



Pay Dates: 6/5, 7/10, 8/7, 9/4, 10/9, 11/6, 12/4

## Upcoming PSC & TRAC Events

- **Comedy Show (Thursday, June 26<sup>th</sup>)**
- **NBA 2K25 Tournament (Monday, June 30<sup>th</sup>)**
- **KFC Delivery Dates (July 9<sup>th</sup> – 11<sup>th</sup>)**



Words to Inspire from Garrett  
& Sometimes Cambell



### **7 RULES OF LIFE**

#### **1. LET IT GO**

NEVER RUIN A GOOD DAY  
BY THINKING A BAD YESTERDAY

#### **2. IGNORE THEM**

DON'T LISTEN TO OTHER PEOPLE.  
LIVE A LIFE THAT'S EMPOWERING TO YOU

#### **3. GIVE IT TIME**

TIME HEALS EVERYTHING

#### **4. DON'T COMPARE**

THE ONLY PERSON YOU SHOULD TRY TO BEAT IS  
THE PERSON YOU WERE YESTERDAY

#### **5. STAY CALM**

IT'S OK NOT TO HAVE EVERYTHING FIGURED OUT.  
KNOW THAT IN TIME, YOU'LL GET THERE

#### **6. IT'S ON YOU**

ONLY YOU ARE IN CHARGE OF YOUR HAPPINESS

#### **7. SMILE**

LIFE IS SHORT. ENJOY IT WHILE YOU HAVE IT

## **JUNE 2025 MOVIE SCHEDULE**

Week 1	Run Time	June 6th - June 12th	Approximate Start Time	Restart Time
CH. 14 <b>New Release</b>	2:19	Anora	FRI 2:00 PM	6:00PM
	1:87	Heart Eyes	1:80 PM	6:00 PM
CH. 16 <b>Throwback</b>	1:58	The Postman	FRI 2:00 PM	6:00PM
	8:55	Black Sails Season 4, Disc 1 ( 4 eps)	1:80 PM	6:00 PM
CH. 17 <b>New Series</b>	2:47	Californication Season 1 Disc 2 ( 6 eps)	FRI 2:00 PM	6:00PM
	2:04	Dune Prophecy Season 1,Disc 2 ( 2 eps)	1:80 PM	6:00 PM
Week 2	Run Time	June 13th - June 19th		
CH. 14 <b>New Release</b>	1:80	Lights Out	FRI 2:00 PM	6:00 PM
	1:58	Captain America: Brave New World	1:80 PM	6:00PM
CH. 16 <b>Throwback</b>	1:58	Freedomland	FRI 2:00 PM	6:00 PM
	8:55	Black Sails Season 4, Disc 2 ( 4 eps)	1:80 PM	6:00PM
CH. 17 <b>New Series</b>	2:48	Californication Season 2, Disc 1 ( 6 eps)	FRI 2:00 PM	6:00 PM
	2:17	Dune Prophecy Season 1,Disc 8 ( 2 eps)	1:80 PM	6:00PM
Week 3	Run Time	June 20th - June 26th		
CH. 14 <b>New Release</b>	1:88	Don't Breathe	FRI 2:00 PM	6:00PM
	1:88	Don't Breathe 2	1:80 PM	6:00 PM
CH. 16 <b>Throwback</b>	2:01	Lord of war	FRI 2:00 PM	6:00PM
	2:05	Black Sails Season 4, Disc 8 ( 2 eps)	1:80 PM	6:00 PM
CH. 17 <b>New Series</b>	2:48	Californication Season 2, Disc 2 ( 6 eps)	FRI 2:00 PM	6:00PM
	2:56	Blue Mountain State Season 1,Disc 1 ( 8 eps)	1:80 PM	6:00 PM
Week 4	Run Time	June 27th - July 3rd		
CH. 14 <b>New Release</b>	1:80	Cleaner	FRI 2:00 PM	6:00 PM
	1:84	Black Bag	1:80 PM	6:00PM
CH. 16 <b>Throwback</b>	8:81	Shameless Season 1, Disc 1 ( 4 eps)		
	8:08	Shameless Season 1, Disc 2 ( 4 eps)	FRI 2:00 PM	6:00 PM
	2:22	Poor Things	1:80 PM	6:00PM
CH. 17 <b>New Series</b>	8:44	Californication Season 3, Disc 1 ( 8 eps)	FRI 2:00 PM	6:00 PM
	1:50	Blue Mountain State Season 1,Disc 2 ( 5 eps)	1:80 PM	6:00PM

**CH. 17 is strictly for in-cell viewing only. Channel 16 may be viewed in the dayroom only if a movie is being played; TV series are not to be shown in the dayroom. Scheduling TV series on the dayroom televisions will result in disciplinary action (NO EXCEPTIONS!).**

**ATTENTION: Due to movie availability, we will show a throwback film, if we cannot purchase new releases.**

Movies will change Mon.-Fri. @ 1:30 Pm  
Friday's @ 2:00 Pm

## Channel 15 Schedule

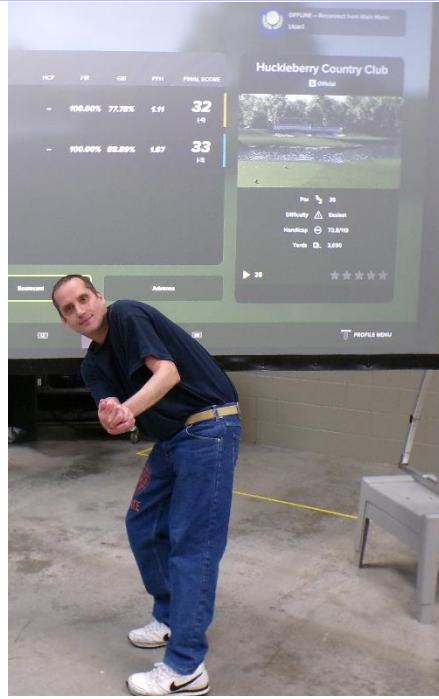
Movies will change Mon.-Fri. @ 1:30 Pm  
Friday's @ 2:00 Pm

June 2025						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
Vince Vaughn's Wild west Comedy Show	ZEN	Casting Crowns: Lifesong Live	ALL-STAR Comedy Jam	Rain	Rock Guitar: Beginner	I AM COMIC
Comedy/ Stand Up	Meditation	Music Videos	Comedy/ Stand Up	Meditation	Guitar Lessons	Comedy/ Stand Up
8	9	10	11	12	13	14
Neil Young: Ocean Waves	An HBO Comedy Special	Louis C.K.	Nature's Windows	Seether	Martin Lawrence Live: RUNTEL DAT	Live At Wembley Stadium DVD 1
Meditation	Tribute Band 2012	Comedy/ Stand Up	Meditation	Music Videos	Comedy/ Stand Up	Music Videos
15	16	17	18	19	20	21
Rock Guitar: Begginner	Kevin Hart	Live At Wembley Stadium	Queen: HBO Sports presents:	What's My Name	Rock Guitar: Advanced	Flowers Of Provence
Guitar Lessons	Let Me Explain	DVD 2	The Living Ocean	Muhammad Ali	Guitar Lessons	Meditation
22	23	24	25	26	27	28
RUN DMC: Live At Montrenx 2001	Sunset Moods	Acoustic Performances	Echoes of Creations	NE-YO	Rock Guitar: All Skill Levels	Winter & Fall
Music Videos	Meditation	Music Videos	Meditation	Music Videos	Guitar Lessons	Meditation
29	30					
Nature's Alarm clock	Advanced					
Meditation	Guitar Lessons					

# The Second Annual PGA2K Tournament

18 participants signed up this year for the annual PGA2k tournament on the PS4, many returning from last year to try and redeem themselves. The defending champion, Chuck, is no longer here to defend his title so a new champion must be crowned. Chuck beat Michael Blair in the championship last year and this time Michael was destined to sit atop the podium but not without some difficult challengers in front of him. This single elimination bracket style format was tough; it seemed even tougher than last year. Mr. Alexander Vazquez; a PGA2k shark, eased through to the top of the left side of the bracket; beating Daniel Garges; a great player in his own right to get himself into the championship. On the right side of the bracket were returning favorites; Brandon Burge and Ronald Smith; Ronald was up on Michael but ultimately fell short of the win; Brandon beat two other challengers to get into the semi-final against Michael; and while the match was close, Michael ended up winning by 2 strokes to advance to the finals for the second year in a row. The finals were set, a 9-hole finale. The challengers were ready; Alexander Vazquez and Michael Blair, the course; Huckleberry Country Club, a befitting name for this course; as this match was going to be a sweet one. The approaching winds were high that day, the crowd; holding their hats onto their heads were watching in angst, and excited to see both of these pros play their best golf. Alex dropped a birdie on the first hole, gaining one stroke immediately. They both sunk birdies on the next 2 until things changed on the unforgiving 7<sup>th</sup> hole, Michael dropped a game saving birdie while Alex stayed idle with a par. Now they were tied with just 2 holes to go. The 8<sup>th</sup> is where everything changed; Alex struggled and finished it with a bogey while Michael hit a birdie to take the lead; Alex did finish with a birdie but it was not enough. Michael finished with -4 beating Alex by 1 stroke. Congratulations to both of them for their strong finishes and thanks to everyone who participated. See you next year!

Michael Blair: Champion (U11)



# “Oregonized Rhymes” Hip-Hop Concert Recap

If you missed the hip-hop concert which consisted of T.R.C.I.’s own “Oregonized Rhymes” on 5-23-25, you missed out!!! It was a full performance with a perfect blend of Producer/Vocalist Miguel Ramirez-Carneys’ intricate style and Vocalist Dwain Coppernolls’ explosive energy. The turnout was great; giving the performers a big crowd to interact with, and interact they did. Miguel and Dwain would like to thank ALL of the people that took time out of their day to come out and support these artists. And artists they are, with 100% all original lyrics and instrumentals, out of the 25 songs performed, 6 of them were created a month before the show. We would like to thank Mr. Garrett and the Two Rivers Recreation sound crew and all the staff who made this wonderful experience possible. We hope to see you all the next time these “Rap Godz” hit the stage and rock the mic.



# **STAND-UP COMEDY AT TRCI**

**GET READY TO LAUGH IT UP THIS SUMMER AT TRCI'S FIRST EVER COMEDY SHOW!**

**COMING TO THE TRAC STAGE ON JUNE 26<sup>TH</sup> 2025**



**EVERETT, WASHINGTON BASED STAND-UP COMEDIAN ADAM TILLER WILL BE COMING TO TRCI TO PERFORM AT THE TRAC.**

**HE WILL BE BRINGING FELLOW COMEDIANS LYNETTE MANNING AND GREG BEACHLER**

**JUNE 26<sup>TH</sup> 2025**

**6PM**

**THIS IS AN INCENTIVE LEVEL 3 EVENT, IT WILL BE LIMITED TO 100 AIC'S. IF YOU WISH TO ATTEND, PLEASE SEND A KYTE TO TRAC, THIS WILL BE A FIRST COME FIRST SERVE EVENT. SIGN UP DEADLINE IS JUNE 23<sup>RD</sup> 2025**

# DO YOU HAVE QUESTIONS ABOUT THE ELECTRONIC HEALTHCARE RECORDS (EHR)?

## SEND A KYTE!

If you have any questions about how the EHR will work, we're here to help!

Simply send a kyte with your questions, and we'll do our best to provide the answers you need.

[Learn More](#)

Please address your kyte with questions about the EHR to:

**ASK EHR**



# ¿TIENES PREGUNTAS SOBRE LOS REGISTROS ELECTRÓNICOS DE SALUD (EHR)?

## ¡ENVÍA UN KYTE!

Simplemente envía un kyte con tus preguntas y haremos nuestro mejor esfuerzo para brindarte las respuestas que necesitas.

[Aprende más](#)

**Por favor, dirige tu  
kyte con preguntas  
sobre el EHR a:  
ASK EHR**





# Financial Services

## Informational Briefing

### Adult in Custody (AIC) Trust Accounts

General Spending Account	<ul style="list-style-type: none"><li>Primary spending account for AICs</li><li>Eligible deposits are received into this account<ul style="list-style-type: none"><li>Examples: Deposits received from friends/family, and PRAS</li></ul></li><li>AICs use the Request for Withdrawal of Funds form (CD28) to facilitate financial transactions from the General Spending Trust Account</li><li>Funds in this account are not protected from debt/obligation collection or garnishment</li></ul>
Protected Spending Reserve Account	<ul style="list-style-type: none"><li>This is a spending account established for AICs who receive protected money<ul style="list-style-type: none"><li>Examples: disability benefits for veterans, moneys received from Native American or tribal government, railroad retirement benefits, OCE Prison Industry Enhancement (PIE) Awards</li></ul></li><li>AICs use the green Request for Withdrawal of Funds from Protected Reserve form (CD28P) to facilitate financial transactions from the Protected Reserve Trust Account</li><li>Funds in the Protected Reserve Trust Account are protected from debt/obligation collection or garnishment</li></ul>
Transitional Savings Account	<ul style="list-style-type: none"><li>Established per SB844/ORS 423.105 as a means for AICs to save funds for release from ODOC custody</li><li>5% of each eligible deposit is received into the AICs Transitional Savings Trust Account until the account reaches \$500</li><li>AICs may elect to transfer funds into this account by submitting a transfer request form (CD1832, available electronically and in paper) up to \$500</li><li>AICs may continue a 5% deduction of their eligible deposits beyond \$500 if court-ordered financial obligations (COFOs) are satisfied</li><li>Funds in the Transitional Savings Trust Account are protected from debt/obligation collection or garnishment, but this is not the same thing as the Protected Spending Reserve Account</li></ul>
General Savings Account	<ul style="list-style-type: none"><li>Established as a means for AICs to save funds outside of the Transitional Savings Trust Account</li><li>AICs may elect to transfer funds into the General Savings Trust Account by submitting a transfer request form (CF1832, available electronically and in paper)</li><li>Funds in this account are not available until the AIC releases from ODOC custody; an exception may be granted by the CFO or designee per OAR 291 Div. 158</li><li>Funds in the General Savings Trust Account are not protected from debt/obligation collection or garnishment</li></ul>
Obligated Reserve Accounts	<ul style="list-style-type: none"><li>Medical, Optical, Dental, Trip, Education, Religious, and Programming are accounts AICs use when there is a need to reserve funds for a good or service that meets specific criteria</li><li>AICs may receive deposits directly to one of these accounts from an external source</li><li>AICs must be approved to place funds into an Obligated Reserve Account</li><li>Funds in Obligated Reserve Accounts are deemed spent and therefore are not subject to debt/obligation collection or garnishment</li></ul>

### Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to [ddoctrustinfo@doc.state.or.us](mailto:ddoctrustinfo@doc.state.or.us).

## **PRISON RAPE ELIMINATION ACT (PREA INFORMATION)**

The Oregon Department of Corrections (ODOC) has a zero-tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an inmate communication, through the grievance system, by calling the PREA hotline by dialing 9 from any inmate phone.

### **Filing an Anonymous PREA Report**

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency.

You may write to:

**Governor's Office of Constituent Services  
900 Court Street NE, Suite 160  
Salem, Oregon 97301**

Please indicate in the beginning of your letter you are filing a PREA allegation and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

### **Community-Based PREA Advocacy (Support) Program**

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to inmates. Inmates at ODOC who have experienced sexual abuse may reach a community-based advocate by dialing 711 inmate telephone systems, or may request a private call through the PREA Compliance Manager at the facility. Advocates provide victims of sexual abuse information about their options, resources, information and emotional support. There is no charge for calls to advocates.

Role of an Advocate:

- Provide confidential support and crisis intervention
- Inform you about the investigation and medical examination process
- Educate you about healing from sexual abuse
- Offer resources and referrals

Advocates will:

- Not tell you what to do
- Not communicate with the institution unless you request them to do so and sign a release
- Not provide legal advice

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.

DOC is committed to providing inmates with avenues to seek assistance. Below are additional resources:

### **Just Detention International Headquarters**

**3325 Wilshire Blvd., Suite 340**

**Los Angeles, CA 90010**

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled similar to legal calls/official mail.

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

**E. Sage, PREA Coordinator  
Oregon Department of Corrections  
2575 Center St. NE  
Salem, Oregon 97301**