



OSP Executive Management Team

March 20, 2025,

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CORRECTIONAL REHABILITATION



Correctional Counselor Caseloads

Due to unforeseen circumstances, the Correctional Rehabilitation unit is experiencing staffing shortages that may delay communication and frequency of contact with your institution counselor. Staff are doing the best they can to prioritize emergent needs, intake appointments, and routine check-ins. Your continued patience is appreciated during this challenging time.

Also, please ensure you are directing your requests to the appropriate department. Institution Counselors **do not** process housing requests, property requests, visiting applications or NCI override applications.

If you have any questions or concerns, please send a communication to C. Lenex, CRM.

/s/ C. Lenex, Correctional Rehabilitation Mgr.

PROGRAM OPPORTUNITIES:

Free Your Mind Core (FYM-CORE):

The curriculum incorporates the latest research on the neuroscience of criminal behavior. Participants learn about the basic brain structures involved in interpreting and responding to environmental stimuli and explore how to use this knowledge to establish new neural pathways and behavioral patterns. The curriculum introduces an innovative (and streamlined) approach to structured skill building. Rather than learning different steps for each social skill, the same four general steps are used to facilitate meaningful repetition of self-control strategies and social skills.

- FYM consists of 55 sessions for a total of 110 total hours.
- Classes are held 4 days a week for 2 hours a day (Tuesday – Friday from 12:00 p.m. to 3:00 p.m.)
- Start date in April on the Education Floor

- *Eligibility: An ACRS of .15 - .70 and a projected release date after September 2025*

If you are interested, please send a communication to your Correctional Counselor or Ms. Lenex on the CSF.

Parenting Inside Out (PIO): An evidence-based parenting skills intervention, grounded in adult learning theory and is designed for the adult learner. Throughout the program, the parenting coach and learner collaborate in setting goals and developing strategies for reaching their parenting goals. PIO is an Outcomes-Based Instructional Design (OBID). OBID's focus is on problem- centered, real-life adult roles because adult students are interested in solving problems that relate to day-to-day life.

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- *PIO consists of 36 sessions for a total of 108 total hours.*
- *Classes are held 3 days a week for 2 hours a day (Tuesday, Wednesday, and Friday. Times are 12:00-3:00 p.m.*
- *Projected start date April 2025, on the Education Floor*
- *Eligibility: Parents with minor children. DHS involved parents are prioritized for placement.*

DID YOU KNOW: Potential participants for Family First must successfully graduate from this class.

If you are interested, please send a communication to your Correctional Counselor or Ms. Lenex on the CSF.

/s/ C. Lenex, Correctional Rehabilitation Mgr.

JOB ANNOUNCEMENTS

Physical Plant Electronics Shop Position

The Electronics shop is accepting applications for AIC's interested in a career as a low voltage electrician. This position will give someone an opportunity to go through an apprenticeship program,



learn a trade and earn a LEB Electrical license to use and succeed when released.

The desired candidate will embody this list of personal traits and meet the following criteria.

- Self-motivated with a desire to learn new skills and perfect their Trade.
- Willingness to take and **follow directions**, constructive criticism, work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.
- Stay Drug and Alcohol free during your time here.
- Have at least 1-year clean conduct. Have a minimum of 5 years left on sentence.
- Have High school diploma/GED and ability to pass math test.
- Ability to work in confined spaces and lift at least 75 pounds.

All applicants are required to have close to five years left on their sentence or more, must have a year of clear conduct with a level 3 NCI. Must have desire to be able to be a productive member of society when released. High school diploma or GED.

Send applications with Resume and cover letter to Palmer/ Schaeffer Physical plant Electronics shop. Good Luck!

/s/ S. Palmer, Electronics Shop

OSP Call Center Clerk

REQUIREMENTS: INC Level 3, **Apply by 3/30/25**, 2 Years Remaining

INTRODUCTION:

This Call Center Provides outside contractors the infrastructure and AIC phone agents to make outbound calls for lead generation, prospecting cold call sales, surveys, polls, and questionnaires. The work location is the OSP Call Center. PRAS Points: 14 to 17 After 6mo.

QUALIFICATIONS:

To be considered for an OCE Clerk assignment you must meet the following criteria: A strong work ethic and clerical experience is preferred. Upon a successful interview, the OCE Clerk selected must meet the approval of the Call Center Manager. OCE clerks must be able to take direction and perform their duties in a professional and timely manner while working in an office setting with other AIC's, DOC, OCE, and customer staff. OCE clerk positions require

the AIC to be able to demonstrate a positive attitude towards the Call Center in all aspects of behavior.

DUTIES & RESPONSIBILITIES:

The focus of the OCE clerk is to act as OCE staff support by being able to perform all duties and responsibilities with efficient professionalism and a sense of dedication to the call center, Braille, and DDT; that involves, and is not limited to: The maintaining of office files, daily information tracking, generating reports, and accurate data entry. In addition to basic clerical duties, the OCE clerk will perform a wide variety of tasks as directed by OCE staff. The OCE clerk helps maintain office equipment while communicating with phone agents, trainers, and OCE Staff.

Additional Skills/ Knowledge Needed:

- Knowledge of the structure and content of the English language: Spelling, definition, composition, and grammar.
- Knowledge of Microsoft word, Excel, PowerPoint, and Outlook.
- Knowledge of administrative and clerical procedure systems such as word processing, filling/record management, formatting design, and clerical terminology.
- Proficiency in writing, proofreading, and editing.
- Prioritizing work while utilizing time management techniques.
- Strong verbal and written communication skills.
- Must be detail oriented.
- Must be adaptable to a high pace work environment.

/s/ R. Masterson, Production Supervisor, Call Center OSP

Physical Plant HVAC Apprenticeship position

The HVAC shop is accepting applications for AIC's interested in a career as a HVAC mechanic. This position will give someone an opportunity to go through an apprenticeship program, learn a trade and earn a LEB Electrical license.

The desired candidate will embody this list of personal traits and meet the following criteria.

- Self-motivated with a desire to learn new skills and perfect their Trade.
- Willingness to take and follow directions, constructive criticism, work well with others to accomplish tasks.
- Must be a team player who communicates well with all types of personalities.
- Reliable maintaining regular attendance with a steady behavior.
- Willing to work off hours when necessary.

- Stay Drug and Alcohol free during your time here.
- Have at least 1-year clean conduct. Have a minimum of 6 years left on sentence.
- Have High school diploma/GED and ability to pass math test.
- Ability to work in confined spaces, from heights and in extreme temperatures.
- Must be able lift at least 75 pounds.

All applicants are required to have more than six years left on their sentence, must have a year of clear conduct with a level 3 NCI. Must have desire to be able to be a productive member of society when released. High school diploma or GED required. Send applications with Resume and cover letter to Willette - Physical plant HVAC shop.

/s/ P. Willette, Facilities Energy Tech, Physical Plant

Visiting Room Orderly

Qualifications: Applicants must have a basic understanding of janitorial equipment and be familiar with the proper use of cleaning chemicals. Applicants also need to be misconduct free for at least 1 year, be NCI Level 2 or 3 and be on privilege visiting status.

Duties And Responsibilities:

Selected applicant will be charged with maintaining a clean, safe, and sanitary area for AIC's and their visitors, which will include, but not limited to wiping down tables and chairs, cleaning visitor restrooms, taking out trash and vacuuming.

The selected applicant must be able to work well with AIC's, their visitors, and staff from all lifestyles. We will also ask that you be reliable, self-motivated and willingness to take criticism and direction.

If you are interested in this position, please send a completed application to Andrea Fugate, IWP Coordinator on the Group Living Floor.

/s/ A. Fugate, IWP Coordinator on the Group Living Floor

HEALTH SERVICES

Access to Medical Care

If you are not feeling well or have a problem that requires medical attention, please attend Triage during morning chow. Prior to attending Triage, complete an AIC Communication Form outlining your concerns.

Your AIC Communication Form will need the following: full name, SID number, cell number, date, and description of your need, with an explanation of

your signs and symptoms. Please fill out the form completely to help us better meet your health care needs.

At your triage encounter, the nurse will discuss your concerns with you and determine appropriate follow-up. Follow-up can include a same-day sick call encounter, a scheduled sick call encounter, or a follow-up appointment with your primary care provider (PCP).

If a medical appointment is necessary, an appointment will be scheduled, and a call pass will be issued. It is important that you keep your appointment and report promptly to Medical Services area at the time shown on the call pass.

Should you become ill or otherwise need medical attention during other times of the day, consult your supervisor, or housing unit officer. Your housing unit officer will call Nursing Services and triage your medical concerns awaiting further direction by Nursing Staff. All emergency medical situations will be handled when they arise.

/s/ K. Ross, Registered Nurse

RELIGIOUS SERVICES

Michael Cooper Memorial

The Chapel will be having a memorial for Mr. Michael Cooper. It will be March 24, 2025, on the chapel floor during the afternoon line movement (1:00 p.m.). If you would like to attend, please write the Chapel and you will be placed on a turn out. There is limited space, Mr. Copper touched many people, so don't stall in signing up.

/s/ H. Witcraft, Chaplain

Read music? Play piano?

You're our person!

We need someone who can play the piano and read music. Are you that fellow? This is a volunteer position for Sunday afternoons in the Chapel. We meet in the Chapel between 12:30 and 3:15 pm on Sunday afternoons. The Catholics have various songs throughout Mass as well as singing a hymn before and after service.

If you feel the call to give us some assistance, you do not have to be a Catholic to fill this position. Please join us to try out. We look forward to meeting you.

/s/ C. Kyle, Volunteer

Restorative Justice Survivor of Harm Group

The Survivor of Harm Group is designed to bring people who have been harmed together with people who have harmed for an open and honest discussion on creating harm, the ripple effects, what acts of accountability looks like, needs of both harmed and the responsible person, making amends, and what healing looks like through a Restorative Justice approach.

Most people who have harmed never hear about the psychological, physical, social, financial, and spiritual impact of their actions on the people they harmed. Some may not even understand how such harms have impacted themselves.

- The group consists of 13 weeks and will be facilitated by outside volunteers.
- Group is held every Monday afternoon 1:00 p.m. through 3:00 p.m. on the Chapel floor starting March 3.

There is limited space, so if you cannot make the time commitment, please do not sign up. All are welcome. If you are interested send a kite to the Chapel address R.J. Survivor's Group.

/s/ I. Witcraft, Chaplain

Find Freedom and Hope Service

UPCI is offering a renewed service starting in January on the 2nd and 4th Thursdays.

We understand the challenges of feeling locked in and locked out. These services are a time to reflect on how the Lord delivers us from what binds us and brings us into His freedom.

- Hear testimonies of transformation and hope.
 - Discover the healing, freeing power of Jesus Christ
 - Embrace the joy of living victoriously through Him.
- Come as you are and discover true freedom in Jesus Christ.

Please send a kyte to the Chapel to sing up for this service.

Volunteer Ministers Doug Lethin & Dennis Mostyn

/s/ A. Y. Perlstein, Chaplain

****Circle of Peace on the Inside Group (COPING)****

Circles of Peace on the Inside Group (COPING) is a *Restorative Justice* approach to treatment, allowing all who have been impacted by domestic violence to collaboratively repair and prevent future destructive behavior(s) upon release.

COPING consists of 15 weekly *Circles* that bring prisoners together who want to transform their trauma.

- **The first Circle begins:** Wednesday, January 22nd from 1:00 to 3:00 pm.
- **We will meet:** Every Wednesday for the next 15 weeks, until April 30th.
- There is limited space, so if you cannot make the time commitment, please do not sign up. All are welcome. Send your kites to the Chapel.
- "*Trauma untransformed becomes transferred.*"

/s/ A. Y. Perlstein, Chaplain

Weekly Chapel Schedule**Saturday, March 22nd:**

- 8:00 am LDS Services
Sweat Lodge
Jehovah's Witness
- 1:00 pm Jewish Service
Seventh Day Adventist
- 6:00 pm Calvary Chapel
Siddha Yoga (2nd and 4th Saturdays)

Sunday, March 23rd:

- 8:00 am Protestant (Spanish service)
Jehovah's Witness (Spanish service)
Urantia (1st and 3rd Sundays)
- 1:00 pm: Catholic
- 6:00 pm Lutheran (1st, 3rd, and 5th Sunday)
Agape Family Services (2nd and 4th)

Monday, March 24th:

- 1:00 pm Catholic (Spanish service)
- 6:00 pm Pentecostal service

Tuesday, March 25th:

- 8:00 am Becoming 01 (2nd, 4th)
- 1:00 pm Orthodox Christianity (1st & 3rd Tuesday)
Art of Living (Meditate) (2nd & 4th Tuesdays)
- 6:00 pm Buddhist (1st and 3rd Tuesdays)

Wednesday, March 26th:

- 1:00 pm Justice issues
Native drumming
- 6:00 pm Most Excellent way chapel

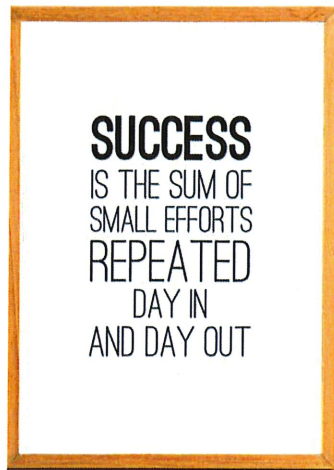
Thursday, March 27th:

- 12:30 pm Biblical Hebrew class
- 1:00 pm TUMI
- 6:00 pm Gospel service

Friday, March 28th:

- 1:00 pm NOI Jumma Prayer
Sunni Jumma prayer
- 6:00 pm Anger and the Bible (2nd and 4th)

POINT TO PONDER



Changes to the Mail Rule

Effective 1/13/2025

MAIL QUESTIONS/CONCERNS: KYTE C. TOOMBS, LEAD WORKER—OSP MAILROOM

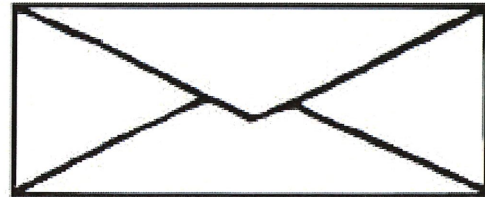
Effective January 13, 2025, the Mail Rule has been revised to address concerns regarding safety, security, and the well-being of both Adults in Custody (AICs) and staff. Mail postmarked after this date will be subject to the revised rule.

Some of the new requirements that friends and family of AICs should be aware of include:

- Incoming mail must be in pen, lead pencil, or be typewritten or photocopied.
- Incoming mail must be written on standard weight (20 pound or less) white paper. This is standard copy/print paper.
- Incoming mail must be enclosed in a commercially produced envelope using standard weight (20 pound or less) white paper that is no larger than 9" x 12".

**There are no changes to the
Legal Mail requirements**

This information is also being provided to your friends and family in the Visiting lobby, via the F&F emailed newsletter, and on the DOC Facebook page.



Examples of items that will be refused:

- Any non-white envelope
- Envelopes larger than 9" x 12"
- Envelopes that are not commercially produced
- Envelopes made of cardboard, padded, corrugated, or tear-resistant material
- Envelopes constructed of heavy weight paper (that is, greater than 20 pound) or with security screening features
- Cardstock (such as is used for greeting cards and postcards)

**Greeting cards and postcards
are not allowed.**

MAIL QUESTIONS/CONCERNS: KYTE C. TOOMBS, LEAD WORKER—OSP MAILROOM

ODOC Health Services presents:

An EHR Short-Story

ONCE UPON A TIME ...

...there was a man named Mr. T. He had some health problems, but luckily, Health Services at the Oregon Department of Corrections had a special computer system called an Electronic Health Record (EHR) to help the doctors, nurses, dentists, and BHS work together.



One day, Mr. T had a really bad toothache, so he went to see the dentist, Dr. Larkin. Dr. Larkin looked at Mr. T's electronic health record (EHR) and saw that he had a lot of cavities in the past. He made a plan to fix Mr. T's teeth and asked the rest of the healthcare team to help.



Dr. Larkin talked to Nurse Ana. Together, they noticed that Mr. T was scheduled for sick call because of headaches and feeling tired. Nurse Ana met with Mr. T and updated the EHR with this new information. She thought it was important for Dr. Patel, the main doctor, to check it out.

Dr. Patel read the updated EHR and thought that Mr. T's tooth problems might be causing his other symptoms. She spoke with Dr. Larkin and Nurse Ana, and they decided to do some tests to make sure everything was okay with Mr. T.



Around the same time, BHS Martin met with Mr. T because he was anxious and sad. After looking at the EHR she saw that Mr. T had been recently seen by Dental and Medical and she knew pain can affect feelings. BHS Martin helped Mr. T find ways to feel better.

Thanks to the EHR system, everyone could share information and work together. Mr. T's dental issues were treated, his headaches went away, and he felt happier. The EHR helped make sure Mr. T got the care he needed.

ODOC Servicios de Salud presenta: Una breve historia de EHR



ÉRASE UNA VEZ...

...un hombre llamado Sr. T. Tenía algunos problemas de salud, pero, por suerte, los Servicios de Salud del Departamento Correccional de Oregon tenían un sistema informático especial llamado Historia Clínica Electrónica (EHR, por sus siglas en inglés) para ayudar a los médicos, enfermeras, dentistas y BHS a trabajar juntos.



Un día, el Sr. T tuvo un fuerte dolor de muelas, así que fue a ver al dentista. El Dr. Larkin revisó la historia clínica electrónica del Sr. T y vio que había tenido muchas caries en el pasado. Elaboró un plan para arreglar los dientes del Sr. T y pidió al resto del equipo de atención médica que lo ayudaran.



El Dr. Larkin habló con la enfermera Ana. Juntos, notaron que el Sr. T tenía una cita programada por dolores de cabeza y cansancio. La enfermera Ana se reunió con el Sr. T y actualizó el EHR con esta nueva información. Pensó que era importante que el Dr. Patel, el médico principal, lo revisara.

El Dr. Patel leyó el EHR actualizado y pensó que los problemas dentales del Sr. T podrían estar causando otros de sus síntomas. Habló con el Dr. Larkin, la enfermera Ana, y decidieron hacer algunas pruebas para asegurarse de que todo estuviera bien con el Sr. T.



En ese mismo momento, la especialista de BHS Martin se reunió con el Sr. T porque estaba ansioso y triste. Después de revisar el EHR, vio que el Sr. T había sido atendido recientemente por el departamento de Odontología y Medicina, y sabía que el dolor puede afectar las emociones. La especialista de BHS Martin ayudó al Sr. T a encontrar formas de sentirse mejor.

Gracias al sistema EHR, todos pudieron compartir información y trabajar juntos. Los problemas dentales del Sr. T fueron tratados, sus dolores de cabeza desaparecieron y se sintió más feliz. El EHR contribuyó a asegurar que el Sr. T recibiera la atención que necesitaba.

MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 E/C/D
						AM C/E
						PM A/D
						EVE A/C
2						8 D/E/C
AM A/D	3 C/D/E	4 E/C/D	5 D/E/C	6 C/D/E	7 E/C/D	
PM C/E	AM C/E	AM A/D	AM C/E	AM A/D	AM C/E	AM A/D
EVE E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E
	EVE D	EVE A/C	EVE E	EVE D	EVE A/C	EVE E
				PRAS		
9						15 C/D/E
AM C/D/E	10 E/C/D	11 D/E/C	12 C/D/E	13 E/C/D	14 D/E/C	
PM C/E	AM A/D	AM C/E	AM A/D	AM C/E	AM A/D	AM C/E
PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D
EVE D	EVE A/C	EVE E	EVE D	EVE A/C	EVE E	EVE D
DAYLIGHT SAVINGS					FULL MOON	
16						22 E/C/D
AM E/C/D	17 D/E/C	18 C/D/E	19 E/C/D	20 D/E/C	21 C/D/E	
PM A/D	AM C/E	AM A/D	AM C/E	AM A/D	AM C/E	AM A/D
PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E
EVE A/C	EVE E	EVE D	EVE A/C	EVE E	EVE D	EVE A/C
	ST. PATRICKS DAY			SPRING BEGINS		
23						29 D/E/C
AM D/E/C	24 C/D/E	25 E/C/D	26 D/E/C	27 C/D/E	28 E/C/D	
PM C/E	AM A/D	AM C/E	AM A/D	AM C/E	AM A/D	AM C/E
PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D
EVE E	EVE D	EVE A/C	EVE E	EVE D	EVE A/C	EVE E
30						
AM C/D/E	31 E/C/D					
PM A/D	AM C/E					
PM C/E	PM A/D					
EVE D	EVE A/C					

MORNING YARD - 7:45AM TO 9:45AM
AFTERNOON YARD - 1:00PM TO 3:30PM
EVENING ACTIVITIES (BARN) 7:00P.M TO 9:00PM



Mainline

Week at a Glance

	Monday 3/24/2025	Tuesday 3/25/2025	Wednesday 3/26/2025	Thursday 3/27/2025	Friday 3/28/2025	Saturday 3/29/2025	Sunday 3/30/2025
BREAKFAST							
Week 3	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Pancakes (Sod,Chl) - 3.00 EA Peanut Butter (Sfa) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Fried Egg (Sfa,Chl) - 2.00 EA Refried Beans - 0.50 CP Ranchero Sauce (Sod) - 0.25 CP White Flour Tortilla (Sfa) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chl) - 1.00 EA Cheese Slice (Sfa,Chl) - 1.00 SLC English Muffin (Sfa,Chl) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Poultry Sausage (Chl) - 1.00 EA Fried Potatoe (Chl) - 2.00 FLOZ Maple Syrup - 2.00 FLOZ Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Fariha - 1.00 CP Canned Fruit - 0.50 CP *Ham & Cheese Scramble (Chl,Sfa) - 0.75 CP Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Hard Boiled Egg (Sfa,Chl) - 1.00 EA Coffee Cake (Sfa,Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
LUNCH							
Week 3	Lentil Soup - 10.00 FLOZ Barbeque Chicken (Chl) - 0.50 CP Wheat Hoagie Roll - 1.00 EA Brown Rice - 0.75 CP Blended Vegetables - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Tuna Melt Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Potato Salad (Sfa,Chl) - 0.75 CP Peas & Carrots - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Coleslaw (Sod) - 0.75 CP Hot Turkey Sandwich on Wheat (Chl) - 1.00 SV Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Carrots - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Vegetable Soup (Sod) - 10.00 FLOZ Chicken-Lettuce Salad (Chl) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sfa,Chl) - 2.00 TBS Salad Dressing (Sfa,Sod) - 2.00 FLOZ Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ *Ham & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Beef Fajita Mix (Sod,Chl,Sfa) - 0.50 CP Onions & Bell Peppers - 0.50 CP Salsa (Sod) - 0.25 CP Whole Wheat Tortilla (Sfa,Sod) - 2.00 EA Spanish Rice - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quarter (Chl,Sfa) - 1.00 EA Mashed Potatoes - 0.75 CP Poultry Gravy - 2.00 FLOZ Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Ice Cream Cup - 1.00 EA Fortified Drink - 8.00 FLOZ
DINNER							
Week 3	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Stroganoff (Chl,Sfa) - 0.75 CP Pasta - 0.75 CP Broccoli - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken & White Bean Chili (Chl) - 10.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Brown Rice - 0.75 CP Green Beans - 0.75 CP Combread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Oatmeal Cookie (Sfa,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Canned Fruit - 0.50 CP Creamed Ground Beef (Chl,Sfa) - 0.75 CP Fried Potatoes - 0.75 CP Biscuit (Sfa,Sod) - 1.00 EA Margarine (Sfa) - 1.00 TBS Coffee - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Ranch Jalapeno Pizza (Sod,Chl,Sfa) - 1.00 EA Blended Vegetables - 0.75 CP Chocolate Brownie (Sfa,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Cheeseburger (Chl,Sfa) - 1.00 EA Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Green Beans - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Bread Pudding (Sod,Chl,Sug) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.25 CP *Jambalaya (Sod,Chl) - 1.25 CP Blended Vegetables - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Macaroni & Cheese (Sod,Chl,Sfa) - 1.25 CP Cauliflower - 0.75 CP French Bread - 1.00 SLC Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.

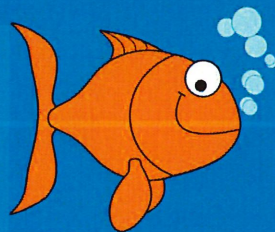
*Contains or may contain pork.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

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2025 Family Fishing Event

IT'S
O-FISH-AL!



OSP's correctional counseling team is excited to announce the return of our Family Fishing Event! NCI Level 3 AICs and their children are invited to join us on **May 3rd and 4th** during the afternoon visiting session for a fun day of live fishing!

Eligibility Criteria:

- Must be incentive level 3 at the time of sign up and day of the event.
- Must have biological or stepchildren (17 and under) on visiting list by 3/28/25.
 - Visitors must be listed as a child or stepchild in the visiting system.
 - There is no limit on the number of minor children allowed, however, only one accompanying adult (18+) is permitted.

How to Sign-Up:

Send a kyte to Counselor Gordius by 3/28/2025. Your kyte must include:

- Preferred date (Saturday May 3rd, Sunday May 4th, or either day).
- Name of all visitors attending.

The event list will be created on a first-come, first-served basis. Space is limited. Additional event details to follow.

We hope you come “reel in the fun” with us!

Summer Night Yard Procedures 2025

Summer evening yard will begin on March 30, 2025 with C/E Blocks, **This will be a Sunday night.** The following procedures will be in effect for the duration:

1. AIC's whose block has summer evening yard may go to yard at the 4:30 p.m. optional yard line or after their block is released for the evening meal. They may eat and then go directly to the yard. (**This does not apply to NCI Level 1's on the weekends**)
2. NCI Level 3 AIC's will be allowed to attend summer night yard, in their chow rotation. There will not be a special line movement from the housing units. They will enter the yard through the turnstile either directly from the housing unit when released for chow, or after completing their meal.
3. Any AIC's who returns to his housing unit from the dining room will not be permitted to go to the yard.
4. No turnouts will be run from the recreation yard. The only exception will be AIC's on education turnouts. These AIC's will be called off of the yard by the yard sergeant and they will exit the yard through Gate 3 and pass through the security gate. Once released from the yard, they will immediately go to their callout destination.
5. AIC's leaving the porch area of the dining room for the recreation yard will go to the yard and will not be permitted to loiter by the yard fence.
6. AIC's who shower in the Clothing Room at 7:00 p.m. will be permitted to go to the yard after their shower; or go directly to the yard from work. AIC's that return to their housing unit after showering may not be allowed to go to the yard.
7. A pill line is run after yard comes in, if yard comes in before 8:00p.m. During long yard periods (lasting until **after** 8:00 p.m.) an optional cell line will be called at 7:30p.m. AIC's needing medication would come in with the optional cell line and **will** be allowed to return to the yard.
8. Showers on the yard will start at 6:00p.m. and will stop 45 minutes before yard is recalled.
9. Ice and/or beverages cannot be taken off the yard. The OIC has latitude to make adjustments regarding ice during extreme weather.
10. Yard recall will be determined by the Officer-in-Charge.
11. When the yard is recalled, all AIC's will leave promptly and in an orderly manner. Equipment is called approximately 15 minutes prior to yard recall. Take this time to say your goodbyes on the telephone, to gather items and prepare to leave.
12. The Recreation Building, with the exception of the Card Room, will not be open during the evening yard regardless of the weather conditions. The Card Room will open at the conclusion of the evening meal.
13. During softball season, players and officials will normally be afforded 20 minutes to shower at the conclusion of a game. If the evening meal is running quickly, players may be called to dinner before being given time to shower. They will then be required to leave the yard **unless** it is their housing unit's normal night for evening yard.
14. NCI Level 1 AIC's will not be authorized to attend the evening weekend yard (Saturday and Sunday).

Captain B. Gaither
Group Living Captain, OSP