



OSP Executive Management Team

CORRECTIONAL REHABILITATION



Correctional Counselor Caseloads

Due to unforeseen circumstances, the Correctional Rehabilitation unit is experiencing staffing shortages that may delay communication and frequency of contact with your institution counselor. Staff are doing the best they can to prioritize emergent needs, intake appointments, and routine check-ins. Your continued patience is appreciated during this challenging time.

Also, please ensure you are directing your requests to the appropriate department. Institution Counselors do not process housing requests, property requests, visiting applications or NCI override applications.

If you have any questions or concerns, please send a communication to C. Lenex, CRM.

/s/ C. Lenex, Correctional Rehabilitation Mgr.

PROGRAM OPPORTUNITIES:

Free Your Mind Core (FYM-CORE):

The curriculum incorporates the latest research on the neuroscience of criminal behavior. Participants learn about the basic brain structures involved in interpreting and responding to environmental stimuli and explore how to use this knowledge to establish new neural pathways and behavioral patterns. The curriculum introduces an innovative (and streamlined) approach to structured skill building. Rather than learning different steps for each social skill, the same four general steps are used to facilitate meaningful repetition of self-control strategies and social skills.

- FYM consists of 55 sessions for a total of 110 total hours.
- Classes are held 4 days a week for 2 hours a day (Tuesday – Friday from 12:00 p.m. to 3:00 p.m.)
- Start date in April on the Education Floor

March 13, 2025,

Page 1

- *Eligibility: An ACRS of .15 - .70 and a projected release date after September 2025*

If you are interested, please send a communication to your Correctional Counselor or Ms. Lenex on the CSF.

Parenting Inside Out (PIO): An evidence-based parenting skills intervention, grounded in adult learning theory and is designed for the adult learner. Throughout the program, the parenting coach and learner collaborate in setting goals and developing strategies for reaching their parenting goals. PIO is an Outcomes-Based Instructional Design (OBID). OBID's focus is on problem- centered, real-life adult roles because adult students are interested in solving problems that relate to day-to-day life.

- *PIO consists of 36 sessions for a total of 108 total hours.*
- *Classes are held 3 days a week for 2 hours a day (Tuesday, Wednesday, and Friday. Times are 12:00-3:00 p.m.*
- *Projected start date April 2025, on the Education Floor*
- *Eligibility: Parents with minor children. DHS involved parents are prioritized for placement.*

DID YOU KNOW: Potential participants for Family First must successfully graduate from this class.

If you are interested, please send a communication to your Correctional Counselor or Ms. Lenex on the CSF.

/s/ C. Lenex, Correctional Rehabilitation Mgr.

JOB ANNOUNCEMENTS

Physical Plant Electronics Shop Position

The Electronics shop is accepting applications for AIC's interested in a career as a low voltage electrician. This position will give someone an opportunity to go through an apprenticeship program,



learn a trade and earn a LEB Electrical license to use and succeed when released.

The desired candidate will embody this list of personal traits and meet the following criteria.

- Self-motivated with a desire to learn new skills and perfect their Trade.
- Willingness to take and **follow directions**, constructive criticism, work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Stay Drug and Alcohol free during your time here.
- Have at least 1-year clean conduct. Have a minimum of 5 years left on sentence.
- Have High school diploma/GED and ability to pass math test.
- Ability to work in confined spaces and lift at least 75 pounds.

All applicants are required to have close to five years left on their sentence or more, must have a year of clear conduct with a level 3 NCI. Must have desire to be able to be a productive member of society when released. High school diploma or GED.

Send applications with Resume and cover letter to Palmer/ Schaeffer Physical plant Electronics shop. Good Luck!

/s/ S. Palmer, Electronics Shop

OSP Furniture Factory – Assembly Positions

The OCE Furniture Factory is recruiting for assembly positions. Applicants must pay attention to detail and adhere to a high-quality standard in a fast-paced environment while meeting deadlines. Workers must be motivated and able to always maintain a professional attitude. Position awards PRAS points, with the opportunity to earn a Team Goal Award. This position has opportunities for certifications, reviews, promotions, and advancement. The schedule is Monday through Friday, 6:00 am to 2:00 pm with possible overtime shifts.

Duties include:

- Examines drawing details as instructions for furniture and cabinet assembly.
- Must use hand tools and shop tools such as table saws, chop saws, router, sanders, and various nail and staple guns for assembly.
- Adheres strictly to time sensitive deadlines.
- Performs quality control checks at all stages of assembly.

Applicants must meet the following qualifications:

- Have a valid social security number.
- Have at least six (6) months' time incarcerated with clear conduct and no program failures in the past six (6) months.
- Not involved in conflicting programs or activities during the assigned shift
- Current OCE workers must have fulfilled at least one (1) year in their current position to be eligible to apply.

Essential functions include ability to:

- Must be able to lift up to 40 lbs.
- Remain standing for extended periods of time throughout the workday.
- Work in a production setting with loud background noise.
- Maintain safety controls and equipment including wearing correct Personal Protection Equipment (PPE)
- Receive training and quality-control advice and corrections from other AICs and staff.
- Communicate respectfully with staff, AICs and clients.
- Must be a self-starter with limited direction from supervisor.

All applicants will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

Application submission process:

If you are interested in applying, please complete a DOC AIC Work Application referencing **FF Assembly Worker** as the position. Submit application to **J. Dietzel at OSP Furniture Factory**.

/s/ J. Dietzel, Furniture Factory Production Supervisor

Physical Plant HVAC Apprenticeship position

The HVAC shop is accepting applications for AIC's interested in a career as a HVAC mechanic. This position will give someone an opportunity to go through an apprenticeship program, learn a trade and earn a LEB Electrical license.

The desired candidate will embody this list of personal traits and meet the following criteria.

- Self-motivated with a desire to learn new skills and perfect their Trade.
- Willingness to take and follow directions, constructive criticism, work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Stay Drug and Alcohol free during your time here.

- Have at least 1-year clean conduct. Have a minimum of 6 years left on sentence.
- Have High school diploma/GED and ability to pass math test.
- Ability to work in confined spaces, from heights and in extreme temperatures.
- Must be able lift at least 75 pounds.

All applicants are required to have more than six years left on their sentence, must have a year of clear conduct with a level 3 NCI. Must have desire to be able to be a productive member of society when released. High school diploma or GED required. Send applications with Resume and cover letter to Willette - Physical plant HVAC shop.

/s/ P. Willette, Facilities Energy Tech, Physical Plant

HEALTH SERVICES

Access to Medical Care

If you are not feeling well or have a problem that requires medical attention, please attend Triage during morning chow. Prior to attending Triage, complete an AIC Communication Form outlining your concerns.

Your AIC Communication Form will need the following: full name, SID number, cell number, date, and description of your need, with an explanation of your signs and symptoms. Please fill out the form completely to help us better meet your health care needs.

At your triage encounter, the nurse will discuss your concerns with you and determine appropriate follow-up. Follow-up can include a same-day sick call encounter, a scheduled sick call encounter, or a follow-up appointment with your primary care provider (PCP).

If a medical appointment is necessary, an appointment will be scheduled, and a call pass will be issued. It is important that you keep your appointment and report promptly to Medical Services area at the time shown on the call pass.

Should you become ill or otherwise need medical attention during other times of the day, consult your supervisor, or housing unit officer. Your housing unit officer will call Nursing Services and triage your medical concerns awaiting further direction by Nursing Staff. All emergency medical situations will be handled when they arise.

/s/ K. Ross, Registered Nurse

RELIGIOUS SERVICES

Michael Cooper Memorial

The Chapel will be having a memorial for Mr. Michael Cooper. It will be March 24, 2025, on the chapel floor during the afternoon line movement (1:00 p.m.). If you would like to attend, please write the Chapel and you will be placed on a turn out. There is limited space, Mr. Cooper touched many people, so don't stall in signing up.

/s/ H. Witcraft, Chaplain

Read music? Play piano?

You're our person!

We need someone who can play the piano and read music. Are you that fellow? This is a volunteer position for Sunday afternoons in the Chapel. We meet in the Chapel between 12:30 and 3:15 pm on Sunday afternoons. The Catholics have various songs throughout Mass as well as singing a hymn before and after service.

If you feel the call to give us some assistance, you do not have to be a Catholic to fill this position. Please join us to try out. We look forward to meeting you.

/s/ C. Kyle, Volunteer

Art of Living

Art of Living will be holding a workshop on March 17, 18, 19 from 7:30am to 9:30 am. To join the workshop, please send a kyle to OSP Chapel requesting 'Art of Living Workshop'.

/s/ D. Einbender, Art of Living

Restorative Justice Survivor of Harm Group

The Survivor of Harm Group is designed to bring people who have been harmed together with people who have harmed for an open and honest discussion on creating harm, the ripple effects, what acts of accountability looks like, needs of both harmed and the responsible person, making amends, and what healing looks like through a Restorative Justice approach.

Most people who have harmed never hear about the psychological, physical, social, financial, and spiritual impact of their actions on the people they harmed. Some may not even understand how such harms have impacted themselves.

- The group consists of 13 weeks and will be facilitated by outside volunteers.

- **Group is held every Monday afternoon 1:00 p.m. through 3:00 p.m. on the Chapel floor starting March 3.**

There is limited space, so if you cannot make the time commitment, please do not sign up. All are welcome. If you are interested send a kite to the Chapel address R.J. Survivor's Group.

/s/ I. Witcraft, Chaplain

Find Freedom and Hope Service

UPCI is offering a renewed service starting in January on the 2nd and 4th Thursdays.

We understand the challenges of feeling locked in and locked out. These services are a time to reflect on how the Lord delivers us from what binds us and brings us into His freedom.

- Hear testimonies of transformation and hope.
- Discover the healing, freeing power of Jesus Christ
- Embrace the joy of living victoriously through Him.

Come as you are and discover true freedom in Jesus Christ.

Please send a kite to the Chapel to sing up for this service.

Volunteer Ministers Doug Lethin & Dennis Mostyn

/s/ A. Y. Perlstein, Chaplain

****Circle of Peace on the Inside Group (COPING)****

Circles of Peace on the Inside Group (COPING) is a *Restorative Justice* approach to treatment, allowing all who have been impacted by domestic violence to collaboratively repair and prevent future destructive behavior(s) upon release.

COPING consists of 15 weekly Circles that bring prisoners together who want to transform their trauma.



- **The first Circle begins: Wednesday, January 22nd from 1:00 to 3:00 pm.**
- **We will meet: Every Wednesday for the next 15 weeks, until April 30th.**
- There is limited space, so if you cannot make the time commitment, please do not sign up. All are welcome. Send your kites to the Chapel.
- **"Trauma untransformed becomes transferred."**

/s/ A. Y. Perlstein, Chaplain

Weekly Chapel Schedule

Saturday, March 15th:

8:00 am	LDS Services
	Sweat Lodge
	Jehovah's Witness
1:00 pm	Jewish Service
	Seventh Day Adventist
6:00 pm	Calvary Chapel
	Siddha Yoga (2 nd and 4 th Saturdays)

Sunday, March 16th:

8:00 am	Protestant (Spanish service)
	Jehovah's Witness (Spanish service)
	Urantia (1 st and 3 rd Sundays)
1:00 pm:	Catholic
6:00 pm	Lutheran (1 st , 3 rd , and 5 th Sunday)
	Agape Family Services (2 nd and 4 th)

Monday, March 17th:

1:00 pm	Catholic (Spanish service)
6:00 pm	Pentecostal service

Tuesday, March 18th:

8:00 am	Becoming 01 (2 nd , 4 th)
1:00 pm	Orthodox Christianity (1 st & 3 rd Tuesday)
	Art of Living (Meditate) (2 nd & 4 th Tuesdays)
6:00 pm	Buddhist (1 st and 3 rd Tuesdays)

Wednesday, March 19th:

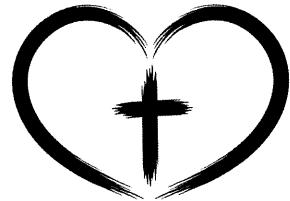
1:00 pm	Justice issues
	Native drumming
6:00 pm	Most Excellent way chapel

Thursday, March 20th:

12:30 pm	Biblical Hebrew class
1:00 pm	TUMI
6:00 pm	Gospel service

Friday, March 21st:

1:00 pm	NOI Jumma Prayer
	Sunni Jumma prayer
6:00 pm	Anger and the Bible (2 nd and 4 th)



POINT TO PONDER

**SMALL
steps
EVERY
DAY**

Changes to the Mail Rule

Effective 1/13/2025

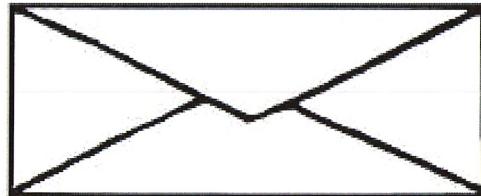
MAIL QUESTIONS/CONCERNS: KYTE C. TOOMBS, LEAD WORKER—OSP MAILROOM

Effective January 13, 2025, the Mail Rule has been revised to address concerns regarding safety, security, and the well-being of both Adults in Custody (AICs) and staff. Mail postmarked after this date will be subject to the revised rule.

Some of the new requirements that friends and family of AICs should be aware of include:

- Incoming mail must be in pen, lead pencil, or be typewritten or photocopied.
- Incoming mail must be written on standard weight (20 pound or less) white paper. This is standard copy/print paper.
- Incoming mail must be enclosed in a commercially produced envelope using standard weight (20 pound or less) white paper that is no larger than 9" x 12".

There are no changes to the Legal Mail requirements



Examples of items that will be refused:

- Any non-white envelope
- Envelopes larger than 9" x 12"
- Envelopes that are not commercially produced
- Envelopes made of cardboard, padded, corrugated, or tear-resistant material
- Envelopes constructed of heavy weight paper (that is, greater than 20 pound) or with security screening features
- Cardstock (such as is used for greeting cards and postcards)

Greeting cards and postcards are not allowed.

This information is also being provided to your friends and family in the Visiting lobby, via the F&F emailed newsletter, and on the DOC Facebook page.

MAIL QUESTIONS/CONCERNS: KYTE C. TOOMBS, LEAD WORKER—OSP MAILROOM

ODOC Health Services presents:

An EHR Short-Story

ONCE UPON A TIME ...

...there was a man named Mr. T. He had some health problems, but luckily, Health Services at the Oregon Department of Corrections had a special computer system called an Electronic Health Record (EHR) to help the doctors, nurses, dentists, and BHS work together.



One day, Mr. T had a really bad toothache, so he went to see the dentist, Dr. Larkin. Dr. Larkin looked at Mr. T's electronic health record (EHR) and saw that he had a lot of cavities in the past. He made a plan to fix Mr. T's teeth and asked the rest of the healthcare team to help.



Dr. Larkin talked to Nurse Ana. Together, they noticed that Mr. T was scheduled for sick call because of headaches and feeling tired. Nurse Ana met with Mr. T and updated the EHR with this new information. She thought it was important for Dr. Patel, the main doctor, to check it out.



Dr. Patel read the updated EHR and thought that Mr. T's tooth problems might be causing his other symptoms. She spoke with Dr. Larkin and Nurse Ana, and they decided to do some tests to make sure everything was okay with Mr. T.



Around the same time, BHS Martin met with Mr. T because he was anxious and sad. After looking at the EHR she saw that Mr. T had been recently seen by Dental and Medical and she knew pain can affect feelings. BHS Martin helped Mr. T find ways to feel better.

Thanks to the EHR system, everyone could share information and work together. Mr. T's dental issues were treated, his headaches went away, and he felt happier. The EHR helped make sure Mr. T got the care he needed.

ODOC Servicios de Salud presenta: Una breve historia de EHR

ÉRASE UNA VEZ ...

...un hombre llamado Sr. T. Tenía algunos problemas de salud, pero, por suerte, los Servicios de Salud del Departamento Correccional de Oregón tenían un sistema informático especial llamado Historia Clínica Electrónica (EHR, por sus siglas en inglés) para ayudar a los médicos, enfermeras, dentistas y BHS a trabajar juntos.



Un día, el Sr. T tuvo un fuerte dolor de muelas, así que fue a ver al dentista. El Dr. Larkin revisó la historia clínica electrónica del Sr. T y vio que había tenido muchas caries en el pasado. Elaboró un plan para arreglar los dientes del Sr. T y pidió al resto del equipo de atención médica que lo ayudaran.



El Dr. Larkin habló con la enfermera Ana. Juntos, notaron que el Sr. T tenía una cita programada por dolores de cabeza y cansancio. La enfermera Ana se reunió con el Sr. T y actualizó el EHR con esta nueva información. Pensó que era importante que el Dr. Patel, el médico principal, lo revisara.

El Dr. Patel leyó el EHR actualizado y pensó que los problemas dentales del Sr. T podrían estar causando otros de sus síntomas. Habló con el Dr. Larkin, la enfermera Ana, y decidieron hacer algunas pruebas para asegurarse de que todo estuviera bien con el Sr. T.



En ese mismo momento, la especialista de BHS Martin se reunió con el Sr. T porque estaba ansioso y triste. Después de revisar el EHR, vio que el Sr. T había sido atendido recientemente por el departamento de Odontología y Medicina, y sabía que el dolor puede afectar las emociones. La especialista de BHS Martin ayudó al Sr. T a encontrar formas de sentirse mejor.

Gracias al sistema EHR, todos pudieron compartir información y trabajar juntos. Los problemas dentales del Sr. T fueron tratados, sus dolores de cabeza desaparecieron y se sintió más feliz. El EHR contribuyó a asegurar que el Sr. T recibiera la atención que necesitaba.

A vertical strip of black material, possibly a strap or handle, with a textured surface and a metal buckle at the top.



Mainline		Week at a Glance													
		Monday 3/17/2025		Tuesday 3/18/2025		Wednesday 3/19/2025		Thursday 3/20/2025		Friday 3/21/2025		Saturday 3/22/2025		Sunday 3/23/2025	
BREAKFAST															
Week 2	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chl) - 1.00 EA Cheese Slice (Sfa,Chl) - 1.00 SLC English Muffin - 1.00 EA Fried Potato - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Veggie & Cheese Scramble (Chl,Sfa) - 0.75 CP Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Sausage Gravy - 0.75 CP Biscuit (Sfa,Sod) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Waffles (Sod) - 2.00 EA Peanut Butter (Sfa) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.50 CP Scone (Sfa, Sod, Chl) - 1.00 EA Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.50 CP *Pork Bacon (Sfa,Sod,Chl) - 3.00 SLC Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 EA *Pork Bacon (Sfa,Sod,Chl) - 3.00 EA Skin Milk - 16.00 FLOZ Sugar PC - 2.00 EA	
Week 2	LUNCH	Potato Soup - 10.00 FLOZ Grilled Ham & Cheese Sandwich (Sod,Chl,Sfa) - 1.00 EA Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS TBS Green Beans - 0.75 CP Chips - 1.00 EA Fortified Drink - 8.00 FLOZ Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Coleslaw (Sod) - 0.75 CP Tuna Noodle Casserole (Chl,Sfa) - 1.25 CP Blended Vegetables - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Chicken-Lettuce Salad (Chl) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sfa,Chl) - 2.00 TBS Salad Dressing (Sfa,Sod) - 2.00 FLOZ Baked Potato - 1.00 EA Sour Cream (Sfa,Chl) - 2.00 TBS Green Beans - 0.75 CP Lemon Bar - (Sfa,Chl,Sug) - 1.00 EA Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Bean Soup - 10.00 FLOZ *Grilled Ham & Cheese Sandwich (Sod,Chl,Sfa) - 1.00 EA Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Chicken Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti - 0.75 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ
Week 2	DINNER	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quesadilla (Sod,Chl,Sfa) - 2.00 EA Salsa (Sod) - 0.25 CP Sour Cream (Sfa,Chl) - 2.00 TBS Brown Rice - 0.75 CP Zucchini - 0.75 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Sloppy Joe (Sod,Chl,Sfa) - 0.75 CP Carrots - 0.75 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Carrots - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup - 1.00 TBS Fruit Bar (Sfa,Sod,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Loaf (Chl,Sfa) - 1.00 EA Baked Potato - 1.00 EA Sour Cream (Sfa,Chl) - 2.00 TBS Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheese Pizza (Sod,Chl,Sfa) - 1.00 EA Blended Vegetables - 0.75 CP Lemon Bar - (Sfa,Chl,Sug) - 1.00 EA Margarine (Sfa) - 1.00 TBS Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 EA Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Sauce (Chl,Sfa) - 0.75 CP Spaghetti - 0.75 CP Cauliflower - 0.75 CP French Bread - 1.00 SLC Garlic Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 EA Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Sauce (Chl,Sfa) - 0.75 CP Spaghetti - 0.75 CP Cauliflower - 0.75 CP French Bread - 1.00 SLC Garlic Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 EA Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 EA Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 EA Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Chl) - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 EA Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ		

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.

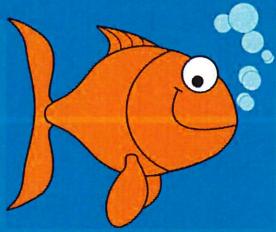
*Contains or may contain pork.

Sod = High Sodium Sta = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

2025 Family Fishing Event



IT'S
O-FISH-AL!



OSP's correctional counseling team is excited to announce the return of our Family Fishing Event! NCI Level 3 AICs and their children are invited to join us on **May 3rd and 4th** during the afternoon visiting session for a fun day of live fishing!

Eligibility Criteria:

- Must be incentive level 3 at the time of sign up and day of the event.
- Must have biological or stepchildren (17 and under) on visiting list by 3/28/25.
 - Visitors must be listed as a child or stepchild in the visiting system.
 - There is no limit on the number of minor children allowed, however, only one accompanying adult (18+) is permitted.

How to Sign-Up:

Send a kytic to Counselor Gordius by 3/28/2025. Your kytic must include:

- Preferred date (Saturday May 3rd, Sunday May 4th, or either day).
- Name of all visitors attending.

The event list will be created on a first-come, first-served basis. Space is limited. Additional event details to follow.

We hope you come “reel in the fun” with us!