



ADMINISTRATION

Below is the list of status changes made to DOC administrative rules since 2/4/2026.

PROPOSED RULES:

291-158 Trust Accounts

- Amends rule to change the term "inmate" to "AIC"; align the rules with current practices or with statutory definitions; codify current practice; clarify; update definitions or statutory references; establish guidelines for the assessment of fees to establish a trust account in accordance with ORS 421.125(2)(f); and clarify the AIC's responsibility associated with stop payment requests.
- **Comment Period:** Comments must be received by the Rules Office before 12:00PM (noon) on 4/24/2026.

291-203 Cost of Care

- Amends rule to clarify the department's procedure for cost of care collections for all AICs, regardless of the type of sentence being served.
- **Comment Period:** Comments must be received by the Rules Office before 12:00PM (noon) on 4/24/2026

TEMPORARY RULES:

291-203 Cost of Care

- Amends rule to clarify the department's procedure for cost of care collections for all AICs, regardless of the type of sentence being served.
- **Effective:** 3/4/2026 through 6/7/2026

PERMANENT RULES:

291-131 Mail

- Statutory Minor Correction to fix rule references in OAR 291-131-0030(1)(a) to defined terms within the rules.

- **Effective:** 3/4/2026

20.6.17 EAIP Funds

- Amends policy to centralize EAIP funds into a single statewide account; add cross references; update Purpose statement, definitions; positions and titles, and duties and responsibilities; clarify policy, and update attachment CD 1485.

- **Effective:** 2/10/26

30.1.4 Expenditure Authority

- Amends policy to clarify to whom and to what extent expenditure authority maybe be delegated or sub-delegated to DOC employees; remove gendered language; update definitions to improve clarity or simplify definitions or remove unnecessary definitions; update cross references; and reorganize.
- **Effective:** 3/2/26

/s/ J. Vaughn, Agency Rules Coordinator

GROUP LIVING

Prison Rape Elimination Act (PREA Information)

In 2003 the federal government enacted the Prison Rape Elimination Act (PREA). In May 2012, the US Department of Justice released its final rule in accordance with PREA. The purpose of this law is to reduce sexual abuse and sexual harassment in confinement settings by focusing on prevention, detection, and response.

The Oregon Department of Corrections fully supports the guidelines set forth in this law and remains committed to a zero-tolerance policy for sexual abuse and sexual harassment and retaliation for reporting an incident. Sexual abuse or harassment from other AICs or staff is never okay and never your fault. There are some key things you can do to protect yourself from being a victim.

- Avoid isolated or secluded areas
- Be aware of your body language
- Never share personal information
- Never borrow canteen items

- Never accept gifts from another AIC
- Be cautious of AICs offering to protect you
- Report all acts of violence against you

If you are the victim of sexual abuse or sexual harassment, your best defense is to report the incident as quickly as possible. There are multiple ways to report, including reporting anonymously.

- In person to any staff
- Through an AIC communication
- Through the grievance system
- Call the Inspector General's Hotline (Pick up handset, make language selection and dial "91")
- Write the Governor's Office (State Capitol, Room Suite 254, 900 Court St., Salem, Oregon 97301), and you can request to remain anonymous
- Friends or family can report on your behalf (877- 831-0389)

You can be assured that the information will be received in a confidential manner.

If you have been victimized, it is important to remember not to wash away the evidence.

- Don't shower
- Don't remove or wash your clothes
- Don't brush your teeth



The Department of Corrections rules prohibit any form of sexual activity. Beyond rules, forced or coerced sexual behavior is a criminal offense and the department will take every action possible to hold perpetrators accountable, including prosecution resulting in additional time in prison.

/s/ B. Gaither, Grp Living Captain

JOB ANNOUNCEMENTS

OCE OSP Call Center Phone Agent

- The OCE OSP Call Center is recruiting for Phone Agents. Applicants must pay attention to detail and adhere to a high-quality standard in a fast-paced environment while meeting an ideal quota. Workers must be motivated and able to maintain a professional attitude at all times. Position awards PRAS points, with the opportunity to earn a matching Team Goal Award, and a client offered IMAP. This position has opportunities for reviews, promotions, and advancement. The schedule will require you to work, 7:00 to 3:10, Five (5) days per week.

Duties include:

- Strong work ethic
- Speaking clearly
- Making phone calls

- Meet OCE/client expectations
- Consistent professionalism
- Time management
- Self-motivated

Applicants must meet the following qualifications:

- Have a valid social security number or equivalent
- Have a High School Diploma/GED - or be working towards one
- Have at least six (6) months clear conduct while incarcerated with no program failures
- Not involved in conflicting programs or activities during the assigned shift
- Be willing to sign a twelve (6) month retention agreement
- Incentive level 2 or 3
- No I.D. theft or forgery convictions on your record

Essential functions include ability to:

- Remain seated at a monitor and operate a computer for extended periods of time
- Communicate respectfully with staff, AICs, and phone contacts
- Work in an office setting subject to potential interruptions and background noises
- Receive training and quality-control advice and corrections from other AICs and staff
- Stay on task while working in a team setting and independently

If you are interested in becoming highly marketable upon release, utilizing modern technology, and making a difference within OCE, DOC, and the community, this position may be what you've been looking for. All applicants will need to pass a DOC/OCE security screening and OCE interview before being considered for the position.

Application submission process:

If you are interested in applying, please complete an OCE AIC Work Application referencing OSP Call Center as the position. Submit application/inquiry to OCE-OSP Call Center – R. Masterson, 2605 State St, Salem, OR 97310

NOTE: Any transfer is subject to security protocols and may delay the process.

/s/ K. Thompson, OSP Services GM

ICH Unit Peer Companion Position Announcement

We believe that inmates who have proven to be successful in the prison community can provide a valuable resource to peers within that community. By listening to and mentoring peers who are struggling with various disabilities, Peer Companions can help

teach them how to more effectively and productively manage their own responses to their environment. Mental Health Special Housing has one Peer Companion position open on the Intermediate Care Housing (ICH) unit. The Individual selected for this position will report to the ICH unit, yard, and/or treatment lounge for their shifts. We are looking for motivated, responsible individuals who have the willingness to work with both our elderly and special needs population. It is important for Unit Peer Companion candidates to behave in a manner that is respectful, safe, confidential, and honest; modeling patience, respectful communication, and the following of all unit and institution rules.

ICH Unit Peer Companions will have specific shifts and are responsible for assisting unit staff, QMHP's and treatment staff in ensuring that identified inmates housed on the ICH are getting their basic and daily needs met, which helps to improve their functioning and improve their overall quality of life while incarcerated.

Duties may also include escorting individuals to appointments, assisting individuals in groups, guiding or accompanying individuals who have difficulty walking or who are resistant to engaging in activities outside of their cells to activities in the day room, treatment lounge, or out for ICH yard time.

Please submit an application kyte to ICH Program Manager if you are interested. Applications will be accepted until this position is full. To be eligible, you must be an incentive Level 2 or higher and have clear conduct for at least one year, it is preferred that you have one or more years left on your sentence.

/s/ T. Etzel, ICH BHS Manager

HEALTH SERVICES

STD Education and Testing

So, to clarify some information:

Some of you are on very expensive medications, whether it be for Cardiac, diabetes, MAT, Mental Health, GI issues, pulmonary issues etc. If the DOC follows certain criteria we in return get a discount on these expensive medications. Thus, allowing us to be able to use the best medications on the market for your health. One of the criteria is STD education and offering of STD testing. Which is why some of you will receive a booklet regarding STDs. We are not singling anyone out. You get your booklet and are offered testing. It is then documented. The criteria is then met. What do a lot of these medications and STDs have in common, who knows. But if DOC can acquire the newest and better medications on the market for our patients by doing this simple thing then that's what we will do.

As always, STD testing is always free and available anytime. Just send a kyte. If you are awaiting results of your testing, please send me a kyte, as with this new system I'm not sure who has, hasn't, or needs to be informed and I can get you scheduled. If you have a parole date coming up quickly, please mention that so I can make sure and get you schedule quicker.

/s/ K. Ross, RN BSN/T. Ralls, RN

RELIGIOUS SERVICES

Find Freedom and Hope Service

UPCI is offering a renewed service starting in January on the 2nd and 4th Thursdays.

We understand the challenges of feeling locked in and locked out. These services are a time to reflect on how the Lord delivers us from what binds us and brings us into His freedom.

- Hear testimonies of transformation and hope.
 - Discover the healing, freeing power of Jesus Christ
 - Embrace the joy of living victoriously through Him.
- Come as you are and discover true freedom in Jesus Christ.

Please send a kyte to the Chapel to sing up for this service.

Volunteer Ministers Doug Lethin & Dennis Mostyn

/s/ A. Y. Perlstein, Chaplain

Weekly Chapel Schedule

"Due to the ongoing construction and status of the Chapel/Education floor, the Chapel is operating on a modified schedule. Please monitor the AIC news channel and housing unit bulletin boards for updates to the Chapel Schedule."



/s/ Chaplains Perlstein, Richter, and Witcraft

POINT TO PONDER





Correctional Services Division | Legal and Library Services Assigned Network Storage Space

DOC is making an important change to how adults in custody (AICs) use legal resources on AICnet workstations. From now on, each AIC will have their own personal login. This update will help improve security, track use more clearly, and make online services easier to access.

What's Changing:

- **Individual Logins:** Every AIC will have their own username and password.
- **Storage:** Each login has network storage capability.
- **Improved Security & Reliability:** The new storage system is more secure and dependable.
- **Location-Based Availability:** Storage access may change depending on the facility or area.

Why This Matters:

- **Better Data Protection:** Individual logins help keep data safe and prevent unauthorized access.
- **Improved User Experience:** AICs can always reach their own files and resources.

Effective March 3rd, 2026, the Oregon Department of Corrections will begin requiring AICs at OSP to transfer authorized legal documents stored on their assigned removable media device (RMD) from the Legal Library onto a network storage space as assigned by staff in accordance with OAR 291-139-0190.

Due to inherent security risks associated with RMDs, AICs will be required to transfer all documents stored on their assigned drive(s) to an assigned network storage space by July 1, 2026.

In an effort to minimize disruption and accidental loss of data, Library Coordinators shall securely store previously assigned RMDs for 21 days. If, after 21 days, no report of missing or corrupt data has been made, the Library Coordinator shall dispose of the RMD in accordance with ODOC [Policy 60.3.2 \(III\)\(e\)](#).

AICs who do not comply with this directive shall lose access to their assigned RMD but may choose to either mail out their assigned RMD from the Law Library via USPS to a location of their choosing or purchase a one-time print of all documents that do not pose a significant security risk. An AIC may go into debt to purchase an envelope or a single copy of documents.

NOTICE AVISO

OREGON STATE PENITENTIARY IS UNDERGOING A PRISON RAPE ELIMINATION ACT (PREA) COMPLIANCE AUDIT

OREGON STATE PENITENTIARY ESTA LLEVANDO A CABO UNA AUDITORÍA DE CUMPLIMIENTO DE PREA (EL ACTA DE ELIMINACIÓN DE AGRESIÓN SEXUAL EN PRISIONES)

OREGON STATE PENITENTIARY will be audited by a Department of Justice (DOJ) PREA auditor(s) to determine compliance with the DOJ's National Standards to Prevent, Detect, and Respond to Prison Rape under the Prison Rape Elimination Act.

OREGON STATE PENITENTIARY será auditado por un auditor de la PREA del Departamento de Justicia (DOJ) para determinar el cumplimiento de las normas nacionales del DOJ para prevenir, detectar y responder a casos de abuso y acoso sexual en cumplimiento con el Acta de Eliminación de Agresión Sexual en Prisiones (PREA en inglés).

The PREA Auditor(s) will be at the facility to conduct the audit beginning on **March 31, 2026**.

*El Auditor de PREA estará en las instalaciones para llevar a cabo la auditoría a partir del **31 de marzo de 2026**.*

Any person with information relevant to this PREA compliance audit may confidentially* correspond with the PREA Auditor(s) by sending a letter directly to the following address:

Cualquier persona con información relevante para esta auditoría de PREA puede comunicarse confidencialmente con los auditores de PREA enviando una carta directamente a la siguiente dirección:*

**HEATHER BALTZ
6339 Charlotte Pike
UNIT C380
Nashville, TN 37209**

*Confidentially means that all correspondence and disclosures during interviews with the PREA Auditor(s) and support staff are confidential and will not be disclosed unless required by the law or the PREA Auditor Handbook. There are exceptions when confidentiality must be broken, such as, but not limited to: if an inmate reports an experience of sexual abuse or sexual harassment while confined; if the person is in immediate danger to themselves or others (e.g. suicide or homicide); allegations of suspected child abuse, neglect, or maltreatment; in a legal proceeding where information has been subpoenaed by a court of appropriate jurisdiction.

Confidencialmente significa que toda la correspondencia y las divulgaciones durante las entrevistas con los auditores de PREA y el personal de apoyo son confidenciales y no se divulgarán a menos que lo exija la ley o el manual del auditor de PREA. Hay excepciones cuando se debe romper la confidencialidad, como, pero no limitado a: si un recluso reporta una experiencia de abuso sexual o acoso sexual mientras está confinado; si la persona está en peligro inmediato para sí misma o para otros (por ejemplo, suicidio u homicidio); acusaciones de sospecha de abuso, negligencia o maltrato infantil; en un procedimiento legal donde la información ha sido citada por un tribunal de jurisdicción apropiada.

Correspondence shall be processed as legal mail. To avoid inspection, indicate on the envelope that the contents are for the PREA Audit.

Toda la correspondencia enviada por un recluso será tratada como correspondencia legal. Para evitar la inspección, indique en el sobre que los contenidos son para la auditoría PREA.



Choose healthful foods from all food groups to power your day with a variety of nutrients. Fuel your body with energy by using these tips:

- Vary your nutrition by requesting the Meat-Alternative Tray (MAT), at lunch and dinner, throughout the week.
- Request peanut butter at breakfast or beans at lunch and dinner to replace the meat entrée.
- Request fruit instead of dessert.
- Choose commissary foods with the heart icon for heart-healthy options.
- Eat a variety from all food groups including grains, protein, fruits, vegetables, and dairy or calcium-rich foods.
 - **Grains:** Cereals like oatmeal, bread, rice, pasta, tortillas, popcorn, etc. Make half your grains whole grains for added nutrients by choosing 100% whole wheat products or brown rice.
 - **Protein:** Lean meat, poultry without skin, fish, eggs, beans, peas, lentils, nuts, seeds, etc.
 - **Fruits & Vegetables:** Eat a rainbow for a variety of nutrients.
 - **Dairy or calcium-rich foods:** Nonfat or low-fat milk, yogurt, cheese or fortified milk alternatives, broccoli, sunflower seeds, almonds, etc.



Financial Services

Informational Briefing

*Processing AIC Financial Transactions
Group Activity Events & Request For Withdrawal of Funds (CD28s/CD28Ps)*

This briefing is intended to provide Adults in Custody (AICs) & Department staff with a general overview of what to expect when withdrawal requests are submitted for processing.

Plan Ahead

CD28s/CD28Ps must be submitted for processing two weeks prior to an event per DOC Policy 30.1.6, AIC Revenue Generating Activities and Programs. This ensures appropriate levels of service and time to process the CD28s/CD28Ps and collect funds prior to an event.

Per OAR 291-145, Group Activities, AICs with insufficient funds will not be allowed to take part in a group activity that has a cost associated with participation.

Business Services does not hold CD28/CD28Ps.

CD28s/CD28Ps are processed upon receipt by the Business Office. If the workload is high, processing will typically occur within five business days of receipt.

If a CD28/CD28P needs to be processed on or after a specific date, AICs and facilitating staff should submit their requests accordingly.

Responsible Financial Management

When an AIC provides their signature and submits a CD28/CD28P for processing, the AIC is consenting to the withdrawal of funds from their trust account at the time of submission.

The AIC is responsible for tracking and confirming the availability of sufficient funds in their trust account. This includes accounting for any outstanding or pending financial transactions, including, but not limited to, communications transfers, commissary orders, and check requests.

Failure to account for sufficient available funds and/or pending transactions may result in CD28s/CD28Ps being returned due to insufficient funds.

*****IMPORTANT*****

AIC Trust Account information is protected information and should only be accessed by authorized Financial Services staff with access to the Department's AIC Banking System.

Questions?

AICs may submit an AIC Communication form to Business Services (electronic communication option preferred & available on the tablet). Friends and Family may submit questions to dldoctrustinfo@doc.state.or.us.

FS AIC Info Briefing Aug 2025



**STATE OF OREGON
DEPARTMENT OF CORRECTIONS
OREGON STATE PENITENTIARY**

INTEROFFICE MEMO

DATE: March 6, 2026

TO: OSP AIC Population

FROM: *Corey Fhuere*
Corey Fhuere
Superintendent
Oregon State Penitentiary

SUBJECT: Operational Change – Head Coverings Indoors

Effective March 22, 2026

Hello Everyone,

The Oregon State Penitentiary is making an operational change due to recent statewide Department of Corrections review regarding AICs wearing hats indoors.

All other DOC institutions no longer allow AICs to wear hats indoors. To ensure consistency to meet statewide expected standards, OSP Adults in Custody are no longer permitted to wear ball caps, blue knit caps, doo-rags, or other non-religious head coverings while indoors. All other DOC institutions already follow or have implemented this practice.

Authorized work-related head coverings, such as those worn by Physical Plant, OCE and Food Service workers, will continue to be allowed while working. Head coverings will continue to be allowed while in your cell. Head coverings will be allowed in the breezeway but not in AIC dining.

This change is being implemented to enhance security practices and to ensure consistency with Department standards.

Thank you.

To: All Adults in Custody

Subject: Changes to Visiting Days

You may have heard that DOC, like all other state agencies, is experiencing budget pressures and staffing challenges. Because of this, we need to make some changes.

We want you to know that visiting days will be reduced at all facilities in the coming months. If you are in minimum custody, visiting will be on weekends only, unless noted for holidays or special events. If you are in medium custody, visiting will be on two weekdays and on weekends.

We know this is difficult news. Visiting is a key part of supporting the well-being of adults in custody, maintaining family ties, and preparing individuals for successful reentry. DOC remains committed to ensuring visits continue to play a meaningful role within our facilities. We are trying to make this a short-term change, not a permanent one. As budget conditions change, we will always be looking for ways to increase visiting options. Adjusting visiting schedules is one of many steps DOC is taking to help manage the budget challenges while we balance maintaining safety and daily operations such as dayrooms, yard times, programming, education, and other operational requirements.

Let your family and friends know they should call or check with the facility to find out the exact visiting days and times or to check our website. They can also sign up for real-time visiting alerts, so they receive text and emails about changes as they happen.

With Fewer visiting days available, visitors are encouraged to schedule their visit in advance through the ICSolutions website. Booking ahead helps ensure the visit can be accommodated and may help avoid wait times for walk-in visitors.

Visiting days and hours for **Oregon State Penitentiary** effective **April 1, 2026**

General Population Visiting:

- Sunday - 7:15 a.m.–10:15 a.m. and 12:15 p.m.– 3:45 p.m.
- Monday - 7:15 a.m.–10:15 a.m. and 12:15 p.m.– 3:45 p.m.
- Tuesday - 7:15 a.m.–10:15 a.m. and 12:15 p.m.– 3:45 p.m.
- Wednesday – Closed
- Thursday – Closed
- Friday – Closed
- Saturday - 7:15 a.m.–10:15 a.m. and 12:15 p.m.–3:45 p.m.

Special Management Housing:

- Closed: Wednesday – Friday
- Open: Sunday – Tuesday - By appointment only; 8:00 a.m.–10:00 a.m. and 11:30 a.m.–1:45 p.m.
 - Scheduling: Visits must be scheduled in advance through the ICSolutions Website.

Thank you for your patience and understanding.

Para: Todas las Personas Adultas Bajo Custodia

Asunto: Cambios en los Días de Visita

Es posible que hayan escuchado que el DOC, al igual que todas las demás agencias estatales, está experimentando presiones presupuestarias y desafíos de personal. Debido a esto, necesitamos realizar algunos cambios.

Queremos informarles que los días de visita se reducirán en todas las instalaciones en los próximos meses. Si usted se encuentra en custodia mínima, las visitas serán solo los fines de semana, a menos que se indique lo contrario por días festivos o eventos especiales. Si usted se encuentra en custodia media, las visitas serán en dos días entre semana y también los fines de semana.

Sabemos que esta es una noticia difícil. Las visitas son una parte clave para apoyar el bienestar de las personas adultas bajo custodia, mantener los lazos familiares y preparar a las personas para una reintegración exitosa. El DOC sigue comprometido a garantizar que las visitas continúen desempeñando un papel significativo dentro de nuestras instalaciones. Estamos tratando de que este sea un cambio a corto plazo, no permanente. A medida que cambien las condiciones presupuestarias, siempre estaremos buscando maneras de aumentar las opciones de visitas. Ajustar los horarios de visita es uno de los muchos pasos que el DOC está tomando para ayudar a manejar los desafíos presupuestarios mientras mantenemos el equilibrio entre la seguridad y las operaciones diarias, como las salas comunes, los horarios de patio, los programas, la educación y otros requisitos operativos.

Informe a su familia y amigos que deben llamar o comunicarse con la instalación para conocer los días y horarios exactos de visita o consultar nuestro sitio web. También pueden registrarse para recibir alertas de visitas en tiempo real, de modo que reciban mensajes de texto y correos electrónicos sobre los cambios cuando ocurran.

Con menos días de visita disponibles, se recomienda a los visitantes programar su visita con anticipación a través del sitio web de ICSolutions. Reservar con anticipación ayuda a asegurar que la visita pueda realizarse y puede ayudar a evitar tiempos de espera para visitantes sin cita previa.

Días y horarios de visita para Oregon State Penitentiary efectivos a partir del 1 de abril de 2026

Visitas de Población General:

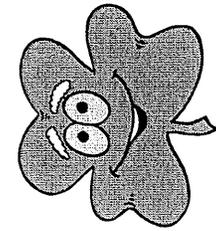
- **Domingo:** 7:15 a.m. – 10:15 a.m. y 12:15 p.m. – 3:45 p.m.
- **Lunes:** 7:15 a.m. – 10:15 a.m. y 12:15 p.m. – 3:45 p.m.
- **Martes:** 7:15 a.m. – 10:15 a.m. y 12:15 p.m. – 3:45 p.m.
- **Miércoles:** Cerrado
- **Jueves:** Cerrado
- **Viernes:** Cerrado
- **Sábado:** 7:15 a.m. – 10:15 a.m. y 12:15 p.m. – 3:45 p.m.

Alojamiento de Manejo Especial (Special Management Housing):

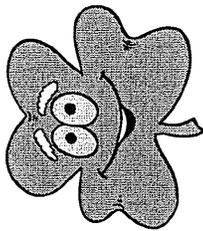
Solo con cita previa; **8:00 a.m. – 10:00 a.m. y 11:30 a.m. – 1:45 p.m.**

Programación: Las visitas deben programarse con anticipación a través del sitio web de ICSolutions.

Gracias por su paciencia y comprensión.



MARCH 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
AM C/E	AM A/D	AM A/D	AM A/D	AM C/E	AM C/E	AM C/E
PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D
EVE E	EVE D	EVE A/C	EVE E	EVE D	EVE A/C	EVE E
FULL MOON						
8	9	10	11	12	13	14
AM A/D	AM C/E	AM A/D	AM C/E	AM A/D	AM A/D	AM A/D
PM C/E	PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM C/E
EVE D	EVE A/C	EVE E	EVE D	EVE A/C	EVE E	EVE D
DAYLIGHT SAVINGS TIME BEGINS						
15	16	17	18	19	20	21
AM C/E	AM A/D	AM A/D	AM A/D	AM C/E	AM C/E	AM C/E
PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM A/D	PM A/D
EVE A/C	EVE E	EVE D	EVE A/C	EVE E	EVE D	EVE A/C
BENITO JUAREZ'S BIRTHDAY (MX) ST. PATRICKS DAY						
22	23	24	25	26	27	28
AM A/D	AM C/E	AM A/D	AM C/E	AM C/E	AM A/D	AM A/D
PM C/E	PM A/D	PM C/E	PM A/D	PM A/D	PM C/E	PM C/E
EVE E	EVE D	EVE A/C	EVE E	EVE E	EVE A/C	EVE E
SPRING BEGINS						
29	30	31	1-Apr	2-Apr	3-Apr	4-Apr
AM C/E	AM A/D	AM A/D	AM A/D	AM C/E	AM C/E	AM C/E
PM A/D	PM C/E	PM A/D	PM C/E	PM A/D	PM A/D	PM A/D
EVE D	EVE A/C	EVE E	EVE D	EVE A/C	EVE E	EVE D
APRIL FOOLS						

AM-MORNING YARD (7:45-9:45 AM)
 PM-AFTERNOON YARD (1:00-3:30 PM)
 EVE-EVENING YARD (7-9 PM) REC. BLDG. ONLY

Mainline		Tuesday 3/17/26	Wednesday 3/18/26	Thursday 3/19/26	Friday 3/20/26	Saturday 3/21/26	Sunday 3/22/26	
Week 12	Breakfast	Oatmeal - 1.00 CP Canned Fruit - 0.50 CP Fried Egg (Sfa,Chi) - 1.00 EA Cheese Slice (Sfa,Chi) - 1.00 SLC English Muffin - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Breakfast	Faina - 1.00 CP Canned Fruit - 0.50 CP Sausage Gravy (Chi) - 0.75 CP Biscuit (Sfa,Sod) - 1.00 EA Fried Potatoes - 0.75 CP Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Breakfast	Oatmeal - 1.00 CP Fresh Fruit - 1.00 EA Waffles (Sod) - 2.00 EA Peanut Butter (Sfa) - 3.00 TBS Maple Syrup - 2.00 FLOZ Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA	Breakfast	Dry Cereal - 1.00 CP Canned Fruit - 0.50 CP Scrambled Eggs (Sfa,Chi) - 0.33 CP *Pork Bacon (Sfa,Sod,Chi) - 3.00 SLC Fried Potatoes - 0.75 CP Wheat Toast - 2.00 SLC Jelly (Sug) - 2.00 TBS Margarine (Sfa) - 1.00 TBS Skim Milk - 16.00 FLOZ Coffee - 8.00 FLOZ Sugar PC - 2.00 EA
	Lunch	Potato Soup - 10.00 FLOZ Turkey & Cheese Sandwich on Wheat (Sod,Chi,Sfa) - 1.00 EA Shredded Lettuce - 0.25 CP Mayo & Mustard (Sod) - 2.00 TBS Green Beans - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lunch	Corn Chowder (Sod) - 10.00 FLOZ Chicken-Lettuce Salad (Chi) - 1.00 SV Sliced Onions - 2.00 TBS Shredded Cheese (Sfa,Chi) - 2.00 TBS Salad Dressing (Sfa,Sod) - 2.00 FLOZ Broccoli - 0.75 CP Wheat Dinner Roll - 1.00 EA Margarine (Sfa) - 1.00 TBS Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lunch	Bean Soup - 10.00 FLOZ *Grilled Ham & Cheese Sandwich on Wheat (Sod,Chi,Sfa) - 1.00 EA Peas - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Fortified Drink - 8.00 FLOZ	Lunch	*Soup of the Day (Sod,Chi) - 10.00 FLOZ Chicken Salad (Chi) - 0.50 CP Shredded Lettuce - 0.25 CP Wheat Hoagie Roll - 1.00 EA Blended Vegetables - 0.75 CP Chips - 1.00 BAG Fresh Fruit - 1.00 EA Margarine (Sfa) - 1.00 TBS Fortified Drink - 8.00 FLOZ
Week 12	Dinner	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Sticky Joe (Sod,Chi,Sfa) - 0.75 CP Wheat Burger Bun (Sfa,Chi) - 1.00 EA Carrots - 0.75 CP Seasoned Potatoes - 0.75 CP Ketchup - 1.00 TBS Fruit Bar (Sfa,Sod,Chi,Sug) - 1.00 EA Tea - 8.00 FLOZ	Dinner	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Meat Loaf (Chi,Sfa) - 1.00 EA Baked Potato - 1.00 EA Sour Cream (Sfa,Chi) - 2.00 TBS Green Beans - 0.75 CP Wheat Bread - 2.00 SLC Margarine (Sfa) - 1.00 TBS Tea - 8.00 FLOZ	Dinner	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Cheese Pizza (Sod,Chi,Sfa) - 1.00 EA Blended Vegetables - 0.75 CP Chocolate Brownie (Sfa,Chi,Sug) - 1.00 EA Tea - 8.00 FLOZ	Dinner	Lettuce Salad - 1.00 CP Salad Dressing - 1.00 FLOZ Beef Enchilada Casserole (Sod,Chi,Sfa) - 1.00 SV Brown Rice - 0.75 CP Seasoned Beans - 0.75 CP Tea - 8.00 FLOZ

Sod = High Sodium Sfa = High Saturated Fat Chi = High Cholesterol Sug = High Sugar
© Powered By: Culinary Suite

02/24/2026, 10:07 am