

Powder River

May 23, 2025

AIC NEWSLETTER

Health and fitness



Learn about health and workout ideas!

[See page 2](#)

DOC Menu

See the upcoming menu items for PRCF

[See page 3](#)

Admin Clerk








See About the Admin Clerk job

[See page 5](#)

Calling on all artist

Looking for artist!

[See page 12](#)

Saturday May 24	Sunday May 25	Monday May 26	Tuesday May 27	Wednesday May 28	Thursday May 29	Friday May 30
						
69/40	78/47	71/44	73/47	71/44	73/45	77/45
Partly Cloudy	Mostly Sunny	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy	Partly Cloudy



ICS is aware of the tablet issue where AICs cannot transfer funds from their trust accounts to their communication accounts. They are working on resolving the issue. Unfortunately, I do not have a ETA of when this will be fixed. This is also affecting Access Corrections deposits. I will continue to keep you updated.

. What is the best workout schedule for weight loss?

The best workout schedule incorporates some kind of physical activity into your routine each day. If there is one factor that determines success more than any other, it's **consistency**. According to [one ongoing study](#), 90% of participants that reported getting one hour or more of physical activity per day reported significant weight loss that was maintained over several years.

- Here are two example weekly workout schedules broken up by exercise type, then muscles worked. And finally, a 4-week weight loss workout plan for beginners.



Monday: Cardio

Workout to try: [30-Minute Cardio Workout You Can Do Anywhere](#)

Tuesday: Strength Training (upper body)

Upper body workout to try: [5 Push Day Exercises for Stronger Arms and Chest](#)

Wednesday: Cardio

Cardio workout to try: [Burn Calories in a Flash: HIIT Treadmill Workout](#)

Thursday: Strength Training (lower body)

Workout to try: [8 TRX Leg Exercises to Tone Your Lower Body](#)

Friday: Rest

Take a breather! Give your body time to refresh and recover. Feeling tight? Here's [How To Effectively Foam Roll Your Upper & Lower Body](#).

Saturday: Cardio

Workout to try: [25-Minute HIIT Bike Workout](#)

Sunday: Active Recovery



Oregon DOC Men : Oregon DOC Men

Mainline

Week at a Glance

	Mon 5/12,6/16,7/21,8/25,9/29	Tues 5/13,6/17,7/22,8/26,9/30	Wed 5/14,6/18,7/23,8/27,10/1	Thur 5/15,6/19,7/24,8/28,10/2	Fri 5/16,6/20,4/25,8/29,10/3	Sat 5/17,6/21,7/26,8/30,10/4	Sun 5/18,6/22,7
	BREAKFAST						
Week 5	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Pancakes (Sod,Chl) - 3.00 EA Peanut Butter (Sfa) - 2.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar - .50 oz	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Scrambled Eggs (Sfa,Chl) - 0.33 CP Shredded Cheese (Sfa,Chl) - 2.00 TBS Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar - .50 oz	Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Peanut Butter (Sfa) - 2.00 TBS Hard Boiled Egg (Sfa,Chl) - 1.00 EA Wheat Toast - 2.00 SLC Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar - .50 oz	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Poultry Sausage (Chl) - 1.00 EA French Toast (Chl) - 2.00 SLC Maple Syrup - 2.00 FLOZ Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar - .50 oz	Farina - 1.00 CP Canned Fruit - 0.50 CP Veggie & Cheese Scramble (Chl,Sfa) - 0.75 CP Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar - .50 oz	Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Peanut Butter (Sfa) - 2.00 TBS Hard Boiled Egg (Sfa,Chl) - 1.00 EA Breakfast Pastry (Sfa,Chl) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar - .50 oz	Canned Fruit - 0.50 CP Scrambled Eggs (Chl) - 1.00 CP Turkey Bacon (Chl) - 1.00 CP Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar - .50 oz
	LUNCH						
Week 5	Coleslaw (Sod) - 0.75 CP Mac Wrap (Chl,Sfa) - 1.00 EA Onions & Pickles (Sod) - 0.25 CP Shredded Lettuce - 0.25 CP Mac Sauce Dressing (Sod) - 1.00 FLOZ Corn - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day - 10.00 FLOZ Tuna Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Potato Soup - 10.00 FLOZ *Chicken-Bacon-Ranch Salad (Chl,Sfa) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sfa,Chl) - 2.00 TBS Salad Dressing - 1.00 FLOZ Carrots - 0.75 CP Breadstick - 1.00 EA Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Broccoli Cheese Soup (Sfa,Sod) - 10.00 FLOZ Fried Egg Sandwich on Wheat (Chl,Sfa) - 1.00 EA Mayonnaise - 1.00 TBS Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ *Turkey & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Cauliflower - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Nacho Meat (Chl,Sfa) - 0.50 CP Refried Beans - 0.50 CP Cheese Sauce (Sfa) - 2.00 FLOZ Lettuce Salad - 1.00 CP Salsa (Sod) - 0.25 CP Tortilla Chips - 2.00 OZ Corn - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ *Roast Pork Loin (Chl) - 1.00 CP OZCKD Scalloped Potatoes - 0.75 CP Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 CP Margarine (Sfa) - 1.00 TBS Ice Cream Cup - 1.00 CP Fortified Drink - 8.00 FLOZ
	DINNER						
Week 5	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Spicy Rice Casserole (Sod,Chl,Sfa) - 1.25 CP Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Philly Beef (Sod,Chl) - 3.00 CP OZCKD Cheese Sauce (Sfa) - 2.00 FLOZ Onions & Bell Peppers - 0.50 CP Wheat Hoagie Roll - 1.00 EA Broccoli - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup - 1.00 TBS Pudding - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Enchilada Casserole (Sod,Chl,Sfa) - 1.00 SV Brown Rice - 0.75 CP Seasoned Beans - 0.75 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Veggie Pizza (Sod,Chl,Sfa) - 1.00 EA Blended Vegetables - 0.75 CP Choice Dessert (Sfa,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheeseburger (Chl,Sfa) - 1.00 CP Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Carrots - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Fruit Crisp (Sfa,Sug) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Alfredo Sauce (1 CP) (Chl,Sfa) - 1.00 CP Spaghetti (Sod) - 1.00 CP Blended Vegetables - 0.75 CP Focaccia Bread (Sod) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Creole Chicken (Chl) - 1.00 CP Brown Rice Pilaf - 1.00 CP Peas - 0.75 CP French Bread - 1.00 CP Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

PRCF AIP TRANSFERS -

2024 the decision was made to ensure all Adults in Custody (AIC) participating in the Alternative Incarceration Program (AIP) are transferred to correctional facilities closer to their county of record prior to the beginning of the non-prison leave (NPL). The goal of this change was to ensure individuals releasing from the Oregon Department of Corrections (ODOC) can return to their communities and report for supervision in the most timely, safe, reliable, and efficient manner possible.

Earlier this year, conversations began addressing concerns related to AICs not being able to take advantage of the full AIP program due to transferring out up to two weeks prior to their program completion and beginning of their NPL. The concerns were viable, and the department wants to ensure AICs can take full advantage of the services AIP provides. To ensure an AIC can complete the program prior to transferring to a closer facility for release onto NPL, the decision was made to extend the time between the institution program completion date and the date the NPL begins. Reentry and Release personnel, specifically release counselors, will set NPL start dates 14 days after the program completion date. If the NPL start date falls on a weekend or holiday, the NPL start date will be set to the last business day prior to the weekend or holiday.

If you have questions related to this process change, please contact your treatment team.

Admin Clerk

Admin is seeking a Clerk to aid in computer work, filing, and activities committee related tasks. Requirements to qualify to apply include:

MUST HAVE:

1. 8 months until treatment eligibility or release date
2. No Program failures
3. Clear Conduct for the past 6 months
4. GED
5. Strong work ethic, ability to follow instructions, and work independently.
6. **MUST HAVE** working knowledge of Microsoft Office – Word and Excel
7. Previous experience preferred.

Interested in the position please fully complete the CD1523 Work Application Form and send to Ms. Pimentel – IWP Coordinator.

The position open until filled by qualified.

MAY IN HISTORY

May 23

Birthday - Journalist Margaret Fuller (1810-1850) was born in Cambridgeport, Massachusetts. She became the first American woman to serve as a foreign correspondent, reporting for the *New York Tribune*. Her book *Women in the Nineteenth Century*, published in 1845, is considered the first feminist statement by an American writer, and brought her international acclaim. Sailing from Italy to the U.S. in 1850, she died, along with her husband and infant son, in a shipwreck off Fire Island, New York.

May 24, 1844 - Telegraph inventor Samuel Morse sent the first official telegraph message, "What hath God wrought?" from the Capitol building in Washington, D.C., to Baltimore.

May 25, 1994 - After 20 years in exile, Russian author Alexander Solzhenitsyn returned to his homeland. He had been expelled from Soviet Russia in 1974 after his three-volume work exposing the Soviet prison camp system, *The Gulag Archipelago*, was published in the West.

May 26, 1940 - The Dunkirk evacuation began in order to save the British Expeditionary Force trapped by advancing German armies on the northern coast of France. Boats and vessels of all shapes and sizes ferried 200,000 British and 140,000 French and Belgian soldiers across the English Channel by June 2nd.

May 27, 1937 - In San Francisco, 200,000 people celebrated the grand opening of the Golden Gate Bridge by strolling across it.

May 28, 1961 - Amnesty International was founded by London lawyer Peter Berenson. He read about the arrest of a group of students in Portugal then launched a one-year campaign to free them called Appeal for Amnesty. Today Amnesty International has over a million members in 150

May 29, 1453 - The city of Constantinople was captured by the Turks, who renamed it Istanbul. This marked the end of the Byzantine Empire as Istanbul became the capital of the Ottoman Empire.

May 30, 1922 - The Lincoln Memorial in Washington, D.C., was dedicated. The Memorial was designed by architect Henry Bacon and features a compelling statue of "Seated Lincoln" by sculptor Daniel Chester French.

IWP Position

NEW HOPE – POWDER PALS PROGRAM

Interested AICs are welcome to apply



New Hope for Eastern Oregon Animals (New Hope – Powder Pals) partnered with the Powder River Correctional Facility, Oregon Department of Corrections, since early 2011. A key focus of this work has been the ability to provide meaningful work for inmates in training homeless dogs. More specifically, the program assists homeless dogs lacking obedience skills and behavioral issues that limit the animal's ability to be re-homed successfully. New Hope for Eastern Oregon Animals is a Private Non-Profit whose purpose is to improve the lives of animals through kindness, understanding and respect. Their purpose is to rescue and rehabilitate animals in Eastern Oregon, increase awareness of animal well-being through education, and encourage a caring and safe environment for animals.

Work duties will include are but not limited to the following:

- Always follow the training program. Failure to follow the program will result in immediate removal from the program and may result in disciplinary action.
- Conduct or assist with scheduled training sessions.
- Conduct or assist with socialization of the animals.
- Follow the schedule of activities for the animals.
- Exercise animals daily.
- Keep a daily log of the animal's progress in the program.
- Feeding and watering following recommended daily amounts.
- Remove solid waste from kennel areas (inside and outside), and any other area as needed using approved Personal Protective Equipment (PPE).
- Clean kennel area (inside and outside) using appropriate chemicals and PPE.
- Must be willing to work in a variety of weather conditions.

Qualifications for opportunity to apply:

1. In compliance with DOC Case Plan
2. No major misconduct reports within the last 6 months
3. Minimum of 6-8 months remaining on sentence
4. No history of animal neglect or abuse
5. Willingness to work as a team, open to new training ideas, willingness to make a difference to an animal
6. Be motivated for change and have a good attitude
7. Must be able to lift 50 lbs.

IF YOU ARE INTERESTED, PLEASE SEND *AN APPLICATION FORM* TO MS. PIMENTEL



MAY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
	Turn in CD-28s for tickets by 9pm			1	2 Coffee, Photo & Activity Tickets Delivery	3
4	5 Turn in CD-28s for tickets by 9pm	6	7	8 PRAS Payday	9 Coffee, Photo & Activity Tickets Delivery	10
11	12 Turn in CD-28s for tickets by 9pm	13	14	15	9 Coffee, Photo & Activity Tickets Delivery	17
18	19 Turn in CD-28s for tickets by 9pm	20	21	22	23 Coffee, Photo & Activity Tickets Delivery	24
25	26 Turn in CD-28s for tickets by 9pm	27	28	29	30 Coffee, Photo & Activity Tickets Delivery	31



Releasing from prison soon? Worried about employment barriers due to your criminal background? We would love to help you.

You must be 6 months to Release to attend the class.

Send a Kyte to Ms. Suing if interested ASAP

Come to our class this May 22nd 9:30-10:30am here at PRCF.

Or contact our office for an application and write us at:

Opportunity Oregon

PRAS STEP INCREASE INFORMATION

1045 Gateway Loop Ste C

5/6/2025

Springfield, OR 97477

- A little recap: the PRAS Revision work includes eligibility for work performance reviews and PRAS step increases at set intervals for most assignments. The intervals are of a minimum of 90 calendar days.
- **What do you need to do?**
 - Please make sure to calculate 90 calendar days from the date of assignment of your CURRENT position.
 - It is important to remember that AICs are responsible for tracking their own time in assignment at each step and initiate the request for increase.
 - With that information, if you qualify for a step increase, please contact your supervisor for a performance evaluation review and request for a step increase.
- **Additional important information**
 - You supervisor will confirm whether the AIC has completed 90 calendar days in their current position. If they have, they will initiate a performance evaluation.
 - If your performance evaluation is satisfactory, your supervisor will request a step increase for you.
 - If your performance evaluation is not satisfactory:
 - Your supervisor may choose not to request your step increase at this time or
 - Your supervisor may request a reduction of the step instead.
 - PRAS step increases are not automatic nor retroactive (backdated); they are discretionary based on time in assignment and performance.
 - Each unit has a list of steps for each position.
 - Do not request the step increase directly to IWP Coordinator. The request must be through your supervisor.



**State of Oregon
Department of Corrections Commissary**

DATE: TUESDAY, APRIL 08, 2025
TO: Adults in Custody
FROM: Dustin Hoffman, Distribution Services Statewide Operations Manager
SUBJECT: Commissary News, Updates and Reminders

News: _____

Due to year-end inventory, sales of the following pre-sale items will be suspended from
May 5th close of business - June 30th, 2025.

Incentive form

Incentive Order Form			
Please use my Protected Funds for this order		Please allow up to 6 weeks for delivery as we do not call an inventory of items.	
Signature Required		Your order was processed	
SID: _____		Shoe Order#	
Date: _____		Incentive Order#	
Name		TV Order#	
Institution	Last Block-Unit	First Cell-Bunk	

Any orders submitted for suspended items during this period will be cancelled. Normal sales of these items will resume beginning June 30, 2025.

Date: April 21, 2025

To: All Adults in Custody

From: DOC Health Services Division

Beginning May 1st, aspirin will only be offered through an order from a provider or through commissary. For those patients who are suffering from mild to moderate pain from headaches, muscle aches, menstrual periods, colds and sore throats, backaches and other associated symptoms, ibuprofen and acetaminophen are available at the housing unit. In addition to calcium carbonate (Tums®) for acid indigestion, heartburn and upset stomach, these products are available for self-use. If your health care needs are of a greater need, please see your medical provider.

DO YOU HAVE QUESTIONS ABOUT THE ELECTRONIC HEALTHCARE RECORDS (EHR)?



SEND A KYTE!

If you have any questions about how the EHR will work, we're here to help!

Simply send a kyte with your questions, and we'll do our best to provide the answers you need.



[Learn More](#)

Please address your kyte with questions about the EHR to:

ASK EHR



May Folklore and Fun

*A dry May and a leaking June
Make the farmer whistle a merry tune.*

*A snowstorm in May
Is worth a wagonload of hay.*

*Among the changing months, May stands confessed
The sweetest, and in fairest colors dressed!*
—James Thomson, Scottish poet (1700–48)



ARTISTS

who are interested in creating and painting various canvas pieces and/or projects throughout the institution. The size and nature of the project or canvas will vary depending on the day. There may be additional visual arts projects available in the future.

If you are interested, please send a work application with samples of your work and/or portfolio. Please add a narrative about your interest and experience.

You will be selected based on your proven experience as an artist, Airbrush a Plus, two years of painting experience preferred, clear conduct, good behavior, incentive level 3, and be able to work independently.

PRAS Points start at 10 pts.



Please send your information to Ms. Bronnenberg

NOTICE:

Currently, BTI is NOT scheduled for classes at PRCF.

At the time a contract is secured and BTI schedules a time to conduct classes at Powder River, AICs will be notified and provided the opportunity to apply.

Until then, please **DO NOT** inquire about dates/times for BTI classes from staff.

Thank you!



Prison Rape Elimination Act (PREA Information)

The Oregon Department of Corrections (ODOC) has a zero-tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by making a language selection, then dialing 91 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

Governor's Constituent Services Office

900 Court Street NE, Suite 254

Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation, and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Opposite Gender Viewing/Announcements

Opposite gender staff announcement themselves when entering a housing unit by ringing a bell. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit then there is not needed to re-announce). When you hear the doorbell, opposite gender staff will be entering the housing unit so please make sure you are covered up appropriately.

It is also important you undress in the appropriate locations. If you are in a bunk area, there are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments. Opposite gender viewing may happen incidentally when staff are conducting routine cell checks. You can minimize this by keeping aware of the gender of supervision in your housing unit and ensuring you cover up when possible.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs.

AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by making a language selection, entering your AIC PIN, then press 0*711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information, and emotional support. There is no charge for calls to advocates.

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled like legal calls/official mail. All advocacy calls are not monitored or recorded.

Advocates provide confidential support and crisis intervention, inform you about the investigation and medical examination process, educate you about healing from sexual abuse and offer resources and referrals

Advocates will not tell you what to do, communicate with the institution unless you request them to do so and sign a release and will not provide legal advice.

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.

Just Detention International Headquarters is a national advocacy resource and can be reached at:

3325 Wilshire Blvd., Suite 340

Los Angeles, CA 90010

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

Ericka Sage PREA Coordinator

Oregon Department of Corrections

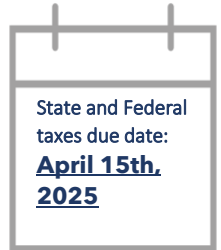
3723 Fairview Industrial Drive, SE

Financial Services

Informational Briefing

The Department of Corrections (DOC) will not provide federal or state tax forms to AICs.

- AICs may write or call the Internal Revenue Service (IRS) or Oregon Department of Revenue to request tax forms.
- AICs may elect to reach out to their friends and family to request they send tax forms in through the mail. All incoming mail is subject to the Departments rule on mail, 291-131-0025.
- DOC staff / legal assistants are not authorized to provide tax advice or status updates on filings to AICs.
- AICs may appoint a qualified and trusted person as their power of attorney (POA) to assist with the tax filing process. POA forms can be obtained by submitting a Library Request form (CD1714).
- DOC will only issue 1099 (MISC/INT) to AICs who meet specific IRS minimum requirements.
 - ✓ 1099 MISC issued to AICs who have received \$600 or more in PRAS.
 - ✓ 1099 INT issued to AICs who have accrued \$10 or more in interest.



AICs will need to use their own pre-addressed postage paid envelope for tax correspondence and filings.

Oregon Department of Treasury Tax Forms Requests	Internal Revenue Service Tax Forms Requests
Department of Revenue P.O. Box 14999 Salem, OR 800-356-4222	Department of Treasury Internal Revenue Service Ogden, UT 84201-0002 800-829-3676
AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to	dldoctrustinfo@doc.oregon.gov