



OSP Executive Management Team

August 7, 2025

Page 1

## ADMINISTRATION

### From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 2/4/2024.

#### **PROPOSED RULES:**

##### **291-070 Records Management (Adult in Custody and Adult on Supervision)**

- Amends rule to update the term "offender" to "adult in custody"; clarify these rules; to update for consistency within these rules and other department rules; and align definitions with those adopted by the department as standard.
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

• Effective: 7/16/25 through 1/2/26

##### **291-131 Mail (AIC)**

- Amends rule to permanently adopt the temporary changes effective 7/3/25; and to clarify rules relating to legal mail and official mail.
- Virtual Public Hearing: 8/26/25 at 1:00pm
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

##### **291-141 General Library Services (AIC)**

- Amends rule to ensure a clear distinction is made between general library services and legal library services; align with current practices; replace the term "inmate" with "adult in custody"; clarify the rules or further define process; add or update definitions; improve consistency within these rules and with other department rules; and reorganize the rules for ease of understanding and to combine like topics.
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

• Effective: 7/3/25 through 12/29/25

##### **291-131 Mail (AIC)**

- Amends rule to (1) remove the "20-pound" weight restriction on envelopes and move to a "standard weight" restriction; (2) clarify the definitions and dispositions of mail that is refused and mail that is rejected; (3) clarify that business cards are unauthorized enclosures and that certain kinds of writing materials are not allowed; and (4) clarify that legal mail and official mail may include a single, postage-paid return envelope that meets the Division 131 rules' criteria, to facilitate return mail in legal and official matters and to bring the department's rules in line with its practices.

• Effective: 7/3/25 through 12/29/25

#### **PERMANENT RULES:**

##### **291-157 Release Funds**

- Amends rule to remove the set amount for release funds and discontinue the accompanying obsolete process. Other revisions clarified rules; made minor grammatical changes or changes to titles; updated statutory citations; changed the term "inmate" to "adult in custody"; removed gendered language; updated, added, or clarified definitions; and updated and further defined process.

• Effective: 7/3/25

/s/ J. Vaughn, Agency Rules Coordinator

#### **TEMPORARY RULES:**

##### **291-037 Release of Public Records – Request for Department Public Records**

- Amends rule to update process for non-AICs requesting public records from the department

# GROUP LIVING

## AIC Hats

Effective August 1<sup>st</sup>, 2025, OSP will no longer allow AICs to wear hats that are altered from their original state.

White or blue hats sold by canteen are the only hats AICs are allowed to wear. No writing, drawings or symbols are allowed.

AICs will have until August 1<sup>st</sup> to mail out their personal hats that do not meet this directive.

After August 1<sup>st</sup>, 2025, any altered AIC hats will be confiscated as contraband.

/s/ CPL. B. Gaither, Group Living

# LEGAL LIBRARY

## Library Request Form Reminder

All Legal Library Request Forms (CD1714) need to be filled out completely before schedule processing takes place.

SAMPLE

 <b>LAW LIBRARY REQUEST FORM</b> <b>GENERAL POPULATION</b>							
<small>Information requested below must be completed.</small>							
<small>This form must be completed in its entirety prior to submittal. Please answer "N/A" to questions that do not apply. If your request is not completed according to instructions, it will be returned to you unprocessed. If you have a deadline, please bring verification with you to your next scheduled court. If applicable, please attach a completed CO2A to this form.</small>							
Std #:	Last:	First:					
1234567	Doe	John					
<b>Section A - Case Information (Required)</b>							
Court Deadline Date:	/	Jurisdiction/Court:	N/A				
Case Number:	N/A	Case Name:	N/A				
Type of Court Filing:	N/A	<small>Ex: Direct Appeal, Subpoena, Trial Committee</small>					
<small>Are you represented by an attorney? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, attorney's name: _____</small>							
<small>Subject of your appointment: * List the reason for an appointment is.</small>							
<b>Section B - Program Schedule (Required)</b>							
Work Assignment: <input checked="" type="checkbox"/> None	Please list work schedule	Hours:	Days:				
Program: <input checked="" type="checkbox"/> None		Hours:	Days:				
Please list any programs you have		Hours:	Days:				
<table border="1"> <tr> <td colspan="2"> <b>Section C - Select Equipment Type</b> (Use comment section to describe your request in further detail if needed.)         </td> </tr> <tr> <td colspan="2"> <input type="checkbox"/> Desk Research   <input type="checkbox"/> Copy/Forms  <input type="checkbox"/> Legal Assistant   <input type="checkbox"/> Mail Out  <input type="checkbox"/> Notary   <input type="checkbox"/> AV  <small>Thin Client: <input type="checkbox"/> Computer Research <input checked="" type="checkbox"/> Word Processor</small>  <small>Comments: If there is any information that you feel needs to be added for your appointment, please let us know.</small> </td> </tr> </table>				<b>Section C - Select Equipment Type</b> (Use comment section to describe your request in further detail if needed.)		<input type="checkbox"/> Desk Research <input type="checkbox"/> Copy/Forms <input type="checkbox"/> Legal Assistant <input type="checkbox"/> Mail Out <input type="checkbox"/> Notary <input type="checkbox"/> AV <small>Thin Client: <input type="checkbox"/> Computer Research <input checked="" type="checkbox"/> Word Processor</small> <small>Comments: If there is any information that you feel needs to be added for your appointment, please let us know.</small>	
<b>Section C - Select Equipment Type</b> (Use comment section to describe your request in further detail if needed.)							
<input type="checkbox"/> Desk Research <input type="checkbox"/> Copy/Forms <input type="checkbox"/> Legal Assistant <input type="checkbox"/> Mail Out <input type="checkbox"/> Notary <input type="checkbox"/> AV <small>Thin Client: <input type="checkbox"/> Computer Research <input checked="" type="checkbox"/> Word Processor</small> <small>Comments: If there is any information that you feel needs to be added for your appointment, please let us know.</small>							
<small>Library Use Only</small>		<small>DO NOT WRITE BELOW THIS LINE</small>					
<small>PRIORITY LEVEL: <input type="checkbox"/> P/MU <input type="checkbox"/> RU</small>		<small>Library Use Only</small>					
<small>SCHEDULED FOR:</small>							
<small><input type="checkbox"/> Desk Research <input type="checkbox"/> Copy/Forms  <input type="checkbox"/> Legal Assistant <input type="checkbox"/> Mail Out  <input type="checkbox"/> Notary <input type="checkbox"/> AV  <small>Thin Client: <input type="checkbox"/> Computer Research <input type="checkbox"/> Word Processor</small></small>							
<small>Comments: Please Do not write in the Area</small>							
<small>Date Received: _____</small>		<small>Date Answered: _____</small>					
<small>Clerk Initials: _____</small>							
<small>Staff Signature: _____</small>							

This is a reminder that before submitting a Library Request Form, you must completely fill out Section A (Case Information), Section B (Program Schedule), and Section C (Select Equipment Type). If a section or question does not apply to your situation, write in the letters "N/A" in each area. Please do not write one large N/A.

**Incomplete forms will be returned for completion.  
Incomplete forms will not be processed.**

**Desk Research:** If you check **Desk Research Box** that is only working in Desk cubicle it is not allow access to a computer.

**Notary:** Bring an envelope. All notaries are mailed out of the legal library.

**Legal Assistant:** If you do not select a legal assistant. It will be selected for you.

/s/ R. Polk, Legal Library Coordinator

# JOB ANNOUNCEMENTS

## ODOC Facilities Infrastructure Team

Facilities would like to hire a laborer for our team. We need it posted in the Wall Street Journal please. Can we run advertisement for 2 weeks please?

**ODOC Facilities Infrastructure Team Opportunity**  
 The Facilities Electrical construction team is looking to hire a motivated AIC for opportunities on their fast paced team. We are currently looking to fill the position of laborer. This position will have opportunity to advance into an Electrical Apprenticeship once the team ratio allows.

Interested applicants must be able to meet the following criteria:

- Minimum 1-year clear conduct
- 3+ years left on sentence
- Skilled labor and technical aptitude preferred
- Available for 10 hours shifts Monday-Friday

Please submit an AIC application form, resume, and cover letter to Physical Plant/ ATTEN: S. Boren

/s/ S. Boren, Facilities Electrician

## MHI/BHU Unit Peer Wellness Specialist

Mental Health Infirmary (MHI) and Behavioral Health Unit (BHU) Behavioral Health Services (BHS) are now recruiting candidates to serve as Peer Wellness Specialists (previously known as Peer Companions). We are currently seeking individuals at OSP that are committed to promoting mental wellness and have an interest in helping others. This is a paid, primary position, with varied working hours/days, and cannot be held with other paid positions.

Individuals selected for this position will receive initial and on-going training from or identified by Behavioral Health Services, as well as ongoing supervision

toward skill development. Selected candidates will receive on-going training for the position through job shadowing, individual skills coaching, and ongoing staff supervision.

**\*Minimum Required Qualifications:**

- Clear conduct for 1 year
- In compliance with your Oregon Corrections Plan
- Treatment compliance if you receive Behavioral Health Services yourself.
- Engaged in positive, prosocial programming or activities.
- Ability to attend all the required training.
- Willingness to commit to the position as your only job for a minimum of a year.
- Ability to participate in physical activities.

**\*How to apply:**

Interested candidates will need to complete an application through IWP. In addition to this application, please submit a letter that includes the following:

- Why do I want to be a Peer Companion?
- How do I meet each of the minimum required qualifications for this position?

Following a review of all applications by BHS, qualified applicants will be further screened to include the AIC's assigned Correctional Counselor, past work supervisors, and security staff. Following this screening process, AICs will be notified and scheduled for a formal interview.

Please submit an application to Cassie Fort, MHI Manager, if you are interested. Applications will be accepted until all positions is full.

/s/ T. Assad, QMHP

## RELIGIOUS SERVICES

**Angel Tree**

Angel Tree is finally here. Please write the Chapel to receive an application. Application needs to be turned in by September 8, 2025.

If you would like the child or children in, your life to receive a Christmastime gift and personal note from you here is your chance through Angel Tree. Those caring for the child you love will gain access to encouraging, practical resources like Angel Tree's Family Portal and their newsletter, The Hope Connection. Sign up Today!!!

/s/ I. Witcraft, Chaplain

**Find Freedom and Hope Service**

UPCI is offering a renewed service starting in January on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays.

We understand the challenges of feeling locked in and locked out. These services are a time to reflect on how the Lord delivers us from what binds us and brings us into His freedom.

- Hear testimonies of transformation and hope.
- Discover the healing, freeing power of Jesus Christ
- Embrace the joy of living victoriously through Him.

Come as you are and discover true freedom in Jesus Christ.

Please send a kytic to the Chapel to sing up for this service.

Volunteer Ministers Doug Lethin & Dennis Mostyn

/s/ A. Y. Perlstein, Chaplain

## Weekly Chapel Schedule

**Saturday, August 9<sup>th</sup>:**

8:00 am	LDS Services
	Sweat Lodge
	Jehovah's Witness
1:00 pm	Jewish Service
	Seventh Day Adventist
6:00 pm	Calvary Chapel
	Siddha Yoga (2 <sup>nd</sup> and 4 <sup>th</sup> Saturdays)



**Sunday, August 10<sup>th</sup>:**

8:00 am	Protestant (Spanish service)
	Jehovah's Witness (Spanish service)
	Urantia (1 <sup>st</sup> and 3 <sup>rd</sup> Sundays)
1:00 pm:	Catholic
6:00 pm	Lutheran (1 <sup>st</sup> , 3 <sup>rd</sup> , and 5 <sup>th</sup> Sunday)
	Agape Family Services (2 <sup>nd</sup> and 4 <sup>th</sup> )

**Monday, August 11<sup>th</sup>:**

1:00 pm	Catholic (Spanish service)
6:00 pm	Pentecostal service

**Tuesday, August 12<sup>th</sup>:**

8:00 am	Becoming 01 (2 <sup>nd</sup> , 4 <sup>th</sup> )
1:00 pm	Orthodox Christianity (1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday)
	Art of Living (Meditate) (2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays)
6:00 pm	Buddhist (1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays)

**Wednesday, August 13<sup>th</sup>:**

1:00 pm	Justice issues
	Native drumming
6:00 pm	Most Excellent way chapel

**Thursday, August 14<sup>th</sup>:**

12:30 pm	Biblical Hebrew class
1:00 pm	TUMI
6:00 pm	Gospel service

**Friday, August 15<sup>th</sup>:**

1:00 pm	NOI Jumma Prayer
	Sunni Jumma prayer

---

## POINT TO PONDER

“Thinking is difficult,  
that's why most  
people judge.”

—

**To: All Adults in Custody**  
**From: DOC Director Michael Reese**  
**Date: July 29, 2025**

The Oregon Department of Corrections (DOC) has been making major improvements to healthcare for adults in custody (AICs) by bringing in experts, increasing staff, and updating operations.

The Health Services Division has already made several changes to the Therapeutic Levels of Care (TLC) process that remove delays in access to care. Offsite medical scheduling has been reorganized to help address the backlog of needed outside medical trips. DOC is also in the process of switching from using paper medical records for AICs to electronic health records (EHR). The update is a two-phase process and will be fully complete by the end of 2025.

Earlier this year, DOC hired the Falcon Group, a national consulting firm specializing in correctional healthcare, and they have conducted a thorough review of DOC's healthcare system. Falcon has provided DOC with a report of their findings, key observations, and a series of recommendations as part of their report. DOC will take the next 120 days to review the report and determine next steps.

We are committed to providing the care you need while incarcerated. Thank you for your patience and understanding.

The report will be available on AIC tablets and kiosks.

---

**Para: Todos los adultos bajo custodia**  
**De: Director del DOC, Michael Reese**  
**Fecha: 29 de julio de 2025**

El Departamento Correccional de Oregón (DOC) ha estado realizando mejoras importantes en la atención médica para adultos bajo custodia (AIC) incorporando expertos, aumentando el personal y actualizando las operaciones.

La División de Servicios de Salud ya ha implementado varios cambios en el proceso de Niveles Terapéuticos de Atención (TLC) que eliminan las demoras en el acceso a la atención. Se ha reorganizado la programación de citas médicas externas para abordar la acumulación de viajes médicos externos necesarios. El DOC también está en proceso de cambiar el uso de historiales médicos en papel para los AIC a historiales médicos electrónicos (HCE). La actualización es un proceso de dos fases y estará completamente finalizada para finales de 2025.

A principios de este año, el Departamento de Correccionales (DOC) contrató a Falcon Group, una consultora nacional especializada en atención médica penitenciaria, quien realizó una revisión exhaustiva de su sistema de salud. Falcon proporcionó al DOC un informe con sus hallazgos, observaciones clave y una serie de recomendaciones como parte de dicho informe. El DOC se tomará los próximos 120 días para revisar el informe y determinar los próximos pasos.

Nos comprometemos a brindarle la atención que necesita mientras esté en prisión. Gracias por su paciencia y comprensión.

El informe estará disponible en las tabletas y quioscos de AIC.



# Financial Services

## Informational Briefing

### *Savings Options for Adults in Custody*

#### **What is the Transitional Release Savings Account (TRSA)?**

- Funds in the TRSA are protected from debt/obligation collection and garnishment.
- Established per SB844(2017)/ORS 423.105 as a means for AICs to save funds for release from ODOC custody.
- 5% of each eligible deposit is transferred into an AIC's TRSA until the account reaches \$500.
- AIC's may elect to transfer funds into their TRSA by submitting a Trust Account Transfer Request form (CD1832) up to \$500.
- AIC's may continue the 5% deduction of their eligible deposits beyond \$500 if court-ordered financial obligations (COFOs) are satisfied.
- Funds in the TRSA are not available to AICs until release from ODOC custody (*no exceptions*).

#### **What is the General Savings Account (GS)?**

- Funds in the GS Trust Account are not protected from debt/obligation collection or garnishment.
- Established as an optional means for AICs to save funds for release outside of the TRSA.
- AIC's may elect to transfer funds into the GS Trust Account once per calendar month by submitting a Trust Account Transfer Request Form (CD1832).
- Funds in this account are not available until the AIC releases from ODOC custody; an exception may be granted by the CFO or designee per OAR 291 Div. 158.

#### ***What About External Savings Accounts?***

*AIC's may have accounts with external banking institutions however, ODOC staff are not able to facilitate. AIC's may not have unauthorized money items in their possession (such as checks).*

**Note:** Trust Account Transfer Request Forms (CD1832) are available on AIC housing units or through Business Services. If the amount being transferred is excessive, it will be limited. The minimum transfer amount is \$5.00.

*Please address any questions to Business Services by submitting an AIC communication (available electronically on the tablet).*

---

#### **Questions?**

*AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to [dldoctrustinfo@doc.state.or.us](mailto:dldoctrustinfo@doc.state.or.us).*

# AUGUST 2025

# 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>27-Jul</b>	<b>28-Jul</b>	<b>29-Jul</b>	<b>30-Jul</b>	<b>31-Jul</b>	<b>1</b>	<b>2</b>
AM A/D	AM C/E	AM C/E	AM C/E	AM A/D	AM MAINLINE SHOWERS	AM A/D
PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E
EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
AM C/E	AM A/D	AM A/D	AM A/D	AM C/E	AM MAINLINE SHOWERS	AM C/E
PM A/D	PM C/E	PM C/E	PM C/E	PM A/D	PM C/E	PM A/D
EVE C/E	EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D	EVE C/E
				PRAS		
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
AM A/D	AM C/E	AM PM	AM C/E	AM A/D	AM MAINLINE SHOWERS	AM A/D
PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E
EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D
				OCETGA		
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
AM C/E	AM A/D	AM PM	AM A/D	AM C/E	AM MAINLINE SHOWERS	AM C/E
PM A/D	PM C/E	PM C/E	PM C/E	PM A/D	PM C/E	PM A/D
EVE C/E	EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D	EVE C/E
				OCE TGA		
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
AM A/D	AM C/E	AM PM	AM C/E	AM A/D	AM MAINLINE SHOWERS	AM A/D
PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E
EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D	EVE C/E	EVE A/D
<b>31</b>	<b>1 Sep</b>	<b>2 Sep</b>				
AM C/E	AM A/D	AM C/E				
PM A/D	PM C/E	PM A/D				
EVE C/E	EVE A/D	EVE C/E				

A.M. - MORNING YARD ( 7:45 A.M. - 9:45 A.M. )  
 P.M. - AFTERNOON YARD ( 1:00 P.M. - 3:30 P.M. )  
 EVE - EVENING YARD ( 4:30 P.M. - SUNSET )

Mainline						Week at a Glance							
Monday 8/11/2025		Tuesday 8/12/2025		Wednesday 8/13/2025		Thursday 8/14/2025		Friday 8/15/2025		Saturday 8/16/2025		Sunday 8/17/2025	
BREAKFAST													
Week 3	Pancakes (Sod,Chl) - 3.00 EA Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Peanut Butter (Sfa,Chl) - 2.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Huevos Rancheros Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Fried Egg (Sfa,Chl) - 2.00 EA Refried Beans - 0.50 CP Ranchero Sauce (Sod) - 0.25 CP White Flour Tortilla (Sfa) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chl) - 1.00 EA Cheese Slice (Sfa,Chl) - 1.00 SLC English Muffin (Sfa,Chl) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Poultry Sausage (Chl) - 1.00 EA French Toast (Chl) - 2.00 SLC Maple Syrup - 2.00 FLOZ Margarine (Sfa) - 1.00 TBS Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Fairfax - 1.00 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP *Ham & Cheese Scramble (Chl,Sfa) - 0.75 CP Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Peanut Butter (Sfa,Chl) - 0.33 EA Hard Boiled Egg (Sfa,Chl) - 2.00 EA Breakfast Pastry (Sfa,Chl) - 1.00 EA EA EA EA EA EA EA EA EA	Fresh Fruit - 1.00 EA Peanut Butter (Sfa,Chl) - 2.00 EA Hard Boiled Egg (Sfa,Chl) - 1.00 EA EA EA EA EA EA EA EA EA EA EA EA	Oatmeal - 1.00 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP Poultry Sausage (Chl) - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Sugar PC - 2.00 EA	
Week 3													
LUNCH													
Week 3	Barbeque Chicken (Chl) - 0.50 CP Lentil Soup - 10.00 FLOZ Wheat Hoggie Roll - 1.00 EA Brown Rice - 0.75 CP Blended Vegetables - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Tuna Melt Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Potato Salad (Sfa,Chl) - 0.75 CP Peas & Carrots - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Turkey Club Sandwich on Wheat (Pork Bacon) (Sod,Chl,Sfa) - 1.00 EA Cole Slaw (Sod) - 0.75 CP Shredded Lettuce - 0.25 CP Mayonnaise - 1.00 TBS Carrots - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Vegetable Soup (Sod) - 10.00 FLOZ Chicken-Lettuce Salad (Chl) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sfa,Chl) - 2.00 TBS Salad Dressing (Sfa,Sod) - 2.00 FLOZ Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ *Ham & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Sliced Onions - 2.00 TBS Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Beef Fajita Mix (Sod,Chl,Sfa) - 0.50 CP Texas Slaw - 0.75 CP Onions & Bell Peppers - 0.50 CP Salsa (Sod) - 0.25 CP Whole Wheat Tortilla (Sfa,Sod) - 2.00 EA Lemon Cilantro Rice - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Chicken Quarter (Chl,Sfa) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Mashed Potatoes - 0.75 CP Poultry Gravy - 2.00 FLOZ Peas - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Ice Cream Cup - 1.00 EA Fortified Drink - 8.00 FLOZ	Beef Fajita Mix (Sod,Chl,Sfa) - 0.50 CP Texas Slaw - 0.75 CP Onions & Bell Peppers - 0.50 CP Salsa (Sod) - 0.25 CP Whole Wheat Tortilla (Sfa,Sod) - 2.00 EA Lemon Cilantro Rice - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Beef Fajita Mix (Sod,Chl,Sfa) - 0.50 CP Texas Slaw - 0.75 CP Onions & Bell Peppers - 0.50 CP Salsa (Sod) - 0.25 CP Whole Wheat Tortilla (Sfa,Sod) - 2.00 EA Lemon Cilantro Rice - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Beef Fajita Mix (Sod,Chl,Sfa) - 0.50 CP Texas Slaw - 0.75 CP Onions & Bell Peppers - 0.50 CP Salsa (Sod) - 0.25 CP Whole Wheat Tortilla (Sfa,Sod) - 2.00 EA Lemon Cilantro Rice - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Beef Fajita Mix (Sod,Chl,Sfa) - 0.50 CP Texas Slaw - 0.75 CP Onions & Bell Peppers - 0.50 CP Salsa (Sod) - 0.25 CP Whole Wheat Tortilla (Sfa,Sod) - 2.00 EA Lemon Cilantro Rice - 0.75 CP Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ		
DINNER													
Week 3	Beef Stroganoff (1 CP) (Chl,Sfa) - 1.00 CP Lettuce Salad - 1.00 CP Salad Dressing - 1.00 CP Pasta (Sod) - 1.00 CP Broccoli - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Chicken & White Bean Chili (Chl) - 10.00 FLOZ Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Brown Rice - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Choice Cookie (Sfa,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Canned Fruit - 0.50 CP Creamed Ground Beef (1.5 CP) (Chl,Sfa) - 1.50 CP Fried Potatoes - 0.75 CP Biscuit (Sfa,Sod) - 1.00 EA Margarine (Sfa) - 1.00 TBS Coffee - 8.00 FLOZ	*Pizza - Garlic Chicken - (Sod,Chl,Sfa) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Onions & Pickles (Sod) - 0.25 CP Blended Vegetables - 0.75 CP Choice Dessert (Sfa,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	*Jambalaya (Sod,Chl) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Blended Vegetables - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Cheeseburger (Chl,Sfa) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Green Beans - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Bread Pudding (Sod,Chl,Sug) - 0.50 CP Tea - 8.00 FLOZ	Macaroni & Cheese (Sod,Chl,Sfa) - 1.25 CP Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Cauliflower - 0.75 CP French Bread - 1.00 SLC Margarine (Sfa) - 1.00 EA Tea - 8.00 FLOZ	Cheeseburger (Chl,Sfa) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Green Beans - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Bread Pudding (Sod,Chl,Sug) - 0.50 CP Tea - 8.00 FLOZ	Cheeseburger (Chl,Sfa) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Green Beans - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Bread Pudding (Sod,Chl,Sug) - 0.50 CP Tea - 8.00 FLOZ	Cheeseburger (Chl,Sfa) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Green Beans - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Bread Pudding (Sod,Chl,Sug) - 0.50 CP Tea - 8.00 FLOZ	Cheeseburger (Chl,Sfa) - 1.00 EA Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Onions & Pickles (Sod) - 0.25 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Green Beans - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup (Sod) - 2.00 TBS Bread Pudding (Sod,Chl,Sug) - 0.50 CP Tea - 8.00 FLOZ		

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.  
\*Contains or may contain pork.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

© Powered By: Culinary Suite