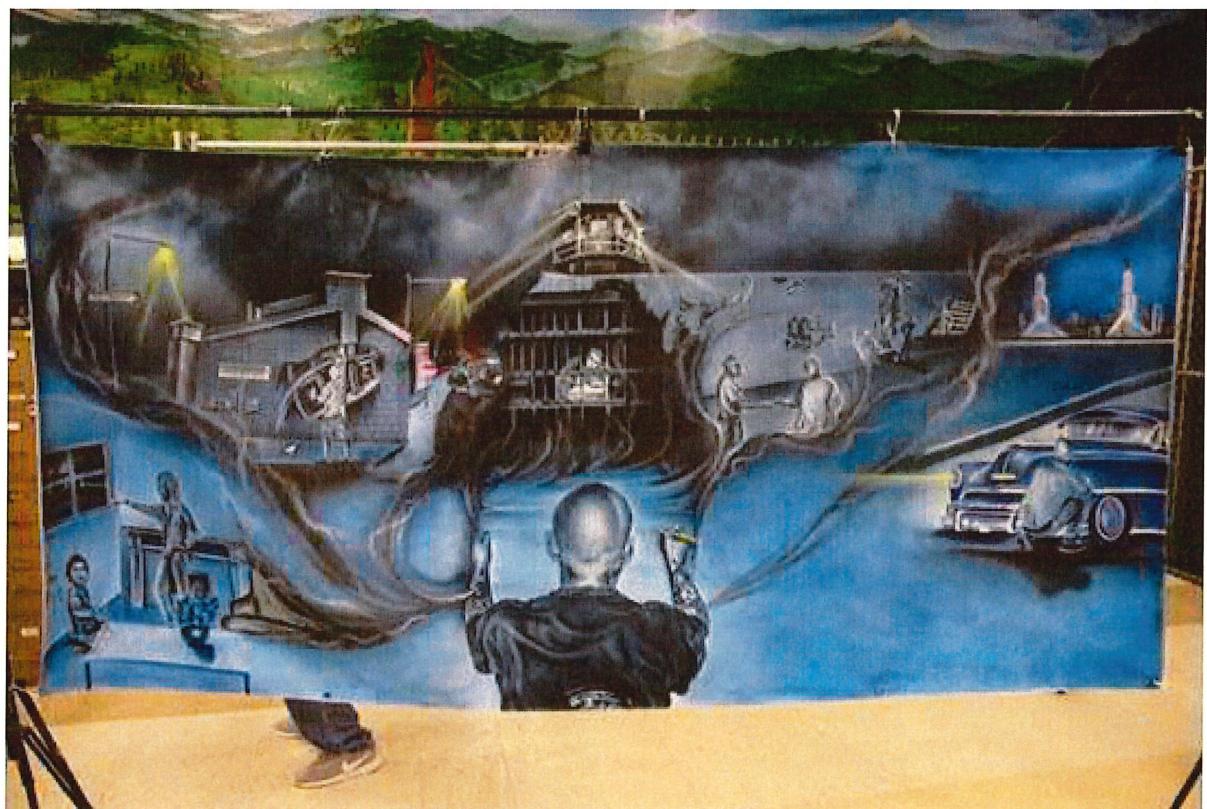
1st Daniel Bruynell
2nd Tenorio Emmanuel
3rd Ambriz Arguello

Paintbrush

1st Omar Gomez
2nd Michael Botting
3rd Bradley Monical

/s/ S. Lane/PIO on behalf of Miguel Mendoza-Castro/Art Club









ELECTRONIC HEALTH RECORDS (EHR)

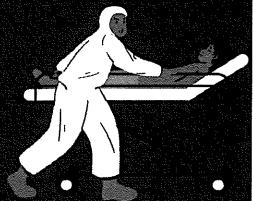
Coming Spring
2025

THE FOLLOWING ARE 5 EXAMPLES HOW THE EHR WILL HELP YOU AND YOUR
HEALTHCARE PROVIDERS IN YOUR HEALTHCARE JOURNEY

01

EMERGENCIES

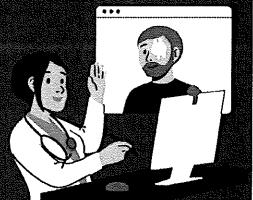
- THE EHR WILL HELP ALL YOUR HEALTHCARE PROVIDERS GET
IMPORTANT INFORMATION ABOUT YOUR HEALTH QUICKLY IN THE
EVENT OF AN EMERGENCY



02

HEALTH RECORDS REQUESTS

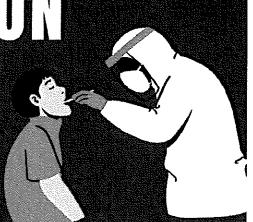
- ONCE ALL PAPER MEDICAL CHARTS ARE SCANNED, HEALTH RECORDS REQUESTS WILL TAKE LESS TIME TO FULFILL BECAUSE THE CHARTS WILL ALL BE DIGITAL
- MANY OUTSIDE PROVIDERS CAN RECEIVE AND SEND PATIENT HEALTH RECORDS THROUGH THE EHR SAVING THE EXTRA TIME IT TAKES TO MAIL OR FAX THE RECORDS



03

BARCODE MEDICATION ADMINISTRATION

- BARCODE SCANNERS WILL BE USED TO SCAN YOUR ID CARD AT MEDLINE WHICH PULLS UP YOUR MEDICATION RECORD IN THE EHR



04

CHART ACCURACY

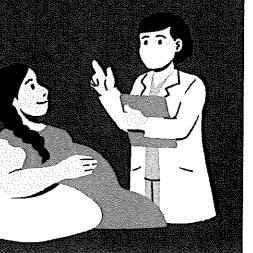
- ELECTRONIC CHART OPENED BY SID NUMBER OR BY
SCANNING PATIENT ID CARD



05

OUT OF FACILITY SCHEDULING

- EHR IMPROVES COORDINATION AND SCHEDULING OF
OUTSIDE APPOINTMENTS
- NEW WORKFLOW AND PROCESSES WILL MAKE IT LESS
LIKELY THAT OUTSIDE APPOINTMENTS ARE MISSED



*Do you have EHR
questions?*

**SEND A KYTE ADDRESSED TO:
ASK EHR**



REGISTROS MÉDICOS ELECTRÓNICOS (EHR)

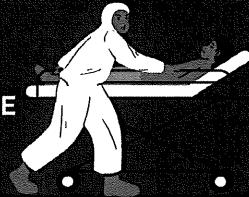
En la
primavera
de
2025

LOS SIGUIENTES SON 5 EJEMPLOS DE CÓMO EL EHR LE AYUDARÁ A USTED Y A SUS PROVEEDORES DE ATENCIÓN MÉDICA EN SU TRAYECTORIA DE ATENCIÓN MÉDICA

01

EMERGENCIAS

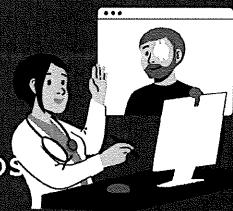
- EL EHR AYUDARÁ A TODOS SUS PROVEEDORES SANITARIOS A OBTENER INFORMACIÓN IMPORTANTE SOBRE SU SALUD RÁPIDAMENTE EN CASO DE UNA EMERGENCIA.



02

SOLICITUDES DE HISTORIALES MÉDICOS

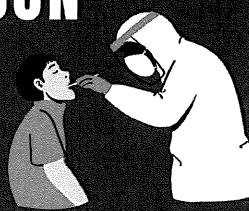
- UNA VEZ QUE SE HAYAN ESCANEADO TODOS LOS CUADROS MÉDICOS EN PAPEL, LAS SOLICITUDES DE REGISTROS MÉDICOS TOMARÁN MENOS TIEMPO PARA SER ATENDIDAS PORQUE TODOS LOS HISTORIALES SERÁN DIGITALES
- MUCHOS PROVEEDORES EXTERNOS PUEDEN RECIBIR Y ENVIAR REGISTROS MÉDICOS DE PACIENTES A TRAVÉS DEL EHR, AHORRÁNDOSE EL TIEMPO ADICIONAL QUE SE NECESITA PARA ENVIAR LOS REGISTROS POR CORREO O FAX.



03

ADMINISTRACIÓN DE MEDICAMENTOS CON CÓDIGO DE BARRAS

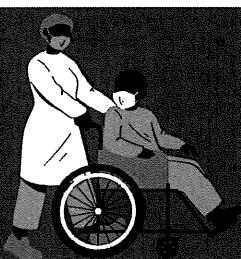
- LOS ESCANERES DE CÓDIGO DE BARRAS SE UTILIZARÁN PARA ESCANEAR SU TARJETA DE IDENTIFICACIÓN EN MEDLINE, LO QUE PONE EN LISTA SUS REGISTROS DE MEDICACIÓN



04

EXACTITUD DE LOS HISTORIALES

- HISTORIAL ELECTRÓNICO ABIERTO POR NÚMERO SID O ESCANEANDO LA TARJETA DE IDENTIFICACIÓN DEL PACIENTE



05

PROGRAMACIÓN DE CITAS FUERA DEL CENTRO

- EHR MEJORA LA COORDINACIÓN Y PROGRAMACIÓN DE CITAS EXTERNAS
- EL NUEVO FLUJO DE TRABAJO Y PROCESOS HARÁN QUE SEA MENOS PROBABLE QUE SE PIERDAN CITAS EXTERNAS.



*¿Tiene preguntas sobre su
historial clínico electrónico?*

**ENVIE UN KYTE DIRIGIDO A:
ASK EHR**



Mainline

		Week at a Glance								
		Monday 11/25/2024		Tuesday 11/26/2024		Wednesday 11/27/2024	Thursday 11/28/2024	Friday 11/29/2024	Saturday 11/30/2024	Sunday 12/1/2024
		BREAKFAST								
Week		Dry Cereal - 1.00 CP	Multigrain Hot Cereal - 1.00 CP	Dry Cereal - 1.00 CP	Canned Fruit - 0.50 CP	Farmhouse - 1.00 CP	Canned Fruit - 0.50 CP	Canned Fruit - 0.50 CP	Oatmeal - 1.00 CP	
1	Oatmeal - 1.00 CP	Canned Fruit - 0.50 CP	Fried Egg (Sfa,Chl) - 2.00 EA	Fried Egg (Sfa,Chl) - 1.00 EA	Ham & Cheese Scramble (Chl,Sfa) - 1.00 EA	Ham & Cheese Scramble (Chl,Sfa,Chl) - 1.00 EA	Scrambled Eggs (Sfa,Chl) - 0.33 CP	Scrambled Eggs (Sfa,Chl) - 0.33 CP	Fresh Fruit - 1.00 EA	
	Pancakes (Sod,Chl) - 3.00 EA	Refined Beans - 0.50 CP	Cheese Slice (Sfa,Chl) - 1.00 SLC	Poultry Sausage (Chl) - 0.75 CP	French Toast (Chl) - 2.00 SLC	Fried Potatoes - 0.75 CP	Poultry Sausage (Chl) - 1.00 EA	Poultry Sausage (Chl) - 1.00 EA	Hard Boiled Egg (Sfa,Chl) - 1.00 EA	
	Peanut Butter (Sfa) - 3.00 TBS	Maple Syrup - 2.00 FLOZ	English Muffin (Sfa,Chl) - 1.00 EA	Maple Syrup - 2.00 FLOZ	Maple Syrup - 2.00 EA	Fried Potatoes - 0.75 CP	Fried Potatoes - 0.75 CP	Fried Potatoes - 0.75 CP	Breakfast Pastry (Sfa,Chl) - 1.00 EA	
	Skin Milk - 16.00 FLOZ	Coffee - 8.00 FLOZ	White Flour Tortilla (Sfa) - 1.00 EA	Margarine (Sfa) - 1.00 TBS	Skim Milk - 16.00 FLOZ	Wheat Toast - 2.00 SLC	Jelly (Sug) - 2.00 TBS	Jelly (Sug) - 2.00 EA	Skim Milk - 16.00 FLOZ	
	Sugar PC - 2.00 EA	Sugar PC - 2.00 EA	Coffee - 8.00 FLOZ	Coffee - 8.00 FLOZ	Coffee - 8.00 EA	Margarine (Sfa) - 1.00 TBS	Margarine (Sfa) - 1.00 EA	Margarine (Sfa) - 1.00 EA	Coffee - 8.00 FLOZ	
			Sugar PC - 2.00 EA	Sugar PC - 2.00 EA	Sugar PC - 2.00 EA	Sugar PC - 2.00 EA	Sugar PC - 2.00 EA	Sugar PC - 2.00 EA	Sugar PC - 2.00 EA	
Week										
1	Tomato Soup (Sod) - 1.00 FLOZ	Coleslaw (Sod) - 0.75 CP	*Soup of the Day (Sod,Chl) - 10.00 FLOZ	Lettuce Salad - 1.00 CP	Lettuce Salad with Meat (Chl,Sfa) - 1.00 SV	*Soup of the Day (Sod,Chl) - 10.00 FLOZ	Lettuce Salad - 1.00 CP			
	Grilled Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 2.00 EA	*Barbeque Pork (Sod,Chl,Sfa) - 0.50 CP	Tuna Salad (Chl) - 0.50 CP	Salad Dressing (Sod) - 1 OZ	Salad Dressing (Sod,Chl) - 1.00 EA	*Meat & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA	Salad Dressing - 1.00 FLOZ			
	Broccoli - 0.75 CP	Macaroni & Cheese (Sfa,Sod,Chl) - 0.75 CP	Shredded Lettuce - 0.25 CP	Holiday Turkey (Chl) - 6 OZ	Seasoned Beans - 0.75 CP	Shredded Lettuce - 0.25 CP	Chicken Quarter (Chl,Sfa) - 1.00 EA			
	Chips - 1.00 BAG	Green Beans - 0.75 CP	Wheat Hoagie Roll - 1.00 EA	Poultry Gravy - 2.00 FLOZ	Shredded Cheese (Sfa,Chl) - 2.00 TBS	Poultry Gravy - 2.00 FLOZ				
	Fresh Fruit - 1.00 EA	Fresh Fruit - 1.00 EA	Blended Vegetables - 0.75 CP	Cranberry Sauce - 0.25 CP	Mashed Potatoes - 0.75 CP	Mashed Potatoes - 0.75 CP				
	Fortified Drink - 8.00 FLOZ	Fortified Drink - 8.00 FLOZ	Chips - 1.00 BAG	Stuffing (Sod) - 0.75 CP	Stuffing (Sod) - 0.75 CP	Mayo & Mustard (Sod) - 2.00 TBS				
			Fresh Fruit - 1.00 EA	Carrots - 0.75 CP	Carrots - 0.75 CP	Poultry Gravy - 2.00 FLOZ				
			Fortified Drink - 8.00 FLOZ	Wheat Dinner Roll - 1.00 EA	Wheat Dinner Roll - 1.00 EA	Wheat Dinner Roll - 1.00 EA				
				Margarine (Sfa) - 1.00 TBS	Margarine (Sfa) - 1.00 EA	Margarine (Sfa) - 1.00 EA				
				Pumpkin Pie 1.00 EA	Pumpkin Pie 1.00 EA	Pumpkin Pie 1.00 EA				
				Fortified Drink - 8.00 FLOZ	Fortified Drink - 8.00 FLOZ	Fortified Drink - 8.00 FLOZ				
Week										
1	Lettuce Salad - 1.00 CP	Lettuce Salad - 1.00 CP	*Soup of the Day (Sod,Chl) - 10.00 FLOZ	Lettuce Salad - 1.00 CP	Lettuce Salad with Meat (Chl,Sfa) - 1.00 SV	*Soup of the Day (Sod,Chl) - 10.00 FLOZ	Lettuce Salad - 1.00 CP			
	Salad Dressing (Sod) - 1.00 FLOZ	Salad Dressing - 1.00 FLOZ	Ranch Style Chili (Chl,Sfa) - 10.00 FLOZ	Salad Dressing - 1.00 FLOZ	Salad Dressing (Sod,Chl) - 10.00 FLOZ	Salad Dressing - 1.00 FLOZ	Salad Dressing - 1.00 FLOZ			
	Salsbury Steak (Chl,Sfa) - 1.00 EA	Chicken & Broccoli Casserole (Chl) - 1.25 CP	Baked Potato - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA			
	Mashed Potatoes - 0.75 CP	Carrots - 0.75 CP	Sour Cream (Sfa,Chl) - 2.00 TBS	Shredded Lettuce - 0.25 CP	Brown Rice - 0.75 CP	Brown Rice - 0.75 CP	Brown Rice - 0.75 CP			
	Beef Gravy - 2.00 FLOZ	Wheat Bread - 2.00 SLC	Green Beans - 0.75 CP	Mayo & Mustard (Sod) - 2.00 TBS	Cauliflower - 0.75 CP	Cauliflower - 0.75 CP	Cauliflower - 0.75 CP			
	Peas - 0.75 CP	Margarine (Sfa) - 1.00 TBS	Combread (Sod,Chl) - 1.00 EA	TBS - 8.00 FLOZ	Blended Vegetables - 0.75 CP	Blended Vegetables - 0.75 CP	Blended Vegetables - 0.75 CP			
	Wheat Dinner Roll - 1.00 EA	Pudding - 0.50 CP	Margarine (Sfa) - 1.00 TBS	Tea - 8.00 FLOZ	Chips - 1.00 BAG	Chips - 1.00 BAG	Chips - 1.00 BAG			
	Margarine (Sfa) - 1.00 TBS	Tea - 8.00 FLOZ	Tea - 8.00 EA	Tea - 8.00 EA	Fresh Fruit - 1.00 EA	Fresh Fruit - 1.00 EA	Fresh Fruit - 1.00 EA			
Week										
1	Lettuce Salad - 1.00 CP	Lettuce Salad - 1.00 CP	*Soup of the Day (Sod,Chl) - 10.00 FLOZ	Lettuce Salad - 1.00 CP	Lettuce Salad - 1.00 CP	*Soup of the Day (Sod,Chl) - 10.00 FLOZ	Lettuce Salad - 1.00 CP			
	Salad Dressing (Sod) - 1.00 FLOZ	Salad Dressing - 1.00 FLOZ	Ranch Style Chili (Chl,Sfa) - 10.00 FLOZ	Salad Dressing - 1.00 FLOZ	Salad Dressing - 1.00 FLOZ	Salad Dressing - 1.00 FLOZ	Salad Dressing - 1.00 FLOZ			
	Salsbury Steak (Chl,Sfa) - 1.00 EA	Chicken & Broccoli Casserole (Chl) - 1.25 CP	Baked Potato - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA	Beef Stew (Sod,Chl,Sfa) - 1.00 EA			
	Mashed Potatoes - 0.75 CP	Carrots - 0.75 CP	Sour Cream (Sfa,Chl) - 2.00 TBS	Shredded Lettuce - 0.25 CP	Brown Rice - 0.75 CP	Brown Rice - 0.75 CP	Brown Rice - 0.75 CP			
	Beef Gravy - 2.00 FLOZ	Wheat Bread - 2.00 SLC	Green Beans - 0.75 CP	Mayo & Mustard (Sod) - 2.00 TBS	Cauliflower - 0.75 CP	Cauliflower - 0.75 CP	Cauliflower - 0.75 CP			
	Peas - 0.75 CP	Margarine (Sfa) - 1.00 TBS	Combread (Sod,Chl) - 1.00 EA	TBS - 8.00 FLOZ	Blended Vegetables - 0.75 CP	Blended Vegetables - 0.75 CP	Blended Vegetables - 0.75 CP			
	Wheat Dinner Roll - 1.00 EA	Pudding - 0.50 CP	Margarine (Sfa) - 1.00 TBS	Tea - 8.00 EA	Chips - 1.00 BAG	Chips - 1.00 BAG	Chips - 1.00 BAG			
	Margarine (Sfa) - 1.00 TBS	Tea - 8.00 FLOZ	Tea - 8.00 EA	Tea - 8.00 EA	Fresh Fruit - 1.00 EA	Fresh Fruit - 1.00 EA	Fresh Fruit - 1.00 EA			

*Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.

*Contains or may contain pork.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol

Sug = High Sugar

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NOVEMBER 2024

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
27-Oct	D/E/C	28-Oct	C/D/E	29-Oct	E/C/D	30-Oct	D/E/C	31-Oct	C/D/E	1	E/C/D	2	D/E/C
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E
3	C/D/E	4	E/C/D	5	D/E/C	6	C/D/E	7	E/C/D	8	D/E/C	9	C/D/E
AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E
PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D
EVE	D	EVE	C/E	EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D
10	E/C/D	11	D/E/C	12	C/D/E	13	E/C/D	14	D/E/C	15	C/D/E	16	E/C/D
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM
17	D/E/C	18	C/D/E	19	E/C/D	20	D/E/C	21	C/D/E	22	E/C/D	23	D/E/C
AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E
PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D
EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E
24	C/D/E	25	E/C/D	26	D/E/C	27	C/D/E	28	E/C/D	29	D/E/C	30	C/D/E
AM	D	AM	C/E	AM	MAINLINE SHOWERS	AM	C/E	AM	D	AM	MAINLINE SHOWERS	AM	D
PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E	PM	D	PM	C/E
EVE	D	EVE	C/DORM	EVE	E	EVE	D	EVE	C/DORM	EVE	E	EVE	D
THANKSGIVING													

Morning Yard - 7:45am to 9:45am
 Afternoon Yard - 1:00pm to 3:30pm
 Evening Activities (Barn) 7:00p.m to 9:00pm