



OSP Executive Management Team

January 1, 2026,

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HEALTH SERVICES

Opioid Use Disorder Medications

Health Services offers several forms of medications for Opioid Use Disorder with Brixadi being the most common. Brixadi and other treatments of Opioid Use Disorder reduce cravings and withdrawal of opioids. It is important to know, **Brixadi offers no protection against overdose.** Do not take other opioids, or drugs that are not prescribed to you, when taking Brixadi. Taking opioids or drugs while on Brixadi can increase the risk of opioid overdose, may worsen side effects, or even cause death. If you have questions about Brixadi or Opioid Use Disorder, please ask your medical provider.

/s/ H. Steward, Deputy Director of DOC

KOP Medline Updates and Reminders

First, we would like to say thank you for your patience and understanding as we roll out the EHR system and work on getting all the kinks worked out.

As you may have noticed we are not doing callouts to notify you that you're in-cell medications are ready for you to pick up. Instead, we are now sending yellow cards to notify you. You still have the option to come to either the 6am line or the 11am line. You do not have to have your yellow card with you, although it is helpful if you do. You do have to have your ID with you.

As always you need to stop by the pill line on your way to chow. If you wait until after chow, you run the risk the line will have been called, and you may have to wait until the next line. We call the line when the last block has let everyone out for chow. The chow hall always calls to ensure everyone in line has had a chance to go to chow before they stop serving.

Just a reminder no food, drinks, or containers of any kind empty or full are allowed on the carts for any reason. So please just don't put anything on the cart.

Make sure you are turning in your kytes into the medical kyte box on the control floor with the big red cross. Make sure you are putting your stickers for the

medications you are needing or the name of the medication you need. We cannot order all your medication; you must tell us what you need. Medications can only be refilled about 5 to 7 days early from the last fill date. This means we cannot fill them any earlier. Keep an eye on the date your prescription expires so you give plenty of notice that the expiration is upcoming so we can try and make sure you don't have to wait to get the prescription renewed. Also, on the back of your pill pack or the box your medication came in is the date the medication expires, so look at that too. Especially on the medications you don't use daily.

/s/ A. Giblin, DOC Pharmacy Tech

Toenail Trimming

NP Bono will be holding a once-a-month toenail trimming clinic for those individuals that have thick nails. If this is something you would be interested in, please send an AIC communication form (kyte) to medical to request.

/s/ K. Ross, RN BSN

JOB ANNOUNCEMENTS

Physical Plant General Maintenance/SMH Maintenance Shop OPENING!!

They Physical Plant General Maintenance Shop has an immediate opening for an AIC General/SMH Maintenance worker.

To be considered for this position, applicants must have a minimum of one (1) year clear conduct, knowledge of basic maintenance tools, the ability to work in confined spaces, at heights, and in all types of weather, must be able to pass routine urinary analysis.

To apply, please send an application, cover letter, and resume to Ed Harris, Physical Plant.

/s/ E. Harris, Phys. Plant General Maint. Shop

ICH Unit Peer Companion Position Announcement

We believe that inmates who have proven to be successful in the prison community can provide a valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, Peer Companions can help teach them how to more effectively and productively manage their own responses to their environment.

Mental Health Special Housing has one Peer Companion position open on the Intermediate Care Housing (ICH) unit. The Individual selected for this position will report to the ICH unit, yard, and/or treatment lounge for their shifts. We are looking for motivated, responsible individuals who have the willingness to work with both our elderly and special needs population. It is important for Unit Peer Companion candidates to behave in a manner that is respectful, safe, confidential, and honest, modeling patience, respectful communication, and the following of all unit and institution rules.

ICH Unit Peer Companions will have specific shifts and are responsible for assisting unit staff, QMHP's and treatment staff in ensuring that identified inmates housed on the ICH are getting their basic and daily needs met, which helps to improve their functioning and improve their overall quality of life while incarcerated.

Duties may also include escorting individuals to appointments, assisting individuals in groups, guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to activities in the day room, treatment lounge, or out for ICH yard time.

Please submit an application kyte to Tyann Etzel, ICH Program Manager if you are interested. Applications will be accepted until this position is full. To be eligible, you must be an incentive Level 2 or higher and have clear conduct for at least one year, it is preferred that you have one or more years left on your sentence.

/s/ Tyann Etzel, ICH Program Manager

RELIGIOUS SERVICES

Find Freedom and Hope Service

UPCI is offering a renewed service starting in January on the 2nd and 4th Thursdays.

We understand the challenges of feeling locked in and locked out. These services are a time to reflect

on how the Lord delivers us from what binds us and brings us into His freedom.

- Hear testimonies of transformation and hope.
 - Discover the healing, freeing power of Jesus Christ
 - Embrace the joy of living victoriously through Him.
- Come as you are and discover true freedom in Jesus Christ.

Please send a kyte to the Chapel to sing up for this service.

Volunteer Ministers Doug Lethin & Dennis Mostyn

/s/ A. Y. Perlstein, Chaplain

Weekly Chapel Schedule

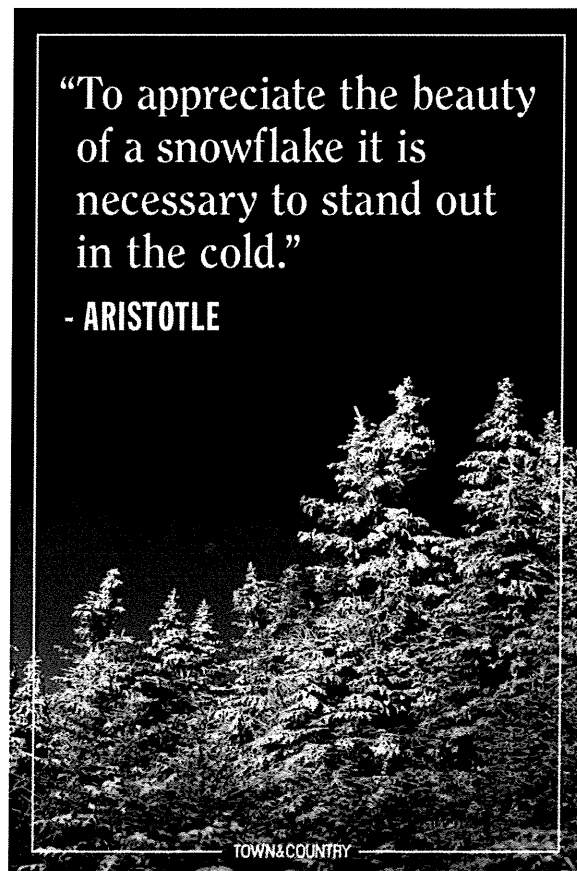
"Due to the ongoing construction and status of the Chapel/Education floor, the Chapel is operating on a modified schedule. Please monitor the AIC news channel and housing unit bulletin boards for updates to the Chapel Schedule."

/s/ Chaplains Perlstein, Richter, and Witcraft

POINT TO PONDER

"To appreciate the beauty
of a snowflake it is
necessary to stand out
in the cold."

- ARISTOTLE



TOWN&COUNTRY

Meal Service and Holiday Meal Updates

The Oregon Department of Corrections is facing a large budget shortfall for 2025–2027. Because of this, OSP has been directed to find ways to save money. We know that changes can feel like something is being taken away, so we want to be clear about what is and is not changing.

Regular Meals

Your regular meals will not change in quality, variety, or serving size. The daily cycle menu stays the same.

Holiday Meals

Thanksgiving & Christmas Meals

These holiday meals will follow the approved cycle menu. Items that are *not* on the regular menu, like Mike and Ike's, mints, olives, and pickles will not be served. All food will come on one tray.

New Year's Day Meal (January 1, 2026)

We will still serve steaks this year. However, because beef prices keep going up, this will likely be the last year steaks are served for New Year's. The meal will still be an upgrade from a regular cycle meal.

Meal Service in the Dining Room

Starting January 6, 2026, we will move to an interior tray line (a closed-window service model) for all General Population meals.

This change is being made to:

- Make sure everyone gets the correct portions
- Keep meals consistent
- Reduce waste and over-portioning

We will review it in July 2026 to see how well it works and if it helps save money while still providing good-quality meals.

To help you see what to expect, we will display sample trays (at the correct portion sizes) in the dining room. This will help you choose between the mainline meal and a Meat Alternative Tray (MAT) and help both AICs and staff understand the correct portion sizes.

Actualizaciones sobre el servicio de comidas y las comidas festivas

El Departamento de Correcciones de Oregón enfrenta un gran déficit presupuestario para el período 2025–2027. Debido a esto, se le ha indicado a OSP que busque maneras de ahorrar dinero. Sabemos que los cambios pueden sentirse como si se estuviera quitando algo, por lo que queremos ser claros sobre lo que cambia y lo que no cambia.

Comidas regulares

Sus comidas regulares no cambiarán en cuanto a calidad, variedad ni tamaño de las porciones. El menú diario rotativo se mantiene igual.

Comidas festivas

Día de Acción de Gracias y Navidad

Estas comidas festivas seguirán el menú rotativo aprobado. No se servirán artículos que no estén en el menú regular, como Mike and Ike's, mentas, aceitunas y pepinillos. Toda la comida se servirá en una sola bandeja.

Año Nuevo (1 de enero de 2026)

Este año aún se servirán bistecs. Sin embargo, debido a que los precios de la carne de res continúan aumentando, este probablemente será el último año en que se sirvan bistecs para Año Nuevo. La comida seguirá siendo una mejora en comparación con una comida regular del menú rotativo.

Servicio de comidas en el comedor

A partir del 6 de enero de 2026, se implementará una línea de bandejas interior (modelo de servicio con ventana cerrada) para todas las comidas de la Población General.

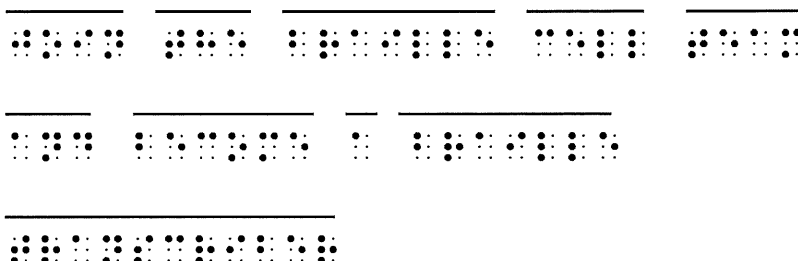
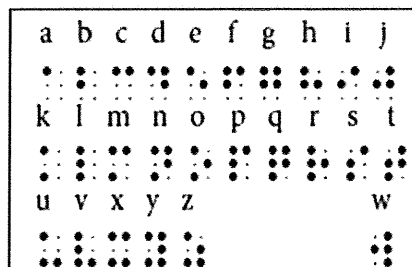
Este cambio se realiza para:

- Asegurar que todos reciban las porciones correctas
- Mantener la consistencia de las comidas
- Reducir el desperdicio y el exceso en las porciones

Se revisará en julio de 2026 para evaluar qué tan bien funciona y si ayuda a ahorrar dinero mientras se siguen ofreciendo comidas de buena calidad.

Para ayudarles a saber qué esperar, se exhibirán bandejas de muestra (con los tamaños de porción correctos) en el comedor. Esto ayudará a elegir entre la comida principal y la Bandeja Alternativa de Carne (MAT), y también ayudará tanto a las personas AIC como al personal a comprender los tamaños correctos de las porciones.

Do You Like to Learn?



OCE Position Announcement-Statewide

Braille Transcriber - Training and Certification Position

Oregon State Penitentiary (OSP) – Salem, OR

Are you interested in joining The Braille Cell team? Do you have a passion for helping others and are willing to learn a new skill? Are you a detailed oriented person and work well independently or with others. If this sounds like you and you meet the requirements below, come invest in your future by becoming a braille transcriber!

Why is this program important?

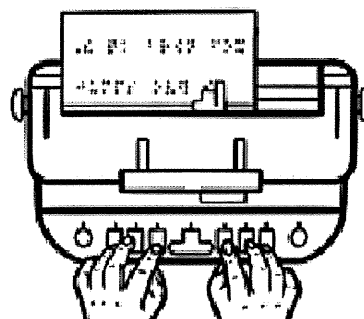
In this program we are working hard to build a community of transcribers who are responsible for empowering the blind and visually impaired community in Oregon.

Applicants must meet the following qualifications:

- Valid social security number
- Have at least 6 months' time incarcerated with clear conduct
- Must have no convictions for ID Theft, Fraud and/or Computer-related crimes
- Be willing to sign a 12-month retention agreement
- A release date after June 2031
- High School Diploma or GED

Skills we develop

- Braille transcription
- Time management
- Communication
- Working independently and collaboratively



All applicants will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

Application submission process: Complete a DOC Work Application referencing OCE Braille Program. Submit your application by January 1st 2026 for priority consideration to:

La'Stasha Kellogg and send it to OSP call center at OCE



**TAKE A STANCE
ON SECOND CHANCE**



Oregon DOC : Oregon DOC Institutions

Mainline

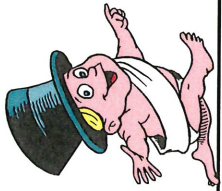
Week at a Glance

	Monday 1/5/26	Tuesday 1/6/26	Wednesday 1/7/26	Thursday 1/8/26	Friday 1/9/26	Saturday 1/10/26	Sunday 1/11/26
	BREAKFAST						
Week 7	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chl) - 1.00 EA Cheese Slice (Sfa,Chl) - 1.00 SLC Bagel - 1.00 EA Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Fresh Fruit - 1.00 EA Veggie & Cheese Scramble (Chl,Sfa) - 0.75 CP Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Farina - 1.00 CP Canned Fruit - 0.50 CP Sausage Gravy (Chl) - 0.75 CP Biscuit (Sfa,Sod) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Waffles (Sod) - 2.00 EA Peanut Butter (Sfa) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Dry Cereal - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.50 CP Shredded Cheese (Sfa,Chl) - 2.00 TBS Scone (Sfa,Sod,Chl) - 1.00 EA Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chl) - 0.33 CP *Pork Bacon (Sfa,Sod,Chl) - 3.00 SLC Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Multigrain Hot Cereal - 1.00 CP Fresh Fruit - 1.00 EA Yogurt (Sug) - 0.75 CP Breakfast Pastry (Sfa,Chl,Sug) - 1.00 EA Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
	LUNCH						
Week 7	Potato Soup - 10.00 FLOZ Turkey & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Yellow Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Coleslaw (Sod) - 0.75 CP Tuna Noodle Casserole (Chl,Sfa) - 1.25 CP Blended Vegetables - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Corn Chowder (Sod) - 10.00 FLOZ Chicken-Lettuce Salad (Chl) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sfa,Chl) - 2.00 TBS Salad Dressing (Sfa,Sod) - 2.00 FLOZ Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Bean Soup - 10.00 FLOZ *Grilled Ham & Cheese Sandwich on Wheat (Sod,Chl,Sfa) - 1.00 EA Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Texas Slaw - 0.75 CP Cincinnati Chili (Chl,Sfa) - 8.00 FLOZ Shredded Cheese (Sfa,Chl) - 2.00 TBS Sliced Onions - 2.00 TBS Spaghetti (Sod) - 1.00 CP Broccoli - 0.75 CP Cornbread (Sod,Chl) - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	*Soup of the Day (Sod,Chl) - 10.00 FLOZ Chicken Salad (Chl) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ FLOZ OZCKD Poultry Gravy - 2.00 FLOZ Mashed Potatoes - 0.75 CP Yellow Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Frosted Spice Cake (Sfa,Sod,Chl,Sug) - 1.00 PIECE Fortified Drink - 8.00 FLOZ
	DINNER						
Week 7	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken Quesadilla (Sod,Chl,Sfa) - 2.00 EA Salsa (Sod) - 0.25 CP Sour Cream (Sfa,Chl) - 2.00 TBS White Rice - 0.75 CP Corn - 0.75 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Sloppy Joe (Sod,Chl,Sfa) - 0.75 CP Wheat Burger Bun (Sfa,Chl) - 1.00 EA Carrots - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup - 1.00 TBS Fruit Bar (Sfa,Sod,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Loaf (Chl,Sfa) - 1.00 EA Baked Potato - 1.00 EA Sour Cream (Sfa,Chl) - 2.00 TBS Yellow Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheese Pizza (Sod,Chl,Sfa) - 1.00 EA Blended Vegetables - 0.75 CP Chocolate Brownie (Sfa,Chl,Sug) - 1.00 EA Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Chicken & Rice Casserole - 1.25 CP Carrots - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS *Gelatin & Whip Topping (Sfa) - 0.50 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Sod,Chl,Sfa) - 1.00 SV Brown Rice - 0.75 CP Seasoned Beans - 0.75 CP Tea - 8.00 FLOZ	Lettuce Salad - 1.00 CP Salad Dressing (Sod) - 1.00 FLOZ Chicken Marinara (Chl) - 1.00 CP Pasta (Sod) - 1.00 CP Carrots - 0.75 CP Focaccia Bread (Sod) - 1.00 EA Fresh Fruit - 1.00 EA Tea - 8.00 FLOZ

Menu subject to change without notice. Meat-Alternative-Trays available at lunch & dinner only.
*Contains or may contain pork.

Sod = High Sodium Sfa = High Saturated Fat Chl = High Cholesterol Sug = High Sugar

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JANUARY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28-Dec AM	29-Dec AM	30-Dec AM	31-Dec AM	1 AM	2 AM	3 AM
	C/E	Mainline Showers	C/E	A/D	Mainline Showers	
PM	A/D	C/E	A/D	PM	PM	PM
EVE	D	EVE	E	EVE	EVE	EVE
		A/C		D	A/C	
			NEW YEARS EVE			
4	5	6	7	8	9	10
AM	AM	AM	AM	AM	AM	AM
C/E	A/D	Mainline Showers	A/D	C/E	Mainline Showers	
PM	PM	PM	PM	PM	PM	PM
EVE	EVE	EVE	EVE	EVE	EVE	EVE
	A/C	E	D	A/C	E	
				PRAS		
11	12	13	14	15	16	17
AM	AM	AM	AM	AM	AM	AM
A/D	C/E	Mainline Showers	C/E	A/D	Mainline Showers	
PM	PM	PM	PM	PM	PM	PM
EVE	EVE	EVE	EVE	EVE	EVE	EVE
	A/C	E	A/C	E	D	
18	19	20	21	22	23	24
AM	AM	AM	AM	AM	AM	AM
C/E	A/D	Mainline Showers	A/D	C/E	Mainline Showers	
PM	PM	PM	PM	PM	PM	PM
EVE	EVE	EVE	EVE	EVE	EVE	EVE
	D	A/C	E	D	A/C	
	MLK DAY	OCE PAY				
25	26	27	28	29	30	31
AM	AM	AM	AM	AM	AM	AM
A/D	C/E	Mainline Showers	C/E	A/D	Mainline Showers	
PM	PM	PM	PM	PM	PM	PM
EVE	EVE	EVE	EVE	EVE	EVE	EVE
	A/C	E	D	A/C	E	

AM-MORNING YARD (7:45-9:45 AM)
 PM-AFTERNOON YARD (1:00-3:30 PM)
 EVE-EVENING YARD (7-9 PM) REC. BLDG. ONLY
NO LEVEL 3 NIGHT YARD

HAPPY NEW YEARS