Powder River

August 29, 2025

Adults in Custody (AIC) Newsletter

Aug./Sept.

Fire Camp Support See Page 11

Choir See Page 4



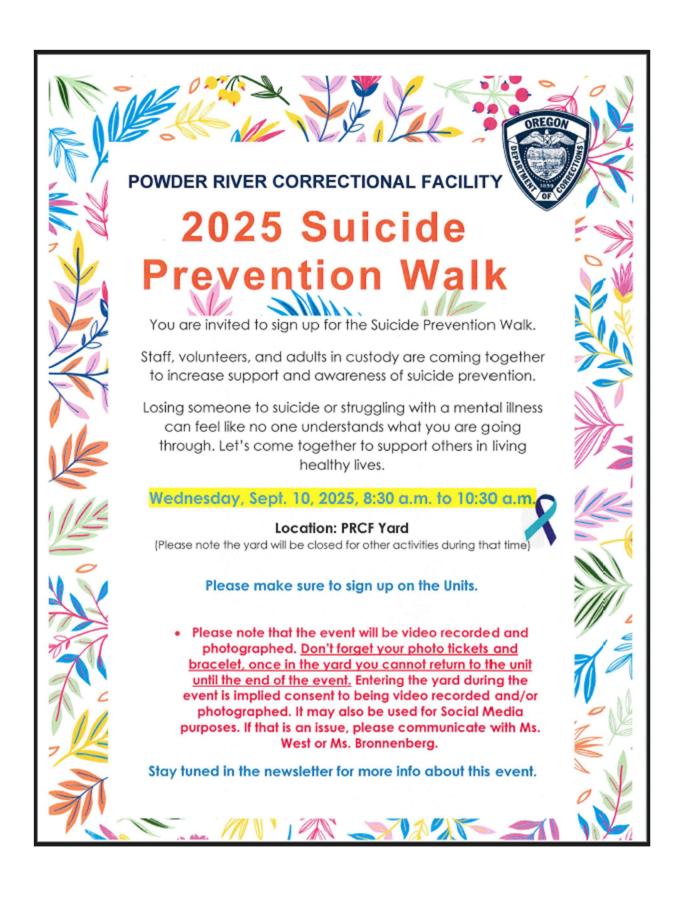
FRI	SAT	SUN	MON	TUE	WED	THU
AUG 29 th	AUG 30 th	AUG 31st	SEPT 1 ST	SEPT 2 ND	SEPT 3 RD	AUG 28 st
H: 86	H: 88	H: 87	H: 86	H: 88	H: 85	H: 85
L: 52	L: 52	L: 52	L: 53	L: 55	L: 54	L: 52
Mostly Sunny	Mostly Sunny	Partly Cloudy	Mostly Sunny	Partly Cloudy	Sunny	Sunny

Effective immediately, AICs can submit Visiting Applications electronically via the tablets!

With this simplified option available, Visiting Services will no longer accept applications submitted by counselors and/or support staff, on behalf of an AIC.

This change is to ensure consistent, adequate and equitable services for all!

If possible, please share with others at your facility that may be impacted by this update. Please do not hesitate to reach out with any questions. Thank you for your continued partnership!





Please send a communication to Ms. Hoopes by September 11, 2025

PRACTICE WILL START SEPTEMBER 15, 2025

Level 3 - Restricted



WHEN: SATURDAY 9/6/25 6:30P

WHO: Incentive Level 3 AIC'S

WHERE: The Dining Hall (Line up outside the breezeway)

Come down to the Dining Hall for a night of fun and prizes!



TOURNAMENT RESULTS AUG 2025

SINGLES CHAMPION Morgan, A.

RUNNER UP Reed, D.

DOUBLES CHAMPIONS
Henley, R. & Ryder, N.

RUNNER UPS
McKay, J. & Reed, D.

To: All Adults in Custody

From: DOC Director Michael Reese

Date: July 29, 2025

The Oregon Department of Corrections (DOC) has been making major improvements to healthcare for adults in custody (AICs) by bringing in experts, increasing staff, and updating operations.

The Health Services Division has already made several changes to the Therapeutic Levels of Care (TLC) process that remove delays in access to care. Offsite medical scheduling has been reorganized to help address the backlog of needed outside medical trips. DOC is also in the process of switching from using paper medical records for AICs to electronic health records (EHR). The update is a two-phase process and will be fully complete by the end of 2025.

Earlier this year, DOC hired the Falcon Group, a national consulting firm specializing in correctional healthcare, and they have conducted a thorough review of DOC's healthcare system. Falcon has provided DOC with a report of their findings, key observations, and a series of recommendations as part of their report. DOC will take the next 120 days to review the report and determine next steps. We are committed to providing the care you need while incarcerated. Thank you for your patience and understanding.

The report will be available on AIC tablets and kiosks.

From the Administrative Rules Program:

Below is the list of status changes made to DOC administrative rules since 2/4/2024.

PROPOSED RULES:

291-070 Records Management (Adult in Custody and Adult on Supervision)

- Amends rule to update the term "offender" to "adult in custody"; clarify these rules; to update for consistency within these rules and other department rules; and align definitions with those adopted by the department as standard.
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

291-131 Mail (AIC)

- Amends rule to permanently adopt the temporary changes effective 7/3/25; and to clarify rules relating to legal mail and official mail.
- Virtual Public Hearing: 8/26/25 at 1:00pm
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

291-141 General Library Services (AIC)

- Amends rule to ensure a clear distinction is made between general library services and legal library services; align with current practices; replace the term "inmate" with "adult in custody'; clarify the rules or further define process; add or update definitions; improve consistency within these rules and with other department rules; and reorganize the rules for ease of understanding and to combine like topics.
- Comments must be received by the Rules Office before: 9/19/25 12:00pm (noon)

TEMPORARY RULES:

291-037 Release of Public Records – Request for Department Public Records

- Amends rule to update process for non-AICs requesting public records from the department to
 - include a new online public records portal linked on the existing DOC website, and the process for submitting written requests in person; update process for AICs to submit requests for public records from the department; provide requirements and guidance on information to include in a request for public records; and clarify what the process is when a request for public records is submitted to the wrong unit.
- Effective: 7/16/25 through 1/2/26

291-131 Mail (AIC)

- Amends rule to (1) remove the "20-pound" weight restriction on envelopes and move to a "standard weight" restriction; (2) clarify the definitions and dispositions of mail that is refused and mail
 - that is rejected; (3) clarify that business cards are unauthorized enclosures and that certain kinds of writing materials are not allowed; and (4) clarify that legal mail and official mail may include a single, postage-paid return envelope that meets the Division 131 rules' criteria, to facilitate return mail in legal and official matters and to bring the department's rules in line with its practices.
- Effective: 7/3/25 through12/29/25

PERMANENT RULES:

291-157 Release Funds

- Amends rule to remove the set amount for release funds and discontinue the
 accompanying obsolete process. Other revisions clarified rules; made minor grammatical
 changes or changes to titles; updated statutory citations; changed the term "inmate" to
 "adult in custody"; removed gendered language; updated, added, or clarified definitions;
 and updated and further defined process.
- Effective: 7/3/25

What are the best exercises for losing weight?

The best exercises to incorporate into a weight-loss training program are those that promote calorie burn. These fall into two categories:

- **Strengthening exercises:** More muscle mass increases metabolic rate, therefore increasing your daily energy needs.
- **Aerobic/cardio exercises:** Helps with the goal of expending more energy and burning more calories.

Strength training and cardio: A balanced approach

- Strength training is a powerful tool for enhancing your <u>body composition</u> by increasing muscle mass. Not only does this make you stronger, but it also boosts your metabolism. Increased muscle mass means your body burns more calories, not just during exercise, but even while you're resting.
- If you're new to strength training, don't be alarmed by a slight <u>initial weight gain</u>.
 This is often due to temporary water retention, which is a normal physiological response to starting a new exercise routine.
- Cardio exercises like jogging, cycling, or <u>rowing</u> improve your cardiovascular health and burn more calories per hour compared to walking.
- Incorporating both cardio and strength training into your weekly workout routine
 is highly recommended. This balanced approach ensures you get the best of
 both worlds, optimizing your fitness and weight loss efforts.

How many days a week should I work out to lose weight?

Daily physical activity is an effective weight-loss strategy. As a baseline, the Physical Activity Guidelines for Americans recommends that all adults receive 150 minutes of aerobic activity each week. This could be:

- 7 days per week, 20–25 minutes per workout
- 6 days per week, 25 minutes per workout
- 5 days per week, 30 minutes per workout
- 4 days per week, 35–40 minutes per workout

NOTICE:

Currently, BTI is NOT scheduled for classes at PRCF.
At the time a contract is secured and BTI schedules a time to conduct classes at Powder River, AICs will be notified and provided the opportunity to apply.

Until then, please DO NOT inquire about dates/times for BTI

classes from staff. Thank you

PRCF AIP TRANFERS -

2024 the decision was made to ensure all Adults in Custody (AIC) participating in the Alternative Incarceration Program (AIP) are transferred to correctional facilities closer to their county of record prior to the beginning of the non-prison leave (NPL). The goal of this change was to ensure individuals releasing from the Oregon Department of Corrections (ODOC) can return to their communities and report for supervision in the most timely, safe, reliable, and efficient manner possible. Earlier this year, conversations began addressing concerns related to AICs not being able to take advantage of the full AIP program due to transferring out up to two weeks prior to their program completion and beginning of their NPL. The concerns were viable, and the department wants to ensure AICs can take full advantage of the services AIP provides. To ensure an AIC can complete the program prior to transferring to a closer facility for release onto NPL, the decision was made to extend the time between the institution program completion date and the date the NPL begins. Reentry and Release personnel, specifically release counselors, will set NPL start dates 14 days after the program completion date. If the NPL start date falls on a weekend or holiday, the NPL start date will be set to the last business day prior to the weekend or holiday. If you have questions related to this process change, please contact your treatment team.

SEASONAL RECRUITMENT

Adults in Custody FIRE CAMP SUPPORT

UPDATE

PRCF is recruiting for Fire Camp Support (not fire suppression at this time).

To qualify for this exciting opportunity, you:

- Must be a Classification Level 1 Unfenced.
- Your projected release date or start date of eligibility window for treatment program should be after 8/1/25.
- AICs in treatment program CANNOT participate in the fire crew at this time.
- You must be medically approved to work in the forest. Camp Support and Fire Suppression has the same medical review protocol. You must be reasonably fit to perform the duties of the assignment with no asthma or heart conditions.
- You must be approved by your counselor (Do not request authorization from your counselor.
 Please submit application directly to Ms. Pimentel)
- There are limited training spots.

You will be automatically disqualified if you:

- Have been convicted of a sexual offense, including attempts
- Have been designated "predatory" in any State
- Have been convicted of Arson or attempt

Working even in the fire camp support can be long hours, hard, strenuous work. The hours can be 10-16 hours a day in inclement weather over uneven terrain, requiring climbing, bending, stooping, digging, and lifting up to 50 pounds repetitively. **No pack test is required.** If you are selected, you will be trained in First Aid and CPR Certification and Food Handlers card.

Camp Support is awarded of the following:

- PRAS of 14 points per day, plus
- Meritorious award of \$12.50 per day on fire camp, plus
- Reentry Savings account of \$12.50 per day on fire camp

If you believe you meet the above criteria and would like to be considered for this work opportunity, please send a complete application form to the

IWP Coordinator

IWP Position

NEW HOPE – POWDER PALS PROGRAM Interested AICs are welcome to apply

New Hope for Eastern Oregon Animals (New Hope – Powder Pals) partnered with the Powder River Correctional Facility, Oregon Department of Corrections, since early 2011. A key focus of this work has been the ability to provide meaningful work for inmates in training homeless dogs. More specifically, the program assists homeless dogs lacking obedience skills and behavioral issues that limit the animal's ability to be re-homed successfully. New Hope for Eastern Oregon Animals is a Private Non-Profit whose purpose is to improve the lives of animals through kindness, understanding and respect. Their purpose is to rescue and rehabilitate animals in Eastern Oregon, increase awareness of animal well-being through education, and encourage a caring and safe environment for animals.

Work duties will include are but not limited to the following:

- Always follow the training program. Failure to follow the program will result in immediate removal from the program and may result in disciplinary action.
- Conduct or assist with scheduled training sessions.
- Conduct or assist with socialization of the animals.
- Follow the schedule of activities for the animals.
- Exercise animals daily.
- Keep a daily log of the animal's progress in the program.
- Feeding and watering following recommended daily amounts.
- Remove solid waste from kennel areas (inside and outside), and any other area as needed using approved Personal Protective Equipment (PPE).
- Clean kennel area (inside and outside) using appropriate chemicals and PPE.
- Must be willing to work in a variety of weather conditions.

Qualifications for opportunity to apply:

- 1. In compliance with DOC Case Plan
- 2. No major misconduct reports within the last 6 months
- 3. Minimum of 6-8 months remaining on sentence
- 4. No history of animal neglect or abuse
- 5. Willingness to work as a team, open to new training ideas, willingness to make a difference to an animal.
- 6. Be motivated for change and have a good attitude.
- Must be able to lift 50 lbs.

IF YOU ARE INTERESTED, PLEASE SEND AN APPLICATION FORM TO THE IWP COORDINATOR

SEPTEMER 2025

SUN	MON	TUE	WED	THU	FRI	SAT
					29 A&O CLASS	30
31	Turn in CD- 28s for tickets by 9pm	2	3	4 PRAS Payday	5 Coffee, Photo & Activity Tickets A&O CLASS	6
7	8 Turn in CD- 28s for tickets by 9pm	9	10	11	Coffee, Photo & Activity Tickets A&O CLASS	13
14	Turn in CD- 28s for tickets by 9pm	16	17	18	19 Coffee, Photo & Activity Tickets A&O Class	20
21	Turn in CD- 28s for tickets by 9pm	23	24	25	Coffee, Photo & Activity Tickets A&O Class	27
28	29 Turn in CD- 28s for tickets by 9pm	30	1	2	3 Coffee, Photo & Activity Tickets A&O Class	4

AIC Debt and Obligation Information

Note: Although the transitional savings trust account is considered an obligation, funds collected are owned by the AIC. Per ORS 423.105, 5% will be collected from eligible deposits and placed into the transitional savings trust account. Funds in the transitional savings trust account are not available until the AIC releases from ODOC custody.

Court Ordered Financial Obligation (COFO)	 Collected from eligible deposits per ORS 423.105 10% collected for COFO(s) from eligible deposits until the transitional savings trust account reaches \$500 Then, 15% collected for COFO(s) from eligible deposits until obligation(s) are satisfied 	 The department does not have case-specific information regarding COFOs; AlCs are encouraged to contact the court of record regarding their COFO details COFOs are not the same as County and US Court filing fees. Examples of COFOs are restitution, fines, fees, & child support COFOs will continue to collect during the Holiday Buying Period
DOC Debt	 Collected from eligible deposits Additionally, collections shall occur the last business day of the month per OAR 291 Div. 158 if funds are available 	 DOC debt includes but is not limited to debt incurred from various disciplinary fines, copy, and postage advances DOC debt is due upon receipt; if/when funds are not available; funds are advanced and set-up as debt Monthly, AlCs may spend up to \$40 of the first \$80 deposited into general spending DOC Debt may be suspended during the Holiday Buying Period unless a new disciplinary fee is applied
County Court Deferred Filing Fee Obligation	 Collected as funds become available Multiple collections may occur throughout the month Additionally, collections shall occur the last business day of the month 	 County obligations refer to deferred county filing fees These obligations are incurred when an AIC elects to file with the court and the court approves a deferred filing fee County Court fees will continue to collect during the Holiday Buying Period
Initial Federal / US Court Filing Fee Obligation	 Collected as funds become available Multiple collections may occur throughout the month Additionally, collections shall occur the last business day of the month 	 Initial Filing fees can be collected in total and are due upon receipt These obligations are incurred when an AIC elects to file with the court and the court approves a deferred filing fee Initial Federal/US Court filing fees will continue to collect during the Holiday Buying Period
Federal / US Court Deferred Filing Fee Obligation	Collected around the beginning of the month	 General filing fee collection amount determined by the previous month's deposit(s) 20% of previous months deposits multiplied by the number of cases is deemed collectable Federal/US Court Deferred filing fees will continue to collect during the Holiday Buying Period



Financial Services Informational Briefing

Court Ordered Financial Obligations (COFOs)

What are Court Ordered Financial Obligations (COFOs)?

COFOs are financial obligations owed by an Adult in Custody (AIC) assigned during a legal proceeding. COFOs may consist of restitution, fines, fees, child support, or civil judgements including money owed to a victim. *Note: COFOs are not the same as County and U.S. Court Filing Fees.*

Why does the Department of Corrections (DOC) collect COFOs?

Oregon Revised Statute (ORS) 423.105 became law in 2017, directing DOC to collect COFOs on behalf of the Oregon Judicial Department (OJD) and the Department of Justice (DOJ).

How are COFOs collected?

COFOs are collected from eligible deposits, or deposits that are not protected from debt and obligation collection. Examples of eligible deposits include AIC performance monetary awards (PRAS) and moneys received from an AIC's family or friends.

10% of each eligible deposit is collected until the AIC's transitional savings has reached \$500. After the AIC's transitional savings has reached \$500, 15% of each eligible deposit is collected for COFOs until those obligations are satisfied.

Who do I contact if I have questions about COFOs?

DOC is unable to provide case-specific information. AICs with questions or concerns about their COFO details should contact OJD/DOJ or the appropriate court of record.



Oregon Judicial Department (OJD)
Business and Fiscal Services
Division
Attn: Collections
1163 State St
Salem OR 97301

Department of Justice (DOJ)
Division of Child Support
PO Box 14680
Salem, OR 97309
(800)-850-0228

Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to dldoctrustinfo@doc.state.or.us.



Financial Services Informational Briefing

Savings Options for Adults in Custody

What is the Transitional Savings Account (TRSA)?

- Funds in the TRSA are protected from debt/obligation collection and garnishment.
- Established per SB844/ORS 423.105 as a means for AIC's to save funds for release from ODOC custody.
- 5% of each eligible deposit is applied into an AIC's TRSA until the account reaches \$500.
- AIC's may elect to transfer funds into their TRSA by submitting a Trust Account Transfer Request form (CD1832) up to \$500.
- AIC's may continue a 5% deduction of their eligible deposits beyond \$500 if court-ordered financial obligations (COFOs) are satisfied.
- Funds in the TRSA are not available to AIC's until reentry into the community (no exceptions).

What is the General Savings Account (GS)?

- Funds in the GS Trust Account are not protected from debt/obligation collection or garnishment.
- Established as an optional means for AIC's to save funds outside of the TRSA.
- AIC's may elect to transfer funds into the GS Trust Account once per calendar month by submitting a Trust Account Transfer Request Form (CD1832).
- Funds in this account are not available until the AIC releases from ODOC custody; an exception may be granted by the CFO or designee per OAR 291 Div. 158.

What About External Savings Accounts?

AIC's may have accounts with external banking institutions however, ODOC staff are not able to facilitate. AIC's may not have unauthorized money items in their possession (such as checks).

Note: Trust Account Transfer Request Forms (CD1832) are available on AIC housing units or through Business Services. If the amount being transferred is excessive, it will be limited. The minimum transfer amount is \$5.00.

Please address any questions to Business Services by submitting an AIC communication (available electronically on the tablet).

Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to dldoctrustinfo@doc.state.or.us.

PRCF Contact Mentor Program Contact Information: If you have questions regarding the Contact Mentor Program or the Oregon Way, or if you would like to participate in the program and be assigned to a mentor, please feel free to send an AIC Communication to Ms. Hoopes.

Security		New Directions Northwest		
Lt. Robbins				
Sgt. Gray				
Officer Hill				
Officer Martin				
Officer Gonzalez				
Officer Lefever				
Officer Chavez		Administration		
Officer Endersby		Mr. Folden—Physical Plant Manager		
Officer Erickson		Mr. Thomas—Physical Plant		
Officer Kisor		Ms. DeVoreAdministration		
Officer Leal		Ms. Geddes—Correctional Rehabilitation Mgr.		
Officer Lopez		Ms. Hoopes—Correctional Counselor		
Officer Thompson		Ms. Bronnenberg-Physical Plant		
Officer Willmarth		Mr. Clark—Superintendent		
Officer Spriet, S				
Officer Herrick				



August 29, 1792 - In one of the worst maritime disasters, 900 men drowned on the British battleship *Royal George*. As the ship was being repaired, a gust of wind allowed water to flood into open gun ports. The ship sank within minutes.

August 30

Birthday - Frankenstein author Mary Shelley (1797-1851) was born in London.

August 31, 1980 - Solidarity, the Polish trade union, was formed at Gdansk, Poland. Led by Lech Walesa, Solidarity opposed Communist rule and was outlawed in 1981. Seven years later, the re-legalization of Solidarity occurred and the government agreed to hold partially free parliamentary elections. Solidarity candidates scored stunning victories in the elections that followed, gaining power in Poland and paving the way for the downfall of Communism there.

September 1, 1715 - The "Sun King" (King Louis XIV of France) died. He had ruled since the age of five and was succeeded by his 5-year-old great-grandson Louis XV.

September 2, 1666 - The Great Fire of London began in a bakery in Pudding Lane near the Tower. Over the next three days more than 13,000 houses were destroyed, although only six lives were believed lost.

September 3, 1838 - Anti-slavery leader <u>Frederick Douglass</u> began his escape from slavery by boarding a train in Baltimore dressed as a sailor. He rode to Wilmington, Delaware, where he caught a steamboat to the free city of Philadelphia, then took a train to New York City where he came under the protection of the Underground Railway network.

September 4, 1781 - Los Angeles was founded by the Spanish Governor of California, Felipe de Neve, near the site of the Native American village of Yang-na. The original name was El Pueblo de la Reina de Los Angeles (The Town of the Queen of the Angels).



Prison Rape Elimination Act (PREA Information)

The Oregon Department of Corrections (ODOC) has a zero-tolerance policy for sexual abuse, sexual harassment and for retaliation for reporting an incident. You may report in person to any staff, through an AIC communication, through the grievance system, by calling the PREA hotline by making a language selection, then dialing 91 from any AIC phone.

Filing an Anonymous PREA Report

If you are uneasy about filing a PREA allegation, you may file an anonymous report with an outside agency. You may write to: Governor's Constituent Services Office 900 Court Street NE, Suite 254 Salem, Oregon 97301

Please indicate in the beginning of your letter you are filing a PREA allegation, and you are requesting to remain anonymous. The Governor's Office will refer all anonymous allegations to the DOC PREA Coordinator to assure an investigation is completed based off the information that is provided.

Opposite Gender Viewing/Announcements

Opposite gender staff announcement themselves when entering a housing unit by ringing a bell. This must be done any time the status quo of the gender supervision on a housing unit changes (if there is already an opposite gender staff on the unit then there is not needed to re-announce). When you hear the doorbell, opposite gender staff will be entering the housing unit so please make sure you are

covered up appropriately.

It is also important you undress in the appropriate locations. If you are in a bunk area, there are cameras throughout the facility so the designated changing/bathroom areas are the only areas you should be without undergarments. Opposite gender viewing may happen incidentally when staff are conducting routine cell checks. You can minimize this by keeping aware of the gender of supervision in your housing unit and ensuring you cover up when possible.

Community-Based PREA Advocacy (Support) Program

ODOC has partnered with community based, confidential advocates of sexual abuse victims to provide services to AICs. AICs at ODOC who have experienced sexual abuse may reach a community-based advocate by making a language selection, entering your AIC PIN, then press 0*711 AIC telephone systems, or may request a private call through the PREA Compliance Manager at the facility.

Advocates provide victims of sexual abuse information about their options, resources.

information, and emotional support. There is no charge for calls to advocates.

The community-based advocacy crisis line is for individuals needing assistance coping with sexual abuse related issues and should not be used for other purposes.

Telephone calls and mail with community-based advocacy centers is considered privileged communication and will be handled like legal calls/official mail. All advocacy calls are not monitored or recorded.

Advocates provide confidential support and crisis intervention, inform you about the investigation and medical examination process, educate you about healing from sexual abuse and offer resources and referrals.

Advocates will not tell you what to do, communicate with the institution unless you request them to do so and sign a release and will not provide legal advice.

Community-based advocacy centers provide sexual abuse support to people of all genders. Community-based advocates will not report unless you request them to do so and if you sign a release of information.

Just Detention International Headquarters is a national advocacy resource and can be reached at: 3325 Wilshire Blvd., Suite 340 Los Angeles, CA 90010

If you have any other questions regarding PREA, you may ask any staff member, write the PREA Compliance Manager at your institution, or you may write:

Ericka Sage PREA Coordinator Oregon Department of Corrections 3723 Fairview Industrial Drive, SE Salem, OR 97302

ATTENTION—INCENTIVE LEVEL OVERRIDE REQUEST FORMS

Incentive Level Override request forms are located on your unit along with the other AIC forms.

Please follow the directions and provide the necessary information in a clear and concise manner.

Please be sure to provide your information in a legible format.

Completed forms need to be submitted to Ms. Hoopes, MPB 505. Incomplete forms will not be accepted.

<u>PLEASE NOTE:</u> Incentive level override requests are behavioral based, not an absolute.

AT ANY TIME, your behavioral history may be reviewed to determine an incentive level **INCREASE OR DECREASE**.

Override requests are reviewed in a firm, fair and consistent manner. If you have submitted a form, please be patient during the review process.

Once a decision is made, your form will be returned to you with a decision or a request for additional information.

Please contact Ms. Hoopes, DOC Counselor, if you have questions regarding the Incentive Level Override process.

PRCF NATIVE AMERICAN CIRCLE

Native American sweat lodge 1st Saturdays Of every month starting on June 7th 2025 From 7am To 3pm

Native American Talk Circle/ Smudge Every Saturday of the week Starting in June 2025 From 9am to 10am

