

Coffee Talk

November 2024

Superintendent: N. Brown

Editor: J. Roy



What's New at The Creek?

LOCC invites the Oregon Reptile Man to Coffee Creek

On Saturday, November 9th, LOCC hosted a visit from the Oregon Reptile Man at the Coffee Creek Chapel.

Otherwise known as Richard Ritchey, the Reptile Man has spent a lifetime studying, learning and teaching about reptiles from around the world.

Mr. Ritchey brought about 15 different species of snakes, lizards, and various reptiles into the facility and shared their stories with our residents.

Attendees were treated with the privilege of getting up close and personal with these amazing animals.

Amongst the species on display were:

A King Cobra, 2 alligators and a baby crocodile, (so cute!), a Blue-Tongued Skink, Gaboon Viper, Western Diamondback Rattlesnake, (one angry little guy!), a Burmese Python, Monitor Lizard, Hognose Snake, Gila Monster, Snapping Turtle, Water Moccasin, a Carpet Python, and a tortoise with some, um, issues...





The Burmese Python was quite a handful, (handfuls? handful?)



Who says King Cobras aren't cuddly?

Lizards need love too.



Baby alligators are about as cute as they come.



When ya gotta go, ya gotta go!

Thanksgiving is November 28th this year.



Thanksgiving Day, is an annual national holiday in the United States and Canada, celebrating the harvest and other blessings of the past year.

Americans generally believe that their Thanksgiving is modeled on a 1621 harvest feast shared by the English colonists (Pilgrims) of Plymouth and the Wampanoag people. The American holiday is particularly rich in legend and symbolism, and the traditional fare of the Thanksgiving meal typically includes turkey, bread stuffing, potatoes, cranberries, and pumpkin pie. With respect to vehicular travel, the holiday is often the busiest of the year, as family members gather with one another.

Plymouth's Thanksgiving began with a few colonists going out "fowling," possibly for turkeys but more probably for the easier prey of geese and ducks, since they "in one day killed as much as...served the company almost a week." Next, 90 or so Wampanoag made a surprise appearance at the settlement's gate, doubtlessly unnerving the 50 or so colonists. Nevertheless, over the next few days the two groups socialized without incident. The Wampanoag contributed venison to the feast, which included the fowl and probably fish, eels, shellfish, stews, and vegetables.. Since Plymouth had few buildings and manufactured goods, most people ate outside while sitting on the ground or on barrels with plates on their laps. The men fired guns and ran races. Struggling to speak in broken English and Wampanoag, this was a rather disorderly affair, but it sealed a treaty between the two groups that lasted until King Philip's War (1675–76), in which hundreds of colonists and thousands of Native Americans lost their lives.

The New England colonists were accustomed to regularly celebrating "Thanksgivings", days of prayer thanking God for blessings such as military victory or the end of a drought. The U.S. Continental Congress proclaimed a national Thanksgiving upon the enactment of the Constitution, for example. Yet, after 1798, the new U.S. Congress left Thanksgiving declarations to the states; some objected to the national government's involvement in a religious observance, Southerners were slow to adopt a New England custom, and others took offense over the day's being used to hold partisan speeches and parades. A national Thanksgiving Day seemed more like a lightning rod for controversy than a unifying force.

Thanksgiving Day did not become an official holiday until Northerners dominated the federal government. While sectional tensions prevailed in the mid-19th century, the editor of the popular magazine *Godey's Lady's Book*, Sarah Josepha Hale, campaigned for a national Thanksgiving Day to promote unity. She finally won the support of President Abraham Lincoln. On October 3, 1863, during the Civil War, Lincoln proclaimed a national day of thanksgiving to be celebrated on Thursday, November 26.

The holiday was annually proclaimed by every president thereafter, and the date chosen, with few exceptions, was the last Thursday in November. President Franklin D. Roosevelt, however, attempted to extend the Christmas shopping season, which generally begins with the Thanksgiving holiday, and

to boost the economy by moving the date back a week, to the third week in November. But not all states complied, and, after a joint resolution of Congress in 1941, Roosevelt issued a proclamation in 1942 designating the fourth Thursday in November (which is not always the last Thursday) as Thanksgiving Day.

As the country became more urban and family members began to live farther apart, Thanksgiving became a time to gather together. The holiday moved away from its religious roots to allow immigrants of every background to participate in a common tradition. Thanksgiving Day football games, beginning with Yale versus Princeton in 1876, enabled fans to add some rowdiness to the holiday. In the late 1800s parades of costumed revelers became common. In 1920 Gimbel's department store in Philadelphia staged a parade of about 50 people with Santa Claus at the rear of the procession. Since 1924 the annual Macy's parade in New York City has continued the tradition, with huge balloons since 1927. The holiday associated with Pilgrims and Native Americans has come to symbolize intercultural peace, America's opportunity for newcomers, and the sanctity of home and family.

There are always two sides to every story.

Unfortunately, when it comes to the history of Thanksgiving, generations of Americans have been taught a one-sided history in homes and schools.

The dominant cultural and historical story has been told from the perspective of the European colonialists who landed near Plymouth Rock in Massachusetts in 1620. In this version of the Thanksgiving story, the holiday commemorates the peaceful, friendly meeting of English settlers and the Wampanoag tribe for three days of feasting and Thanksgiving in 1621.

Every year, news outlets and social media are a-buzz with Thanksgiving themes.

There is little coverage of the fact that November is Native American Heritage Month or that the day after Thanksgiving, known to most as Black Friday, is **Native American Heritage Day**.



ANOTHER HISTORY OF THANKSGIVING

The mainstream version of the Thanksgiving story paints a picture of courageous Christian settlers braving the perils of the New World and, with the help of some friendly Natives, finding a way to make a new life for themselves.

Most children are only taught this brief snapshot of American History, which leaves a frozen memory of peace and generosity. However, in a short time after these Thanksgiving events, circumstances and relationships between the European settlers and the Native American tribes drastically changed.

Here's a look at some reasons why Thanksgiving is a complex holiday that all Americans should approach with greater sensitivity.

WHY THANKSGIVING IS ALSO A NATIONAL DAY OF MOURNING

It's important to know that for many Native Americans, Thanksgiving is a day of mourning and protest since it commemorates the arrival of settlers in North America and the years of oppression that followed.

Organized by the United American Indians of New England in 1970, the fourth Thursday in November (Thanksgiving) is recognized as the National Day of Mourning for Native Americans and their allies.

Many people gather at Cole's Hill in Plymouth for an organized rally and day of mourning on Thanksgiving

Some Native Americans mourn publicly and openly, while some choose to refrain from participating in this national holiday.

THANKSGIVING IS ALREADY A WAY OF LIFE FOR NATIVE AMERICANS

While some Native Americans have chosen to reject the Thanksgiving holiday entirely, many embrace the positive messages of the day and choose to put aside thoughts about its complex history. This is because the idea of giving thanks is central to Native heritage and culture.

In this way, Thanksgiving is simply a chance to appreciate the good things in life, like family, community, and the riches of the land. Long before settlers arrived, Native tribes celebrated the autumn harvest and the gift of Mother Earth's abundance. Native American spirituality, traditionally and today, emphasizes gratitude for creation, care for the environment, and recognition of the human need for communion with nature and others.

Thanksgiving as a holiday originates from the Native American philosophy of giving without expecting anything in return. In the first celebration of this holiday, the Wampanoag tribe provided not only the food for the feast but also the teachings of agriculture and hunting (corn, beans, wild rice, and turkey are some specific examples of foods introduced by Native Americans).

Now, regardless of the day's ambiguous origin, many Native Americans will gather with friends and family and use the day to eat good food (many of the classic Thanksgiving dishes are inspired by indigenous foods) and give thanks.

Steven Peters, a Wampanoag Tribe spokesman, was asked about his views on Thanksgiving and the fact that most people still gather to eat turkey and give thanks. Here's what he had to say:

"I think it's great. My ancestors had four harvest festivals throughout the year. Gathering with family, enjoying our company, sharing our blessings, and giving thanks for all that we have is a good thing. I say have more thanksgiving events throughout the year. I also ask that you take a moment in that day to remember what happened to my people and the history as it was recorded and not the narrative that we had been given in the history books."

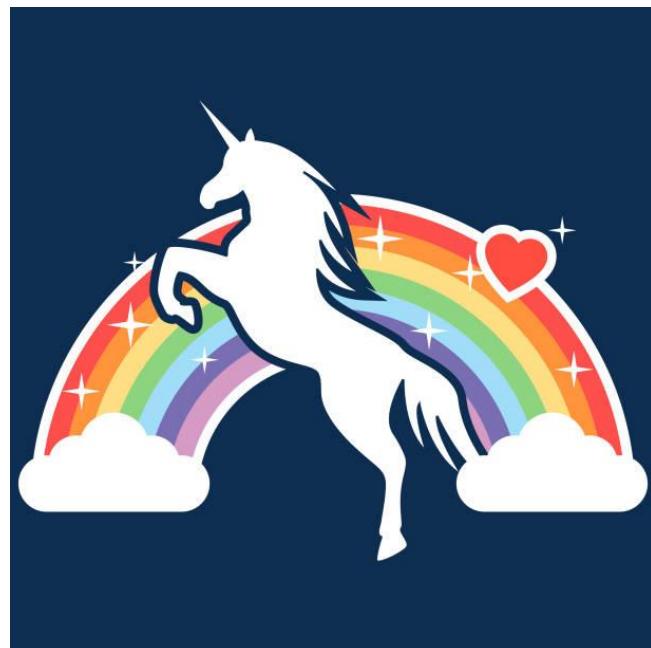
WHAT IS THE REAL MEANING OF THANKSGIVING?

As we gather this Thanksgiving, we wish the hearts of all people, Native and non-Native, are filled with hope and healing. Together, let's pledge to dismantle the physical, economic, educational, psychological, and spiritual barriers that divide and oppress us.

Thanksgiving and Native American Heritage Day allow us to reflect on our collective history and celebrate the beauty, strength, and resilience of the Native tribes of North America.

Affirmations: Because we all could use a lift

1. I am successful.
2. I am confident.
3. I am powerful.
4. I am strong.
5. I am getting better and better every day.
6. All I need is within me right now.
7. I am an unstoppable force of nature.
8. I am having a positive and inspiring impact on the people I come into contact with.
9. I am inspiring people through my work.
10. I'm rising above the thoughts that are trying to make me angry or afraid.
11. Today is a phenomenal day.
12. I am turning DOWN the volume of negativity in my life, while simultaneously turning UP the volume of positivity.



13. I am filled with focus.
14. I am not pushed by my problems; I am led by my dreams.
15. I am grateful for everything I have in my life.
16. I am independent and self-sufficient.
17. I can be whatever I want to be.
18. I am not defined by my past; I am driven by my future.
19. I use obstacles to motivate me to learn and grow.
20. Today will be a productive day.
21. I am intelligent and focused.
22. I feel more grateful each day.
23. I am getting healthier every day.
24. Each and every day, I am getting closer to achieving my goals.
25. Through the power of my thoughts and words, incredible transformations are happening in me and within my life right now.
26. I am constantly growing and evolving into a better person.
27. I'm freeing myself from all destructive doubt and fear.
28. I accept myself for who I am and create peace, power and confidence of mind and of heart.
29. I am going to forgive myself and free myself. I deserve to forgive and be forgiven.
30. I am healing and strengthening every day.
31. I've made it through hard times before, and I've come out stronger and better because of them.
I'm going to make it through this.
32. I do not waste away a single day of my life. I squeeze every ounce of value out of each of my days on this planet—today, tomorrow, and every day.
33. I must remember the incredible power I possess within me to achieve anything I desire.
34. I do not engage with people who try to penetrate my mind with unhelpful thoughts and ideas—I walk away when a person or a situation isn't healthy for me.
35. I belong in this world; there are people that care about me and my worth.
36. My past might be ugly, but I am still beautiful.
37. I have made mistakes, but I will not let them define me.
38. My soul radiates from the inside and warms the souls of others.
39. I don't compare myself to others. The only person I compare myself to is the person I was yesterday. And as long as the person I am today is even the tiniest bit better than the person I was yesterday—I'm meeting my own definition of success.
40. Note to self: I am going to make you so proud.
41. I finish what matters and let go of what does not.
42. I feed my spirit. I train my body. I focus my mind. This is my time.
43. My life has meaning. What I do has meaning. My actions are meaningful and inspiring.
44. What I have done today was the best I was able to do today. And for that, I am thankful.
45. One small positive thought in the morning can change my whole day. So, today I rise with a powerful thought to set the tone and allow success to reverberate through every moment of my day.
46. I set goals and go after them with all the determination I can muster. When I do this, my own skills and talents will take me to places that amaze me.
47. Happiness is a choice, and today I choose to be happy.
48. I am enough: You have everything you need for happiness, confidence, and self-esteem.

49. I am in charge of how I feel: Today I choose positivity.
50. I am confident in myself and my abilities: My talents make me valuable and unique.
51. I am capable: I am smart, strong, and capable.
52. I believe in myself: Whether you believe it or not, it still works.
53. I am the architect of my destiny: I create my own opportunities.
54. I am a magnet for success and abundance: I attract positivity and repel negativity.
55. I am worthy of love: I am loved and able to give profound love.
56. I am proud of myself: I will continue to strive to do well.
57. I am resilient, strong, and brave: I trust in the process of life and let go of worries





ELECTRONIC HEALTH RECORDS (EHR)

Coming Spring 2025

THE FOLLOWING ARE 5 EXAMPLES HOW THE EHR WILL HELP YOU AND YOUR
HEALTHCARE PROVIDERS IN YOUR HEALTHCARE JOURNEY

01

EMERGENCIES

- THE EHR WILL HELP ALL YOUR HEALTHCARE PROVIDERS GET
IMPORTANT INFORMATION ABOUT YOUR HEALTH QUICKLY IN THE
EVENT OF AN EMERGENCY



02

HEALTH RECORDS REQUESTS

- ONCE ALL PAPER MEDICAL CHARTS ARE SCANNED, HEALTH RECORDS REQUESTS WILL TAKE LESS TIME TO FULFILL BECAUSE THE CHARTS WILL ALL BE DIGITAL
- MANY OUTSIDE PROVIDERS CAN RECEIVE AND SEND PATIENT HEALTH RECORDS THROUGH THE EHR SAVING THE EXTRA TIME IT TAKES TO MAIL OR FAX THE RECORDS



03

BARCODE MEDICATION ADMINISTRATION

- BARCODE SCANNERS WILL BE USED TO SCAN YOUR ID CARD AT MEDLINE WHICH PULLS UP YOUR MEDICATION RECORD IN THE EHR



04

CHART ACCURACY

- ELECTRONIC CHART OPENED BY SID NUMBER OR BY SCANNING PATIENT ID CARD



05

OUT OF FACILITY SCHEDULING

- EHR IMPROVES COORDINATION AND SCHEDULING OF OUTSIDE APPOINTMENTS
- NEW WORKFLOW AND PROCESSES WILL MAKE IT LESS LIKELY THAT OUTSIDE APPOINTMENTS ARE MISSED



*Do you have EHR
questions?*

**SEND A KYTE ADDRESSED TO:
ASK EHR**



REGISTROS MÉDICOS ELECTRÓNICOS (EHR)

En la
primavera
de
2025

LOS SIGUIENTES SON 5 EJEMPLOS DE CÓMO EL EHR LE AYUDARÁ A USTED Y A SUS PROVEEDORES DE ATENCIÓN MÉDICA EN SU TRAYECTORIA DE ATENCIÓN MÉDICA

01

EMERGENCIAS

- EL EHR AYUDARÁ A TODOS SUS PROVEEDORES SANITARIOS A OBTENER INFORMACIÓN IMPORTANTE SOBRE SU SALUD RÁPIDAMENTE EN CASO DE UNA EMERGENCIA.



02

SOLICITUDES DE HISTORIALES MÉDICOS

- UNA VEZ QUE SE HAYAN ESCANEADO TODOS LOS CUADROS MÉDICOS EN PAPEL, LAS SOLICITUDES DE REGISTROS MÉDICOS TOMARÁN MENOS TIEMPO PARA SER ATENDIDAS PORQUE TODOS LOS HISTORIALES SERÁN DIGITALES
- MUCHOS PROVEEDORES EXTERNOS PUEDEN RECIBIR Y ENVIAR REGISTROS MÉDICOS DE PACIENTES A TRAVÉS DEL EHR, AHORRÁNDOSE EL TIEMPO ADICIONAL QUE SE NECESITA PARA ENVIAR LOS REGISTROS POR CORREO O FAX.



03

ADMINISTRACIÓN DE MEDICAMENTOS CON CÓDIGO DE BARRAS

- LOS ESCANERES DE CODIGO DE BARRAS SE UTILIZARAN PARA ESCANEAR SU TARJETA DE IDENTIFICACION EN MEDLINE, LO QUE PONE EN LISTA SUS REGISTROS DE MEDICACION



04

EXACTITUD DE LOS HISTORIALES

- HISTORIAL ELECTRÓNICO ABIERTO POR NÚMERO SID O ESCANEANDO LA TARJETA DE IDENTIFICACIÓN DEL PACIENTE



05

PROGRAMACIÓN DE CITAS FUERA DEL CENTRO

- EHR MEJORA LA COORDINACIÓN Y PROGRAMACIÓN DE CITAS EXTERNAS
- EL NUEVO FLUJO DE TRABAJO Y PROCESOS HARÁN QUE SEA MENOS PROBABLE QUE SE PIERDAN CITAS EXTERNAS.



¿Tiene preguntas sobre su
historial clínico electrónico?

ENVIE UN KYTE DIRIGIDO A:
ASK EHR

PRAS Revisions FAQ

What's Happening with PRAS Changes?

In 2014, a petition was made to change the PRAS (Performance Recognition Award System) so that awards adjust with cost-of-living changes. The petition had good ideas but was too complicated to handle quickly. So, the Department created a group to look at these ideas and other concerns from people in custody and their families. These included points assigned for work and programming, as well as improving the work history letter you receive at release.

Good News:

The Department's Executive Team approved changes based on this group's recommendations. These changes will fix some problems with the PRAS rules and make it more consistent. The goal is to improve the system without taking away benefits.

There have been delays because of limited resources, developing new systems, and COVID-19. But work has been going on, and progress has been made. In January 2024, the PRAS system was updated with new tiers and a 25% increase in awards.

What's Changing Now?

By August 2024, new names for work assignments have been set up to show the point levels clearly. This will make it easier to compare positions across different facilities. The process of updating current work assignments to these new names started in mid-February and should be done by December 2024.

What Does This Mean for You?

- Most work assignments will just have a new name, but some may see changes in point levels.
- If your point level changes, the department will keep your current level as long as you stay in the same position.
- If you transfer or leave because of discipline, you'll get the new point level system.
- If you leave for court or medical reasons, your position may be held open. If you don't return in time, you'll start with the new point levels when you get back.

Most people will keep their current point level or get an increase. A catalog of positions and point levels will be available by the end of the year. Thanks for your patience as we make these improvements!

Preguntas frecuentes sobre revisiones de PRAS

¿Qué está pasando con los cambios de PRAS?

En 2014, se presentó una petición para cambiar el PRAS (Sistema de premios de reconocimiento al desempeño) para que los premios se ajusten a los cambios en el costo de vida. La petición tenía buenas ideas pero era demasiado complicada para manejarla rápidamente. Entonces, el Departamento creó un grupo para analizar estas ideas y otras preocupaciones de las personas bajo custodia y sus familias. Estos incluyeron puntos asignados por trabajo y programación, además de mejorar la carta de historial laboral que recibe al momento de su liberación.

Buenas noticias:

El Equipo Ejecutivo del Departamento aprobó cambios basados en las recomendaciones de este grupo. Estos cambios solucionarán algunos problemas con las reglas PRAS y las harán más consistentes. El objetivo es mejorar el sistema sin quitar beneficios.

Ha habido retrasos debido a recursos limitados, el desarrollo de nuevos sistemas y COVID-19. Pero se ha seguido trabajando y se han logrado avances. En enero de 2024, el sistema PRAS se actualizó con nuevos niveles y un aumento del 25 % en las adjudicaciones.

¿Qué está cambiando ahora?

Para agosto de 2024, se configurarán nuevos nombres para las asignaciones de trabajo para mostrar claramente los niveles de puntos. Esto facilitará la comparación de posiciones entre diferentes instalaciones. El proceso de actualización de las asignaciones de trabajo actuales a estos nuevos nombres comenzó a mediados de febrero y debería finalizar en diciembre de 2024.

¿Qué significa esto para usted?

- La mayoría de las asignaciones de trabajo solo tendrán un nombre nuevo, pero algunas pueden ver cambios en los niveles de puntos.
- Si su nivel de puntos cambia, el departamento mantendrá su nivel actual mientras usted permanezca en la misma posición.
- Si te transfieres o te vas por motivos disciplinarios, obtendrás el nuevo sistema de niveles de puntos.
- Si usted se retira por razones médicas o judiciales, su puesto puede mantenerse vacante. Si no regresa a tiempo, comenzará con los nuevos niveles de puntos cuando regrese.

La mayoría de las personas mantendrán su nivel de puntos actual o obtendrán un aumento. Un catálogo de puestos y niveles de puntos estará disponible a finales de año. ¡Gracias por su paciencia mientras realizamos estas mejoras!



Oregon

Tina Kotek, Governor

Oregon Department of Corrections

Operations Division

3723 Fairview Industrial Drive SE.

Suite 200

Salem, OR 97302

Voice: (503) 945-9090



Date: November 1, 2024

To: All Adults in Custody (AICs)

From: Josh Highberger, Assistant Director of Operations

Subject: 2024 Holiday Period

The 2024 Holiday Period begins Monday, December 2, and goes through Friday, January 3, 2025. During this time, for AICs with DOC debt and external obligations, the following parameters will be in place:

DOC Debt and External Obligations

- DOC debt (*examples: disciplinary fines, copy, and postage debt*) will be collected through Wednesday, November 27, 2024, prior to the start of the Holiday Period.
- During the Holiday Period, Central Trust will not collect existing DOC debt.
- External obligations (non-DOC debt) such as court filing fees (County / U.S. Court), garnishment orders, and Court-Ordered Financial Obligations (COFOs) will continue to be collected as DOC does not have the authority to suspend statutory collections.
- At the conclusion of the 2024 Holiday Period, on Friday, January 3, 2025, any funds remaining in the General Spending Trust Account of AICs with DOC debt will be collected in accordance with OAR 291 Div. 158-0065(d).

Spending Funds During the Holiday Period

- Commissary spending limits will be doubled.
- AICs who have DOC debt may spend funds during the 2024 Holiday period from their General Spending Trust Account for the following: postage, copies, institution club & DOC activities, DOC programs, phone transfers, and commissary items.
- AICs with DOC debt cannot make external purchases or disbursements from their General Spending Trust Account during the 2024 Holiday Period.
- AICs should plan accordingly when submitting financial requests, such as commissary orders and Request for Withdrawal of Funds (CD28 or CD28P).

Other Considerations

- All plans are subject to staffing, and AIC commissary worker / supply chain availability.
- Transitional Savings deductions will continue to take place in accordance with ORS 423.105

The Holiday Period occurs at the discretion of the Assistant Director of Operations in accordance with OAR 291 Div. 158-0065(d). AICs with questions may submit an AIC communication to Business Services (*electronic option available on the tablet*).



COFFEE CREEK CORRECTIONAL FACILITY
MS. APRIL
FAMILY ADVOCATE

MEDIUM ONLY

KYTE FOR SERVICES – NO DROP INS
APPLICATIONS AVAILABLE IN THE LAW LIBRARY
PREFERENCE TO OPEN DHS CASES

The purpose of the Family Advocate is to provide advocacy to adults in custody looking to build positive and meaningful involvement in their children's lives.

The Family Advocate works as a liaison for AIC's involved with DHS or other juvenile systems and offers support through difficulties involving custody, parenting time, and/or caregiver relations regarding their minor children.

Ms. APRIL, FAMILY ADVOCATE, CCCF

CRAFT PROGRAM REMINDERS – **Updated**

We have recently been advised that some of the companies supplying craft items will no longer honor expired coupons, therefore, to avoid any delays or items not being filled please be sure the only coupons used are current.

Don't forget that you **MUST** place an order every six months, otherwise you will be contacted to turn in your craft box and dispose of (i.e. mail out at your expense, have picked up or hot trashed through Life Skills) all remaining supplies. It is your responsibility to keep track of this. If you place an order and it is canceled, returned, refunded or otherwise not received due to circumstances out of **YOUR** control, it will still count as making an order.

Remember that all orders **MUST** be received by the **Medium Life Skills Department** no later than the 15th of each month. Please keep in mind that it can take several days for the mailroom to get your orders to us so send early. We will **NOT** submit the orders to the Business Office any sooner than the 15th of the month.

Thank You!

PHOTOGRAPHY FAQS

THE LIFE OF A PHOTOGRAPH

"I took a photo at my Unit's photography session on Monday. Why haven't I gotten it yet?"

Let's take a look at the life of a photograph, from taking it, to receiving the finished product in your hands.

1. Unit Photography day arrives and your friendly photographer takes your picture. Your photo and paperwork are then placed in a clear envelope to be placed into the J/K bubble until next picture day or pick-up day later that week.
2. Unit photos are picked up from the J/K bubble in the morning at the first of each week and brought back into the Lifeskills Office. At this point your photo was taken up to 7 days ago.
3. The Photography Coordinator reviews the SD cards holding the photos, which takes 1 – 2 days.
4. SD cards are then given to the Photography Clerk, who separates paper orders and readies CD28s to go to Business Office. CD28s are entered into a database and packaged to take to Central Trust. This takes 1 – 2 days.
5. CD28s are processed at Central Trust and returned to the Lifeskills office. This can take from 4 to 14 days.
6. CD28s are placed back on the Photographer Clerk's desk, and can be checked off against her hard copy. Non-sufficient Funds returns are separated and their orders are pulled to the side to be processed separately.
7. Pre-printed photos can now be matched with successful CD28s, taped up, sorted by units, and filed in our mailbox to go to you. This can take 1-2 days.
8. Mail is taken to each unit's officer, to be passed out as security and convenience makes possible. This can take a varying amount of time, depending upon the unit and the officer.
9. This puts the photos you have taken on your desk, anywhere from 10 to 28 business days from the day that you posed for them!



AICs are not allowed to enter the Programs Building (D-Building) in Minimum without being on call out or without specific direction from staff. This has always been the practice and because of an increased number of AICs failing to follow this practice, we are providing this reminder. Failure to adhere to this expectation will result in progressive discipline.



AIC Newsletter Article – 2022

[Prison Rape Elimination Act \(PREA Information\)](#)

The Oregon Department of Corrections (ODOC) has a zero tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by making a language selection, then dialing 91 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Constituent Services Office
900 Court Street NE, Suite 254
Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous.

The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Opposite Gender Viewing/Announcements

Opposite gender staff announcement themselves when entering a housing unit by ringing a bell. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit then there is not needed to re-announce). When you hear the doorbell, opposite gender staff will be entering the housing unit so please make sure you are covered up appropriately.

It is also important you undress in the appropriate locations. If you are located in a bunk area, there are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments. Opposite gender viewing may happen incidentally when staff are conducting routine cell checks. You can minimize this by keeping aware of the gender of supervision in your housing unit and ensuring you cover up when possible.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs.

AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by making a language selection, entering your AIC PIN, then press 0*711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail. All advocacy calls are not monitored or recorded.

Advocates provide confidential support and crisis intervention, inform you about the investigation and medical examination process, educate you about healing from sexual abuse and offer resources and referrals

Advocates will not tell you what to do, communicate with the institution unless you request them to do so and sign a release and will not provide legal advice.

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.

Just Detention International Headquarters is a national advocacy resource and can be reached at:

3325 Wilshire Blvd., Suite 340

Los Angeles, CA 90010

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

E. Sage, PREA Coordinator

Oregon Department of Corrections

3601 State Street

Salem, Oregon 97301

February 22, 2022



Artículo Boletín AIC – 2022

Ley de Eliminación de Violaciones en Prisión (Información PREA)

El Departamento Correccional de Oregon (ODOC) tiene cero tolerancias para el abuso sexual, el acoso sexual, y las represalias por denunciar un incidente. Puede informar en persona a cualquier miembro personal a través de una comunicación de AIC (adulto bajo custodia) o a través del sistema de quejas. Puede llamar a la línea directa de PREA, seleccionar el idioma y luego marcar 91 de cualquier teléfono de AIC.

Presentación de un informe PREA anónimo

Si no está seguro de presentar una acusación ante PREA, puede presentar un informe anónimo con una agencia externa.

Puede escribir a:

Governor's Constituent Services Office

900 Court Street NE, Suite 254

Salem, Oregon 97301

Por favor indique al comienzo de su carta, que está presentando una denuncia ante PREA y quiere permanecer anónimo. La Oficina del Gobernador remitirá todas las denuncias anónimas al Coordinador de PREA para garantizar que se complete una investigación basada en la información proporcionada.

Visualización/Anuncios de género opuesto

El personal del género opuesto se anunciará cuando ingresa a una unidad de vivienda, tocando un timbre. Esto debe hacerse cada vez que cambie el statu quo de la supervisión de género en una unidad de vivienda (si ya hay un miembro del personal del sexo opuesto en la unidad, entonces no es necesario volver a anunciar). Cuando escuche el timbre, el personal del sexo opuesto estará ingresando a la unidad de vivienda, así que asegúrese de estar cubierto adecuadamente.

También es importante que se desnude en los lugares apropiados. Si se encuentra en un área de literas, hay cámaras en toda la instalación. Existen áreas designadas para cambiarse, el baño es la única área en la que puede estar sin ropa interior. La visualización de sexo opuesto puede ocurrir incidentalmente cuando el personal realiza controles de celda de rutina. Puede minimizar esto siendo consciente del género de la supervisión en su unidad de vivienda y asegurándose de cubrirse cuando sea posible.

Programa de defensa (apoyo) basado en la comunidad PREA

ODOC se ha asociado con defensores confidenciales basados en la comunidad de víctimas de abuso sexual para brindar servicios a los AIC.

Los AIC en ODOC que han pasado por abuso sexual pueden comunicarse con un defensor comunitario seleccionando un idioma, ingresando su PIN de AIC, luego presionando 0*711 sistemas telefónicos. También pueden solicitar una llamada privada a través del Gerente de Cumplimiento de PREA en la instalación. Los defensores brindan a las víctimas de abuso sexual información sobre sus opciones, recursos, y apoyo emocional. No hay ningún cargo por las llamadas a los defensores.

La línea de crisis de defensa basada en la comunidad es para personas que necesitan ayuda acerca de los problemas relacionados con el abuso sexual y no debe usarse para otros fines.

Las llamadas telefónicas y el correo con los centros de defensa basados en la comunidad se consideran comunicaciones privilegiadas y se manejarán de manera similar a las llamadas legales/correo oficial. Todas las llamadas de defensa no son monitoreadas ni grabadas.

Los defensores brindan apoyo confidencial e intervención en crisis, le informaran sobre la investigación y el proceso del examen médico, lo educaran sobre cómo curarse del abuso sexual y ofrecen recursos y referencias.

Los defensores no le dirán qué hacer, no se comunicarán con la institución a menos de que usted les solicite que lo hagan y firmen un comunicado. No le brindarán asesoramiento legal.

Los centros de defensa basados en la comunidad brindaran apoyo en caso de abuso sexual a personas de todos los géneros.

Los defensores comunitarios no informarán a nadie a menos de que usted les solicite que lo hagan y si usted firma una divulgación de información.

La sede internacional de Just Detención (Just Detention International Headquarters) es un recurso de defensa nacional y se puede contactar en:

3325 Wilshire Blvd., Suite 340

Los Angeles, CA 90010

Si tiene cualquier pregunta sobre PREA, puede preguntarle a un miembro del personal, escribir al Gerente de Cumplimiento de PREA en su institución, o puede escribir a:

E. Sage, PREA Coordinator

Oregon Department of Corrections

3601 State Street

Salem, Oregon 97301

Febrero 22, 2022



**JUST SO YOU KNOW...
NOW THAT THE COFFEE
TALK HAS GONE 100%**

DIGITAL ON THE TABLETS, IF FOR SOME REASON YOU WOULD LIKE/NEED A PAPER COPY. SIMPLY KYTE LIFESKILLS AND REQUEST ONE.

BLACK AND WHITE ONLY PLEASE.